



RHG Performance Coach Development Strategy 2019 onwards

The rationale underpinning this proposal is to identify the key areas of Performance Coaching and Development delivery in Rhythmic Gymnastics that will be needed to move the development of the discipline forward from 2019 onwards. The key areas proposed for this rationale are: -

1. Establish a new National Coaching Team to develop the new RHG Performance Pathway.
2. Align the GBR and ENG Coaching Programmes more closely to create more crossover and smoother transition between Junior/Espoir & ENG Performance/Potential Programmes.
3. Engage two new Assistant National Coaches
4. Establish a RHG Coach Development Academy
5. Focus more GBR/ENG programme activity at LNSC from 2019 for more effective use of facilities, supporting closer coaching collaboration to optimise coach delivery/resources.

RHG Coach Development Academy

Underpinning these new roles, a RHG Coach Development Academy will be established to engage and develop Academy Coaches at both GBR & ENG level, facilitating closer collaboration and mentoring opportunities for aspiring National Coaches.

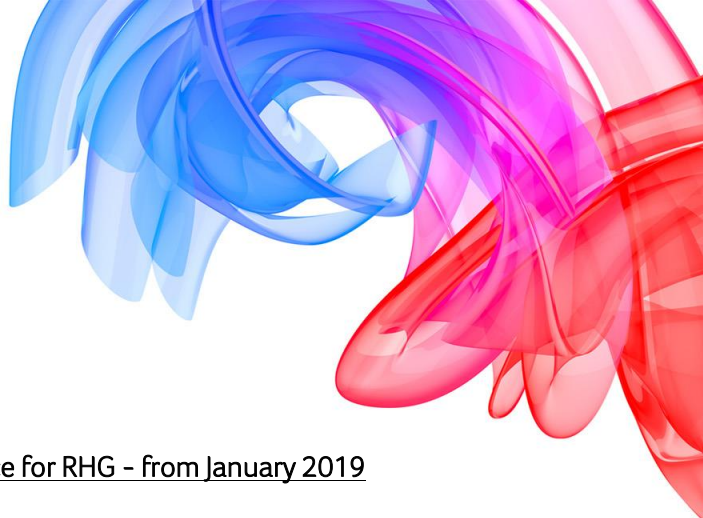
More information is to follow on how academy will operate - please see the outline intentions below.

- Initially 5 Academy places will be offered aimed at personal coaches aspiring to coach at National level and develop elite international athletes.
- Coaches will be invited to apply for these with an accompanying CV outlining their RHG experience and providing evidence of DBS, Safeguarding, BG membership and appropriate coaching qualifications.
- There will be pastoral care duties expected on any residential camps attended.
- Accommodation and food will be provided at camps but not travel.
- Academy coaches will be offered mentoring support and the opportunity to assist, observe and experience coaching delivery at National Squad level. There would be an expectation that coaches engaged for the Academy would have a commitment to some theoretical learning and development in areas to be agreed with their mentor.

More details to follow on the RHG Coach Development Academy early in 2019

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Assistant National Coach Contracts For Service for RHG - from January 2019

British Gymnastics/ENG Talent Programme is seeking to engage the services of 2 new Assistant National Coaches for Rhythmic Gymnastics.

Roles	RHG Assistant National Coaches x 2	Dates:	January 2019 – December 2019
		Payment:	Fixed daily rate for the duration of the Contract for Services – one contract with ENG and one contract with GBR.

The focus of these 2 roles are to maintain and progress the development of gymnasts in the ENG Performance and Potential Squads whilst also establishing closer collaboration and coaching partnerships with the GBR Junior and Espoir Coaching Team in a semi-centralised LNSC environment

Rhythmic (RHG) National Coaching Team

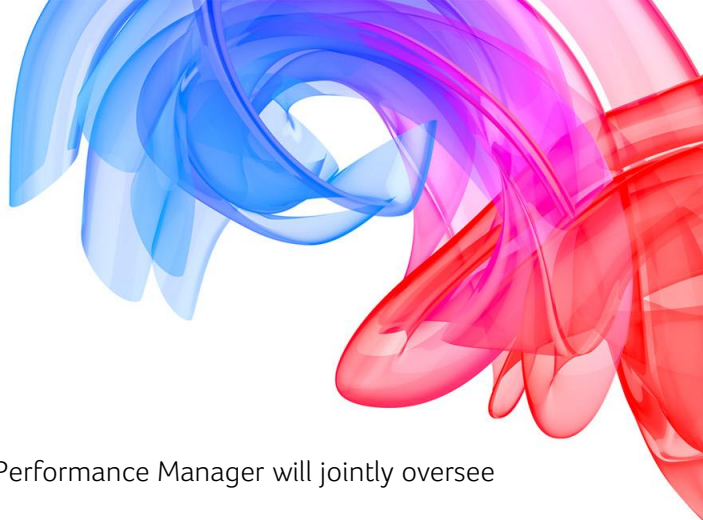
These two roles will form part of the Rhythmic National Coaching Team. The aim of this Group working closely with the RHG Technical Committee will be to develop the new RHG Performance Pathway Structure for 2019 as outlined at the NPRM – Oct 6th 2018 and in the Launch Document published on the BG RHG Website - November 2019.

Interested in these opportunities?

Expressions of interest should be made in writing, accompanied by specific details of your past and present involvement in Rhythmic Gymnastics, outlining what skills and experience you can bring to the role and any other information you feel is relevant. You should also include an up-to-date CV.

All expressions of interest should be emailed to Alan Edge (alan.edge@british-gymnastics.org) by midnight Friday 21st December 2018.

Interview process to take place during January 2019.



Additional Information

The Performance Pathway Manager and Non-Olympic Performance Manager will jointly oversee these roles.

Payment terms will be set out in the Contract for Service and payment will be made on submission of invoices for work completed. Travel expenses will also be claimable by invoice and detailed in the Contract For Service.

For the duration of the engagement the contractor (coach) will be fully responsible for ensuring that they:

- Hold a current (within last 3 years) BG DBS (Disclosure & Barring Service) Certificate
- Hold a current (within 3 years) Safeguarding and Protecting children certificate
- Hold current BG Coach membership
- Attend any required CPD
- Hold current relevant Coaching qualifications
- Credible & current technical expertise delivering at Pathway Squad level or above



Role Details

RHG Assistant National Coaches

Assistant National Coaches will work closely with the Rhythmic (RHG) National Coaching Team to coordinate the delivery of an aligned RHG Pathway Development Programme across the Espoir, Junior, Potential and Performance Programmes.

Delivery will be to ENG and GBR gymnasts selected for Individual and Group Programmes – Leading, assisting or co-coaching with the National Coach.

Key Work Areas to include: -

1. Coaching Delivery – Planning and delivery to the Rhythmic Espoir, Junior, Potential and Performance Programmes based at LNSC
 - Working alongside the National Coach and the National Ballet Coach as part of the RHG National Coaching Team and deliver written feedback to the gymnasts and their personal coaches as required following the camps.
 - Both coaches to mentor and guide members of the RHG Coach Academy who will be assisting in the Programme delivery
 - Pastoral care duties as required at residential camps.
2. Programme Content Development for ENG Performance and Potential Programmes.
 - Working closely with the RHG National Coaching Team. Coaches will be involved in the development of the technical programme content identifying needs in gymnasts at the key age levels involved in each programme.
The above will be under guidance from the Performance Pathway Manager, the National Coach, the National Ballet Coach and the RHG Technical Committee Chair.
3. Programme Selection & Performance Pathway Symposium/Clinics

Coaches to input into: -

 - Programme Selection process as part of the RHG National Coaching Team.
 - Technical input as required into the Symposium, Technical Conference and Clinic Programmes.
4. CPD and Personal Development

As part of their CPD, coaches will be expected to make themselves available for any opportunities they may be offered to shadow other National Coaches across the British Gymnastics Disciplines.



Rhythmic GB Espoir/Junior & ENG Performance/Potential Programme Activity 2019

(NB. All dates & venues below are to be confirmed along with which dates will involve the new Assistant National Coaches – More detail will be provided during the recruitment process)

Date		Activity
January	22-27	ENG Performance – tbc
February	18-25	ENG Potential/GB Espoir/GB Junior – LNSC
March	2-7	ENG Performance - tbc
April	3-7	ENG Potential/GB Aspire – tbc
June	1-5	ENG Potential - tbc
	3-10	GB Espoir/GB Junior – LNSC
July	13-16	ENG Performance - tbc
	17-24	GB Espoir/GB Junior – LNSC
Aug – Sept	28 - 5	ENG Performance/Potential - tbc
Sept	7-8	Technical Conference
Oct	18-20	ENG Potential - tbc
	17-24	GB Espoir/GB Junior – LNSC
Nov	12-19	GB Espoir/GB Junior – LNSC
	22	GB Programme Trials for 2020