PAPER 2 SAMPLE + ANSWERS

BRITISH GYMNASTICS COACHING QUALIFICATIONS

LEVEL 2 COACH – PRE-SCHOOL SAMPLE PAPER

Instructions to candidates:

- This is a sample paper only
- Normally, there would be 20 questions similar to those shown below with 1 mark allocated to each question
- Twelve correct answers (or more) gain a pass (60%)
- The candidate marks their answer sheet, crossing the answer of their choice a,b,c,d
- There will be 2 or 3 questions under each of the headings shown
- Choose the **best answer** for each question

Q1: Which gross motor skill would you expect a 4-5 yr old to be able to achieve?

a) Log roll down a slope
b) Walks for the first time
c) Skips on alternate feet
d) Runs around obstacles and up stairs

Q2: Which is **not** an Early Years Fundamental theme?

a) Party
b) Healthy Eating
c) Seaside
d) Trains

Q3: What happens if you make a Pre-School child "over reach" itself?

a) Falls, Failure, Fragility
b) Fear, Failure, Falls,
c) Concern, Catastrophe, Crying
d) Fright, Fun, Failure.

Q4: When integrating a child with Muscular Dystrophy, what would you place as the most important?

a) Lighting
b) Height of large apparatus
c) The physical content of your program
d) An extra coach

Q5: When teaching a forward roll, should you:

a) Allow the child to try on the floor and gain experience
b) Use a padded slope.
c) Sit them on your lap and rock & roll
d) Wait until they can rock and stand up.

Q6: What would the use of Tapsticks best help develop?

a) Fine Motor Skills
b) Forward Roll
c) Gross Motor Skills
d) Balance

Q7: Which of the following are the best advisable positions for teaching pre-school rebound?
a) Flat b) Sloped away from landing mat c) Sloped towards landing mats.

a) a & b
b) b & c
c) c & a
d) a, b & c

Q8: Which of the following is **"unhelpful"** in teaching colour recognition?

a) Dominoes
b) Sorting beanbags
c) Travelling to coloured mats
d) Use of panelled parachute

ANSWERS:
1c. 2d. 3 b. 4c 5b. 6a. 7c. 8a.