

RAC Artistic Judging Sheet

Music and Musicality (Max score 2.0)	Circle
Gymnast appropriate	0.5
Good Choice & Recording of Music	0.5
In time with Music	0.5
Fluidity	0.5
Total	

Competitor(s) Number _____

Competitor(s) Name _____

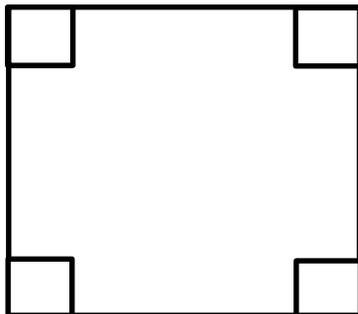
Judge Name _____

Judge Number _____

Aerobic Content (Max Score 2.0)		Basic Steps in AMP	
Arm lines		No AMP	0
No Arm lines	0	4 or Less AMP	0.3
Some arm lines	0.3	6 AMP	0.5
Basic arm lines throughout	0.5	8 AMP	0.7
Combination Basic & Complex arm lines throughout	0.7	9+ AMP	1.0
Complex armlines throughout	1.0		
		Total AMP	
		Total Arms	

General Content (Max score 2.0)	1	2	3	4		
IW/IM Transitions (Lunge/Squat)	0.1	0.1	0.1	0.1	Total	
Transitions (Basic)	0.2	0.2	0.2	0.2		
Transitions Complex/Creative	0.5	0.5	0.5	0.5		
MP/TR/GR Transitions (Lunge/Squat)	0.1	0.1	0.1	0.1	Total	
Transitions Partnerships,Lifts (Basic)	0.2	0.2	0.2	0.2		
Transitions, Partnerships,Lifts Complex/Creative	0.5	0.5	0.5	0.5		

Space (Max score 2.0)	Circle
Hit all 4 corners	0.4
Travelled Forward	0.4
Travelled Backwards	0.4
Travelled Sideways	0.4
Travelled Diagonal	0.4
Total	



Artistry (Max score 2.0)	Circle
Performance Throughout	2.0
Performance in places/ Falls	1.5
No performance/ Walkoff	1.0
Total	

Total Score	
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