# Gymnastics Movement for People with Disabilities (GMPD)
# Trampolining for People with Disabilities (TPD)
# Competition Structure 2012

**To run from January 2012 to end of December 2012**

Guidelines

**All BG Trampoline rules apply to this competition, unless stated in these rules and guidelines.**
**All participants MUST:**

- **be accompanied by a Qualified GMPD Trampoline Coach**
- **be members of British Gymnastics through a registered Trampoline / Gymnastics club**
- **Have a disability recognised by international disability sport organizations**

**Disabilities definitions are laid down by BG, BG follow the World Health Organisation and will be adhered to (for more information contact BG).**
**Categories**
**Separate categories MUST be identified on the entry form; each category will be competing separately.**

**Category 1: Learning Category 2: Physical & Sensory**

**The British GMPD Trampoline Championships will be alongside the British Trampoline Championships. The event will consist of a single voluntary routine. The start order will be determined using the ranking system.**

**The top eight high scorers throughout the full season from each category and each gender group will obtain entry to the GMPD Trampoline British Championships. The qualifying rounds will be throughout the year.**

| | | | |
|---|---|---|---|
| **1st** = 10 points | **2nd** = 8 points | **3rd** = 6 points | **4th** = 5 points |
| **5th** = 4 points | **6th** = 3 Points | **7th** = 2 points | **8th** = 1 point |

Tie Breaker
Ranking from National Championships will be based on the best three results out of the four competitions during 2011.
If a person does not compete at three competitions a zero score will be entered into the missing competitions.

If there is a tie in points the following tie breaker rules will be used on the three qualifying sets of points in the following order. Only full ten bounce routines will be counted

1) The best two sets of points
2) The best set of points
3) The highest two round scores
4) The highest placing relative to the group size.

One person will be nominated as a reserve for each group

# Rules of Grading for GMPD TPD

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| **Regional "C" to Regional "B" is optional** |
| **Regional "B" to National "A" is optional** |
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| **National GMPD "A"** |
| **Competitors will be ranked at GMPD TPD specific national qualifying competitions to gain places at the National Finals.**<br><br>**Squads can also be selected from the rankings.**<br>**Top eight in each gender group & Category** |

# Routines

| **GMPD Regional "C"** | |
|---|---|
| Compulsory routine | Voluntary Routine |
| • 5 Contact Routine<br>• All moves in the 1 –15 star award will be accepted except the quarter turn<br>Moves and shapes cannot be repeated | • 5 Contact Routine<br>• All moves in the 1 –15 star award will be accepted except the quarter turn<br>Moves and shapes cannot be repeated |
| **GMPD Regional "B"** | |
| • 10 Contact routine<br>• All moves in the 1 –15 star award will be accepted except the quarter turn<br>Moves and shapes cannot be repeated | • 10 Contact Routine<br>• All moves in the 1 –15 star award will be accepted except the quarter turn<br>Moves and shapes can be repeated,<br>Tariff will not count on repeated moves. |
| **GMPD National "A"** | |
| • 10 Contact Routine to include<br>• 360 Degree Twist<br>• Two separate body landings, both with 180 degree twist into or out of the move.<br>• Moves and shapes CAN NOT be repeated.<br><br>**ONLY MOVES FROM 6 STAR AWARDS AND ABOVE WILL BE PERMITTED.** | • 10 Contact Routine<br>• Repeated moves will not be credited with tariff.<br>• Minimum Tariff of 0.8<br>**NO TARIFF LIMIT**<br><br>**ONLY MOVES FROM 6 STAR** AWARDS **AND ABOVE WILL BE PERMITTED.** |

**The Hands and Knees to Front Landing will be accepted in GMPD "C" & "B", however, this must be the first move and must start from Hands & Knees for safety reasons**

**National "A" – Swivel Hips, ½ twist to feet will only count as one body landing!**