

# **DMT National Performance Pathway Selection Policy for GBR Senior & Junior Programmes 2023**

Final version: 14.11.22

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# Programme Terms & Conditions

## Section 1: Eligibility for Selection

Any athlete wishing to be considered for selection must be a full member of British Gymnastics and be age eligible as outlined in each squad selection criteria within this document. In addition, upon selection they must sign a copy of the British Gymnastics Athlete Agreement and abide by the rules and regulations applicable.

Athletes who do not hold a British passport must be released by their own National Federation and a British Passport obtained, to be considered for selection.

## Section 2. Selection Panels

The selection panels may vary depending on which squad is being discussed. As standard practice to ensure a GBR overview and consistency, the Lead Performance Coach, TC Chair, BG Funded Performance Manager and/or Head of Performance Pathway will be present at all selection meetings. The key responsibilities of these Panels are:

- a) Proposing and agreeing the selection policy for all GBR squads and competitions.
- b) Holding selection meetings in accordance with the selection process.
- c) Communication of the selected individuals.

## Section 3: Overview of Selection Process

Each squad will go through the following process, timescales differ slightly per squad so please be aware and check each squad's criterion:

- **Selection**

After the designated selection events the GBR DMT Programme will select the Athletes, who in the expert opinion of the National Coaching Team have the best capability of contributing to British Gymnastics long-term vision of World & European success.

Should athletes not reach the required performance standards the Selection Panel may select athletes who are deemed capable of reflecting the long-term direction and aims of the BG Performance Programme of winning World & European Medals.

Nominated Programme athletes must agree an Individual Athlete Plan (targets, development & competition routines and competition calendar/events) with their DMT Performance Coach.

Nominated Programme athletes will be required to undertake all DMT Programme activities (camps, additional training at LNSC and competitions) as laid out by the DMT National Pathway Programme.

Nominated athletes must also agree to observe all obligations outlined within the British Gymnastics' Performance Athlete Agreement and any subsequent Codes of Behaviour adopted by British Gymnastics.

- **Induction & Confirmation**

Each squad may differ on how and when they undertake an induction and confirmation phase. This is a dedicated period of time (typically 3 months) that allows a gymnast and National Coaching Team to

assess a variety of skills, knowledge and attributes aligned to what British Gymnastics feels it takes to win at a World level, to ensure membership of that squad for the remainder of the selection period.

- **Full Squad Member**

If after the induction and confirmation phase for a squad, the National Coaching and Performance Team are happy with the progress being made by a gymnast, they will officially remain on the squad for the remainder of the year. Those that have not made the standard will be informed accordingly. Considerations / Gymnast assessments will be made on an ongoing basis as part of a gymnast's membership to the programme regarding whether gymnasts move up or down the pathway or are removed from the Programme altogether.

## **Section 4. General Information**

In the event of injury, removal and/or the need for replacement, a replacement athlete may be called upon to join the Programme at any time.

Once Programme selections have been confirmed all selected athletes must agree not to withhold any information on training fitness, injury status or illness that could affect training or competition at any time.

An athlete may be removed from the Programme in the event of a non-compliance in training, lack of performance progression, a breach of responsibility to the Programme or a violation of the Codes of Behaviour adopted by the Programme. Prior to removal the athlete will be presented with the opportunity to attend a removal interview with Performance Manager (or their appointed representative) and where possible one other independent person. Written justification must be provided for all removals by the Performance Manager. Decisions on these matters are not open to appeal.

At any stage following the Programme selection announcement, should there be a doubt over the ability of an athlete to train or compete to the best of his/her ability due to an injury or illness, the following procedure will be adhered to:

The athlete will be referred to British Gymnastics' designated Medical Officer to undergo a medical examination to determine their fitness to participate. Initially this will be based on an assessment of whether the injury and/or illness is such that the athlete is physically unable to train or is at risk of causing medical harm to themselves or endangering other Programme members.

Any replacement(s) required will be made by the Performance Manager & DMT Lead Performance Coach based on the needs of the Programme. Decisions on these matters are not open to appeal.

Selected Programme Members agree not to make any announcement to the media or public in any form (including on any personal websites) regarding their selection until after British Gymnastics have announced the Programme selection on the British Gymnastics website ([www.british-gymnastics.org](http://www.british-gymnastics.org))

## **Section 5. Appeals**

There is no appeals process for individual gymnasts not selected to attend one of the National Performance Pathway Programmes

Should you feel that your de-selection / selection is unjust you must formally write to the Performance Manager with details.

## Section 6. Anti-Doping

Athletes must be compliant with the British Gymnastics anti-doping policy at all times. The nomination panel reserve the not to nominate and / or deselect any athlete from any of the identified National Performance Pathway Squads and competitions on the basis of failure to comply with the [British Gymnastics anti-doping policy](#).

## Section 7. Competition Eligibility Matrix

All major competitions, World, European and World Games, will have a specific selection policy that will be open to any athlete that feels that they can reach the detailed performance standards at the designated selection events. This will be placed on the British Gymnastics website on the link.

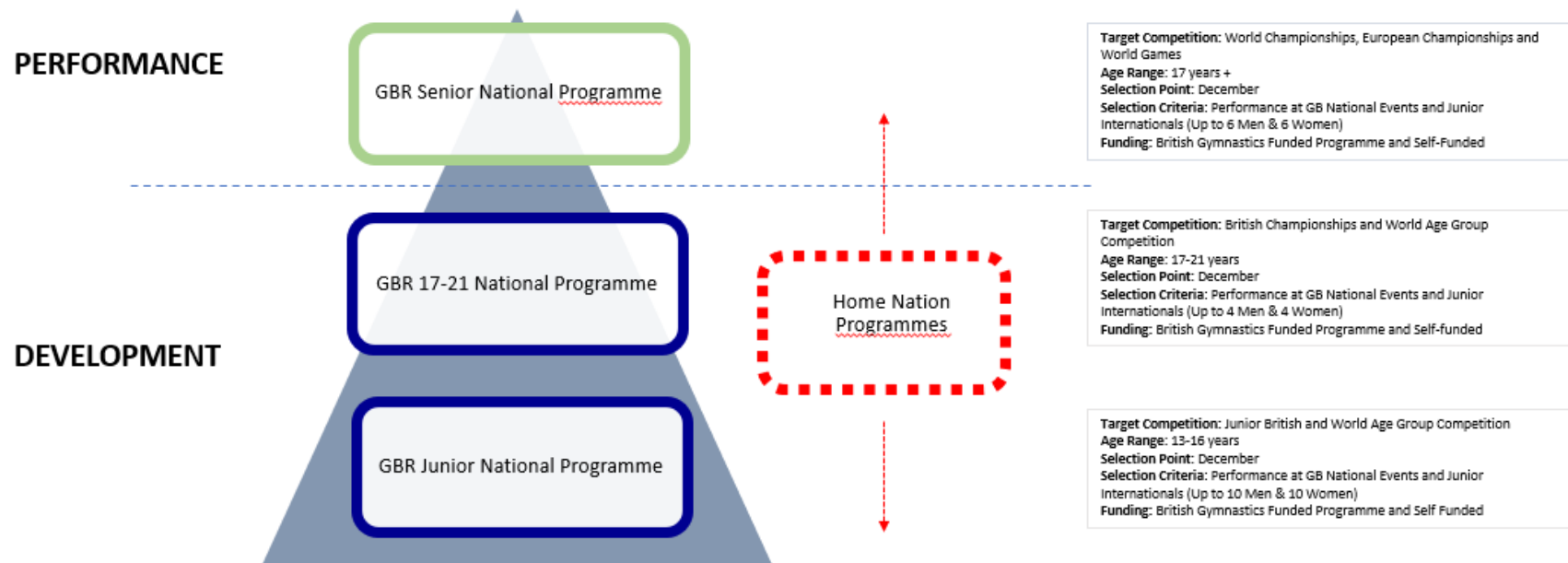
[Selection Documents](#)

For all other GBR and England competitions please see below:

Senior Events	Gymnasts Selection Eligibility	Performance Standard	Selection Process
World Games	Open	Medal - Final	Selection Policy
World Championships	Open	Medal - Final	Selection Policy
European Championships	Open	Medal - Final	Selection Policy
World Cups Series	National Performance Pathway Programme – Senior Squad	Medal - Final	No Selection Policy
Minor Internationals	National Performance Pathway Programme – Senior/17-21	Appropriate to age, stage & development	No Selection Policy
Age Group Events	Selection Eligibility	Performance Standard	Selection Process
European Championships	Open	Final - Medal	Selection Policy
World Age Group	Open	Final - Medal	Selection Policy
Minor Internationals	National Performance Pathway Programme/17-21/ Junior/Development	Appropriate to age, stage & development	No Selection Policy

Section 8. GBR and England Performance Pathway - DMT

## DMT Performance Pathway



*Ages are in the year of competition (athletes aged 22yrs+ able to demonstrate long-term development potential may be considered for selection for senior programmes)*

*British Athletes outside of England will not be eligible for England Squads but will be able to access their Home Nation Squads. See Scotland Gymnastics, Welsh Gymnastics and Northern Ireland Gymnastics for squad detail.*

# National Performance Programme Squads

Performance Programme National Squads are supported by British Gymnastics Performance Funding on a Part-funded/Self-funded basis - Invitations to join these Programmes will be issued on an annual basis, from January – December.

Participation in any of the Performance Programmes is optional. Athletes may decline the invitation, however once an athlete has accepted the offer, there is an expectation that the athlete will fully commit to all the requirements of the programme including the associated policies, procedures and agreed training, competition goals within the Individual Athlete Plan (IAP).

Declining the invitation will not restrict the gymnast's eligibility for selection to major championships but will restrict their access to National Coaching support and any Sports Medicine support that is provided to the Selected Squads

# National Performance Pathway Programmes – Selection Processes

## Section 1: Consideration Events

The Selection Panel will take into consideration performances at the following events.

1. Spring Cups 1 & 2 2022
2. National Age Group Open 2022
3. British Championships 2022
4. Previous GBR and England Squad Activity (2020-2022)

## Section 2: Selection Process

- The selection panel will produce a combined ranking list of eligible gymnasts based on performances at consideration events 1-3.
- The top 3 performing male and female gymnasts in each age group (17+, 15-16, 13-14) will gain automatic nomination provided they meet the minimum performance standards set out for selection at the 2022 World Age Group Competition and/or the World Championships.
- The remaining places will be determined at the discretion of the selection panel based on performances at consideration events 1-4 and performances at national or international events.
- The panel reserves the right to pick a gymnast based on their collective opinion that the gymnast has demonstrated the potential compete international as a senior gymnast in the future.
- The number of spaces on a squad are to be used as a guide only and it may be not all spaces are filled if there not enough gymnasts deemed to be of the required standard.

## Section 3: The Programme

- Programme selection period (Length of time an athlete can expect to be on the Programme from the point of selection)
  - January – December 2023
- Programme athletes must agree a DMT Individual Athlete Plan (targets, development & competition routines and competition calendar/events) with the DMT Lead Performance Coach.
- Programme athletes will be required to undertake all DMT Programme activities (camps, additional training at LNSC and competitions etc) laid out by the DMT Lead Performance Coach.
- Programme athletes will generally only be eligible for a single programme and cannot move between squads. Should an athlete be invited to attend another squad in the same or different discipline this should be discussed and agreed between the National Coaches and Programme Managers prior to selection.
- Programme athletes will be considered for selection to GBR Minor Internationals.



- Athletes must also agree to observe all obligations outlined within the British Gymnastics' Performance Athlete Agreement and any subsequent Codes of Behaviour adopted by British Gymnastics.

## England Senior (17-21yrs) and Junior Development Programmes



The England Senior and Junior Programmes are an integral part of the GBR Performance Pathway and therefore selection will take place at the same time as the GBR squads (December the preceding year).

For a full Selection Policy follow the link: [www.british-gymnastics.org/england/squads](http://www.british-gymnastics.org/england/squads)