




2023 Women's Artistic Gymnastics Competition Handbook[©]

Version History

The Technical Committee reserves the right to make amendments to this Handbook.

Notification of a change to the handbook will be communicated through the [British Gymnastics Website](#)  and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;


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Definition of Terms

- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the Supervising Coach. Assisting coach(es) must meet all of the relevant eligibility requirements.
- **BGF** means British Gymnastics Foundation.
- **British Gymnastics Nomination Panel** – Performance Team, Senior Performance Manager & Technical Committee Chair.
- **Championships** means any British Championship organised by or on behalf of British Gymnastics.
- **Chaperone** In exceptional circumstances, chaperones may be permitted to fulfil a pastoral care role. Chaperones under **no** circumstances shall be permitted to coach gymnasts.
- **Choreographers** will create and develop new routines.
- **CJP** – means Chair of Judging Panel.
- **Coach(es)** are those Coach(es), Lead, Supervised, Assisting Coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach(es) must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Any changes to these coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to these coach(es) will only be permitted where the replacement coach meets all of the relevant Eligibility requirements
- **Code** means the Code of Points used for the competition, from which technical information and regulations are taken.
- **CPSU** means Child Protection in Sport Unit.
- **DBS** means Disclosure and Barring Service, Access NI Eligibility or PVG.
- **DJ** means Difficulty Judge.
- **Event** means any national and international competition and championships organised by or on behalf of British Gymnastics.
- **FIG** means Federation International de Gymnastique.
- **GEL** means Gymnastics Enterprise Ltd, trading as British Gymnastics Official Shop.
- **IDP** means International Development Pathway.
- **Independent** means gymnasts who are not members of a British Gymnastics registered club but hold appropriate British Gymnastics membership.
- **Lead Coach** The coach taking overall responsibility for all the gymnasts from their club/region. The Lead Coach must be present in the competition arena throughout the event to take responsibility for their coaches and gymnasts. The Lead Coach must possess sufficient qualification to cover all the skills that any of their gymnasts will be performing within the competition.
- **NDP** means National Development Plan.
- **Officials** are people recruited to assist with the delivery of the overall event e.g. Floor Manager, Ceremonies Manager, Spectator Tickets Manager.
- **OOA** means Out of age
- **Organiser** means the designated National Competition Organiser (NCO) or their appointed representative, who is authorised by, or on behalf of British Gymnastics.
- **Supervised Coach** means a coach under the responsibility of the Lead Coach, as they are coaching skills to a maximum of 1 level higher than their current qualification, but are in the process of qualifying at the next level.
-  means it is a [hyperlink](#) to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current FIG rules apply. However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

Contact Information

Technical Committee

Chair	Maria McLoughlin	maria.mcloughlin@british-gymnastics.org
National Technical Committee Member	Catherine Lethbridge	
National Judging Co-ordinator	Sue Tredgold	

National Competition Organiser

National Competition Organiser	Christine Paddock	womens.competitions@british-gymnastics.org
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British Gymnastics Contact Details

Customer Support	0345 1297129	customersupport@british-gymnastics.org
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National Competition Calendar

Event & Date	Opening Date	Closing Date	Venue
WTC Cup 2023 – Senior British Qualifier, 4 th -5 th February	11 th November 2022	Noon Monday 9 th January 2023	Wiltshire School of Gymnastics
Gymnastics British Championships 2023, 23 rd -26 th March	30 th December 2022	Noon Friday 10 th February 2023	Exhibition Centre Liverpool
British Disability Masters 2023, 23 rd -26 th March	30 th December 2022	Noon Friday 10 th February 2023	Exhibition Centre Liverpool
National Development Plan 4, 3, 2, 1 Finals 2023, 20 th May	24 th February 2023	Noon Thursday 6 th April 2023	Fenton Manor Sports Complex
National Compulsory Levels 3&2 2023, 21 st May	24 th February 2023	Noon Thursday 6 th April 2023	Fenton Manor Sports Complex
Adrian Stan Team Championships 2023, 14 th -15 th October	21 st July 2023	Noon 1 st September 2023	Fenton Manor Sports Complex
Disability Artistic British Championships 2023, TBC	TBC	TBC	TBC
FIG Challenge Qualifier 2023	No longer a National Competition		
National Voluntary Levels 3&2 2023, 8 th December	15 th September 2023	Noon 10 th November 2023	Surrey Sports Park
Classic Challenge Championships 2023, 9 th -10 th December	15 th September 2023	Noon 10 th November 2023	Surrey Sports Park

For a complete domestic and international calendar of events please follow link 

Eligibility

Membership

All persons attending British Gymnastics events in an official capacity, whether as a gymnast, coach or judge are required to hold a current British Gymnastics membership in line with the level of competition entered and awards held.

- **Gymnasts**


Membership level must be Competitive Gymnast, Coach or Life Member of British Gymnastics, in order to enter a British Gymnastics Event.

In normal circumstances, gymnasts should also be a member of a British Gymnastics registered club.

In exceptional cases, where a gymnast does not belong to a British Gymnastics registered Club, they must contact the Events Department and request entry into the Event. If granted, such gymnasts will be given the classification as being “Independent”. In such circumstances independent gymnasts must nominate a coach and must also meet all other membership requirements.

For all Grades/NDP Events, gymnasts must hold current British Gymnastics Competitive Gymnast membership at the time of the Regional Qualification Events. Anyone discovered to have been without the correct level of membership for these qualification Events will be disqualified.

- **Lead Coaches**

Lead Coaches’ membership level must be Coach or Life Member of British Gymnastics and coaches must be qualified to the level of all the skills being performed by all gymnasts in the club/region before being allowed to participate in a British Gymnastics Event. Lead Coaches must have current safeguarding and DBS certificates, please see Safeguarding section. The Lead Coach may authorise other coaches from their club/region to coach skills at a maximum of 1 level higher than that coaches’ qualification (Supervised Coach) but has responsibility for ensuring that they are competent to do so. For further information on the changes introduced for Lead and Supervised Coaches, please click here 

- **Coaches**

Coaches’ membership level must be Coach or Life Member of British Gymnastics and Coaches must be qualified to a minimum of level 2. Coaches must be qualified to the level of all the skills being performed by the gymnasts for which they are responsible. Coaches must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Supervised Coaches**

Please note that Supervised Coaches requirements have now reverted to pre-COVID levels.

To be a Supervised Coach you must be a minimum of Level 2. With the explicit authorisation of the Lead Coach, Supervised Coaches may coach skills at the maximum of 1 level higher than their current qualification. Before being allowed to participate in a British Gymnastics Event, the Supervised coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified. For further information on the changes introduced for Lead and Supervised coaches, please click here



- **Assisting Coaches**

Assisting Coaches’ Membership level must be Assistant Coach (if Level 1), Coach or Life Member of British Gymnastics before being allowed to participate in a British Gymnastics Event. Assisting coaches must have current safeguarding and DBS certificates, please see Safeguarding section. Assisting Coaches cannot be responsible for the gymnasts.

- **Choreographer**

Choreographers’ Membership level must be Competitive Gymnast, Assistant Coach (if Level 1), Coach or Life Member of British Gymnastics before being allowed to participate in a British Gymnastics Event. Choreographers must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Disability Chaperone**

Disability Chaperones may be permitted to provide pastoral care to gymnasts in certain circumstances. Under no circumstances may a Disability Chaperone coach a gymnast. In the case where a gymnast has a disability, the nature of which indicates that it is deemed necessary to have additional support, they will be entitled to have a carer present with them throughout the competition. This Disability Chaperone will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The Disability Chaperone will be required to

sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The Disability Chaperone will be required to be dressed appropriately (please refer to the relevant section of the discipline specific code of points) if entering the warm-up hall or field of play.


- **Medical Chaperone**

In exceptional cases, upon written request, a Medical Chaperone may be approved to provide pastoral care to a gymnast with a medical condition. Written medical verification of the need for this carer (from a GP or other medical practitioner) will be required to be submitted to the Events Department at least 1 week prior to the start of the Event. The Medical Chaperone will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The Medical Chaperone will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The Medical Chaperone will be required to be dressed appropriately (please refer to the relevant section of the discipline code of points) if entering the warm-up hall or field of play.

- **Supervising Chaperone**

The TC may authorise Supervising Chaperones to assist with pastoral care for gymnasts. These entitlements, if applicable, will be defined in the specific competition pages. In these circumstances the Supervising Chaperones must either be qualified as a Level 1 Assistant Coach or be a club/regional Welfare Officer and hold the relevant membership and qualifications, DBS & SPC for their position(s). Supervising Chaperones will not be permitted to enter the field of play.


- **Judges**

Judges' membership level must be Judge or Life Member of British Gymnastics for Club/County/Regional Judges, and National/Brevet Judge or Life Member of British Gymnastics for National and Brevet Judges before being allowed to officiate at a British Gymnastics Event. Members with coaching memberships that also have the required judge qualifications as laid out above are also applicable. 

From time-to-time British Gymnastics may invite international judges to officiate at British Gymnastics events, as such they will not require British Gymnastics membership.

Judges must also hold a current cycle of judging award (Cycle 15)

British Gymnastics does not require judges to complete a criminal record check to judge at British Gymnastics competitions, as the role that judges fulfil at the event no longer falls within DBS or Access NI Eligibility*. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a criminal record check by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check. British Gymnastics no longer requires all judges to complete safeguarding training, but clubs should ensure any judge who supervise or instruct children has completed appropriate training.

* Judges who hold Scottish Gymnastics membership should refer to Scottish Gymnastics  for further guidance as to whether a check is required.

For further information on membership levels please visit the British Gymnastics Website. 

Coach Qualifications

When submitting entries for a British Gymnastics Event, clubs/regions must ensure that all coaches are qualified at the appropriate level.

Where Supervised Coaches are coaching skills one level above their current qualification, they must have been working in the training environment on these skills under the direct supervision of a coach who is qualified at the correct level. All coaches should continue to conduct risk assessments prior to undertaking any skill and assess the appropriate level of skill and support needs of both the gymnast and the coach on the floor at the event.

All Coaches must have completed the [British Gymnastics Positive Coaching module](#) 

All Coaches entered into the event entry MUST be the same as those attending the event. It is unacceptable to enter a coach you know will not be attending. The Lead Coach has the ultimate responsibility for all the participants from their club/region and that of the Supervising Coaches, Assistant Coaches, Chaperones & Choreographers.

It is the club/region's responsibility to ensure that only accredited coaches are on the Field of Play and warm up areas.

Coaches who are used to push mats must be at least a level 2.

Lead Coaches have a duty of care towards their performers and have responsibility to ensure that all of the coaches under their supervision are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

Additional Medical and Supervising Chaperones may be accredited, at the discretion of the Organiser, to be present in the warm up hall and where applicable the Field of Play, to assist with the pastoral care of the gymnasts. Chaperones may not coach the gymnasts.

If it is found that a club is in breach of these policies British Gymnastics reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

Safeguarding

All Coaches, Lead Coaches, Supervised Coaches and Assisting Coaches are required to hold a valid DBS certificate, or Home Nation equivalent, and have current Safeguarding and Protecting Children Awareness training at the time of the event.

Coaches who do not fulfil this requirement will not be accredited or allowed to participate at British Gymnastics Events.

All gymnasts must have an accredited coach, present on the field of play and in the warmup hall at all times. If a gymnast attends a competition without a suitably qualified coach or supervised coach, they will not be allowed to compete.

More information about our safeguarding requirements and the training/certificates that we accept, can be found on our website via the [Safeguarding and Safe Sport page](#) under 'Safeguarding', and by scrolling down to 'Training'.

Coaches must also have a valid home country criminal record check both at the time of entry and through to the end of the event before being allowed to participate at a British Gymnastics Event.

Nationality

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

British Championships

Only those in possession of a valid United Kingdom passport (and do not hold a FIG licence for another member federation) are eligible to be ranked in the official competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), those who are not in possession of a valid United Kingdom passport may take part in competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG statutes. They will receive score(s) but will not receive a ranking in the official competition results. In such circumstances gymnasts will be referred to as Guests.

Gymnasts holding dual citizenship (including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold a FIG Licence registered by another FIG Member Federation or have not represented another FIG Member Federation.

Gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official competition results.

Other British Gymnastics Events

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes.

Those gymnasts who are not in possession of a valid United Kingdom passport must have been a member of British Gymnastics for at least one year prior to the date of the competition in order to be eligible to take part. During this period the gymnast's sole or main residence must be within the United Kingdom.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.

In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in British Gymnastics Events. The Technical Committee with approval from the Performance Director will have the discretion to determine whether their scores will contribute towards the official Competition results.

Disclosure

It is the responsibility of the person making the event entry to ensure that all of the gymnasts have declared their nationality by contacting the events team at point of entry.

Policy for the Participation of Trans People in Gymnastics Competition

For information on Transgender, please refer to the Policy for The Participation of Trans People in Gymnastics Competition



Competition Entries

Entry Process

Entry to all National British Gymnastics Events are Online only.

Complete instructions for adding an entry via the GymNET online Entry Portal are available to download from the British Gymnastics Website [!\[\]\(dfbd6b3763a6d1d9afaa974f64e2e4b5_img.jpg\)](#)

All entries must be fully submitted electronically to British Gymnastics by the stipulated closing date and time.

Prior to the event, an entry may only be amended by the person making the original entry.

Guests

If a gymnast wishes to compete as a guest (see Nationality section above for details of guest gymnasts) at a British Gymnastics event the club/coach should contact the events department in the first instance before the closing date. Guest gymnasts will be placed on a waiting list. Following the competition closing date, a decision will be made between the Technical Committee, the Events Department, and the Performance Department as to whether the entry can be accepted. If the entry is accepted the entry fee will then become payable and entered into the club basket.

Disability Gymnastics

British Gymnastics is focused on ensuring fair and equal opportunities are provided to all gymnasts.

Disabled gymnasts may compete in both mainstream and dedicated disability British Gymnastics competitions, providing they meet the eligibility criteria for the competition. Disabled gymnasts may switch between mainstream and disability competitions within the same or different disciplines. Only those disabled gymnasts who meet the eligibility criteria may compete in disability competitions.

All gymnasts competing within a mainstream competition will be judged by the same rules and criteria regardless of ability and/or disability.

Where an event includes both mainstream and disability competitions, disabled gymnasts may enter both competitions providing there are no scheduling conflicts. If there are scheduling conflicts the gymnast must choose which competition, they wish to enter.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition. All disabled gymnasts should complete a classification certificate as good practice when competing at regional level or above. A classification certificate is compulsory for gymnasts competing at a British Gymnastics National Event.

Disabled gymnasts will be required to provide proof of Disability at least six weeks before the event. Please note that unless there are any significant changes, a Disability Classification Certificate only needs to be completed once in most cases. Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the [Disability Classification Pack](#) [!\[\]\(a8f9309f944226d1420f5fed22e2b6e6_img.jpg\)](#)

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Gymnastics competition.

The Disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

All clubs and coaches must inform the British Gymnastics Events Team of any gymnasts who have medical conditions or impairments that require special consideration at British Gymnastics events. This information should be shared with the British Gymnastics Events Team at the point of competition entry and will enable the British Gymnastics Events Team to endeavour to make any reasonable adjustments in line with the Equality Act and where possible to cater for the additional needs of each gymnast.

Methods of Payment

Payment can be made by Debit Card, Credit Card or BACS payment. BACS payment however may slow the entry process. Payments should be received by British Gymnastics within 48 hours of the entry being submitted.

Cheques are no longer accepted, therefore clubs and regions must arrange alternative payment methods.

Entry fees are non-refundable after the closing date.

British Gymnastics Foundation Hardship Grants

Our Charity, the British Gymnastics Foundation, runs a Hardship Grants programme which provides grants of up to £500 for individual members of British Gymnastics, who are experiencing significant financial hardship. If you are unable to afford the costs of participating in gymnastics, and are in danger of dropping out of gymnastics because of this, then please do apply for a hardship grant [here](#). The cost of competitions is an eligible item of expenditure within the Hardship Grants criteria. Please note that the Hardship Grants programme is not continually open for applications, but details on grant round timings can be found on the Hardship Grants application page in the link above.

Late Entries

Late entries will only be considered in exceptional circumstances and only up to 7 days after the closing date.

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (including partnerships and groups). For team late entries the fee will be double (including clubs and regions). However, the late entry payments will be capped at £1000 (i.e. the additional payment over and above the normal entry fee per gymnast / partnership / group / team will be capped at £1000).

Late entries must be made in writing to the British Gymnastics Events department and will then be referred to the Organiser for consideration. The Organiser and British Gymnastics Events department will have absolute discretion whether to accept a late entry.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal, up to 1 week prior to the event.

Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

For NDP Individual & Regional Team Finals, if a Region wishes to make a substitution (due to the withdrawal of a previous regional entry) of a gymnast, they can only do so up to one week before the event, in writing to the British Gymnastics event department after the entry is closed. Proof of qualification of the substitute must also be provided if applicable, at the time of the request. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme or other event related items.

Where it is necessary to substitute a Coach the club must inform the British Gymnastics Events Department, so the Coach can be checked for membership, awards and safeguarding, before they can be accredited for the Event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, and current British Gymnastics specific DBS.

Where there are specific rules and/or processes relating to withdrawals and substitutions please refer to the specific event page.

Non-Participation Fee

By entering a gymnast (individual/partnership/group) or a team (team events) into an event, the enterer accepts that, should any gymnast or team fail to register to compete by the end of registration for a competition, the appropriate fee for non-participation will be added to the club basket or in the case of regional entries, basket of the person making that entry.

Fees will be charged as follows:

£25 – Individual / Pair

£50 – Trio / Group / Team

Should a gymnast be withdrawn, for whatever reason, the club or coach must inform the Organiser and Events Department in writing via email or notifying a member of the events team at the registration desk up to the close of registration for the relevant session. Email addresses are listed in the Contact Information on Page 6 of this Competition Handbook. Withdrawals will only be accepted via email.

Failure to inform the Events Team or the Organiser as laid out above will result in the non-participation fee being charged.

General Regulations

Terms & Conditions of Entry to All Competitions

In addition to British Gymnastics General Rules & Regulations –

- All entrants agree to be treated by British Gymnastics appointed medical staff only and be bound by the decision of British Gymnastics medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry about a score awarded by the judges, you agree to pay a fee which will be added to the club/region basket.
- You agree to the storing of competition scores. If requested British Gymnastics will redact your details from the published results unless there is a justifiable reason to reject an objection to publication. 
- You agree to abide by the British Gymnastics Photography at Gymnastics events policy. 
- The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.
- By submitting an entry to a British Gymnastics event, you must ensure those individuals whose personal data you are providing may be used by British Gymnastics in relation to the event (this includes gymnasts and people who have parental responsibilities (where the gymnast is a child) coaches, judges and volunteers) are aware and would expect their information to be used, where necessary for pre-event and accreditation information, post event surveys and, where applicable to send out electronic certificates of participation which are sent to gymnasts via their email address registered on their membership account. Please refer to the British Gymnastics membership privacy notice available on our website for further details and information about individual rights 

Competition Attire

- **Gymnasts**

In order to make British Gymnastics' events more inclusive and accessible, a new policy has recently been approved by the Board, following consultation with the National Technical Committee and having adopted feedback received from the community.

In principle this policy overarches but should be read in conjunction with the discipline specific policies and references in the Codes of Points and other documents.

In essence the policy seeks to break down barriers to participation by for example removing gender specific requirements for competition attire. e.g. girls may now wear shorts or leggings.

These overarching principles may be found in the [Competition Attire at Events for Gymnasts Policy](#). 

The implementation of this policy will be monitored for the first year and reviewed accordingly, but coaches are encouraged to contact British Gymnastics office, or their respective Competition Organiser should they have any queries about the attire that they propose for their gymnast to wear at British Gymnastics events.

Advertising must adhere to the [Advertising on Clothing & Competition Attire at Events Policy](#). 

When representing your Club (excluding NDP Individual and Regional Team Finals – Home Nations only), the wearing of GBR or Home Country attire at British Gymnastics Events is strictly forbidden. For the avoidance of doubt, any inclusion of the Union Flag (or home nation flag) within the design of any leotard is expressly forbidden.

Strapping – a suitable colour of tape should be used, i.e. no bright colours or patterns


The removal of leotards on the field of play is not allowed.

- **Coaches**

Coaches must wear a tracksuit with full length tracksuit bottoms or full-length tracksuit bottoms with a collared polo shirt or club/region t-shirt and appropriate gym/training shoes.

The wearing of GBR or Home Nation attire at British Gymnastics Events is strictly forbidden

Long hair should be braided or tied back so as not to obscure vision.

Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery, they should be taped. Exceptions are as per [Health & Safety Guidance: Safe Coaching](#) 

- **Judges**

Male: Blazer or suit, trousers, white shirt, British Gymnastics/FIG or plain dark tie, black or blue shoes

Female: Blazer or jacket, skirt or full-length trousers, white blouse, black or blue shoes (without heels)

Recorders, computer operators and other officials who may be working alongside the judges should dress similarly.

Please refer to discipline specific rules in the [FIG General Judges' Rules 2022-2024](#) for further information. 

For gymnasts, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

Music (where applicable)

All music for competition routines must be uploaded onto the GymNet portal at the latest one week before the competition date (see event page for specific time and date). If your gymnast does not require music, please tick the 'Music not required'.

Instructions for submitting music electronically may be found within the [Online Entry Guide](#) 


Coaches are advised to carry a backup copy of all music files (contained within an USB storage/flash drive) that can be used in the event of any technical issues with the music submitted. Each track on the USB drive must be in MP3 format and clearly labelled with the following format:

Gymnast Names - Club-Category-Routine

Late Music Submission (where applicable)

Late submission of music will attract a fee of £20.00 per gymnast/partnership/group/team. This fee will be added to the club basket. In the case of regional entries, the fee will be added to the basket of the person that has made the entry. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

Music Licensing (where applicable)

All music used in competition routines must conform to the relevant licensing requirements. Details may be found upon logging into the Club Hub Resources Website and accessing the PPL/PRS page via the "Places" tab. 

Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil can be used but this should be checked on the PPL Website to confirm the track is included within their repertoire.

To check tracks, go to  and enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber, or Cirque du Soleil to use the track and pay the relevant licensing fees.

Order of Performance

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining a smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the Technical Committee reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials, up to the start of warm up.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.

Registration

Coaches must make adequate provision for the supervision of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

Only register your Gymnast(s)/Club/Region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by British Gymnastics.

Specific registration processes where appropriate can be found in the event work plan.

Access to Warm up Hall

Access to the warm up hall will be limited to the appropriate number of Coaches and Chaperones (where applicable) as defined in the specific details section for each Event.

On arrival, coaches will need to register and collect their accreditation from registration.

In the case of events spanning more than one day, accreditation will be issued for each day.

At larger national events the FIG/UEG recognised accreditation system will apply.

Abuse of accreditation may result in disciplinary action being taken by British Gymnastics.

Judges will not be allowed into the warm up hall, once the judges meeting has taken place.

Food and Drink

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

Babies and Young Children

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

Medical Provision

Anyone requiring First Aid assistance should speak to either the Organiser or British Gymnastics medical team. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all British Gymnastics Events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the British Gymnastics appointed medical officer as to the gymnast's health, medical status, and their ability to compete at the event is absolute and final.

Medal Ceremonies

Except in exceptional circumstances, gymnasts who win a medal at a British Gymnastics Event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person.

Medals will only be distributed at events, not by post.

Attire for medal ceremonies is according to FIG World Championships or European Gymnastics rules. 

Tenure of Trophies

All perpetual trophies remain the property of British Gymnastics.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either; -

- Making arrangements for it to be delivered to the competition venue on the day.
- Returning it to the competition organiser at least one week prior to the competition.
- Returning it to the British Gymnastics offices at least one week prior to the competition.

Failure to do this or loss of a trophy will incur a cost to the individual / club.

Privacy

British Gymnastics Privacy Notice 

At many events, British Gymnastics may produce event merchandise (eg event tshirts). These may include the names and/or clubs of the gymnasts taking part.

Where competing gymnasts have a disability, it may be necessary to share the details of this disability with Performance staff and the Technical Committee in order to discuss if modifications to rules and processes are appropriate arising from this disability.

The scores, results and “Judgecam” videos from British Gymnastics events, where BGScore is present will be made available in the BGScore App and also published on the British Gymnastics Website in the specific event page.

Video, Film and Photography

Photographs and video footage will be captured at British Gymnastics events.

British Gymnastics accredited photographers and the media may be present and in some cases events may be live streamed by the British Gymnastics TV production team, or broadcast partners. The images taken at events may be used by British Gymnastics, GEL and the British Gymnastics Foundation for the purposes of promotion, education and development of the sport.

They may also be shared with journalists, through social media outlets e.g. Facebook, Instagram, YouTube etc. and our third-party partner organisations for general promotional purposes.


Anyone who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the Event Organiser. Although it is not always practical to manage the content of live streamed footage, we will make every effort to ensure any identifiable images of the participant are not published.

British Gymnastics will display clear signage and make announcements about photography and filming at relevant events. Any footage of children and individuals who are vulnerable will be published in accordance with our relevant safeguarding policy.

To make our events entertaining and easy to follow for our audience and fans, we announce and publish information about participants, including nationality, scores and achievements.

Videos of routines performed by participating gymnasts taking part in our major events are made available on the BG Score App and website but access is restricted to British Gymnastics members.

We delete event photographs and videos after five years unless we consider them to be of public interest and should consequently be archived for historical purposes. Where images have been published on social media, these platform providers may continue to process your data after the retention period has lapsed.

Any person wishing to use video, film or take photographs must abide by the [British Gymnastics Health Safety and Welfare Policy](#) 

Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites.

Clubs may publish some photos but this may only be done in accordance with [British Gymnastics Photography Policy](#) and in conjunction with the [British Gymnastics Safeguarding Policy and Health Safety & Welfare Policy](#)

Flash photography may not be used at any time while gymnasts are warming up or competing.

Photography on the Field of Play by gymnasts, coaches and officials is not permitted.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the British Gymnastics appointed Welfare Officer at the event.

Health & Safety

The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration.

All British Gymnastics policies and procedures will be rigorously applied with regards to health, safety, welfare and Safeguarding & Protecting Children.

Overnight Stays

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.

The training for the designated person should be British Gymnastics recognised Safeguarding and Protecting Children award or Home Country equivalent. The appropriate criminal records checks should also have been completed.

For Overnight Trips the appropriate form needs to be completed in full and sent to British Gymnastics at least four weeks prior to travel so we can get your trip approved and endorsed by our insurers. Failure to inform British Gymnastics of any overnight stays may invalidate your insurance.

Please note that the British Gymnastics Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance.

Drug Free Sport

The testing programme may affect any elite gymnast performing at a national standard.

Please follow the link to read the [British Gymnastics Policy](#)

Manipulation of Competition

British Gymnastics, as a sports organisation bound by the Olympic Charter and the International Olympic Committee Code of Ethics, declares our commitment to support the integrity of sport and fight against the manipulation of competitions by adhering to the standards set out in the Olympic Movement Code on the Prevention of the Manipulation of Competitions and by requiring their members to do likewise. Please follow the link to read the Prevention of Manipulation of Competitions Policy

Women's Artistic Technical Information

Code of Conduct

British Gymnastics National Technical Committee Code of Conduct 

Women's Artistic Judges Code of Conduct 

British Gymnastics, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, judge, gymnast or team at any time, if they do not comply with British Gymnastics regulations.

Grades/Levels

Compulsory Levels 2023

- Gymnasts must pass Compulsory Level 4 to progress to Compulsory Level 3.
- Gymnasts must pass Compulsory Level 3 to progress to Compulsory Level 2.
- Gymnasts can do two Compulsory Levels in 2023 if they are ready and are of the minimum age, e.g. Compulsory Level 4 in the beginning of the year in their region and then Compulsory Level 3 later in the region. However, a gymnast cannot do two Compulsory National Finals in the same year.
- A second opportunity to take Compulsory Level 2 is under review.
- There will be no National Finals for Compulsory Level 4.
- Coaches of the best gymnasts from each Region may be invited to a coach's camp later in the year at LNSC – more details to follow.
- Compulsory Level 3 will have regional team entry at National Finals for the top 4 gymnasts of minimum age 10. Gymnasts who do not place in the top 4 regionally and achieve a minimum score of 56.50 will be allowed to enter as an individual.
- Compulsory Level 2 will be direct entry to National Finals. Gymnasts must have passed Compulsory Level 3 to enter unless they entered Compulsory Level 2 in 2021 and did not obtain the pass mark.

Voluntary Levels 2023

- There will be no National Finals for Voluntary Level 4. Gymnasts must have passed Compulsory Level 4 to enter their regional competition.
- Voluntary Level 3 will have regional team entry at National Finals for the top 4 gymnasts of minimum age 10. Gymnasts must have passed Compulsory Level 3 to enter their regional qualifier. Gymnasts who do not place in the top 4 regionally and achieve a minimum score of 46.00 will be allowed to enter as an individual.
- Voluntary Level 2 will be direct entry to National Finals. To enter Voluntary Level 2 gymnasts must be a minimum of 11 years and have achieved a pass at Compulsory Level 3 in 2022 or taken Compulsory Level 2 in 2023.

Regional Representation

Gymnasts may only represent the region to which their club is affiliated.

Exceptional circumstances will be considered following written application to the WTC.

Where regional entries are made, gymnasts and coaches must be selected according to the rules and will represent their region, not club. Gymnasts should be in regional uniform. None matching leotards/unitard will be deducted according to FIG rules. However, there will not be a deduction if one gymnast decides to wear plain shorts or a unitard providing the body of the leotard/unitard is matching.

Where regional entries provide a pathway to national events coaches must be qualified according to the rules laid out in Pages 9 & 10 of the National Competition Handbook.


Qualification from Regional Events to National Finals

Gymnasts attempting to qualify for national finals through a regional qualifying competition must attend the competition held in their own region and have one opportunity to qualify. Extenuating circumstances will be considered following written application to the WTC before any attempt to qualify in another region.

Age Policy

Gymnasts' ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

The minimum age for entry to National British Gymnastics events is 9 years in the year of competition.

To view further information on age, participation and competition please view the [Health & Safety Guidance: Coaching Practice](#)  document (available within the Resource Library on GymNET).

A Gymnast is not eligible to enter Club, Regional or National Grades if they have qualified for British Championships through any route.

Year Born Eligibility for WAG National Competitions 2023				
Age	Year Born	Compulsory Levels	NDP National Grades	NDP Regional Grades
Min Age 8	2015		NDP Club Grade 6	
Min Age 9	2014	Compulsory 4	NDP Club Grade 5	
Min Age 10	2013	Compulsory 3	National 4 Not eligible: A pass at Compulsory 3 or 2	Regional 4 Not eligible: a pass at Compulsory 4 3 2 a pass at National 4 3 2 1
Min Age 11	2012	Compulsory 2	National 3 Not eligible: a pass at Compulsory 2	Regional 3 Not eligible: a pass at Compulsory 4 3 2 a pass at National 3 2 1
Min Age 12	2011		National 2 Not eligible: a pass at Compulsory 2	Regional 2 Not eligible: a pass at Compulsory 4 3 2 a pass at National 2 1
Min Age 13	2010		National 1 Not eligible: a pass at Compulsory 2	Regional 1 Not eligible: a pass at Compulsory 4 3 2 a pass at National 1
Aspire 12-13	2011 – 2010	British Championships	FIG Challenge Not eligible: Qualified for British Championships	
Junior 14-15	2009 – 2008	British Championships	FIG Challenge Not eligible: Qualified for British Championships	
Senior 16 +	2007 or before	WTC Cup to qualify to British Championships	FIG Challenge Not eligible:	

			Qualified for British Championships	
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Coaches

Where more than one coach is permitted, FIG regulations apply. FIG COP Section 3 P1 regulations for coaches:

Number of coaches Permitted in the Inner Circle:

Complete teams – 1 female and 1 male coach or 2 female coaches; if only 1 coach, then the coach may be male. 

Competition Apparatus

Unless otherwise stated, the equipment at British Gymnastics national events will be to current FIG specifications and GB modifications where applicable: Only apparatus supplied at the request of the WTC may be used at national events.

Tall Gymnasts – Uneven Bars

In line with the new Cycle 15 CoP 2022-2024 that will be used for all WAG competitions from 1st January 2022, the height of the bars will be raised as standard by 5cm on each bar. An additional 5cm increase of the high bar can be requested for all gymnasts that still touch the mats with their feet during the exercise. This request must be made at the time of entry. This must then be verified by the Chair of Superior Jury or a member of the Superior Jury during training.

Unauthorised raising of the bars will be penalised in accordance with the FIG regulations.

Inquiries:

Official WTC inquiry forms are available from the Superior Jury and must be completed and returned to them within 10 minutes of the score being published. A coach should register their intention to inquire by approaching the Competition Organiser before completing the form. If a coach has approached the judging panel and discussed a gymnast's score, they cannot then register an inquiry. A coach may only inquire about the D score. Coaches can also request a time or line review.

The supervising coach for the club/region of the competing gymnasts places the inquiry form with the Superior Jury.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee.

This fee will not be collected in cash at the event but added to the basket of the club/coach concerned if the inquiry is not upheld.

The WTC cannot accept any video or photographic analysis at an event unless an official video replay system is available at each piece of apparatus and could be referred to by the Superior Jury for the benefit of every competitor.

Womens Artistic WTC Cup 2023 - Senior British Qualifier (being organised by the WTC)

Date:	4 th February – 5 th February 2023	(No pre-competition training)
Venue:	Wiltshire School of Gymnastics, Lysander Rd, Lysander Road, Bowerhill, Melksham SN12 6SP	
Opening Date:	Friday 11 th November 2022	
Closing Date:	Noon Monday 9 th January 2023	
	Please note there will be no Event Support available until 09:00 Monday 9 th January 2023	
Music Entry Closing Date:	Noon Friday 27 th January 2023	
Entry Fee:	£50.00	
Code:	Senior - FIG CoP 2022-2024 	

Eligibility:

- Gymnasts who have previously competed in the British Championships or have passed Compulsory Level 1 in 2019 or before; or have passed Compulsory Level 2 in or before 2021; or achieved a combined score in Compulsory Level 2 & Voluntary Level 2 in 2022; or has achieved the qualifying score of 45.50 at the National FIG Challenge Qualifier 2022 may enter this competition.
- Gymnasts must be 16 or over in the year of competition

If competition timing allows:

- Gymnasts who have an FIG Licence with another federation / “guest” status, who are unable to enter the British Championships, will be allowed to enter to achieve an FIG score. Please contact the WTC directly by emailing womens.competitions@british-gymnastics.org by noon 9th January 2023 if you wish to enter this competition as a ‘Guest’. The acceptance of ‘Guest’ entries will be confirmed by the WTC following the online entry closing date and completion of the main draw.

Nationality & Guest:

Gymnasts of foreign nationality or who hold an FIG licence for another member federation, must ensure that their nationality is declared on their membership record in order for them to be identified as guests. Please revisit Page 11 for more details on guests. Entries from guests will only be considered if the number of entries allows.

Competition Structure:

- Competition format is as per FIG Technical Regulations 2023 and Code of Points 2022-2024
- Those attempting to qualify for vault finals must submit an entry form at registration
- Seniors will compete two different vaults which must be from different groups and with different second flight phase, as per FIG
- First vault will be included in overall score
- For apparatus ranking the score of the two vaults will be calculated according to FIG rules


Specific Apparatus Requirements:

- Apparatus is all FIG approved
- Senior Apparatus specifications are as per FIG - except for vault matting, this will be the FIG mats turned to provide a soft landing

Category	Vault	Bars	Beam	Floor
Senior	Soft landing	2x1.4 x 20cm mat warm up and competition	2x2 x 10cm mat Warm up only	2x2 x 10cm mat warm up only 10cm landing mat only allowed in competition for

	Additional 20cm landing mat for warm up only			elements E and higher (white lines still need to be marked for border definition)
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Coach Qualification and Passes:

- The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2023 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
WTC Cup	UKCC Level 2

- 2 coaches per gymnast can be nominated (including the lead coach where appropriate). Both coaches can be present in warm-up hall and in the field of play.
- 1 coach per gymnast can be on the podium at any one time except on bars where a second coach is permitted to remove the springboard.

Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) .

Awards:

- All competitors will receive a certificate of participation
- Senior All-Around gold, silver and bronze medals
- A trophy will be presented to the Senior All-Around champion.
- Top 6 individuals will be announced and lined up with medalists
- Apparatus ranking and medals will be decided from the All-Around Competition
- Apparatus gold, silver & bronze medals
- The top 6 apparatus individuals will be announced and lined up with the medalists.

British Championships

Aspire, Junior and Senior

Date:	23 rd March – 26 th March 2023	<i>Pre-competition training available for Seniors only</i>
Venue:	Exhibition Centre Liverpool, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP	
Opening Date:	Friday 30 th December 2022	
Closing Date:	Noon Friday 10 th February 2023	
Music Entry Closing Date:	Noon Friday 17 th March 2023 	
Entry Fee:	£90.00 per gymnast	
Code:	Espoir (Aspire) - FIG CoP 2022-2024  + 2022 GBR Rules & Modifications  Junior - FIG CoP 2022-2024  + 2022 GBR Rules  Senior - FIG CoP 2022-2024 	

Eligibility:

Aspire

- Age 12 or 13 years old in the year of competition
- Pass at Compulsory Level 2

Junior

- Age 14 or 15 in year of competition
- Pass at Compulsory Level 2 or 1 or
- A qualifying score from the 2022 FIG Challenge Qualifier or
- Participation in a previous British Championships

Senior

- Age 16 or over in year of competition
- In BG / GBR Squad
- Qualification through WTC Cup 2023 for all non-squad gymnasts

Aspire / Junior Gymnasts who have previously competed in the British Championships or have passed Compulsory Level 2 may enter this competition.

Senior gymnasts who are in BG / GBR squad are eligible to enter. All other senior aged gymnasts will need to qualify through the WTC Cup.

The minimum performance expectations for gymnasts entering the British Championships are as follows:

- To achieve a competitive E Score at all levels
- All Vaults should have a salto
- Aspire
 - 2 CR on Bars
 - 4 CR on Beam
 - 3 CR Floor
- Junior
 - 3 CR on Bars

- 4 CR on Beam
- 4 CR on Floor
- Senior
 - 4 CR on Bars
 - 4 CR on Beam
 - 4 CR on Floor

The WTC, in agreement with the National Coaches, may offer discretionary entry to the British Championships which reflect the long-term direction and aims of the WAG Performance Programme.

The WTC in agreement with the Performance Team may utilise unallocated places to offer automatic entry to the British Championships which reflect the long-term direction and aims of the WAG Performance Programme.

Nationality & Guest:

Gymnasts of foreign nationality or who hold an FIG license for another member federation, must ensure that their nationality is declared on their membership record in order for them to be identified as guests. Please revisit Page 11 for more details on guests. Entries from guests will only be considered if the number of entries allows.

Competition Structure:

- Competition format is as per FIG Technical Regulations 2023 and Code of Points 2022-2024
- Specific rules for Aspire Junior & Senior rules are published on British Gymnastics Website Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply
- Aspire – FIG Floor regulations with: Additional 5cm landing mat permitted for double salto without incurring a penalty. Must be removed after performing the element. 10cm landing mat NOT permitted.


Specific Apparatus Requirements:

- Apparatus supplied by Gymnova
- Aspire, Junior & Senior Apparatus specifications are as per FIG - except for vault matting, this will be the FIG mats turned to provide a soft landing
- Aspire and Junior only - Additional extra-soft boards will be available for vault – 4 spring and modified 5 spring.

Category	Vault	Bars	Beam	Floor
Aspire	Soft landing Additional 4 & 5 coil springboards Additional 20cm landing mat for warm up only	2x1.4 x 10cm Jersey mat warm up and competition	2x2 x 10cm mat warm up only	2x2 x 10cm mat warm up only 5cm landing mat only allowed in competition (white lines still need to be marked for border definition)
Category	Vault	Bars	Beam	Floor
Junior	Soft landing Additional 4 & 5 coil springboards Additional 20cm landing mat for warm up only	2x1.4 x 10cm Jersey mat warm up and competition	2x2 x 10cm mat warm up only	2x2 x 10cm mat warm up only 5cm landing mat only allowed in competition (white lines still need to be marked for border definition)
Senior	Soft landing Additional 20cm landing mat for podium training only	2x1.4 x 10cm Jersey mat warm up and competition	2x2 x 10cm mat podium training only	2x2 x 10cm mat warm up only 5cm landing mat only allowed in competition for elements E and higher (white lines still

				need to be marked for border definition)
Warm Up Hall Aspire Junior & Senior	20cm landing mat	2x1.4 x 10cm Jersey mat	2x2 x 10cm mat	2x2 x 10cm mat 5cm landing mat

Coach Qualification and Passes:

- The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2023 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
Aspire, Junior & Senior	UKCC Level 2

- 2 coaches per gymnast can be nominated (including the lead coach where appropriate). Both coaches can be present in warm-up hall and in the field of play.
- 1 coach per gymnast can be on the podium at any one time except on bars where a second coach is permitted to remove the springboard.

Individual Apparatus Finalists:

- Top 8 ranked gymnasts on Vault, Bars, Beam and Floor will be eligible to compete in Junior / Senior apparatus finals.
- Top 6 ranked Aspire gymnasts on Vault, Bars, Beam and Floor will be eligible to compete in Aspire apparatus finals.
- Those attempting to qualify for Vault finals must submit an entry form at registration.
- Seniors will compete two different vaults which must be from different groups and with different second flight phase, as per FIG
- Juniors will compete two different vaults which may be in the same group but with different numbers
- Aspires will compete two different vaults which may be in the same group but with different numbers
- First vault will be included in overall score
- In the finals the score of the two vaults will be calculated according to FIG rules including any BG bonus where applicable

Tie Breaks:





- Tie-break rules as per FIG Regulations (World Championships) .

Awards:

- All competitors will receive an e-certificate of participation
- Aspire, Junior and Senior All-Around gold, silver and bronze medals & diploma
- A trophy will be presented to the Aspire, Junior and Senior All-Around Champion.
- A presentation will be made to the coaches of the overall Aspire, Junior and Senior British Champions
- In each age group top 6 individuals will be announced and lined up with medallists

British Individual Apparatus Finals

Aspire, Junior and Senior

Code: **Espoir** (Aspire) FIG CoP 2022-2024  + 2022 GBR Rules & Modifications 
Junior FIG Competition III; (Bars,Beam,Floor)
Junior FIG Junior code (Vault only), two different Vaults – may be same group but different numbers
(Page 181-182 of the FIG Code of Points) 
Senior As FIG Competition III 

Eligibility:

Aspire

6 highest scoring gymnasts and 2 reserves on each piece.

Qualifying gymnasts will automatically be entered into the final unless formally withdrawn

Qualifiers (top 6 gymnasts and 2 reserves) will be published in hard copy on the warmup hall notice board and the BG Score App and British Gymnastics Website.

Unless officially notified of a withdrawal by the nominated coach, the gymnast will be assumed to be taking part.

The 2 reserves for each apparatus are eligible to warm up if they wish.

Junior and Senior

Eight highest scoring gymnasts and 2 reserves on each piece

Qualifying gymnasts will automatically be entered into the final unless formally withdrawn

Qualifiers (top 8 gymnasts and 2 reserves) will be published in hard copy on the warmup hall notice board and the BG Score App and British Gymnastics Website.

Unless officially notified of a withdrawal by the nominated coach, the gymnast will be assumed to be taking part.

The 2 reserves for each apparatus are eligible to warm up if they wish.

The substitution of a withdrawn gymnast with a reserve may take place up until the assembly of gymnasts for the march on of each apparatus final.

Tie Breaks:

Tie-break rules as per FIG Regulations (World Championships) .

Awards:

- Aspire, Junior and Senior individual apparatus gold, silver and bronze medal for Vault, Bars, Beam and Floor.
- A trophy will be presented to the individual apparatus champion for Vault, Bars, Beam and Floor

British Disability Masters

Date:	23 rd March – 26 th March 2023	(Pre competition training available)
Venue:	Exhibition Centre Liverpool, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP	
Opening Date:	Friday 30 th December 2022	
Closing Date:	Noon Friday 11 th February 2023	
Music Entry Closing Date:	Noon Friday 18 th March 2023 	
Entry Fee:	£20 per apparatus	
Code:	WAG Disability Rules 2022 - Open Competition Rules under review	


Eligibility:

By invitation only – (A maximum of 6 women from the Open Junior and Senior class from the WAG Disability British Championships in the previous year, will be eligible for invitation by their respective NTC. In addition, the NTC reserve the right to award 'wildcards' where thought appropriate for qualification.)

Competition Structure

- Competition Open Class Women – Individual Apparatus Finals to Open Senior rules
- Beam Dismounts - Coaches are permitted to stand in for beam dismounts without penalty. If they then touch the gymnast the normal FIG penalties will apply
- Bars – Coaches are permitted and encouraged to stand in at bars without penalty. If they then touch the gymnast penalties will apply as per latest WAG disability rules

Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2023 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
Disability Masters	UKCC Level 2

- 2 coaches per gymnast can be nominated (including the lead coach where appropriate). Both coaches can be present in warm-up hall and in the field of play.
- 1 coach per gymnast can be on the podium at any one time except on bars where a second coach is permitted to remove the springboard.

Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) .

Awards:

- Trophy, gold medal & diploma for vault, uneven bars, beam, floor
- Silver medal & diploma for vault, uneven bars, beam, floor
- Bronze medal & diploma for vault, uneven bars, beam, floor
- Participation e-certificate

National Development Plan 4, 3, 2 & 1 Finals (combined with National Compulsory Levels 3 & 2)

Date:	20 th May 2023	(No pre-competition training)
Venue:	Fenton Manor Sports Complex, Victoria Road, Fenton, Stoke-on-Trent ST4 2RR	
Opening Date:	Friday 24 th February 2023	
Closing Date:	Noon Thursday 6 th April 2023 (due to Good Friday)	
Music Entry Closing Date:	Noon Friday 12 th May 2023 	
Entry Fee:	£220.00 per regional team (Entry Fees may increase with inflation)	
Code:	Refer to the WAG NDP Club Grades Booklet which can be found in the British Gymnastics Academy	

Eligibility:

- Minimum age as stated in NDP Club Grades Booklet (as stated in the table on Page 21)
- The first five gymnasts in each National Grade (4, 3, 2 & 1) will represent the region in the National Finals
- The gymnast in fifth place will be the nominated reserve
- All gymnasts entering National Finals must have achieved a pass score in Regional Qualifier (minimum 50.00)
- Regional team entry only – no individual entries accepted

Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted if results are received after the closing date the late entry fee will be charged.

For all NDP competitions (including Regional Qualifiers) there must be a minimum of two judges on each piece of apparatus and at least ONE must be qualified to regional level or above.


Competition Structure:

- 10 minute general warm up then 6 minute apparatus warm up and compete for all NDP National Grades
- There will be no Range & Conditioning at National Finals. Gymnasts must compete Range & Conditioning in the region.
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty. If they then touch the gymnast the normal FIG penalties will apply.
- **Provisional timetable** – NDP Grades 4,3,2,1 on Saturday 20th May

Team:

- From the team of 5 gymnasts, 4 gymnasts will compete on each piece of apparatus.
- The team score will be the 3 best scores on Vault, Bars, Beam and Floor
- Working order for team must be handed in at registration
- Reserve may only replace withdrawn team member **BEFORE** start of competition

Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2023 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
NDP 4, 3, 2 & 1	UKCC Level 2

NDP 4, 3, 2 & 1

- 1 coach per gymnast can be nominated. Each team must nominate a team manager. Each coach can be present during apparatus warm-up.

- During the competition phase, 1 coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard

Specific Apparatus Requirements:

- Apparatus supplied by Gymnova to FIG specification plus modifications
- Refer to the WAG NDP Club Grades Booklet which can be found in the British Gymnastics Academy
- Apparatus specifications are as per FIG - except for vault matting, this will be the FIG mats turned to provide a soft landing
- Additional Extra soft boards will be available for vault - 4 spring and modified 5 spring

Tie Breaks

1. At National Finals ties will not be broken
2. At Regional Qualification ties at 5th place will be broken to select the final team member and reserve. Ties will be broken as follows:
 1. Highest E score
 2. Drop R&C score
 3. Drop vault score
 4. Drop bars score
 5. Drop beam score
 6. Drop floor score

Awards

- Team gold, silver and bronze in each Grade – top 6 teams announced
- Individual gold, silver and bronze in each Grade – top 6 individuals will be announced and lined up with medallists
- E-Participation Certificates for all gymnasts
- Rose Bowl - team total from Compulsory Level 3 will be added to the team totals from NDP 4,3,2 &1 and the Rose Bowl will be awarded to the region with the highest total score

National Compulsory Levels 3 & 2 (combined with National Development Plan 4, 3, 2, 1)

Date:	21 st May 2023
Venue:	Fenton Manor Sports Complex, Victoria Road, Fenton, Stoke-on-Trent ST4 2RR
Opening Date:	Friday 24 th February 2023
Closing Date:	Noon Thursday 6 th April 2023. (Due to Good Friday)
Music Entry Closing Date:	Noon Friday 12 th May 2023 
Entry Fee:	£220.00 per regional team, £55.00 per individual gymnast (Entry Fees may increase with inflation)
Code:	2023 Women's Artistic National Compulsory Levels for Coaches & Judges which can be found in the British Gymnastics Academy.

Eligibility:

Compulsory Level 3

- Gymnasts must be 10 or over in the year of competition
- The first four gymnasts in Compulsory Level 3, will represent the region in the National Finals
- The gymnast in fifth place will be the nominated reserve
- All gymnasts entering Compulsory Level 3 National Finals must have achieved a pass score of 51.00 in their Regional Qualifier including a minimum score of 10.00 on Range & Conditioning in their first sitting
- Gymnasts who score 56.50 or more including a minimum score of 10.00 on Range & Conditioning in their regional competition but do not finish in the first four may enter the National Finals as an individual

Compulsory Level 2

No regional qualification required. Individual entry direct to National Finals

- Gymnasts must be 11 or over in year of competition.
- Gymnasts must have passed Compulsory Level 3

Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after the closing date the late entry fee will be charged.

For all Compulsory Level competitions (including Regional Qualifiers) there must be a minimum of two judges on each piece of apparatus and at least ONE must be qualified to regional level or above.


Competition Structure:

- Compulsory Level 3 - 10 minute general warm up then apparatus warm up and compete
- Compulsory Level 2 - 10 minute general warm up then apparatus warm up then touch warm up
- Individuals will be drawn at the end of groups. If there is more than one individual in a group, they will rotate between them
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty. If they then touch the gymnast the normal FIG penalties will apply.
- The team score will be the total of the 3 best scores on Vault, Bars, Beam, Floor and Range and Conditioning
- Working order for team must be handed in at registration
- Nominated reserves will march in and act as team board steward during competition. The nominated reserve may only replace a withdrawn team member **BEFORE** start of competition. If the reserve was entered as an individual but competes in a team, no refund of individual entry fee will be made
- If the reserve has already competed as an individual and is subsequently required to replace a team member their scores will be added in to the team total
- **Provisional Schedule:** Compulsory Level 3 & 2 on Sunday 21st May

Specific Apparatus Requirements:

- Apparatus supplied by Gymnova
- 2023 Women's Artistic National Compulsory Levels for Coaches & Judges which can be found in the British Gymnastics Academy. Additional extra soft boards will be available for vault – 4 spring and modified 5 spring

Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2023 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
Compulsory Level 2	UKCC Level 2
Compulsory Level 3	UKCC Level 2

Compulsory Level 3

- 1 coach per gymnast can be nominated. Each team must nominate a team manager. Each coach can be present during apparatus warm-up.
- During the competition phase, 1 coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard

Compulsory Level 2

- 2 coaches per gymnast can be nominated (including the lead coach where appropriate). Both coaches can be present during apparatus warm-up. During the competition phase, both coaches can be in the field of play but only 1 coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard.

Pass Mark:

- Compulsory Level 2 Pass mark is 53.50

Tie Breaks:

- At National Finals ties will not be broken
- At Regional Qualification for Compulsory Level 3 ties at 4th place will be broken to select the final team member and reserve. Ties will be broken as follows:
 1. Highest E score
 2. Drop R&C score
 3. Drop vault score
 4. Drop bars score
 5. Drop beam score
 6. Drop floor score

Awards:

Compulsory Level 3

- Team gold, silver and bronze – top 6 teams announced
- Individual gold, silver and bronze – top 6 individuals will be announced and lined up with medallists.
- Rose Bowl – team totals from Compulsory Level 3 will be carried forward to the NDP 4,3,2 & 1 finals where the Rose Bowl will be awarded to the region with the highest total score

Compulsory Level 2

- Individual gold, silver and bronze – top 6 individuals will be announced and lined up with medallists.

Adrian Stan Team Championships

Date:	14 th October – 15 th October 2023	(No pre-competition training)
Venue:	Fenton Manor Sports Complex, Victoria Road, Fenton, Stoke-on-Trent ST4 2RR	
Opening Date:	Friday 21 st July 2023	
Closing Date:	Noon Friday 1 st September 2023	
Music Entry Closing Date:	Noon Friday 6 th October 2023	
Entry Fee:	£220.00 per club team (Entry Fees may increase with inflation)	
Code:	FIG Competition I	
	Uneven Bars - an exercise with less than 5 different coded elements will be deducted 1.00 for each missing element	

Eligibility:

- Minimum age is 10 in year of competition
- Open to any BG registered club up to a maximum of 46 teams
- More than one team may be entered subject to a maximum of 2 teams per club
- If the number of teams exceeds 46 the entry will be restricted to one team per club on a first come first served basis
- Gymnasts must be registered with the club according to BG regulations

Entry Process including substitutions and withdrawals:

- At the time of entry, a club can enter up to 10 gymnasts per team.
- Minimum number of gymnasts named is 3
- The anticipated team should be named and up to 5 additional gymnasts entered as reserves before the closing date
- After the closing date and up to noon on Friday 30th September, the gymnasts named in the entry can be withdrawn or substituted between teams where a club has entered more than 1 team. Changes must be made in writing to the Competition Organiser at womens.competitions@british-gymnastics.org and the Events Team at rachel.seymour@british-gymnastics.org
- At registration the team of 5 (minimum 3) must be confirmed from the 10 gymnasts named at the time of entry. Only the team of 5 will march in, named reserves cannot go around with the team
- Between registration and competition, if required, a change may be made in the touch warm up period and the replacement from the 5 named gymnasts will go into the vacated place. Event control must be notified

Competition Structure:

- Competition format is as per FIG
- Uneven Bars and Beam Dismounts – Coaches are permitted to stand in for Bars and Beam dismounts without penalty. If they then touch the gymnast, the normal FIG penalties will apply.
- Two teams will be drawn on each apparatus with a split warm up.

Team:


- 5 in a team, 4 to work on each piece, 3 best scores to count. Previously named reserves cannot go around with the team
- For 2023 seeding will be reinstated.
- Clubs will be seeded by ranking from the previous years scores regardless of the category entered into.
- New entrants will be drawn in the early rounds, except if the team has a senior or junior national squad gymnast, in which case this will be decided at the discretion of the WTC

- In the event of teams withdrawing the next team (and all subsequent teams) will move up rotation/round to replace withdrawn team
- Working order for team must be handed in at registration
- If required, a change may be made in the touch warm up period and the replacement from the 5 named gymnasts will go into the vacated place. Control must be notified

Categories:

- Competition Categories are currently under review for 2023

Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with Lead Coach Process 2023 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
Adrian Stan Team	UKCC Level 2

- 3 coaches per team can be nominated (including the lead coach where appropriate). All coaches can be present during apparatus warm-up.
- During the competition phase, 2 coaches per team can be in the field of play but only one coach can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard and on Vault where the second coach can input vault numbers
- N.B. coaches are welcome to swap providing there are never more than two in the field of play. FIG rules regarding coaches in a team competition apply

Specific Apparatus Requirements:

- Apparatus specifications are as per FIG – except for vault matting, this will be the FIG mats turned to provide a soft landing
- All modified boards will be available for vault – Espoir, Junior & Senior
- Additional matting will be permitted for General All Around warm up / Podium warmups, but not in the 3minute warm up

Tie Breaks:

- Team: In case of a tie, the team with the highest overall execution score (from counting score only) will prevail.

Awards:

- Awards currently under review for 2023

Disability Artistic British Championships

TBC

Please note all rules and regulations noted in [pages 1 - 17](#) of this Handbook apply to this competition

Date: TBC

Venue:

Opening Date:

Closing Date:

Music Entry Closing Date:

Entry Fee: £60.00 per gymnast (Entry Fees may increase with inflation)

Code: WAG 2022 Disability Competition Rules 

Eligibility:

Gymnasts will be required to send in a Disability Gymnastics Classification Certificate  as proof of disability at least 6 weeks before an event to British Gymnastics Customer Support.

Classification

Class 1 = Learning Disability

Class 2 = Physical or Sensory Disability 

Competition Structure:

Competitions available

- | | | | | | |
|---|------|----------|-------------------|---------|---------|
| • | Open | Class 1 | Class 2 | | |
| • | A | Class 1 | Class 2 | | |
| • | B | Under 12 | No classification | Class 1 | Class 2 |

In all Disability Competition Classes where there are three or fewer competitors in each category the Competition Organiser, at their discretion, may merge some competition categories in order to make a more meaningful competition.

Age Groups

Open

- Under 12 – Subject to merging as under 12 with no classification or with junior within classification dependent on competitor numbers
- Junior – Under 16
- Senior – 16 and over

Competition A


- Under 12 – Subject to merging as under 12 with no classification or with junior within classification dependent on competitor numbers
- Junior – Under 16
- Senior – 16 and over

Competition B

- U12 (no classification)
- Junior – Under 16
- Senior – 16 and over
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty. If they then touch the gymnast the normal FIG penalties will apply.

- Bars – Coaches are permitted and encouraged to stand in at bars without penalty. If they then touch the gymnast the normal FIG penalties will apply.

Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2023 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
Compulsory 2	UKCC Level 2

2 coaches per gymnast can be nominated (including the lead coach where appropriate). Both coaches can be present during apparatus warm-up.

During the competition phase, both coaches can be in the field of play but only one coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard. A Supervising Chaperone is permitted for the competition and will take the second coach position.

Awards:

- Trophies will be presented to the winners of the Open Senior competition.
- A presentation will be made to the coaches of the overall Senior British Champion
- Medals will be awarded to the top 3 overall placing gymnasts in each age group and at each level*
- Apparatus medals will be awarded in the Open, A & B competition at each age group**, regardless of categorisation.
- Participation e-certificates will be awarded to all participants

* To be considered for overall placing in the Open, Competition A and Competition B, the gymnast must compete on a minimum of 3 pieces of apparatus. The overall total scores for each gymnast across all 4 pieces of apparatus will determine the final placing.

** U12 & juniors may, at the Competition Organisers discretion, be merged if there are three or fewer competitors in either category in order to make a more meaningful competition.

FIG Challenge Qualifier

There will be no national FIG Challenge Qualifier in 2023. The regional FIG Challenge Qualifiers will determine the score to be achieved in order to progress to the WTC Cup 2024 at Aspire, Junior & Senior if required.

Code:

Espoir - FIG CoP 2022-2024 

Junior - FIG CoP 2022-2024 

Senior - FIG CoP 2022-2024 

Eligibility:

- Espoir: Age 12 or 13 in year of competition
- Junior: Age 14 or 15 in year of competition
- Senior: Age 16 or over in year of competition
- If a gymnast is not eligible to compete in the British Championships, they may enter the FIG Challenge Qualifier
- If a gymnast has previously passed Compulsory Level 2 and intends to enter the British Championships, they are no longer eligible to enter the FIG Challenge Qualifier.
- If a gymnast has participated in the British Championships or passed Compulsory Level 2, an application must be submitted to the Chair of the WTC for dispensation to withdraw from the British Championships pathway to enter the Classic Challenge or FIG Challenge Qualifier
- If a gymnast has competed in the Classic Challenge Championships at a regional competition they are not eligible to enter the FIG Challenge Qualifier in the same year.

Promotion:

Promotion to the WTC Cup will be confirmed by the WTC

A gymnast who attains the all-around qualifying score in the region may be eligible for the next WTC Cup.

- **Aspire** score TBC
- **Junior** score TBC
- **Senior** score TBC

National Voluntary Levels 3 & 2 (combined with the Classic Challenge Championships)

Date:	8 th December 2023	(No pre-competition training)
Venue:	Surrey Sports Park, Richard Meyjes Rd, Guildford, GU2 7AD	
Opening Date:	Friday 15 th September 2023	
Closing Date:	Noon Friday 27 th October 2023	
Music Entry Closing Date:	Noon 1 st December 2023 	
Entry Fee:	£220.00 per regional team, £55.00 per individual (Entry Fees may increase with inflation)	
Code:	Refer to 2022 WAG National Voluntary Levels Rules – Rules under review	

Eligibility:

Voluntary Level 3

- Gymnasts must have passed pass Compulsory Level 3 in 2023 and be minimum 10 in year of competition
- The first 4 gymnasts in Level 3 will represent the region in the National Finals
- The gymnast in fifth place will be the nominated reserve
- Gymnasts in Level 3 who do not finish in the first four are eligible to enter National finals as individuals providing they have achieved the required score (TBC) at Level 3 in the Regional Voluntary Levels.

Voluntary Level 2

- Individual entry direct to National Final.
- Gymnasts must have passed Compulsory Level 3 in 2023 and be a minimum of 11 years.

Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after closing date the late entry fee will be charged


Competition Structure:

- Beam Dismounts – Coaches are permitted to stand in for Beam dismounts without penalty. If they then touch the gymnast the normal FIG penalties will apply.
- Level 3 – 15 minute general warm up then apparatus warm up and compete
- Level 2 – 15 minute general warm up then apparatus warm up then touch warm up
- Individuals will be drawn at the end of groups. If there is more than one they will rotate between them.
- **Provisional schedule:** Voluntary Level 3 & 2 on Friday 8th December

Team:

- For Level 3 the team score will be the 3 best scores on Vault, Bars, Beam, and Floor
- Nominated reserve may replace withdrawn team member **BEFORE** start of competition. If the reserve was entered as an individual but competes in a team, no refund of individual entry fee will be made.
- Working order for team must be handed in at registration.

Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2023 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
Level 3	UKCC Level 2
Level 2	UKCC Level 2

Level 3 & 2

- 1 coach per gymnast can be nominated. Each team must nominate a team manager. Each coach can be present during apparatus warm-up.
- During the competition phase, one coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard

Specific Apparatus Requirements:

- Apparatus supplied by Gymnova to FIG specification plus modifications
- Refer to 2023 WAG National Voluntary Levels Rules
- Additional extra-soft board will be available for vault – 4 spring and modified 5 spring

Tie Break

- At National Finals ties will not be broken
- At Regional Qualification for Voluntary Level 3 ties at 4th place will be broken to select the final team member and reserve. Ties will be broken as follows:
 1. Highest E score
 2. Drop vault score
 3. Drop bars score
 4. Drop beam score
 5. Drop floor score

Awards

Level 3

- Team gold, silver and bronze – top 6 teams announced
- Individual gold, silver and bronze – top 6 individuals will be announced and lined up with medallists.


Level 2

- Individual gold, silver and bronze – top 6 individuals will be announced and lined up with medallists.

British Age Group Champions will be declared as:

- Level 3 – 2022 Compulsory 3 total + Voluntary 3 total
- Level 2 – 2022 Compulsory 2 total + Voluntary 2 total.
- In each age group top 6 individuals will be announced and lined up with medallists
- A presentation will be made to the coach of the overall British Age Group Champions 3 & 2
- Nationality regulations will apply. Non British Citizens will not rank in the official results

Classic Challenge Championships (combined with the Voluntary Levels 3 & 2)

Date:	9 th – 10 th December 2023	(No pre-competition training)
Venue:	Surrey Sports Park, Richard Meyjes Rd, Guildford, GU2 7AD	
Opening Date:	Friday 15 th September 2023	
Closing Date:	Noon Friday 27 th October 2023	
Music Entry Closing Date:	Noon Friday 1 st December 2023	
Entry Fee:	£220.00 per regional team (Entry Fees may increase with inflation)	
Code:	Classic Challenge Championships Bronze, Silver & Gold Levels – Rules under review	

Eligibility:

- The first 6 gymnasts in Bronze, Silver & Gold levels, will represent the region in the National Finals
- The gymnast in seventh place will be the nominated reserve
- Signed score sheets from these nominated competitions must be sent to the NCO immediately after the nominated event.
- Bronze: Age 10 or over in year of competition
- Silver: Age 12 or over in year of competition
- Gold: Age 14 or over in year of competition
- If a gymnast is eligible to compete in the British Championships they may not enter the Classic Challenge Championships
- If a gymnast enters the FIG Challenge Qualifier they may not enter the Classic Challenge Championships
- If a gymnast has taken or intends to take a Compulsory Level in the same calendar year they may not enter the Classic Challenge Championships

Competition Structure:

- Competition format is 10 minute general warm up then warm up and compete for all categories
- Coaches are permitted to stand in for Beam dismounts without penalty. If they then touch the gymnast the normal FIG penalties will apply.
- **Provisional Schedule:** Classic Championships on Saturday 9th & Sunday 10th December

Specific Apparatus Requirements:


- Refer to the Classic Challenge Championship Rules
- Apparatus supplied by Gymnova
- Apparatus specifications are as per FIG – except for vault matting, this will be the FIG mats turned to provide a soft landing.
- Womens Vault – Additional extra-soft boards will be available for Vault – 4 spring & modified 5 spring
- Uneven Bars – An additional 20cm safety mat and / or a 10cm “jersey-style” Gymnova mat may be used on Bars and can be placed/moved as needed.
- Beam – An additional 10cm “jersey-style” Gymnova mat is allowed for dismounts.
- Womens Floor – FIG floor regulations with: Additional 10cm “jersey-style” Gymnova mat permitted for D+ saltos without incurring a penalty. Must be removed after performing the element.

Team:

- 6 in a team, 6 to work on each piece.
- The team score will be the total of the 4 best scores on Vault, Bars, Beam and Floor
- Working order for team must be handed in at registration

- Nominated reserves will march in and act as team board steward during competition. The nominated reserve may only replace a withdrawn team member **BEFORE** start of competition.

Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2023 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
Bronze	UKCC Level 2
Silver	UKCC Level 2
Gold	UKCC Level 2

Bronze, Silver & Gold Levels

1 coach per gymnast can be nominated. Each team must nominate a team manager. Each coach can be present during apparatus warm-up.

During the competition phase, 1 coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard

Tie Breaks:

- At Regional Qualification for Bronze, Silver & Gold ties at 6th place will be broken to select the final team member and reserve. Ties will be broken as follows:
 - Highest E score
 - Drop vault score
 - Drop bars score
 - Drop beam score
 - Drop floor score
- At National Finals tie-break rules as per FIG Regulations (World Championships) .
- Bill McLoughlin National Apparatus Team. In the case of a tie, the lowest counting score for each of the tied teams will be discounted in order to break the tie. If there is still a tie this process will be repeated until the winning team can be decided.

Awards:

Classic Challenge Championships

- Team gold, silver and bronze medals, top 6 teams will be announced and lined up with the medallists
- Individual gold, silver and bronze top 10 individuals will be announced and lined up with the medallists
- Special awards for most dynamic vault (irrespective of errors), most memorable / enjoyable performance on bars, beam & floor will be awarded in each level (nominated by D judges on each apparatus).

Bill McLoughlin National Apparatus Team

- The Bill McLoughlin National Apparatus Team Trophy will be awarded in conjunction with the Classic Challenge Championships. The winning team will be decided by taking the top scores on vault, bars, beam and floor at bronze, silver & gold level and adding them together. There will be no wild card for 2023.
- Team gold, silver and bronze medals will be awarded to the gymnasts with the counting scores
- A perpetual trophy will be presented to the winning region
- Top 6 teams will be announced

Appendices

Appendix 1 – Home Countries, English Regions & Island Associations

Home Countries

Website Address

England	www.british-gymnastics.org/england
Scotland	www.scottishgymnastics.org
Wales	www.welshgymnastics.org
Northern Ireland	www.british-gymnastics.org/northern-ireland

English Regions

North	www.british-gymnastics.org/north
North West	www.nwga.co.uk
Yorkshire	www.british-gymnastics.org/yorkshire
West Midlands	www.british-gymnastics.org/west-midlands
East Midlands	www.british-gymnastics.org/east-midlands
East	www.british-gymnastics.org/east
London	www.british-gymnastics.org/london
South East	www.british-gymnastics.org/south-east
South	www.british-gymnastics.org/south
South West	www.british-gymnastics.org/south-west

Island Associations

Isle of Man Gymnastics	www.iomgymnastics.org
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