



TRAMPOLINE TECHNICAL COMMITTEE

NATIONAL COMPETITION STRUCTURE

**This Booklet is an addendum to the Handbook
All existing Competition Rules not covered by this document
remain in force until further notice**

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SECTION 1
GENERIC RULES FOR TRAMPOLINE INDIVIDUAL,
TRAMPOLINE SYNCHRONISED & DOUBLE MINI TRAMPOLINE.

Listed below are generic rules of competition for competitors from England, the Home Nations and non British passport holders residing in Britain (see below) competing in a British Gymnastics Trampoline graded competition:-

1	All competitors must be members of British Gymnastics, for trampoline grades 1 – 4 and DMT FIG A – National C this must be competitive membership or equivalent.
2	All competing clubs must be registered with British Gymnastics.
3	All clubs must be affiliated and paid up members of their Regional Gymnastics body.
4	All competitors (trampoline grades 1 – 4 and DMT FIG A – National C only) must be licensed with the National Competitors Registration Secretary at least 21 days before the event in which they wish to compete via the following address tramp.affiliations@british-gymnastics.org . (Competitors need only to register once per season). Failure to register full details, including date of birth, will result in cancellation of any qualification(s) gained.
5	All competitors must be under the supervision of a suitably qualified coach who is a member of BG. Persons who are not designated as officials and non BG members are not allowed on the competition floor.

Foreign Competitors (Non-British passport holders)

Competitors not holding a British passport who are resident in Britain for a minimum period of three months may, during that time, participate in National Graded Competitions provided that all eligibility criteria are met and they are at least an Associate Member of British Gymnastics, Scottish Gymnastics, Northern Ireland Gymnastics or Welsh Gymnastics. (Plus any other conditions which apply to membership of any Home Nation).

A 'foreign' competitor will be eligible to take a place in these competitions and may also compete as a team member for the Club to whom they are registered.

Providing that he/she achieves a qualifying score for the National Championships (Grade 1 or 2) or meets the eligibility requirements for the Synchronised National Championships he/she will be permitted to compete at same (even if outside period of residency).

However positions gained by 'foreign' competitors or any synchronised pair with either one or two 'foreign' competitors, will also be credited to a British citizen(s). In the case of award winning positions duplicate awards will be made

One 'Foreign' competitor may compete as a team member at either Grade '1' National Championships or Grade '2' Finals, however they will not be selected to represent Great Britain in any International event.

'Foreign' competitors not fulfilling the residency condition may be permitted to participate in graded events provided FIG regulations are not contravened. (Application to compete must be made to National Competition Secretary with details of their Nationality). All of the above applies except for participation in any National Finals/Championships, which will NOT be permitted.

GYMNAST TRANSFERS BETWEEN CLUBS

1. It is assumed that transfer will always be at the direction of the gymnast/parent or guardian who must be the primary signatory on the transfer form (Appendix I). The transfer may be with the full agreement and co-operation of the two Clubs involved (amicable) or may be only with the support of the new Club against the wishes of the old Club (non-amicable).

1.1 In amicable situations for individual gymnasts:

If the previous Club and new Club are in harmony, the transfer form should be signed by the gymnast (or parent/guardian) and by the Secretary or other authorised signatory of both the former and new Club. The fully completed transfer form should then be registered with the Membership Department of British Gymnastics. Upon written acknowledgement of receipt of the form by British Gymnastics, the gymnast will be able to compete for the new Club immediately, enter team or individual events and may wear the Club's colours.

1.2 In non-amicable situations for individual gymnasts:

Where the previous Club and new Club are not in agreement, the transfer form will be signed by the gymnast (or parent/guardian) and by the Secretary or other authorised signatory of the new Club and registered with British Gymnastics Membership Department. Upon written acknowledgement of receipt of the form by British Gymnastics, the gymnast will be able to train with the new Club immediately, but may not represent the new Club in team or individual events, or wear the new Club's colours, for twelve months. However, the gymnast may participate in individual events during this period and may enter individual competitions as 'unattached'. If a gymnast has changed clubs in a non-amicable situation they should be entered on the entry form of the club they are transferring to and a copy of the acknowledgement from BG should be attached to the entry.

1.3 In amicable or non-amicable situations for university students:

If a gymnast is at university, then they will be deemed still to be representing their old Club, provided they are still maintaining membership, even though they may train at a different Club or at the university. Transfer of representation would be subject to Rules 1.1 and 1.2 above.

Temporary Transfers: - Competitors at Grade 3 or below who are at University or College may compete for a club in that Region. They may also compete in their Home Region during the holiday periods. The Registration Secretary and Scores Coordinator must be informed.

When a competitor transfers / leaves they must be given a transfer form to be sent to BG. Please send a copy of this form, or use the form from the 2008 competitions pack to the Registration Secretary. If the Registration Secretary is not informed this could lead to an entry being refused.

COMPLAINTS PROCEDURE

The Competitions Committee will **only** respond to written complaints made by a club official. Any complaints should be sent to the committee care of the National Competition Secretary.

Complaints will be acknowledged within fourteen days of receipt.

Entering Competitions

All gala weekend event entries must be sent to British Gymnastics, Ford Hall, Lilleshall National Sports Centre, Newport, Shropshire, TF10 9NB. This includes the home nations gala weekend events. Entries which are NOT sent to this address will not be valid.

All cheques must be made payable to British Gymnastics.

Obtaining Information

All competition information is available online at www.bg-coaches.org.

Competition Dates and planner can be obtained here in Appendix III.

Regional Competitions

Information regarding Grade '3' to Grade '8' trampoline competitions can be obtained from your Regional Competition Secretary.

Qualification to Grade 2

All scores from Grades 4 and 3 **MUST** be with the scores co-ordinator via email within 7 days of the competition with **all** qualifiers clearly marked (tramp.scores@british-gymnastics.org). Failure to do so will result in all scores being void and competitors will not be permitted to enter the following Grade 2/3 without re-qualifying at another regional grading event.

Completing your entry form for gala weekend events (Appendix II):

1. When you are completing the entry form, once you have entered two competitors on the sheet, you **must** fill in the name of your **suitably qualified and validated** official in the judge space provided **on the officials' sheet**, (J1), in order to enter any more competitors. Please include their judge level in full, preferred job and availability. **Please note that judges who are not validated will not be accepted under any circumstances.**
2. Once you reach 5 entries, you must fill in the name of your second official in the second judge space (J2). (This official need not be a qualified judge but needs to be **competent** at their specified job). Once you reach 9 competitors you must fill in your third official in the space provided (J3) **and so on** according to the chart in the 'COMPETITION OFFICIALS' section.
3. Please put your judges down on the entry form in the order in which you would like them to be used, i.e. if you have someone who needs to work at their difficulty judging and really wants to judge to help their development put them high up on your judges entry list and specify what job they want to do.
4. You must nominate the coach who will be attending the event with the club in the space provided on the form.
5. All competitors, qualified officials and nominated coaches must have their **correct** BG membership number entered on the entry form.
6. There is also an option to enter DMT, synchronised trampoline, Grade '1' and '2' events online. This will reduce the amount of work required by team managers to make a correct entry. Please check the BG website for details on how to enter.

When making an online entry you will be required to enter all of the details for your entry, including the correct number of officials, BG number, date of birth etc otherwise the entry may be refused. There will be a page for you to print out which will have your competition entry and the total payment that is required for the entry.

Your entry will not be complete until British Gymnastics has received the correct entry fee, along with a print out of the last page of the online process. This must be postmarked by the correct closing date otherwise the entry will not be valid. It is recommended that you obtain proof of postage for your entry fee. If the fee arrives late or without the correct postmarked date your entry will be returned. If there is any problem with the entry e.g. unable to print the list or you wish to change anything please contact Yvonne Matthews at BG, on or before the closing date to discuss the problem. Please make sure that your entry bears a valid and relevant email contact.

It will still be a requirement for you to have registered your competitors for the competition with the registration secretary 21 days before the event.

If you wish to put forward more officials than is the requirement, perhaps to get more experience for your judges please contact Mike Phillipson on the judging address trampolinejudging@hotmail.com and he will try and accommodate this.

Please note:

- a) **Paying a fine instead of nominating an official is no longer possible.**
- b) If you do not nominate enough officials, the competition committee will refuse entries for which there are no covering officials.
- c) If one of a club's selected officials **does not** turn up at the competition and the club has no suitable substitute, the competitors will not be permitted to take part in the competition. In **exceptional** circumstances and at the discretion of the judging group representative the club may be allowed to pay a **£40** fine at the competition. Should a fine not be available at the competition, the fine could be paid after the competition at the discretion of the judging group representative, but this fine must be paid before any other BG competitions may be entered. This also includes reserve officials from a club, who may be called on at any point in the day to help.
- d) Grade 1, Grade 2, Synchro and DMT are considered part of the same event, and the correct numbers of appropriately experienced officials must be nominated to satisfy the overall entry. Officials can be nominated for Saturday, Sunday or both Saturday and Sunday. Any official nominated for both Saturday and Sunday will count as two officials. Clubs are advised to provide a proportionate number of Saturday and Sunday officials. Where there is a disproportionate number of Saturday to Sunday officials nominated, at the discretion of the National Judging coordinator, clubs may be required to provide replacement officials to better represent their entry.

Suitable officials

1. With entries of 3 competitors and above, you will be required to provide a revalidated judge (County level or above).
2. Unqualified officials (2nd official) i.e. Competition Marshals, Warm up Marshals, computer and manual recorders **must be suitably experienced**. The judging organiser has a right to refuse an unqualified official (should they be thought, or prove to be, incompetent), and ask the team manager of the club concerned to replace that official.
3. At the discretion of the Judging organiser, extra judges wishing to gain experience are welcome to sit on, or by, the panel and 'shadow' judge. Please contact the Judging

organiser in advance to arrange this. Unqualified officials wishing to gain experience in other areas will also be welcomed.

4. Clubs are required to provide the correct number of officials for the whole day. If your club wishes to split a job between two officials, this is only acceptable providing the Judging organiser is informed of this before the competition day, ideally on the 'officials' entry form.
5. Clubs having problems organising their officials should contact the Judging organiser at least two weeks before the competition closing date to discuss possible solutions. Ignoring the problem will result in your performers being excluded from the competition.

Reserve Officials

The competition and judging committees recognise the need for reserve officials at competitions and also recognises the logistics of clubs providing these officials, however they **must** turn up at a competition and be available during the day.

1. Reserve officials are expected to be at the competition, in the appropriate uniform, and report for duty at 9am with all other officials.
2. If reserves are not required, as everyone has turned up, reserves will be invited to shadow judge, and switch in during the day. They will be entitled to official's refreshments and lunch.

Competition Officials

In order for our grading competitions to take place, clubs need to provide officials for these events. 'Officials' include marshals (warm up and competition), computer operators, manual recorders as well as qualified judges. Judges should be suitably qualified, **validated** and experienced for the competition for which they have been nominated. At Grade 1 & 2 events, judges should be County Judge or above.

Officials should report for duty in appropriate attire. For National level competitions, (i.e. grade 1, 2, Synchro and DMT) judges are expected to wear Navy blazer, white shirt or blouse, tie for men, navy trousers or skirt (ladies) and black shoes. Warm up and competitions marshals should be in tracksuit/shorts and t-shirt with training shoes. Regions will set their own expectations of officials but this should reflect the high standards we are trying to achieve.

The number of officials that clubs are required to provide for competitions is listed below. Clubs wishing to enter more than 40 competitors must provide an official for after every fifth competitor. Any problems, please contact the judging coordinator before the closing date for more information.

Number of Entries	Number of officials to be nominated
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1 – 2 competitors	None (but officials will be gratefully accepted)
3 – 5 competitors	One judge (County level or above)
6 – 9 competitors	Two officials (one of which must be a judge at County level or above)
10 – 15 competitors	Three officials (two of which must be judges at County level or above)
16 – 20 competitors	Four officials (two of which must be judges at County level or above)
21 – 25 competitors	Five officials (three of which must be judges at County level or above)
26 – 30 competitors	Six officials (three of which must be judges at County level or above)
31 – 35 competitors	Seven officials (four of which must be judges at County level or above)
36 – 40 competitors	Eight officials (four of which must be judges at County level or above)

All judges need to be currently validated and hold BG membership for your entry to be accepted.

Officials for Synchro & DMT

For DMT & Synchro events (including National Championships)

DMT and Synchro are not separate events, and officials are needed for both. Officials should be nominated in the same way as for other grading competitions, nominated officials for competitions should be proficient in the job they have been nominated to do. If your entry is predominantly made up of either DMT or Synchro competitors, you are expected to provide a proportionate number of DMT or synchronised trampoline officials. It is at the discretion of the judging coordinator to determine whether clubs nominated officials represent the same proportional mix as their entry. Clubs may be required to provide suitably qualified replacement officials in order for the entry to be accepted.

National Championships Events

Clubs are asked to nominate officials in the same way as for other grading competitions.

Provisional Entries

You are no longer able to enter provisional entries. All competitors must be qualified for the grade they are entering by the closing date of the competition.

Teams

Where there are three or four competitors from one Club entered in the same event, they will be entered as a team at no additional cost. (Exception is foreign nationals at national finals – see page 4).

Where there are more than four competitors on the entry form from one Club the team members must be nominated (in writing) to the Chair of the Panel before commencement of the group, otherwise the first four on the start list will be deemed to be “the team”.

Penalties

Where Clubs permit competitors to compete at a grade for which they are not eligible, (where there is no evidence / reason to suggest that this could have been erroneous) or where the Clubs continue to enter competitors in competitions where the Club / individual membership has not been met, a one competition ban may be imposed on such Clubs / competitors.

The competition committee will send notification of such a ban in writing to the Club. Any entry fees already paid for a competition for which the ban is effective will not be refundable.

Any scores/qualification the competitor achieved at a competition for which the competitor was ineligible will be nullified and any trophies will be required to be returned and subsequently awarded to the next eligible competitor.

Clubs who have not paid a fine owed for an official not turning up will not be permitted to compete at any level until the fine is paid. All judging fines should be made payable to BG and sent to Mike Phillipson.

Finally: It is **not** the job of the judging organiser to find officials for a club that has not got enough suitable officials so please do not ask. Please speak to your regional judging officer who may know of other willing officials or reduce your entry accordingly.

Photography Accreditation for British Gymnastics National Events:

- The permission to film, video or take photographic images is given on the basis that the person given the permission agrees not to cause or permit, directly or indirectly, any of the images to be published, shown, sold, distributed or otherwise disposed of by any method without prior written consent from [British Gymnastics or] the individual(s) concerned.
- Any person wishing to use a video or film or take photographs at an event must register their intentions prior to the event using the appropriate form available on the bg-coaches website with and provide proof of identity at the registration desk at the event. This includes the use of mobile phones to take pictures or video. British Gymnastics or the organiser of the event may in its discretion, and without giving any reason, refuse to register any person and give that person permission to film or use a video or take photographs at the event.
- A British Gymnastics Region or Home Nation may operate their own annual accreditation system and issue an Identification/Accreditation card. A valid card may be presented to the registration desk and will be accepted for accreditation at the particular event.
- At the event and following registration and proof of identity, a sticker with name and date will be issued and must be worn during the event as proof of accreditation.
- Failure to comply with the above will result in the individual being refused entry or being required to leave the premises, or deposit the camera or other equipment with the registration desk or the event organiser until the individual leaves the event. If the camera or other equipment has been used at the event, the registration desk or the event organiser may require the film to be delivered or it to be destroyed or the recording to be deleted. The registration desk or the event organiser may refuse to return any such equipment to the individual until the film has been delivered to it or the

recording has been deleted. The individual will not be entitled to any refund of the entry charge if he or she is refused entry or required to leave.

- If the event organiser/welfare officer or their representative suspects inappropriate photography or filming, they will request the person to leave the venue and to surrender any film relating to the event.
- The list of registered persons will be returned to British Gymnastics to be confidentially archived, to facilitate any enquiries by police or social services or any enquiries by British Gymnastics in respect of any breach of this policy statement.
- A copy of these rules and procedures will be displayed at the event and included in the programme.

IT IS NOT POSSIBLE TO PROCESS APPLICATIONS AT THE EVENT.

Note: Individuals must register at the event registration desk with their confirmation form and must show proof of identity.

- An identification label will be issued at the photography registration desk and this must be displayed whilst in the arena
- This form with the information contained will be retained at British Gymnastics offices for such period as British Gymnastics considers necessary.

Welfare Officers

Club welfare officers are not able to 'work' at competitions and the organiser needs to provide an independent welfare officer / contact for each event.

Gala Weekend Competition Dates and Venues

A list of competition venues, dates and closing dates are available on the bg-coaches website.

Competition Floor Manager

With a view to improving the profile of trampolining and make the sport more spectator friendly the National Competition Committee will appoint at each national competition a 'Floor Manager'. This will be in addition to the competition organiser and the person appointed will have the role of ensuring that the floor area at the competition is kept as clear as possible. Team Managers are advised to make their competitors, officials and parents aware of this new role and that the person appointed has the full authority of the Competition Committee. They may be asked to move from where they are, to move bags or other equipment etc. Failure to follow a reasonable request will be reported to the Competition Committee and sanctions may be imposed on the club involved.

The Floor Manager's name will be listed in the competition program.

SECTION 2

TRAMPOLINE INDIVIDUAL National Grading Structure

GMPD A-D – Disabilities Trampoline

Regions are advised to run Disabilities events i.e. GMMPD A-D.

Grade '7' – Proficiency Award Scheme

By the inclusion of the Proficiency Award Scheme within the plan it is hoped that, as well as being a measure of achievement, the scheme will also prepare coaches, judges and competitors alike for the 'jump' into competitive trampolining by instilling high form standards in both individual moves and those linked together to make a routine.

Very importantly the trampolinist also learns the art of competing against her/himself.

Grade '6' - Novice Level Competitions

Divisions are encouraged to organise novice competitions. This level of competition introduces competitive activity and provides experience of competition for those wishing to progress through the National Grading Structure or simply for those wishing to experience being in a competitive situation.

The emphasis should be on good form and recommend that no tariff be accredited for the voluntary routine to encourage this result. (No FINAL round will be organised.)

Grade '5' - Intermediate Grade

This grade will give the more advanced competitors a stepping-stone into the National Grading Structure with more advanced routines and a tariff credited for the voluntary routine.

There is no qualifying requirement to enter this grade and competitors may also progress to Grade '4' when their coach is satisfied that the competitor is ready and can perform the routine safely.

There is a qualifying score for progression to Grade '4' and competitors who obtain this score on two occasions will be encouraged to move up to Grade '4'.

Grades '4'-'2'

Grades '4'-'2' provide structured qualifying levels prior to participation in Grade '1' competitions. These grades are of a progressive nature and have been designed to ensure that the competitor attains a good quality of performance at each level before participation at a more advanced level is permitted.

General Notes

At Grades '1'-'2'-'3' there will be a FINAL for the eight highest scores from the first two rounds. At Grades '4'-'5' a final round may be included, at the organiser's discretion.

For qualification scores please see Table of Qualifying Scores. Note: - Qualifying Scores are calculated using the first TWO round scores only.

Grade '4'	Grade '3'	Grade '2'
Begins to provide more serious competitive experience.	Aims to further increase competitive awareness and experience	Further prepares the competitor for Grade '1' competition
Entry Level for Grading Structure, competitors may enter Grade '4' when their coach is satisfied that they are ready and can perform the routine safely	The required qualifying score must have been achieved at Grade '4'	The required qualifying score must have been achieved at Grade '3'
Voluntary Progression to next Grade		
Progression to Grade '3' may be made when the qualifying score has been achieved	Progression to Grade '2' may be made when the qualifying score has been achieved	Progression to Grade '1' may be made when the qualifying score, including 22.5 for the Grade '1' set routine, has been gained from the Grade '2' validation panel
Compulsory Progression to next Grade		
Competitors may continue to compete at Grade '4' until they are confident of progression to Grade '3'	Competitors may continue to compete at Grade '3' until they are confident of progression to Grade '2'	Competitors may continue to compete at Grade '2' until they are confident of progression to Grade '1'

Grade '1'

By the time a trampolinist reaches Grade '1' he/she will have progressed through a sympathetically devised system, incorporating the development of form, the gradual but important process of 'learning to compete', the satisfaction of reward at all levels of competition and a sense of worth and achievement for having progressed through a National System.

Through the system coaches and performers are able to plan their development and judges also have the benefit of advancing their judging skills progressively. This Grade provides high standard competitive experience and begins to prepare competitors for International Competitions.

In order to compete at this Grade, the performer must be at least 9 years of age in the year of the competition and will have completed the Grade '1' Validation, see below.

National Grade '2' Qualifying Competitions

Only National Grade '2' events qualify for progression to Grade '1' or for qualification to the Grade '2' Finals. You cannot do both at the same competition. This includes the nominated Grade '2' events organised by NIGA TTC & Scottish Gymnastics.

Grade '2' Finals

All competitors achieving the designated Grade '2' Finals qualifying score at a National Grade '2' event are eligible to compete at the Grade '2' Finals held, in July with the Grade 1 National Finals, providing that they have not competed at any Grade '1' event during that season.

Grade '1' Validation

To progress to Grade '1' competitors must achieve a minimum set score of 22.0 at the validation panel using the Grade '1' compulsory routine for the age group in which they will be competing. They will also compete a voluntary routine of their choice and must achieve the overall qualifying score, see table. They no longer need to gain a Grade '2' Finals score before moving to Grade '1'.

National Grade '1' Qualifying Competitions

Only National Grade '1' events listed on page 9 qualify for entry to the British National Championships.

Men's & Ladies Events

To be eligible to enter Men's/Ladies events, competitors must have achieved the qualifying score, either in their age group (that season) or at the previous years British National Championships, (in the Men's or Ladies Event).

Competitors must be a minimum of 15 years old in the year of competition to enter.

Competitors are not allowed to compete in both their age group and a senior event at the same qualifying competition or national finals.

The number of finalists will be top 8 scoring competitors after the preliminary rounds with the previous rounds being zeroed.

At Men's/Ladies events competitors will be permitted 2 warm-ups for the compulsory round and 3 warm-ups for the voluntary round during the general warm-up, this is in addition to the controlled warm-up.

Note: - If a competitor does not achieve the score for National Championships at Men's/Ladies and has not achieved the score to retain FIG B in their age group they will be required to compete at National C in 2009.

National Championships

In order to qualify to compete in the National Championships during the same competitive season, an age group competitor must have achieved the relevant score in at least one National Grade '1' Qualifying Competition. To achieve a senior nationals qualification a competitor must finish in the top 40% (percentage to be confirmed) at any one event.

Byes to the British Championships – Competitors who compete for British Gymnastics teams between 1st January and 1st July will receive a bye to the British Championships. The events in which they are allowed a bye will depend on the level of representation. Where it is not possible to print this into the competition handbook, it will be available online at www.bg-coaches.org.

Age Groups

At all Grades there are separate Competitions for Male & Female

Grades '5'-7'	Under 9, Under 11, Under 13, Under 15, Under 17, Over 17 (Under 19 and Over 19 groups at the discretion of the Regional TTC)
Grades '3'-4'	Under 11, Under 13, Under 15, Under 17, Over 17 (Under 19 and Over 19 groups at the discretion of the Regional TTC)
Grade '2'	Under 11, Under 13, Under 15, Under 17, Under 19, Over 19
Grade '1'	Under 11, Under 13, Under 15, Under 17, Under 19, Over 19, Men's/Ladies

In order to compete at either Grade 1 or Grade 2, the competitor must be a minimum of 9 years old in the year of competition

Progression and Qualification

Grades '5' – 'GMPD' are to be administered by the Regional Trampoline Committees.

When the qualifying score has been achieved twice at Grade '5' or Grade '4' the competitor is encouraged to progress to the next Grade. *Competitors achieving two qualifying scores at Grade '4' are no longer required to move to Grade '3'.*

Once a competitor has competed at Grade '3' return to Grade '4' is not **usually** permitted.

Applications to downgrade (**Grades '4'-'1'**) must be made in writing (to the Scores Co-ordinator) stating the reasons **for the downgrade**. **Please allow 6 weeks prior to a competition for a reply. No requests will be considered after the competition closing date.** Permission to downgrade will only be granted in exceptional circumstances, and see below.

Once a competitor has competed at Grade '2' they will be required to compete at Regional D the following **January** if they do not achieve the relevant qualification score in a National Grade '2' event **within that year**. If they have competed on the validation panel the relevant tariff caps will be applied when working out if the qualification score has been achieved.

Any Grade '2' competitor who does not compete during a season will be required to compete at Regional D the following season.

Qualifying scores to progress through the grading system (Grades '4' to '2') are only valid in the year of attainment. The competitor must achieve the relevant qualification score for 2009 to be eligible to compete at the equivalent level in the new competition system.

For Qualification scores to National C see table of Qualifying Scores.

Once a Competitor has competed at Grade '1', return to Grade '2' Competition is not permitted during the same calendar year.

Return to Grade '2' is permitted in 2008 if :-

1. The competitor is changing age groups and is unable to perform the compulsory routine safely, or
2. The compulsory routine has changed and the competitor is unable to perform the new compulsory routine safely, or
3. There is approval by the Competition Committee.

Applications to downgrade must be made ***in writing*** prior to entering the Grade 2 competition (to the Scores Coordinator) stating the reasons for the downgrade, also see below.

Validation scores to progress from Grade '2' to Grade '1' are valid for the year of attainment.

Note: You must be a minimum of 9 years of age in the year of competition to compete at either Grade '2' or Grade '1'.

Note: - Any competitor who is granted a downgrade will not be permitted to compete at a higher grade during that competition season.

Once a Competitor has competed at Grade '1' they will be required to compete at 'National C' the following January if they do not achieve the relevant qualification scores in a National Grade '1' Event.

Any Grade '1' competitor who does not compete during the season will be required to compete at 'National C' the following season.

Qualification Scores for 2008

The qualification scores and tariff caps are as follows: ~

	Under 11	Under 13	Under 15	Under 17/ Over 17	Under 17/ Under 19/ Over 19	Mens/ Ladies
5 to 4	47.0	47.5	47.5	48.0		
Max. Tariff	2.0	2.5	2.5	3.0		
4 to 3	48.0	48.5	48.5	49.0		
Max. Tariff	3.0	3.5	3.5	4.0		
3 to 2	49.0	49.5	50.0	50.0		
Max. Tariff	4.0	4.5	5.0	5.0		
2 Nats	48.5	49.0	50.5		51.0	
Max. Tariff (G2)	5.0	5.5	7.0		7.5	
2 to 1	49.0	50.0	51.5		52.0	
(incl min set)	22.0	22.0	22.0		22.0	
Max. Tariff (val)	5.5	8.5	n/a		n/a	
2 to 2009 NAT C	50.0	50.0	50.0		50.0	
1 Nats	50.0	51.0	52.5		53.0	Top 40%
Max. Tariff	5.5	8.5	n/a		n/a	
1 to M/L					55.5	
1 to 2009 FIG B	52.0	52.0	52.0		52.0	
M/L to 2009 FIG A						Top 50%

Qualifying Scores are calculated using the first TWO rounds only

All competitors competing at Grade 1, 2, 3 or 4 must be 9 in the year of competition in line with British Gymnastics Policy.

All competitors wishing to enter the Mens and Ladies category must be 15 in the year of competition

RED Change to 2007

BLUE Qualification into new competition structure

All scores from Regional competitions must be with the Scores Co-ordinator within seven days of the competition. Failure to do so will render all qualifiers invalid. The onus is on the Region to ensure that this requirement happens. Scores should be sent by email with qualifying routines highlighted.

Compulsory Routines Grades 'GMPD'-'4'

Regions may choose to replace U17 / O17 with U17 /U19 /O19

Grade '8'	Disabilities Trampoline
	See GMPD competition structure for more details

Grade '7'	Proficiency Days
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Grade '6'		
Under 9/11	Under 13/15	U17, O17
Front Drop To Feet Straddle Jump ½ Twist Jump Seat Drop ½ Twist to Seat Drop ½ Twist to Feet Tuck Jump Pike Jump Full Twist Jump	Front Drop To Feet Straddle Jump ½ Twist Jump Seat Drop ½ Twist to Feet Tuck Jump Pike Jump Back Drop ½ Twist to Feet	½ Twist Jump Straddle Jump Seat Drop ½ Twist to Seat Drop ½ Twist to Feet Pike Jump Back Drop ½ Twist to Feet Tuck Jump Full Twist Jump

Grade '5'		
Under 9/11	Under 13/15	U17, O17
Full Twist Straddle Jump Seat Drop ½ Twist to Seat Drop ½ Twist to Feet Pike Jump Back Drop ½ Twist to Feet Tuck Jump Front SS (T)	Back SS (T) Straddle Jump Seat Drop ½ Twist to Seat Drop ½ Twist to Feet Pike Jump Back Drop ½ Twist to Feet Tuck Jump Front SS (T)	Back SS (S) Straddle Jump Seat Drop ½ Twist to Seat Drop ½ Twist to Feet Pike Jump Back Drop ½ Twist to Feet Tuck Jump Front SS (T)

Grade '4'		
Under 11	Under 13/15	U17, O17
Back S/S (T) Piked Straddle Jump Back S/S (T) to Seat ½ Twist to Feet ½ Twist Jump Pike Jump Back Drop ½ Twist to Feet Tuck Jump Front S/S (T)	Back S/S (P) Piked Straddle Jump Back S/S (T) to Seat ½ Twist to Feet ½ Twist Jump Pike Jump Back Drop ½ Twist to Feet Tuck Jump Barani (T)	Back S/S (S) Piked Straddle Jump Back S/S (T) Seat Drop ½ Twist to Feet Pike Jump Barani (P) ½ Twist Jump Tuck Jump Front S/S (P)

Compulsory Routines Grades '3' & '2'

Grade '3'		
Under 11	Under 13	Under 15
Back S/S (P) Piked Straddle Jump Back S/S to Seat (T) ½ Twist to Feet Full Twist Jump Tuck Jump Barani (T) ½ Twist Jump Pike Jump Front S/S (P)	Back S/S (S) Straddle Jump Back S/S (T) Tuck Jump Barani (T) ½ Twist Jump Pike Jump Back S/S to Seat (T) ½ Twist to Feet Front S/S (P)	Back S/S (S) Piked Straddle Jump Back S/S (P) Barani (P) ½ Twist Jump Pike Jump Back S/S (T) Tuck Jump ¾ Front Somersault (S) ½ Twist to Feet
U17, O17 10 different skills to include:- 1. at least 7 skills with a min of 270° of somersault rotation. 2. 1 skill from 1. must be either full twisting back somersault OR 1 ½ twisting front somersault OR one skill landing on either the front or back and from this skill one skill with a min of 450° of rotation.		

Grade '2' Age Group Routines		
Under 11	Under 13	Under 15
Back S/S (P) Piked Straddle Jump Back S/S (T) Barani (T) ½ Twist Jump Tuck Jump Back S/S (T) to Seat ½ Twist to Feet Pike Jump Front S/S (P)	Back S/S (S) Piked Straddle Jump Back S/S (P) Barani (P) ½ Twist Jump Pike Jump Back S/S (T) Tuck Jump ¾ Front Somersault (S) ½ Twist to Feet	Back S/S (S) Barani (S) Back S/S (P) Piked Straddle Jump Barani (P) ½ Twist Jump Tuck Jump Back S/S (T) ¾ Front Somersault (S) Barani Ball Out (T)

U17, U19, Over 19
10 different skills to include :- (1) 9 skills with a min of 270° of somersault rotation to include <ul style="list-style-type: none"> ❖ (2) 1 skill landing on either the back or front ❖ (3) From the above landing - 1 somersault with a minimum of 450° of rotation. ❖ (4) <u>Either</u> a full twisting back somersault OR a 1 ½ twisting front somersault OR 1 somersault with at least 720° of somersault rotation. Any or all of number (4) may be incorporated in the routine.
<i>Elements cannot be combined to fulfil the above requirements</i>

Grade '1' Age Group Routines		
Under 11	Under 13	Under 15
Back S/S (P) Barani (P) Piked Straddle Jump Back S/S to Seat Drop ½ Twist to Feet Pike Jump Back S/S (T) Tuck Jump Barani (T) Front S/S (P)	Back S/S (S) Barani (S) Back S/S (P) Piked Straddle Jump Barani (P) ½ Twist Jump Tuck Jump Back S/S (T) ¾ Front Somersault (S) Ballout Barani (T)	Back S/S (S) Barani (S) Full Twisting Back S/S Piked Straddle Jump Back S/S (P) Barani (P) Back S/S (T) ¾ Front Somersault (S) Ballout Barani (T) Front S/S (P)

U17, U19, Over 19
<p>World FIG B Set Requirements: 10 different elements, 9 of them with a minimum of 270° somersault to include</p> <ol style="list-style-type: none"> (1) One element to front or back (2) One element from front or back in conjunction with requirement no (1) (3) One double front or back somersault with or without twist (4) One element with a minimum of 540° twist <p>Elements <u>cannot</u> be combined to fulfil the above requirements</p>

Mens and Ladies
<p>World FIG A Set Requirements: 10 different elements each with a minimum of 270° rotation Two of the elements must be used for difficulty The difficulty for these two elements will be added to the execution score. Both these elements must be asterisked on the performers tariff sheet</p> <p>Neither of these elements should be repeated in the voluntary routine or the performer will lose the difficulty score for them.</p>

First or (Compulsory Routines) in Competitions

- 1) Where there is a compulsory routine (*known at FIG level as the First Routine*) for a graded competition the following rule applies.
 - a) If the performer does not complete the routine in the prescribed sequence order as per the compulsory routine for that age group/grade (*as per rule 1.2.1.1*) it will be deemed an interruption to the routine (*as per Rule 16.1.7*). This means that the skill where the routine went wrong will not be counted and the routine will be marked out of the number of correct skills up to that point.
- 2) Where the first routine has prescribed elements to be included and the performer has a choice as to order of performance of these elements. (Some age groups at Grade 1,2,3) the following rules apply.
 - a) If the competitor whilst performing the routine changes the order of the routine from that which is written on the competition card. There will be **one** deduction of **0.2** taken by each execution judge irrespective of the number of changes.

- b) If an element is repeated there will be a deduction of **1.0** per repeat taken by the execution judges.
 - c) If a prescribed element is missing from the first routine there will be a deduction of **1.0** per missing element taken by the execution judges.
 - d) All prescribed elements should be marked with an asterix, competition cards that do not asterix the relevant skills will be treated as if the competitor failed to perform the required elements and will be subject to the above deductions.
- 3 i) **Grade 1 Mens/Ladies event** The following rules apply regarding the first routine.
- a) If the competitor whilst performing the routine changes the order of the routine from that which is written on the competition card. There will be one deduction of **0.2** taken by each execution judge irrespective of the number of changes.
 - b) If an element is repeated there will be a deduction of **1.0** per repeat taken by the execution judges.
 - c) If a prescribed element is missing from the first routine there will be a deduction of **1.0** per missing element taken by the execution judges.
 - d) In the first routine there will be two elements with counting difficulty. The difficulty of the two elements will be added to the execution score. These skills must be marked with an asterisk on the competition card and their difficulty value and total difficulty value marked on the competition card before it is handed in. Failure to nominate these moves will result in the competitor not being credited with the difficulty.
- 3 ii) In the Second routine (Voluntary) none of the elements already counted for difficulty in the first routine can be repeated, otherwise the difficulty of those elements will not be counted in the calculation of the score for the second routine.

Difficulty Cards (Tariff Sheets)

All difficulty cards should be completed by the performer or coach in English or FIG notation. Where the card should be marked with asterix's to indicate required skills in 1st routines this must be done by the competitor or coach before the card is handed in. Likewise all skills that require a difficulty mark should have this written on the sheet before the card can be accepted. It is not the job of the difficulty judges to complete the card, their job is to confirm or change what is written as the routine is performed and display the difficulty score

AWARDS & TROPHIES

Grades '3' to 'GMPD'

The Region may adopt their own policy for awards at these grades.

Gala Weekends

A minimum of 3 awards will be given for each event for both male and female groups. Where groups are large, additional awards may be made at the discretion of the organising Region.

A minimum of one award per two teams, up to a maximum of three awards (one to each member of each team) will be given for each event both male and female.

Grade '1' National Championships, Grade 2 National Finals, Synchronised Trampoline Championships and Double Mini Trampoline Championships

All third round competitors (i.e. top 8) will receive an award.

A certificate and/or a commemorative award will be given to each competitor in recognition of their achievement in qualifying for the National Championships.

Teams

A maximum of three awards (one to each member of each team) will be given for each event, both male and female.

Please note that **no** awards will be given out to anyone who does not attend the presentations. If there is an unavoidable reason for your absence, please speak to the competition organiser for further advice.

COMPETITION ATTIRE

For rules on competition clothing see BG code of points section 6

EQUIPMENT

FIG approved trampolines with 6x6mm or 6x4mm webbed beds will be used for all grades of competition.

FIG approved Eurotramp trampolines with 6x4mm webbed beds will be used for Grade '1', Grade '2' and Synchronised Trampoline competitions.

FIG approved Eurotramp Double Mini Trampolines with 13mm webbed beds will be used for the DMT competitions.

Trampolining for People with Disabilities Competition Structure

Updated Nov 2007

General Guidelines

Performers with a recognised disability already competing at Grade 7 or above are recommended to stay in their present grade. However, they will have an opportunity to down grade if they wish to do so. It should be the aim of both the performer and coach to achieve such a standard as to compete in the higher grades.

Participants must be members of British Gymnastics and have a disability recognised by international disability sport organisations. Disabilities definitions are laid down by BG and will be adhered to (for more information contact BG).

Grades

GMPD A	Routines will typically contain difficulty up to 1.5
GMPD B	Routines will typically contain difficulty up to 1.0
GMPD C	Routines will typically contain difficulty up to 0.5
GMPD D	Routines will typically contain difficulty up to 0.3

Difficulty levels are a guide to when the competitor should be moved up a level and will not make up any part of the marks awarded.

If entries are low, levels may be merged to produce meaningful competition.

Routines

GMPD D

Compulsory Routines:

This will be compiled of six moves/shaped bounces with no more than ten bounces from the beginning of the competitor's routine. There will be no repeated moves/shapes allowed, the correct use of the trampolines elasticity must be used throughout the full set routine.

The set routine must be submitted to the superior judge prior to the beginning of each round and only the routine on the routine sheet will be marked.

There will be no difficulty mark for the set routine

Voluntary Routines

This will be compiled of ten moves/shaped bounces with no more than twenty bounces from the beginning of the competitors' routine. Repeated moves will be allowed, **but** any repeated move will not be counted when calculating the difficulty mark.

Each voluntary routine will need to be submitted to the superior judge prior to beginning of the round. Changes during the routine will be marked.

Both the compulsory and voluntary routines start at the beginning of the first skill

GMPD C

Compulsory Routines:

This will be compiled of six moves/shaped bounces with no more than ten bounces from the beginning of the competitor's routine. There will be no repeated moves/shapes allowed, the correct use of the trampolines elasticity must be used throughout the full set routine.

The set routine must be submitted to the superior judge prior to the beginning of each round and only the routine on the routine sheet will be marked.

There will be no difficulty mark for the set routine

Voluntary Routines

This will be compiled of ten move/shaped bounces with no more than fifteen bounces from the beginning of the competitors' routine.

Repeated moves will be allowed, any repeated move will not be counted when calculating the difficulty mark.

Each voluntary routine will need to be submitted to the chair of judges prior to beginning of the round. Changes during the routine will be marked.

Both the compulsory and voluntary routines start at the beginning of the first skill

GMPD B

Compulsory Routines:

This will be compiled of six moves/shaped bounces with no free bounces allowed. There will be no repeated moves/shapes allowed, the correct use of the trampolines elasticity must be used throughout the full set routine.

The set routine must be submitted to the Chair of the Panel prior to the beginning of each round and only this will be marked.

There will be no difficulty mark for the set routine

Voluntary Routines

This will be compiled of ten move/shaped bounces with no more than ten bounces from the beginning of the competitor's routine.

Repeated moves will be allowed, **but** any repeated move will not be counted when calculating the difficulty mark.

Each voluntary routine must be submitted to the chair of judges prior to beginning of the round. Changes during the routine will be marked.

Both the compulsory and voluntary routines start at the beginning of the first skill

GMPD A

Compulsory Routines:

Participants may compete either a six contact routine, or a ten contact routine with the following requirements:

Either:

1) A six contact routine to include:

- A twist of no less than 180 degrees.
 - Two of the following, a front, seat or back landing.
- 2) Participants are permitted one credited repetition of a tariff move.
3) Marks will be out of 6 plus 4 whole marks as per DMT

or

1) A 10 contact routine to include:

- A twist of no less than 360 degrees
 - A twist of no less than 180 degrees from a seat, front or back landing
- 2) Repeats of tariff moves will not be credited.

Voluntary Routines

Routines will have a difficulty capped at 1.5

Each competitor will compete in two rounds of competition. The voluntary routine will be credited difficulty.

Participants with physical or learning difficulties who have the appropriate skill level may compete in the mainstream Grade '7' or above.

Both the compulsory and voluntary routines start at the beginning of the first skill

Competition Attire

Full competition attire will be implemented in accordance with the British Gymnastics Trampoline Code of Practice.

Competitors will be allowed to use alternative clothing with respect to the Health & Safety of the competitor.

The disabilities representative has to be notified as to special circumstances regarding attire before the date of the competition.

Under NO circumstances will footwear be allowed to be worn apart from the regulation footwear stated in the British Gymnastics code of Practice

Entries

Entries will need to be in to the competition organiser or British Gymnastics (see entry form for more details) before or on the stated closing date.

Cost

The cost will be as per entry form.

Age Groups

Under 11, Under 13, Under 15, Under 17, Over 17 & Over 25

Rules of Grading

Once a competitor has competed in any given level and achieved a ranking of first position twice, that competitor is not permitted to enter that level again and MUST enter the next level. Once a competitor has moved up a level they will then not be allowed to relegate themselves unless specific permission is granted by the Disabilities Representative & Regional Competition Secretary.

The decision must not be made by the representative alone; this will be decided by the Regional Technical Committee with no less than three members present.

There will be no capping of age within the GMPD competition structure.

Moves Used

All moves, except the quarter turn, that are stated on the One to Fifteen Star awards, will be accepted as eligible moves.

The hands and knees to front drop to feet will be taken as three moves but will have to begin the routine for safety reasons.

Rules for Competitors Returning to Competitive Trampolining

These rules apply only to competitors who have not competed for at least a full competition season, i.e. did not compete at all in the previous year.

Grades '3'-'6'

Grade '3'-'6' Competitors who wish to return to competition will enter the scheme at the grade in which they last competed.

Grade '4' or '5' Competitors who wish to compete at a lower grade than the one at which they are qualified must apply in writing to the Regional Competition Secretary, stating the reasons for the requested downgrade.

Grade '2'

Competitors who were qualified to compete at Grade '2' must re-enter the Grading Structure at Grade '3'.

Grade '1'

Competitors who have competed at Grade '1' will re-enter the Grading Structure: -

At Grade '2' if they did not compete the previous season

At Grade '3' if they have not competed for the previous two seasons or more

Any competitors who achieved a top 8 placing at any Grade '1' ('A') National Championships may apply to the scores coordinator to re-enter at Grade '2'.

INTERNATIONALS RETURNING TO COMPETITIVE TRAMPOLINING

If a Senior International (must have competed in Worlds, Europeans, Four Countries or World Cups) wishes to return to competitive trampolining after an absence of at least one season, they may return to Senior Men's/Ladies.

If they fail to retain Elite Status they must compete at FIG B the next season.

If a Youth International wishes to return after an absence of at least one season, they may return only to Grade '1', age group, but they will downgrade to National C if they do not achieve FIG B qualification Score

The National Squad Director may request a return to the senior events for a competitor for selection purposes.

All requests must be made in writing to the scores co-ordinator **before the competition closing date.**

OTHER COMPETITIONS

Schools Competitions (British Schools Gymnastic Association)

Schools Competitions are held between November and March there are two levels of competition to encourage school and club competitors to participate.

See separate Rules for Schools Competitions.

To compete in Schools Competitions, Schools must be members of B.S.G.A.

Regional Competitions

Regions organise local competitions such as Inter Regional Matches and Regional Championships etc. To compete at Regional events clubs must be a member of their Regional Gymnastics Association.

Veterans Event

20th September 2008 in Ipswich. Enquiries to B.G Events office (Yvonne Matthews or Sine Rance sinerance@btinternet.com)

Open International Events

There are a number of Open International Events held abroad each year, Clubs and Individuals planning to participate in trampolining events abroad should inform British Gymnastics at Lilleshall of their intention.

For the following International events selections are made based upon "Selection Criteria" Copies of "The Selection Criteria" can be obtained from the National Squad Administrator.

World Senior Championships

European Senior Championships

World Cup Events

European Youth Championships

Youth International v Germany

This has been an annual occurrence for over 36 years.

International Age Group Games

This has been a bi-annual celebration for over 30 years and is run in conjunction with the World Championships and is well supported by British Trampoline.

There are four age groups for male and female, Under 13, Under 15, Under 17, and Over 17 with four competitors selected for each group.

In the Trampoline each competitor only competes a voluntary routine with the top 6 in each event competing a final routine.

SECTION 3

SYNCHRONISED TRAMPOLINE

Gala Synchronised Competitions 2008

Age groups U15/O15.

Where competitors are from different age groups they must compete in the age group of the older partner.

A competitor may only compete in one event U15 or O15

Eligibility To be eligible to compete the pairing must consist of current[#] Grade 1, Grade 2 or Grade 3 performers. No competitors from grade 4 or below.

All competitors must be at least 9 years old in the year of the competition to be eligible to compete. A competitor must be at least 13 years old in the year of competition to compete in the O15 category.

The routine is the same for all groups and is: ~

10 different skills to include:-

A. 7 skills with a min of 270° of somersault rotation.

B. 1 skill from (A) must be

Either a full twisting back somersault **or** 1 ½ twisting front somersault

Or one skill landing on either the front or back **and from this skill** one skill with a min of 450° of rotation.

Qualification for the Synchronised British Championships will be by ranking points gained at the gala weekends. The qualification will only be for the **named pair only** no substitution will be allowed.

The competition will consist of two rounds only. There will not be a final.

Synchronised British Championships 2008

Entry into the British Championships will be by invitation from the Competitions Committee. The committee will use the ranking lists obtained from the qualifying gala week ends. If any pairing is unable to take up their invitation the next pair on the list will be invited. Ranking lists will be published on www.bg-coaches.org after the relevant gala weekends.

The British Synchronised Trampoline Championships will be alongside the British Trampoline Championships at the NIA, Birmingham. The event will consist of a single voluntary routine. The start order will be determined using the ranking system.

All routines, ages and other rules as per the gala week ends see above.

N.B. CURRENT for gala synchro means that you must have competed at that grade in 2008 or achieved a retaining score for that grade in 2007. If in any doubt please contact the Scores Coordinator on tramp.scores@british-gymnastics.org before submitting your entry.

Synchro rankings

Ranking points will be allocated to anyone who has completed two routines and finished in the top eight as follows.

1st = 10 pts	2nd = 8 pts	3rd = 6 pts	4th = 5 pts
5th = 4 pts	6th = 3 pts	7th = 2 pts	8th = 1 pts

Tie breaker.

Ranking for national finals will be on the pair's best three results. If they did not attend 2 competitions zero points will be used for the missing result.

If there is a tie in points the following tie breaker rules will be used in ascending order until the tie is resolved.

1. The best two results
2. The best result
3. The highest de-synch score
4. The highest placing relative to the group size.

One pair will be nominated as reserve for each group.

The competitions committees' decision is final.

Entering Synchronised Competitions

All Synchronised entries must be made as a pair and the complete entry fee sent to the competition organiser as one payment by the stated closing date.

When two partners are from different Clubs then only one Club must be responsible for their entry and the complete fee paid.

Where full payment is not received the entry will not be accepted.

Late entries or name changes are not permitted.

Competition Attire for all Synchro categories

For rules on competition clothing for synchronised trampoline events see BG code of points section 6

AWARDS & TROPHIES - SYNCHRONISED

Grades '3' to 'GMPD'

The Region may adopt their own policy for awards at these grades.

National Synchronised Competitions throughout the season

A minimum of three pairs of awards (one to each partner) will be given for each event both male and female.

Synchronised National Championships

A minimum of eight pairs of awards (one to each partner) will be given for each event both male and female.

Where possible organisers should provide all competitors at all levels with a certificate of participation.

EQUIPMENT

FIG approved trampolines with webbed beds; 6x6mm or 6x4mm will be used for all grades of competition. Trampolines must be arranged in matching pairs.

OTHER SYNCHRONISED COMPETITIONS

Synchronised Trampoline is featured at the following International events, selections are made based upon "Selection Criteria" Copies of "The Selection Criteria" can be obtained from the National Squad Administrator.

World Senior Championships

European Senior Championships

World Cup Series

European Youth Championships

International Age Group Games

Martin Cup

Open International Events

There are a number of Open International Events held abroad each year, Clubs and Individuals planning to participate in Trampoline events abroad should inform British Gymnastics at Lilleshall of their intention.

SECTION 4

DOUBLE MINI TRAMPOLINE



TRAMPOLINE TECHNICAL COMMITTEE

DOUBLE MINI TRAMPOLINE COMPETITION GRADES 2008 - 2009

Following the acceptance of the proposed change to the DMT Competition structure, Section 4 details the new competition structure which takes effect from 1st January 2008.

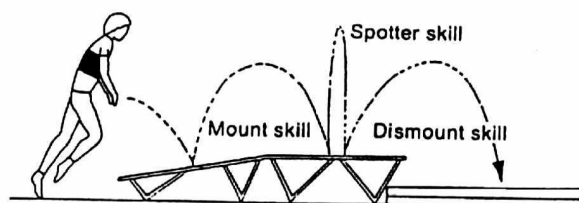
In 2008 DMT and Trampoline competitions will be combined and referred to as Gala competitions, which will be held over a weekend.

Minimum/Maximum Requirements

If a gymnast fails to meet the minimum requirements in a complete pass then the form judges will delete 0.5 from their score for each element missing from the pass.

If a gymnast fails to meet the minimum requirements in the prelim, or final round then the form judges will delete 0.5 from their score for the last pass in that round.

If a gymnast performs a pass which exceeds the maximum difficulty, the difficulty judge will display the capped difficulty for the pass.



Moving between Levels

Moving between levels is now managed through the Promotion and Relegation process which is detailed on page 39 of this handbook.

A competitor will be able to select his/her starting level in the 2008 competition season in accordance with the DMT minimum criteria outlined below.

Competitors not entering a National DMT event in 2008 must enter the DMT competition structure at National C and will be subject to the promotion/relegation as detailed on page 39.

Regional Competitions

Regions are encouraged to hold DMT events and to promote DMT courses. In general we would expect regions to run National C and Regional D competitions. Those wishing to run World FIG B and/or World FIG A competitions must contact the Competitions Committee to ensure that the equipment being used meets the current FIG specifications. Regions requiring information should contact the DMT Representative at the earliest opportunity.

Teams

Teams must be specified before the start of each competition and consist of either 3 or 4 gymnasts in the same age group and the same level.

Clothing

Girls: Long or short sleeved leotards and white socks or preferably white DMT shoes.

Boys: Leotard and Gym shorts. White socks or preferably white DMT shoes

Difficulty (Tariff)

The difficulty for skills performed in DMT is different from Trampoline, in that double and twisting somersaults have various tariffs, depending on the shape, amount of somersault and twist.

Competition Cards (Tariff Sheets)

Competition cards must be completed in English or FIG notation and the difficulty of the skills and passes written on the sheet before the card is handed in.

World FIG A (Senior Men's and Ladies)

This is the minimum grade for gymnasts wanting to be selected to represent Great Britain at Senior events.

Age Group: FIG A Senior Mens (15 or over in year of competition)
FIG A Senior Ladies (15 or over in year of competition)

Min/Max DD: Each **pass** must contain at least one double somersault
Each **round** must contain a **pass** with at least a double somersault in each **skill**

Min Coach: DMT Senior Club Coach
DMT High Performance Coach for gymnasts competing double somersaults with more than one half twist.
DMT International Performance Coach for gymnasts competing double somersaults with more than a double twist

Relegation: World FIG B Mens & World FIG B Ladies

Nationals: British Double Mini Trampoline Championships

World FIG B

This is the minimum grade for gymnasts wanting to be selected to represent Great Britain at Youth events

Age Group: FIG B Mens (15 or over in year of competition)
FIG B Ladies (15 or over in year of competition)
FIG B Boys (14 or under in year of competition)
FIG B Girls (14 or under in year of competition)

Min/Max DD: Each **round** must contain at least one double somersault

Min Coach: DMT Senior Club Coach

Promotion: FIG B Mens to World FIG A Senior Mens
FIG B Ladies to World FIG A Senior Ladies

Relegation: World FIG B Mens to National C Mens
World FIG B Ladies to National C Ladies
World FIG B Boys to National C Boys
World FIG B Girls to National C Girls

Nationals: British Double Mini Trampoline Age Group Competiton

National C

This grade is designed for gymnasts linking single somersaults. Gymnasts that are ready to do double somersaults should progress to World FIG B.

Age Group: National C Mens (15 or over in year of competition)
National C Ladies (15 or over in year of competition)
National C Boys (14 or under in year of competition)
National C Girls (14 or under in year of competition)

Min/Max DD: Each **skill** must be a somersault
The **Preliminary Round** must contain either a **Barani Mount** or **Barani Spotter**
Maximum difficulty capped at 2.4 (Competitors may compete higher difficulties including up to single twisting Double Somersaults but will not be credited with more than 2.4 difficulty)

Min Coach: DMT Club Coach
DMT Senior Club Coach

Promotion: National C Mens to FIG B Mens
National C Ladies to FIG B Ladies
National C Boys to World FIG B Boys
National C Girls to World FIG B Girls

Relegation: None

Nationals: National C Age Group Finals

Home County / Regional D

This is an introductory grade where gymnasts are required to perform a single somersault in **each pass**. They can perform tuck, pike and straddle jumps, along with $\frac{1}{2}$, full, $1\frac{1}{2}$ and double twist jumps provided that they are accompanied by a somersault in each pass. Gymnasts with four passes containing linked single somersaults should progress to National C. Regional Competition Secretary to administer age groups as per regional criteria. It is advised that competitors compete in male and female groups.

Age Group: Regional D Seniors (15 or over in year of competition)
Regional D Juniors (14 or under in year of competition)

Min/Max DD: Each **pass** must contain a somersault with max difficulty capped at 1.3

Min Coach: DMT Club Coach

Promotion: National C

Promotion and Relegation

The promotion and relegation system will be based on the competitors overall position at a competition rather than the competitors score to eliminate regional variations in the judges scores. Points will be awarded or deducted through a placing set by a predetermined percentage of the number who actually competed

- In each group, the top 20% placed competitors will be awarded 1 point.
- In each group, the bottom 20% placed competitors will be deducted 1 point.
- Once a competitor has reached a score of +2 points
 - they may choose to be promoted.
 - they do not gain any additional points for finishing in the top 20% and they are not included in the calculations for the allocation of these points
 - they will be deducted 1 point if they finish in the bottom 20%
- Once a competitor has reached a score of -2 points, they are required to be relegated – (FIG A and FIG B only). (Any competitor who believes they have a case not to be relegated should make a formal written application to the National Competition Working Party via email – tramp.comps@british-gymnastics.org)
- Newly promoted competitors will trial on a score of -1 points. This will be set to 0 if they avoid placing in the bottom 20% of their first competition. If they finish in the bottom 20% they will be relegated.
- Newly relegated competitors will trial on a score of +1 points. This will be set to 0 if they don't place in the top 20% of their first competition. If they finish in the top 20% they may return to the higher level for the next competition
- Voluntary relegation is available to performers who no longer wish to compete at any given level. The performer will be relegated and start on 0 points.

Nationals Qualification

In order to qualify for Nationals a competitor must have achieved a top 50% place in the grade they are competing in and finished in that grade at the end of the season. Please note that there are three different Nationals as listed below:

- British Double Mini Trampoline Championships
- British Double Mini Trampoline Age Group Competitions
- National C Age Group Finals

USEFUL ADDRESSES

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