



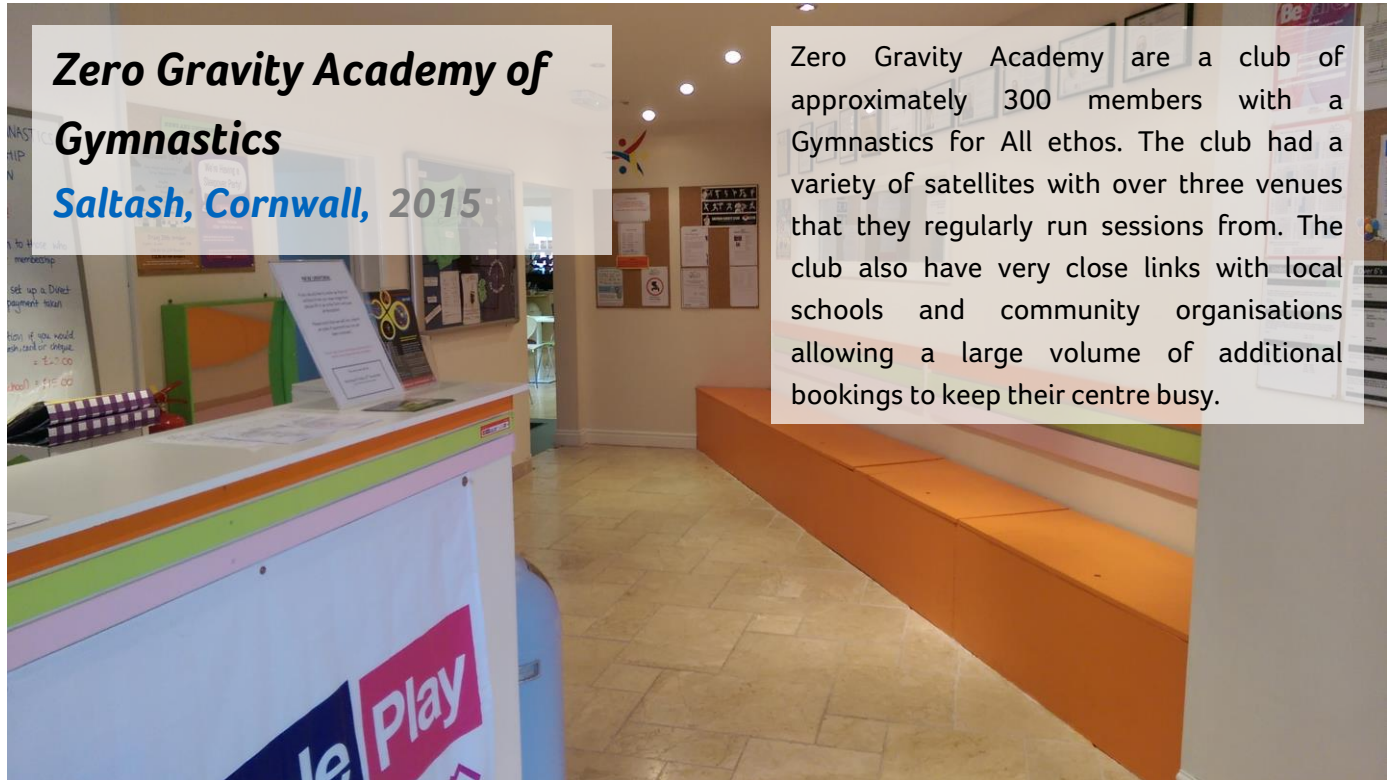
**Project Zero Gravity Academy of Gymnastics**

**Type Commercial Unit Disability Accessibility Works**

**Cost £10,000**

**Zero Gravity Academy of  
Gymnastics**

**Saltash, Cornwall, 2015**



Zero Gravity Academy are a club of approximately 300 members with a Gymnastics for All ethos. The club had a variety of satellites with over three venues that they regularly run sessions from. The club also have very close links with local schools and community organisations allowing a large volume of additional bookings to keep their centre busy.



**New glazed access**

**Original roller shutter door and internal lorry docking bay removed and replaced by a double glazed wide access door and double glazed windows.**



## This project was funded by Zero Gravity Academy.

**Club funds: £10K**

All works on the entrance and lobby of Zero Gravity were fronted by the building's landlord. An agreement was subsequently arranged to have costs subsequently put on the lease (monthly rental costs).



Zero Gravity gym area

### Impact

✓ Works complete September 2015. ✓ **Access improvements** will allow existing General, **MyClub**, Adult & **FreeG** classes to expand due to the increase in available space within the gym and foyer. ✓ **"I'm In"** Disability classes to grow. ✓ **Coaching** - new coaches to be recruited and trained in the coming year to aid expansion including new FreeG coaches & new Disability add on modules complete to support the **inclusive ethos** of club. ✓ **Volunteers** to be recruited and retained. ✓ **Opportunities** to perform at local competitions and displays / festivals. ✓ **Development** opportunities increased. ✓ Increase of **external partners** making bookings for **disability specific sessions**. ✓ Facility used to host **BG coach education** courses. ✓ **School groups** during weekday term time bring **increased revenue** to allow the club to take on **more paid staff** and be more sustainable.

Would you like support with your facility project?

Contact **British Gymnastics**

### Planning

Adapt the clubs' business plan to include the costs associated with the facility development and ensure new activities are sustainable.

#### Costs

Glazed Door £2.5K	Installation of fully glazed door (ensuring wheel chair accessible) to replace roller shutter door.
Internal Works £3.5K	Removal of lorry delivery port. Reception area & internal doors.
Levelling Floor £1.5K	Internal floor level raised in parts of the foyer to create level access and the accessible toilet.
Disabled Lavatory £2.5K	Plumbing works, stud walls, fixtures, fittings & labour.

Costs accurate Sept 2015



Level access raised floor

### Technical Detail

To find out more about disability access:  
[English Federation of Disability Sport \(EFDS\) – Access for All](#)  
[Building Regulations – HM Government Planning](#)  
 Inclusive Club Development Guide (tcb)

### Where to go for support?

BG [Disability Equality Training Opportunity](#)  
 How to make your club more inclusive?  
 I'm In [Programme Info Document](#)  
[I'M IN club/coach calendar](#)  
[Discover Day Calendar](#)

