




2023 Men's Artistic Gymnastics Competition Handbook[©]



Version History

The Men's Artistic Gymnastics Technical Committee reserves the right to make amendments to this Handbook.

Notification of a change to the handbook will be communicated through the [British Gymnastics website](#)  and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;


Version 1.0: Original handbook

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Definition of Terms

- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the Supervising Coach. Assisting coach(es) must meet all of the relevant eligibility requirements.
- **BGF** means British Gymnastics Foundation.
- **British Gymnastics Nomination Panel** – Performance Team, Senior Performance Manager & Technical Committee chair.
- **Championships** means any British Championship organised by or on behalf of British Gymnastics.
- **Chaperone** In exceptional circumstances, chaperones may be permitted to fulfil a pastoral care role. Chaperones under **no** circumstances shall be permitted to coach gymnasts.
- **Choreographers** will create and develop new routines.
- **CJP** – means Chair of Judging Panel.
- **Coach(es)** are those Coach(es), Lead, Supervised, Assisting Coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach(es) must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Any changes to these coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to these coach(es) will only be permitted where the replacement coach meets all of the relevant Eligibility requirements
- **Code** means the Code of Points used for the competition, from which technical information and regulations are taken.
- **CPSU** means Child Protection in Sport Unit.
- **DBS** means Disclosure and Barring Service, Access NI Eligibility or PVG.
- **DJ** means Difficulty Judge.
- **Event** means any national and international competition and championships organised by or on behalf of British Gymnastics.
- **FIG** means Federation International de Gymnastique.
- **GEL** means Gymnastics Enterprise Ltd, trading as British Gymnastics Official Shop.
- **IDP** means International Development Pathway.
- **Independent** means gymnasts who are not members of a British Gymnastics registered club but hold appropriate British Gymnastics membership.
- **Lead Coach** The coach taking overall responsibility for all the gymnasts from their club/region. The Lead Coach must be present in the competition arena throughout the event to take responsibility for their coaches and gymnasts. The Lead Coach must possess sufficient qualification to cover all the skills that any of their gymnasts will be performing within the competition.
- **NDP** means National Development Plan.
- **Officials** are people recruited to assist with the delivery of the overall event e.g. Floor Manager, Ceremonies Manager, Spectator Tickets Manager.
- **OOA** means Out of age
- **Organiser** means the designated National Competition Organiser (NCO) or their appointed representative, who is authorised by, or on behalf of British Gymnastics.
- **Supervised Coach** means a coach under the responsibility of the Lead Coach, as they are coaching skills to a maximum of 1 level higher than their current qualification, but are in the process of qualifying at the next level.
-  means it is a [hyperlink](#) to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current FIG rules apply. However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

Contact Information

Technical Committee

Chair	James May	James.may@british-gymnastics.org
Technical Committee Member	Andrew Morris	
Technical Committee Member	Tommy McGill	
National Judging Co-Ordinator	Nikki Hanley	
National Competition Organiser	Mike Weinstock	mens.competitions@british-gymnastics.org
Disability Representative	Alex Row	
Coach Education Representative	Pete Etherington	

British Gymnastics Contact Details

Customer Support	0345 1297129	customersupport@british-gymnastics.org
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National Competition Calendar

	Event & Date	Opening Date	Closing Date	Venue
	Gymnastics British Championships 23 rd – 26 th March	30 th December 2022	Noon 10th February	Exhibition Centre, Liverpool
	Mens Artistic Club Team Championships 9 th – 11 th June	17th March	Noon 28th April	Basildon Sporting Village, Basildon
	Disability Artistic British Championships TBC	TBC	TBC	TBC
	National Elite and Club Development Grades 26 th – 29 th October	4 th August	Noon 15th September	International Centre, Telford

For a complete domestic and international calendar of events please follow link 

Additional Competitions 2023 (not organised by British Gymnastics)

Event	Date	Venue
Scottish Artistic Championships	17 th – 19 th February	Bell's Sports Centre Perth
Welsh Artistic Championships	10 th – 12 th March	Sports Wales National Centre, Cardiff
English Artistic Championships	24 th – 26 th February	Telford International Centre, Telford
London Open	12 - 14 th May	Pegasus Gymnastics Club, Maidstone

Eligibility

Membership

All persons attending British Gymnastics events in an official capacity, whether as a gymnast, coach or judge are required to hold a current British Gymnastics membership in line with the level of competition entered and awards held.

- **Gymnasts**

Membership level must be Competitive Gymnast, Coach or Life Member of British Gymnastics, in order to enter a British Gymnastics Event.

In normal circumstances, gymnasts should also be a member of a British Gymnastics registered club.

In exceptional cases, where a gymnast does not belong to a British Gymnastics registered Club, they must contact the Events Department and request entry into the Event. If granted, such gymnasts will be given the classification as being "Independent". In such circumstances independent gymnasts must nominate a coach and must also meet all other membership requirements.

For all Grades/NDP Events, gymnasts must hold current British Gymnastics Competitive Gymnast membership at the time of the Regional Qualification Events. Anyone discovered to have been without the correct level of membership for these qualification Events will be disqualified.

- **Lead Coaches**


Lead Coaches' membership level must be Coach or Life Member of British Gymnastics and coaches must be qualified to the level of all the skills being performed by all gymnasts in the club/region before being allowed to participate in a British Gymnastics Event. Lead Coaches must have current safeguarding and DBS certificates, please see Safeguarding section. The Lead Coach may authorise other coaches from their club/region to coach skills at a maximum of 1 level higher than that coaches' qualification (Supervised Coach) but has responsibility for ensuring that they are competent to do so. For further information on the changes introduced for Lead and Supervised Coaches, please click here 

- **Coaches**

Coaches' membership level must be Coach or Life Member of British Gymnastics and Coaches must be qualified to a minimum of level 2. Coaches must be qualified to the level of all the skills being performed by the gymnasts for which they are responsible. Coaches must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Supervised Coaches**

Please note that Supervised Coaches requirements have now reverted to pre-COVID levels.

To be a Supervised Coach you must be a minimum of Level 2. With the explicit authorisation of the Lead Coach, Supervised Coaches may coach skills at the maximum of 1 level higher than their current qualification. Before being allowed to participate in a British Gymnastics Event, the Supervised coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified. For further information on the changes introduced for Lead and Supervised coaches, please click here 

- **Assisting Coaches**

Assisting Coaches' Membership level must be Assistant Coach (if Level 1), Coach or Life Member of British Gymnastics before being allowed to participate in a British Gymnastics Event. Assisting coaches must have current safeguarding and DBS certificates, please see Safeguarding section. Assisting Coaches cannot be responsible for the gymnasts.

- **Choreographer**

Choreographers' Membership level must be Competitive Gymnast, Assistant Coach (if Level 1), Coach or Life Member of British Gymnastics before being allowed to participate in a British Gymnastics Event. Choreographers must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Disability Chaperone**

Disability Chaperones may be permitted to provide pastoral care to gymnasts in certain circumstances. Under no circumstances may a Disability Chaperone coach a gymnast. In the case where a gymnast has a disability, the nature of which indicates that it is deemed necessary to have additional support, they will be entitled to have a carer present with them throughout the competition. This Disability Chaperone will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The Disability Chaperone will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The Disability Chaperone will be required to be dressed appropriately (please refer to the relevant section of the discipline specific code of points) if entering the warm-up hall or field of play.

- **Medical Chaperone**

In exceptional cases, upon written request, a Medical Chaperone may be approved to provide pastoral care to a gymnast with a medical condition. Written medical verification of the need for this carer (from a GP or other medical practitioner) will be required to be submitted to the Events Department at least 1 week prior to the start of the Event. The Medical Chaperone will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The Medical Chaperone will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The Medical Chaperone will be required to be dressed appropriately (please refer to the relevant section of the discipline code of points) if entering the warm-up hall or field of play.

- **Supervising Chaperone**

The TC may authorise Supervising Chaperones to assist with pastoral care for gymnasts. These entitlements, if applicable, will be defined in the specific competition pages. In these circumstances the Supervising Chaperones must either be qualified as a Level 1 Assistant Coach or be a club/regional Welfare Officer and hold the relevant membership and qualifications, DBS & SPC for their position(s). Supervising Chaperones will not be permitted to enter the field of play.

- **Judges**

Judges' membership level must be Judge or Life Member of British Gymnastics for Club/County/Regional Judges, and National/Brevet Judge or Life Member of British Gymnastics for National and Brevet Judges before being allowed to officiate at a British Gymnastics Event. Members with coaching memberships that also have the required judge qualifications as laid out above are also applicable. 

From time-to-time British Gymnastics may invite international judges to officiate at British Gymnastics events, as such they will not require British Gymnastics membership.

Judges must also hold a current cycle of judging award (Cycle 15)

British Gymnastics does not require judges to complete a criminal record check to judge at British Gymnastics competitions, as the role that judges fulfil at the event no longer falls within DBS or Access NI Eligibility*. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a criminal record check by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check. British Gymnastics no longer requires all judges to complete safeguarding training, but clubs should ensure any judge who supervise or instruct children has completed appropriate training.

*Judges who hold Scottish Gymnastics membership should refer to [Scottish Gymnastics](#)  for further guidance as to whether a check is required.

For further information on membership levels please visit the British Gymnastics Website. 

Coach Qualifications

When submitting entries for a British Gymnastics Event, clubs/regions must ensure that all coaches are qualified at the appropriate level.

Where Supervised Coaches are coaching skills one level above their current qualification, they must have been working in the training environment on these skills under the direct supervision of a coach who is qualified at the correct level. All coaches should continue to conduct risk assessments prior to undertaking any skill and assess the appropriate level of skill and support needs of both the gymnast and the coach on the floor at the event.

All Coaches must have completed the [British Gymnastics Positive Coaching module](#) 

All Coaches entered into the event entry MUST be the same as those attending the event. It is unacceptable to enter a coach you know will not be attending. The Lead Coach has the ultimate responsibility for all the participants from their club/region and that of the Supervising Coaches, Assistant Coaches, Chaperones & Choreographers.

It is the club/region's responsibility to ensure that only accredited coaches are on the Field of Play and warm up areas.

Coaches who are used to push mats must be at least a level 2.

Lead Coaches have a duty of care towards their performers and have responsibility to ensure that all of the coaches under their supervision are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

Additional Medical and Supervising Chaperones may be accredited, at the discretion of the Organiser, to be present in the warm up hall and where applicable the Field of Play, to assist with the pastoral care of the gymnasts. Chaperones may not coach the gymnasts.

If it is found that a club is in breach of these policies British Gymnastics reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

Safeguarding

All Coaches, Lead Coaches, Supervised Coaches and Assisting Coaches are required to hold a valid DBS certificate, or Home Nation equivalent, and have current Safeguarding and Protecting Children Awareness training at the time of the event.

Coaches who do not fulfil this requirement will not be accredited or allowed to participate at British Gymnastics Events.

All gymnasts must have an accredited coach, present on the field of play and in the warmup hall at all times. If a gymnast attends a competition without a suitably qualified coach or supervised coach, they will not be allowed to compete.

More information about our safeguarding requirements and the training/certificates that we accept, can be found on our website via the [Safeguarding and Safe Sport page](#) under 'Safeguarding', and by scrolling down to 'Training'.

Coaches must also have a valid home country criminal record check both at the time of entry and through to the end of the event before being allowed to participate at a British Gymnastics Event.

Nationality

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

British Championships

Only those in possession of a valid United Kingdom passport (and do not hold a FIG licence for another member federation) are eligible to be ranked in the official competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), those who are not in possession of a valid United Kingdom passport may take part in competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG statutes. They will receive score(s) but will not receive a ranking in the official competition results. In such circumstances gymnasts will be referred to as Guests.

Gymnasts holding dual citizenship (including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold a FIG Licence registered by another FIG Member Federation or have not represented another FIG Member Federation.

Gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official competition results.

Other British Gymnastics Events

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes.

Those gymnasts who are not in possession of a valid United Kingdom passport must have been a member of British Gymnastics for at least one year prior to the date of the competition in order to be eligible to take part. During this period the gymnast's sole or main residence must be within the United Kingdom.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.

In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in British Gymnastics Events. The Technical Committee with approval from the Performance Director will have the discretion to determine whether their scores will contribute towards the official Competition results.

Disclosure

It is the responsibility of the person making the event entry to ensure that all of the gymnasts have declared their nationality by contacting the events team at point of entry.


Policy for the Participation of Trans People in Gymnastics Competition

For information on Transgender, please refer to the Policy for The Participation of Trans People in Gymnastics Competition 

Competition Entries

Entry Process

Entry to all National British Gymnastics Events are Online only.

Complete instructions for adding an entry via the GymNET online Entry Portal are available to download from the British Gymnastics Website 

All entries must be fully submitted electronically to British Gymnastics by the stipulated closing date and time.

Prior to the event, an entry may only be amended by the person making the original entry.

Guests

If a gymnast wishes to compete as a guest (see Nationality section above for details of guest gymnasts) at a British Gymnastics event the club/coach should contact the events department in the first instance before the closing date. Guest gymnasts will be placed on a waiting list. Following the competition closing date, a decision will be made between the Technical Committee, the Events Department, and the Performance Department as to whether the entry can be accepted. If the entry is accepted the entry fee will then become payable and entered into the club basket.

Disability Gymnastics


British Gymnastics is focused on ensuring fair and equal opportunities are provided to all gymnasts.

Disabled gymnasts may compete in both mainstream and dedicated disability British Gymnastics competitions, providing they meet the eligibility criteria for the competition. Disabled gymnasts may switch between mainstream and disability competitions within the same or different disciplines. Only those disabled gymnasts who meet the eligibility criteria may compete in disability competitions.

All gymnasts competing within a mainstream competition will be judged by the same rules and criteria regardless of ability and/or disability.

Where an event includes both mainstream and disability competitions, disabled gymnasts may enter both competitions providing there are no scheduling conflicts. If there are scheduling conflicts the gymnast must choose which competition, they wish to enter.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition. All disabled gymnasts should complete a classification certificate as good practice when competing at regional level or above. A classification certificate is compulsory for gymnasts competing at a British Gymnastics National Event.

Disabled gymnasts will be required to provide proof of Disability at least six weeks before the event. Please note that unless there are any significant changes, a Disability Classification Certificate only needs to be completed once in most cases. Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the [Disability Classification Pack](#) 

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Gymnastics competition.

The Disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

All clubs and coaches must inform the British Gymnastics Events Team of any gymnasts who have medical conditions or impairments that require special consideration at British Gymnastics events. This information should be shared with the British Gymnastics Events Team at the point of competition entry and will enable the British Gymnastics Events Team to endeavour to make any reasonable adjustments in line with the Equality Act and where possible to cater for the additional needs of each gymnast.

Methods of Payment

Payment can be made by Debit Card, Credit Card or BACS payment. BACS payment however may slow the entry process. Payments should be received by British Gymnastics within 48 hours of the entry being submitted.

Cheques are no longer accepted, therefore clubs and regions must arrange alternative payment methods.

Entry fees are non-refundable after the closing date.

British Gymnastics Foundation Hardship Grants

Our Charity, the British Gymnastics Foundation, runs a Hardship Grants programme which provides grants of up to £500 for individual members of British Gymnastics, who are experiencing significant financial hardship. If you are unable to afford the costs of participating in gymnastics, and are in danger of dropping out of gymnastics because of this, then please do apply for a hardship grant [here](#). The cost of competitions is an eligible item of expenditure within the Hardship Grants criteria. Please note that the Hardship Grants programme is not continually open for applications, but details on grant round timings can be found on the Hardship Grants application page in the link above.

Late Entries

Late entries will only be considered in exceptional circumstances and only up to 7 days after the closing date.

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (including partnerships and groups). For team late entries the fee will be double (including clubs and regions). However, the late entry payments will be capped at £1000 (i.e. the additional payment over and above the normal entry fee per gymnast / partnership / group / team will be capped at £1000).

Late entries must be made in writing to the British Gymnastics Events department and will then be referred to the Organiser for consideration. The Organiser and British Gymnastics Events department will have absolute discretion whether to accept a late entry.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal, up to 1 week prior to the event.

Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

For NDP Individual & Regional Team Finals, if a Region wishes to make a substitution (due to the withdrawal of a previous regional entry) of a gymnast, they can only do so up to one week before the event, in writing to the British Gymnastics event department after the entry is closed. Proof of qualification of the substitute must also be provided if applicable, at the time of the request. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme or other event related items.

Where it is necessary to substitute a Coach the club must inform the British Gymnastics Events Department, so the Coach can be checked for membership, awards and safeguarding, before they can be accredited for the Event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, and current British Gymnastics specific DBS.

Where there are specific rules and/or processes relating to withdrawals and substitutions please refer to the specific event page.

Non-Participation Fee

By entering a gymnast (individual/partnership/group) or a team (team events) into an event, the enterer accepts that, should any gymnast or team fail to register to compete by the end of registration for a competition, the appropriate fee for non-participation will be added to the club basket or in the case of regional entries, basket of the person making that entry.

Fees will be charged as follows:

£25 – Individual / Pair

£50 – Trio / Group / Team

Should a gymnast be withdrawn, for whatever reason, the club or coach must inform the Organiser and Events Department in writing via email or notifying a member of the events team at the registration desk up to the close of registration for the relevant session. Email addresses are listed in the Contact Information on page 6 of this Competition Handbook. Withdrawals will only be accepted via email.

Failure to inform the Events Team or the Organiser as laid out above will result in the non-participation fee being charged.

General Regulations

Terms & Conditions of Entry to All Competitions

In addition to British Gymnastics General Rules & Regulations –

- All entrants agree to be treated by British Gymnastics appointed medical staff only and be bound by the decision of British Gymnastics medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry about a score awarded by the judges, you agree to pay a fee which will be added to the club/region basket.
- You agree to the storing of competition scores. If requested British Gymnastics will redact your details from the published results unless there is a justifiable reason to reject an objection to publication. 
- You agree to abide by the British Gymnastics Photography at Gymnastics events policy. 
- The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.
- By submitting an entry to a British Gymnastics event, you must ensure those individuals whose personal data you are providing may be used by British Gymnastics in relation to the event (this includes gymnasts and people who have parental responsibilities (where the gymnast is a child) coaches, judges and volunteers) are aware and would expect their information to be used, where necessary for pre-event and accreditation information, post event surveys and, where applicable to send out electronic certificates of participation which are sent to gymnasts via their email address registered on their membership account. Please refer to the British Gymnastics membership privacy notice available on our website for further details and information about individual rights 

Competition Attire

- **Gymnasts**

In order to make British Gymnastics' events more inclusive and accessible, a new policy has recently been approved by the Board, following consultation with the National Technical Committee and having adopted feedback received from the community.

In principle this policy overarches but should be read in conjunction with the discipline specific policies and references in the Codes of Points and other documents.

In essence the policy seeks to break down barriers to participation by for example removing gender specific requirements for competition attire. e.g. girls may now wear shorts or leggings.

These overarching principles may be found in the [Competition Attire at Events for Gymnasts Policy](#) 

The implementation of this policy will be monitored for the first year and reviewed accordingly, but coaches are encouraged to contact British Gymnastics office, or their respective Competition Organiser should they have any queries about the attire that they propose for their gymnast to wear at British Gymnastics events.

Advertising must adhere to the [Advertising on Clothing & Competition Attire at Events Policy](#) 

When representing your Club (excluding NDP Individual and Regional Team Finals – Home Nations only), the wearing of GBR or Home Country attire at British Gymnastics Events is strictly forbidden. For the avoidance of doubt, any inclusion of the Union Flag (or home nation flag) within the design of any leotard is expressly forbidden.

Strapping – a suitable colour of tape should be used, i.e. no bright colours or patterns


The removal of leotards on the field of play is not allowed.

- **Coaches**

Coaches must wear a tracksuit with full length tracksuit bottoms or full-length tracksuit bottoms with a collared polo shirt or club/regional t-shirt and appropriate gym/training shoes.

The wearing of GBR or Home Nation attire at British Gymnastics Events is strictly forbidden

Long hair should be braided or tied back so as not to obscure vision.

Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per [Health & Safety Guidance: Safe Coaching](#) 

- **Judges**

Male: Blazer or suit, trousers, white shirt, British Gymnastics/FIG or plain dark tie, black or blue shoes

Female: Blazer or jacket, skirt or full-length trousers, white blouse, black or blue shoes (without heels)

Recorders, computer operators and other officials who may be working alongside the judges should dress similarly.

Please refer to discipline specific rules in the [FIG General Judges' Rules 2022-2024](#) for further information. 

For gymnasts, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

Music (where applicable)

All music for competition routines must be uploaded onto the GymNet portal at the latest one week before the competition date (see event page for specific time and date). If your gymnast does not require music, please tick the 'Music not required'.

Instructions for submitting music electronically may be found within the [Online Entry Guide](#) 


Coaches are advised to carry a backup copy of all music files (contained within an USB storage/flash drive) that can be used in the event of any technical issues with the music submitted. Each track on the USB drive must be in MP3 format and clearly labelled with the following format:

Gymnast Names - Club - Category - Routine

Late Music Submission (where applicable)

Late submission of music will attract a fee of £20.00 per gymnast/partnership/group/team. This fee will be added to the club basket. In the case of regional entries, the fee will be added to the basket of the person that has made the entry. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

Music Licensing (where applicable)

All music used in competition routines must conform to the relevant licensing requirements. Details may be found upon logging into the Club Hub Resources Website and accessing the PPL/PRS page via the "Places" tab. 

Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil can be used but this should be checked on the PPL Website to confirm the track is included within their repertoire.

To check tracks, go to  and enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber, or Cirque du Soleil to use the track and pay the relevant licensing fees.

Order of Performance

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining a smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the Technical Committee reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials, up to the start of warm up.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.

Registration

Coaches must make adequate provision for the supervision of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

Only register your Gymnast(s)/Club/Region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by British Gymnastics.

Specific registration processes where appropriate can be found in the event work plan.

Access to Warm up Hall

Access to the warm up hall will be limited to the appropriate number of Coaches and Chaperones (where applicable) as defined in the specific details section for each Event.

On arrival, coaches will need to register and collect their accreditation from registration.

In the case of events spanning more than one day, accreditation will be issued for each day.

At larger national events the FIG/UEG recognised accreditation system will apply.

Abuse of accreditation may result in disciplinary action being taken by British Gymnastics.

Judges will not be allowed into the warm up hall, once the judges meeting has taken place.

Food and Drink

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

Babies and Young Children

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

Medical Provision

Anyone requiring First Aid assistance should speak to either the Organiser or British Gymnastics medical team. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all British Gymnastics Events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the British Gymnastics appointed medical officer as to the gymnast's health, medical status, and their ability to compete at the event is absolute and final.

Medal Ceremonies

Except in exceptional circumstances, gymnasts who win a medal at a British Gymnastics Event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person.

Medals will only be distributed at events, not by post.

Attire for medal ceremonies is according to FIG World Championships or European Gymnastics rules. 

Tenure of Trophies

All perpetual trophies remain the property of British Gymnastics.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either; -

- Making arrangements for it to be delivered to the competition venue on the day.
- Returning it to the competition organiser at least one week prior to the competition.
- Returning it to the British Gymnastics offices at least one week prior to the competition.

Failure to do this or loss of a trophy will incur a cost to the individual / club.

Privacy

British Gymnastics Privacy Notice 

At many events, British Gymnastics may produce event merchandise (eg event tshirts). These may include the names and/or clubs of the gymnasts taking part.

Where competing gymnasts have a disability, it may be necessary to share the details of this disability with Performance staff and the Technical Committee in order to discuss if modifications to rules and processes are appropriate arising from this disability.

The scores, results and “Judgecam” videos from British Gymnastics events, where BGScore is present will be made available in the BGScore App and also published on the British Gymnastics Website in the specific event page.

Video, Film and Photography

Photographs and video footage will be captured at British Gymnastics events.

British Gymnastics accredited photographers and the media may be present and in some cases events may be live streamed by the British Gymnastics TV production team, or broadcast partners. The images taken at events may be used by British Gymnastics, GEL and the British Gymnastics Foundation for the purposes of promotion, education and development of the sport.

They may also be shared with journalists, through social media outlets e.g. Facebook, Instagram, YouTube etc. and our third-party partner organisations for general promotional purposes.


Anyone who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the Event Organiser. Although it is not always practical to manage the content of live streamed footage, we will make every effort to ensure any identifiable images of the participant are not published.

British Gymnastics will display clear signage and make announcements about photography and filming at relevant events. Any footage of children and individuals who are vulnerable will be published in accordance with our relevant safeguarding policy.


To make our events entertaining and easy to follow for our audience and fans, we announce and publish information about participants, including nationality, scores and achievements.

Videos of routines performed by participating gymnasts taking part in our major events are made available on the BG Score App and website but access is restricted to British Gymnastics members.

We delete event photographs and videos after five years unless we consider them to be of public interest and should consequently be archived for historical purposes. Where images have been published on social media, these platform providers may continue to process your data after the retention period has lapsed.

Any person wishing to use video, film or take photographs must abide by the [British Gymnastics Health Safety and Welfare Policy](#) 

Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites.

Clubs may publish some photos but this may only be done in accordance with [British Gymnastics Photography Policy](#)  and in conjunction with the [British Gymnastics Safeguarding Policy and Health Safety & Welfare Policy](#) 

Flash photography may not be used at any time while gymnasts are warming up or competing.

Photography on the Field of Play by gymnasts, coaches and officials is not permitted.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the British Gymnastics appointed Welfare Officer at the event.

Health & Safety

The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration.


All British Gymnastics policies and procedures will be rigorously applied with regards to health, safety, welfare and Safeguarding & Protecting Children.

Overnight Stays

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.

The training for the designated person should be British Gymnastics recognised Safeguarding and Protecting Children award or Home Country equivalent. The appropriate criminal records checks should also have been completed.

For Overnight Trips the appropriate form needs to be completed in full and sent to British Gymnastics at least four weeks prior to travel so we can get your trip approved and endorsed by our insurers. Failure to inform British Gymnastics of any overnight stays may invalidate your insurance.


Please note that the British Gymnastics Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance. 

Drug Free Sport

The testing programme may affect any elite gymnast performing at a national standard.

Please follow the link to read the [British Gymnastics policy](#) 

Manipulation of Competition

British Gymnastics, as a sports organisation bound by the Olympic Charter and the International Olympic Committee Code of Ethics, declares our commitment to support the integrity of sport and fight against the manipulation of competitions by adhering to the standards set out in the Olympic Movement Code on the Prevention of the Manipulation of Competitions and by requiring their members to do likewise. Please follow the link to read the Prevention of Manipulation of Competitions Policy 

Men's Artistic Technical Information

Code of Conduct

[British Gymnastics National Technical Committee Code of Conduct](#)

British Gymnastics, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify any coach judge, official, gymnast or team at any time, if they do not comply with British Gymnastics regulations.

Inquiries

Official MTC inquiry forms are available from the Superior Jury and must be completed and returned to them prior to the release of the score of the following Gymnast. Inquiry forms will be published in each event work plan. A coach may only inquire about the D score.

The supervising coach for the club/region of the competing gymnasts places the appeal form with the Superior Jury.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee, only if the inquiry is not upheld.

This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned, if the inquiry is not upheld.

The MTC cannot accept any video or photographic analysis at an event unless an official video replay system is available at each piece of apparatus and could be referred to by the Superior Jury for the benefit of every competitor.

Regional Representation

Gymnasts may only represent the Region in which their club is situated.

Gymnasts may only represent one Region/Club in one discipline at any one time.

Exceptional circumstances will be considered following written application to the MTC.

Where Regional entries are made, gymnasts and coaches must be selected according to the rules and will represent their Region, not Club. They must wear that Regional uniform, no club logos are allowed.

Where regional entries provide a pathway to national events coaches must be qualified according to the rules laid out in pages 8 & 9 of the national Competition Handbook.

Qualification from Regional Events to National Finals

Gymnasts attempting to qualify for national finals through a regional qualifying competition must attend the competition held in their own region and have one opportunity to qualify.

Extenuating circumstances will be considered following written application to the MTC before any attempt to qualify.

Age Policy

Gymnasts' ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

The minimum age for entry to National British Gymnastics Events is 9 in the year of competition.

To view the complete British Gymnastics age policy please view the Health, Safety & Welfare Policy. 

For ease of reference please see the year born interpretation table below;

A gymnast may opt to enter an Individual Championship of a higher age group.

Year Born Eligibility for MAG National Competitions 2023				
British Individual Championships	National Grades	Year Born	TEAM Competitions Voluntary	
	Club/Elite			
	Level 1	2014		
	Level 2	2013		
U12	Level 3	2012	Regional Team	
	Level 4	2011		
U14	Level 5	2010		
	Level 6	2009		
U16		2008	Williams Trophy	
		2007		
U18		2006		Adams Shield
		2005		
Senior		2004 or earlier		

2005 born Gymnasts who wish to be considered for selection to Senior International events that use the British Championships as a Designated selection Event should enter the Senior Championships to ensure are judged on Senior code

Any gymnast competing in a higher age category cannot return to a lower age category in following years (this does not apply to Team Championships or Master's unless specifically stated). In order to complete an 'out of age' entry the entrant will be required to contact the British Gymnastics Events Department Directly 0345 129 7128 ext 2395 or email Events@british-gymnastics.org.

Competition Apparatus

Unless otherwise stated, the equipment at MTC competitions will be to current FIG specifications: Only apparatus supplied at the request of the MTC may be used at National Events.

Tall Gymnasts – Horizontal Bar

Gymnasts have the right to request permission to raise the horizontal bar to accommodate their height.

The request for the horizontal bar to be raised must be at the time of competition entry. The apparatus will be raised in accordance with the FIG/MTC regulations.

Unauthorised adjustment of any apparatus will be penalised in accordance with the FIG regulations.

Gymnastics British Championships

U14, U16, U18, Senior

Date:	23 th – 26 th March
Venue:	Exhibition Centre, Liverpool, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP
Opening date:	30 th December
Closing date:	Noon 10 th February
Entry Fee:	£90.00 per gymnast
Code:	U14 – FIG JNR Code 2022-2024  with GBR amendments (see Appendix 3) U16 & U18 – FIG JNR Code 2022-2024  Senior – FIG Code 2022-2024 
Nationality:	Gymnasts of foreign nationality or who hold an FIG license for another member federation, will be ineligible to compete.

Competition Structure:

Individual and Apparatus Championships for Senior, U18, U16, U14 age groups (There are no separate Apparatus Finals for U16 & U14 age groups, the scores will be taken from the All Around Competition).

All-Around Final (incorporating Apparatus Finals for U16 & U14).

A gymnast is allowed to enter selected individual apparatus within the All Around competition, in order to rank for the Age Group Apparatus Titles.

Qualification to the British Championships:

To improve the overall event, both Men's and Women's Artistic Championships will have a qualification route to compete at the British Championships.

Entries to each age category will be limited to a maximum number of places for gymnasts, as follows:

- | | |
|------------|----|
| • Under 14 | 72 |
| • Under 16 | 36 |
| • Under 18 | 36 |
| • Senior | 36 |

From the number of entry places in each age category above, all current members of the relevant British Gymnastics national squads will automatically be entitled to a place at the British Championships, subject to them making an entry prior to the closing date. In addition, the MTC reserves the right to include the entries of gymnasts who due to exceptional circumstances were precluded from following the qualification route but whose inclusion, in the opinion of the MTC, would enhance our showcase event.

All other gymnasts wishing to qualify for the British Championships must follow the outlined qualification route which is through the Home Nation Championships.

A gymnast wishing to enter the British Championships should enter their Home Nation Championship. In the unlikely event that their Home Nation Championship is oversubscribed, a guest entry at a single alternative Home Nation event should be made. To be clear, if they can enter their own Home Nation Championship then they must do this.

The result from their Home Nation Championship will be the result used in the combined ranking list below unless they were unable to enter this event due to it being oversubscribed, where instead the result from their single guest entry at an alternative Home Nation Championship will be used.

If they intend to enter the British Championships, they should submit their entry for the British Championships in the normal way and before the closing date detailed above. Please note that this may be before the Home nation event takes place.

Once all of the Home Nation Championships are completed, a combined list of scores for each age-group will be produced.

These remaining places (after taking into account national squad gymnasts and potential apparatus places explained below) will be filled by the gymnasts in rank order from the combined All-Around results of all of the Home Nations qualification events. In the event of a tie for the final qualification place, the FIG World Championships tie breaking rules will be applied.

Based on the entry numbers above, the relevant number of gymnasts will have their entry accepted. All the subsequent gymnasts from the ranking list will be placed on a reserve list

The first two reserves for each age group, with an All-Around score from the Home Nations qualification events, will be invited to attend the Championship and in the event of a withdrawal would be able to compete. If there are no withdrawals and they are therefore not able to compete, their entry fee will be returned.

If a gymnast has been entered in the British Championships, but does not achieve a qualification place, their entry fee will be refunded.

The list of reserve gymnasts will be fixed on Sunday 20th March. If there are withdrawals after this date no more gymnasts will be added to the reserve list.

Apparatus Specialists

In exceptional circumstances, for the Senior and Under 18 British Championships, the MTC will consider a potential of up to 3 apparatus specialists to qualify through the Home Nations Championships. Gymnasts will be considered by the MTC if they achieve the minimum score criteria outlined below. Achieving a minimum score on an apparatus does not guarantee qualification to the British Championships; the MTC will include only those gymnasts that, in their opinion, would enhance our showcase event.

Score	FX	PH	RG	VT	PB	HB
U18	13.0	12.5	12.5	13.0*	12.5	12.0
Senior	13.5	13.0	13.0	13.5*	13.0	12.5

* Average of the 2 Vaults from the qualifying competition

Confirmation

Confirmation of gymnasts invited to attend the British Championships will be made on 14th March.

Coach Qualification and Passes:

Men's Artistic U14/U16/U18/Senior/Masters British Championships	Qualification required
MAG Senior	L2 + appropriate qualification to level of skill
MAG U18	L2 + appropriate qualification to level of skill
MAG U16	L2 + appropriate qualification to level of skill
MAG U14	L2 + appropriate qualification to level of skill

Number of Gymnasts	Coaches (Per Competition)
1	1
2-10	2
10+	3

- Maximum one coach per gymnast

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Tie Breaks:

Tie-break rules as per [FIG Regulations \(World Championships\)](#) 

Awards:

U14 All Around

- Glass Trophy, Gold medal
- Silver & Bronze medals
- A presentation will be made to the coach of the overall U14 British Champion
- Diplomas awarded for places 1 – 6

U14 Individual Apparatus

- Glass Trophy, Gold medal
- Silver & Bronze medals
- Diplomas awarded for places 1-3

U16 All Around

- Glass trophy, Gold Medal
- Silver & Bronze medals
- A presentation will be made to the coach of the overall U16 British Champion
- Diplomas awarded for places 1 – 6

U16 Individual Apparatus

- Glass Trophy, Gold medal
- Silver and Bronze medals
- Diplomas awarded for places 1 – 3

U18 All Around

- Glass trophy, Gold medal
- Silver and Bronze medals
- A presentation will be made to the coach of the overall U18 British Champion
- Diplomas awarded for places 1 – 6

U18 Individual Apparatus

- Glass Trophy, Gold medal
- Silver and Bronze medals
- Diplomas awarded for places 1 – 3

Senior All Around

- Perpetual trophy, glass trophy, gold medal, training grant
- Silver and Bronze medals
- A presentation will be made to the coach of the overall Senior British Champion
- Diplomas awarded for places 1 – 6

Senior Individual Apparatus

- Glass trophy, gold medal
- Silver and bronze medals
- Diplomas awarded for places 1 – 3

British Disability Masters

Date:	23rd March
Venue:	Exhibition Centre, Liverpool, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP
Opening date:	30 th December
Closing date:	Noon 10th February
Entry Fee:	£20.00 per apparatus, capped at £90.00
Code:	MAG Disabilities COP 2019 

Eligibility:

By invitation only - (The top 50% of scores on each piece of apparatus, up to a maximum of 6 men from the Open Junior and Senior class from the MAG Disability British Championships in the previous year, will be eligible for invitation by their respective NTC. In addition, the NTC reserve the right to award 'wildcards' where thought appropriate for qualification.)

Competition Structure:

Competition Open Class Men – Individual Apparatus Finals

Coaches Qualifications- Please follow the link to check your awards 

Coach Qualification and Passes:

Competition	Qualification required
Disability Masters	L2 + appropriate qualification to level of skill

Tie Breaks:

Tie-break rules as per the [FIG regulations \(World Championships\)](#) 

Awards:

- Trophy, Gold Medal & Diploma for Vault, Rings, Pommel, P-Bars, High bar, Floor
- Silver Medal & Diploma for Vault, Rings, Pommel, P-Bars, High bar, Floor
- Bronze Medal & diploma for Vault, Rings, Pommel, P-Bars, Highbar, Floor

Mens Artistic Club Team Championships

Date:	9th – 11th June
Venue:	Basildon Sporting Village, Basildon, SS14 3GR
Opening date:	17th March
Closing date:	Noon 28th April
Entry Fee:	£220.00 per Team. Entry fees may increase in line with inflation.
Code:	MTC U12 Judging Code (Appendix 3) – U12 Regional Team Event
	FIG JNR Code 2022-24  (except B dismount 0.5, A dismount 0.3)– Williams Trophy
	FIG Senior Code 2022-24  (except C Dismount 0.5, B dismount 0.3) – Adams Shield

Eligibility:

- U12 Regional Team Event – Regional entry of a maximum of one team per Region
- Clubs may enter more than one team for each competition plus two reserves (indicating clearly the 'A' or preferred team).
- The Competition Organiser reserves the right to limit the number of teams to ensure the smooth running of the event.
 - Replacement gymnasts can only be used if proof of British Gymnastics membership can be shown.
 - Adams Shield Individual Guest Entry – Invitation only

Competition Structure:

- U12 Regional Team Event (11-12yrs born 2012 – 2011) – Team Competition - 6 in team, 6 to perform, 4 to count.
- Bill Williams Trophy (13-16yrs born 2010 - 2007) – Team Competition – 6 in team, 5 to perform, 3 to count.
- Adams Shield (15yrs and over born 2008 or before) – Team Competition – 5 in team, 4 to perform, 3 to count.
- Adams Shield Individual Guest Entry (17yrs and over born 2005 or before)
- Gymnasts cannot compete in both Bill Williams and Adams Shield competitions

Coach Qualification and Passes:

Men's Artistic Club Teams Championships	
Williams Trophy	Level 2 with appropriate qualification to level of skill
Adams Shield	Level 2 with appropriate qualification to level of skill
Regional U12	Level 2 with appropriate qualification to level of skill
Adams Shield Individual Entry	Level 2 with appropriate qualification to level of skill

Number of Teams	Coaches
1	2
2	4
3	6

- Two coaches per team – Team Championships

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Tie Breaks:

- Tie-break rules as per [FIG Regulations \(World Championships\)](#) 

Awards:

- Team: Gold, silver and bronze medals.
- Bill Williams trophy and glass trophy awarded to the winning Team in this event
- Adams Shield and glass trophy awarded to the winning Team in this event
- Regional Team Trophy awarded to the winning Team in this event
- Dave Elgy trophy – Contribution to the Team.
- Gymnova Cup – Awarded to the Club who has achieved the highest overall score from both the Adam Shield and the Bill Williams trophy competitions combined.
- No medals will be awarded for the Adams Shield Individual Guest Competition

Disability Artistic British Championships

Please note all rules and regulations noted in pages 1- 18 of this Handbook apply to this competition

Date: TBC

Venue: TBC

Opening date: TBC

Closing date: TBC

Entry Fee: £60.00 per gymnast. Entry fees may increase in line with inflation.

Code: [MAG Disabilities COP 2019](#)

Eligibility:

Gymnasts will be required to send in a [Disability Gymnastics Classification Certificate](#) as proof of disability at least 6 weeks before an event.

Classification

Class 1 = Learning Disability

Class 2 = Physical or Sensory Disability

Competition Structure:

Competitions available

- | | | | |
|--------|------------------------------|---------|---------|
| • Open | Under 12 (no classification) | Class 1 | Class 2 |
| • A | Under 12 (no classification) | Class 1 | Class 2 |
| • B | Under 12 (no classification) | Class 1 | Class 2 |

In Disability Competition Classes where there are fewer than three competitors, the Competition Organiser, at their discretion, may merge some competition categories in order to make a more meaningful competition.

Age Groups

Open and Competition A & B

- | | |
|---------|-------------------------|
| • Men's | U12 (no classification) |
| • Men's | Junior – Under 16 |
| • Men's | Senior – 16 and over |

Coach Qualifications:

Category	Qualification
All Competitions	General Level 2 or discipline specific Club and above

Awards:

- Trophies will be presented to the winners of the Open (Senior) competition.
- A presentation will be made to the coaches of the overall Senior British Champion
- Medals will be awarded to the top 3 overall placing gymnasts in each age group and at each level. *
- Apparatus medals will only be awarded in the Open competitions at each completed level and age groups.
- Apparatus medals will be awarded in Competitions A & B to the top 3 scores in Senior, Junior & Under 12 regardless of categorisation.

* To be considered for overall placing in the Open, Competition A and Competition B, the gymnast must compete on a minimum of 3 (Women) or 4 (Men) pieces of apparatus. The overall total scores for each gymnast will determine the final placing.

National Elite & Club Development Grades

Date:	26 th – 29 th October
Venue:	Telford International Centre, International Way, Telford, Shropshire TF3 4JH
Opening date:	4 th August
Closing date:	Noon 15 th September
Entry Fee:	£65.00 per gymnast or £250.00 per team. Entry fees may increase in line with inflation.
Code:	Men's Artistic National Elite Grades 2020-2024  Men's Artistic Gymnastics Club Grades 2017-2020 

Eligibility:	<p>Regional entry only</p> <p>Gymnasts may only represent one Region/Club per discipline at one time.</p> <p>Gymnasts attempting to qualify for National Finals through a Regional qualifying competition must attend the competition held in their own Region and have one opportunity to qualify.</p>
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Competition Structure:

- Team – As per 'Setwork Performance Pathway National Elite and Club Development Grades' structure
- Individual entries are accepted only where a region does not enter a team
- Elite Grades Level 5 & 6 entry fee will be determined by the size of the team per individual i.e £60 per gymnast
- Structure as per British Gymnastics National Elite & Club Development Grades booklet 2013 which can be found by logging into Gymnet and looking at the resources section.
- For team size see Appendix 2

Coach Qualification and Passes:

Level 1 coach will be allowed on the floor if the second coach is Level 2 or above.

National Elite & Club Development Grades	Qualification required
National Elite Grades - L6 – Team	L2 + appropriate qualification to level of skill
National Elite Grades - L6 – Individual	L2 + appropriate qualification to level of skill
National Elite Grades - L5 – Team	L2 + appropriate qualification to level of skill
National Elite Grades - L5 – Individual	L2 + appropriate qualification to level of skill
National Elite Grades - L4 – Team	L2 + appropriate qualification to level of skill
National Elite Grades - L4 – Individual	L2 + appropriate qualification to level of skill
National Elite Grades - L3 – Team	L2 + appropriate qualification to level of skill
National Elite Grades - L3- Individual	L2 + appropriate qualification to level of skill
National Elite Grades - L2 – Team	L2 + appropriate qualification to level of skill
National Elite Grades - L2 – Individual	L2 + appropriate qualification to level of skill
National Elite Grades - L1 – Team	L2 + appropriate qualification to level of skill

National Elite Grades - L1 – Individual	L2 + appropriate qualification to level of skill
Club Development Grades - Level 6 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 6 – Individual	L2 + appropriate qualification to level of skill
Club Development Grades - Level 5 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 5 – Individual	L2 + appropriate qualification to level of skill
Club Development Grades - Level 4 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 4 – Individual	L2 + appropriate qualification to level of skill
Club Development Grades - Level 3 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 3 – Individual	L2 + appropriate qualification to level of skill
Club Development Grades - Level 2 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 2 – Individual	L2 + appropriate qualification to level of skill
Club Development Grades - Level 1 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 1 – Individual	L2 + appropriate qualification to level of skill

- Two coaches per team, one coach per 1-3 gymnasts

Tie Breaks:

- Ties will not be broken – In the event of a tie the trophies will be shared proportionately over the 12 months

Awards:

- Elite & Club Development Grades
- Individual: Gold, silver and bronze medals for each level.
- Team: Gold, silver and bronze medals for each level.

Elite Grades

The Blakeborough Trophy (glass) will be awarded to the Region gaining the most points throughout all levels of competition (individual and Team). Points are awarded as below;

Club Development Grades

The Bob Currier Trophy (glass) will be awarded to the Region gaining the most points throughout all levels of competition (individual and Team). Points are awarded as below;

Individual/Team position:

1st – 10 points

2nd – 6 points

3rd – 4 points

4th – 3 points

5th – 2 points

6th – 1 point

Appendices

Appendix 1- Home Countries, English Regions & Island Associations

Home Countries	Website Address
England	www.british-gymnastics.org/england
Scotland	www.scottishgymnastics.org
Wales	www.welshgymnastics.org
Northern Ireland	www.british-gymnastics.org/northern-ireland
English Regions	
North	www.british-gymnastics.org/north
North West	www.nwga.co.uk
Yorkshire	www.british-gymnastics.org/yorkshire
West Midlands	www.british-gymnastics.org/west-midlands
East Midlands	www.british-gymnastics.org/east-midlands
East	www.british-gymnastics.org/east
London	www.british-gymnastics.org/london
South East	www.british-gymnastics.org/south-east
South	www.british-gymnastics.org/south
South West	www.british-gymnastics.org/south-west
Island Associations	
Isle of Man Gymnastics	www.iomgymnastics.org

Appendix 2 – Setwork Performance Pathway National Elite & Club Grades

The Setwork plan has been structured for development and participation with 2 pathways of performance, Club Grades and National Elite Grades, each with 6 levels. The MTC age for each level is defined. This allows Regions to field up to 12 teams over the 2 pathways of Club and Elite.

It is important to study the entire Setwork plan to see how progress is made. There are no qualifying scores to pass from one pathway to another however, coaches should make realistic choices to provide the best opportunity for their gymnast and refer to the guidelines provided in the Setwork Booklets.

Clubs and Regions may wish to adapt the Talent Pathway model for their own development purposes and would be encouraged to provide opportunities for out of age competition experience to assist regional development.

Club Grades (Team and Individual) Bob Currier Trophy			GYMNASTS MAY ONLY COMPETE IN ONE PATHWAY IN ANY ONE YEAR BUT MAY TRANSFER ACROSS IN EITHER DIRECTION IF THEIR PERFORMANCE LEVEL REQUIRES IN SUBSEQUENT YEARS	National Elite Grades (Team and Individual) Paul Blakeborough Trophy		
National Finals Age Group				National Finals Age Group		
Regional entry (Individuals accepted*)				Regional entry (Individuals accepted*)		
Level 6	U14	4/4/3		Level 6	U14	3/3/2
Level 5	U13	4/4/3		Level 5	U13	3/3/2
Level 4	U12	5/5/4		Level 4	U12	4/4/3
Level 3	U11	5/5/4		Level 3	U11	4/4/3
Level 2	U10	6/6/4		Level 2	U10	6/6/4
Level 1	O8/U9	6/6/4		Level 1	O8/U9	6/6/4
*Individual entries outside a team are not accepted			*Individual entries outside a team are accepted at the discretion of the national staff – enquiry by region needed.			

With the National Talent Pathway, it is hoped that Regions will take the initiative to create Regional Squad structures (with British Gymnastics support where possible), catering for the performance development of their Clubs and gymnasts. Regions should be the focus of our foundations for future excellence, concentrating on performing the Grades with high technical quality. This in turn will underpin the Great Britain National Squad structures. Clubs should support their Region and further progress their gymnasts along the voluntary performance path. Each level of the Grades is critical to the development of sound foundations for progressive gymnastic performance as demonstrated by the success across Europe and the World by British Men's gymnastics.

Note that all judging considerations have been replaced with Performance Considerations. ALL judging is as per the FIG Code of Points 2022-2024 unless specific rules apply.

Appendix 3 – 2022-2024 MTC Judging Codes

The FIG Code of Points is used for all British Gymnastic Competitions in all age groups. ONLY the following exceptional amended rules apply. If there is no exception or amended rule listed in this document, then the published FIG Code rule applies.

Senior

Senior gymnasts will be judged on the [FIG code 2022-2024](#)

U18 and U16

2005-2008 born will be judged on the [FIG JNR code 2022-2024](#)

U14

2009 and 2010 born, will be judged on the [FIG JNR code 2022-2024](#) with the following exceptions and amendments:

- Additional safety mats up to 30cm will be allowed as an option on request at High Bar, Rings and 10cm at Parallel Bars all without penalty.
- Vault Final and Qualification to Vault Finals – Must be 2 different vaults but can be from same element group.
- Vault height 125cm

U14 – Short Routines Deductions

As per [FIG JNR code 2022-2024](#)

U12

2011 and 2012 born will be judged on the [FIG JNR code 2022-2024](#) with the following exception and amendments including the MTC supplementary list of recognised A parts (Appendix 4):

- Dismount requirements will be B = 0.5 and A = 0.3 (code or supp list)
- One Vault will count for All-Around Final and Apparatus Final
- Parallel Bar heights may be lowered to between 160 and 180cm without penalty.
- For Pommel Horse a springboard and/or 20cm mat may be used to mount the apparatus without penalty. Please note- it is compulsory for the coach to remove a springboard after mount. – 0.5 deduction.
- Additional safety mats will be allowed as follows:
 - 30cm safety mats are compulsory at high bar
 - up to 30cm will be allowed as an option on request at Rings without penalty.
 - 10cm as an option on request at Parallel Bars without penalty.
- Vault height will be 120cm.
- Shorts with socks may be used without penalty. (Teams must dress uniformly)
- The MTC supplementary list of recognised A parts (Appendix 4) will be used. These A parts will be counted as Elements of value 0.1 and qualify for Element Groups.

U12 – Short Routines Deductions

- | | | |
|----------------------|----|--------|
| • 5 elements or more | ND | -0.00 |
| • 4 elements | ND | -2.00 |
| • 3 elements | ND | -4.00 |
| • 1-2 elements | ND | -6.00 |
| • 0 elements | ND | -10.00 |

Special Notes for Stand-Ins

In addition to the FIG Code of Points right for coaches to be present at Rings and Horizontal Bar, at all MTC competitions for U12s and U14s, coaches may be present at Floor (outside the 12m x 12m lines), Vault and Parallel Bars during the gymnasts' exercise for reasons of safety, without penalty.

At all MTC competitions for U12s and U14s stand-ins are COMPULSORY at Horizontal Bar and Rings

Special bonus elements and other exceptions for U12 & U14 gymnasts:

Bonus elements:

Rings Straight arm lift to handstand (EGII Box 26.)
Will receive B value but also +0.1 Bonus from D jury if completed without any error.

All apparatus (except Pommel Horse) A 0.1 "Stick" Bonus from D jury will be awarded for all somersault dismount landings that would not incur an E-Jury deduction.

Other exceptions:

Floor No -0.3 deduction if multiple salto element is not performed

Include all previous code values for twisting i.e Straight back salto with 1/2 twist B and Straight back salto with 1/1 twist B – can be used in same exercise for value:

Element	Value	EGR
Tempo salto (Whip back)	B value	Gp III
Straight back salto	B value	Gp III
Straight back salto 1/2	B value	Gp III
Straight back salto 1/1	B value	Gp III
Straight back salto 3/2	C value	Gp III
Straight back salto 2/1	C value	Gp III
Straight front salto	B value	Gp II
Straight front salto 1/2	B value	Gp II
Straight front salto 1/1	C value	Gp II
Straight front salto 3/2	C value	Gp II

Rings No -0.3 deduction if swing to handstand isn't performed (U12 only)

Appendix 4 - MTC Supplementary list of recognised A parts - U12

Element Group	1	2	3	4
Floor	Non acrobatic elements	Acrobatic elements forward	Acrobatic elements backward & Arabian elements	Dismounts
	Backward roll to handstand straight arms	Round off		
Pommel	Single leg swings and scissors	Circle & flairs, with and/or without spindles, handstands, Kehrsings, etc	Travel type elements	Dismounts
	½ scissor (one only either fws or bws)			
Rings	Kip and swing elements & swings through or to handstand	Strength elements and hold elements	Swing to strength hold elements	Dismounts
		Muscle up Tucked top planche (2s)		
P. Bar	Elements in support or through support on 2 bars	Elements starting in upper arm position	Long swings in hang on 1 or 2 bars and underswings	Dismounts
	Stutz to 45°	Back uprise to support	Moy to upper arm	Back salto tucked. Also from long hang
H. Bar	Long hang swings and without turns	Flight elements	In bar and Adler elements	Dismounts
	Swing forward and half turn to handstand*		Stoop/straddle on & off backwards	

*No deduction for element not continuing in intended direction