

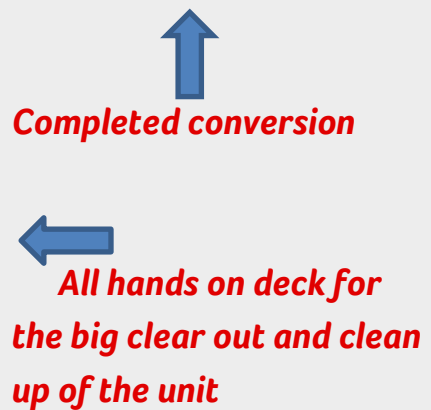
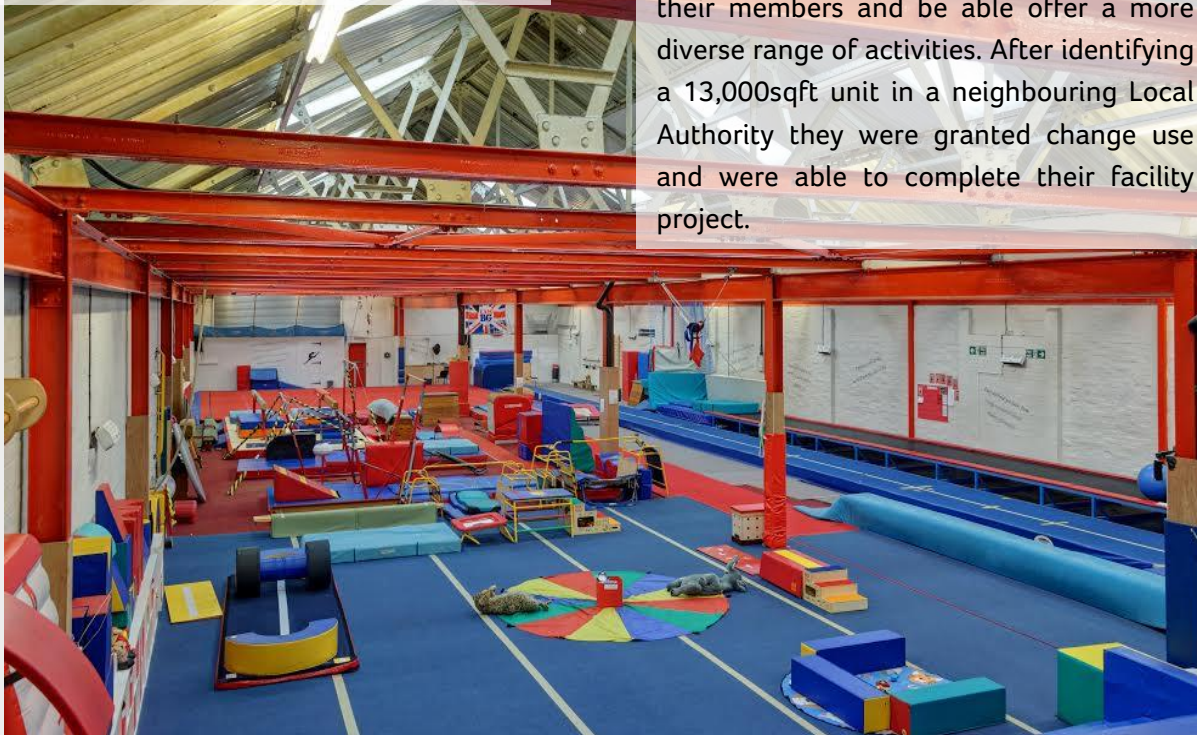
Project Northern Hope Gymnastics Club

Type **Industrial/Commercial Unit Conversion**

Cost **£82,600**

**Northern Hope GC
Birtley, CO Durham, 2013**

Northern Hope Gymnastics Club had over the years operated out of various none dedicated venues. They wanted to grow their members and be able offer a more diverse range of activities. After identifying a 13,000sqft unit in a neighbouring Local Authority they were granted change use and were able to complete their facility project.



*The project was jointly funded
by Northern Hope Gymnastics
Club and several other partners.*

Joint club funds **£10K**

Planning, legal fees, start-up capital.

Inspired Facilities Award **£50K**

Structural alterations, new electrics and heating

Asda Foundation **£15K**

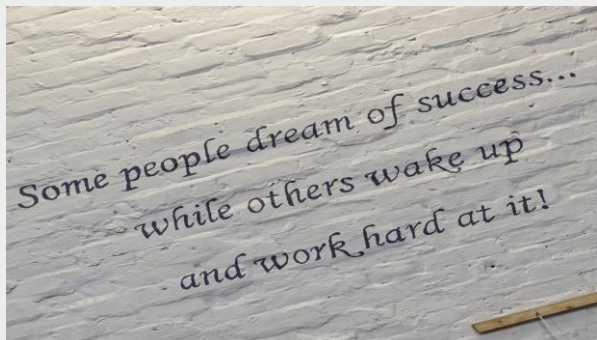
Sprung floor

Asda Community Tokens **£3K**

Equipment

Club Fundraising **£3.6K**

Equipment





Impact

Increase from **30** members to **400** in 2.5 years. Added Women's Artistic **competitive section**, **TeamGym** and **MyClub**. MyClub runs as a drop in session and is very popular. Extended provision in **General Gymnastics, Acro and Tumbling**. Produced a **British Champion** in **Tumbling**. Grown **MyLeadership Academy**, now led by a former leader. Leaders organise 2 x in house competitions per year. Ex gymnast enrolled onto **apprenticeship** scheme looking at administration and coaching. Workforce has grown from **4 to 21** coaches and trainee coaches. Able to offer opportunities to **community groups** including special schools with a focus on challenging behaviour. Sessions are a reward for good behaviour throughout the week. Members of the school are entering the **disability schools** Acro competition.

General Project Description

Club based in a **school** was forced to move to another school in a different location. **Increased hire** costs meant that fees had to be increased and training time decreased. Membership **dropped** from **70 to 30**. Meanwhile the club had applied for change of use on **5 buildings** over a 10 year period in Sunderland **Local Authority** without success. The club linked with the Gateshead **Gymnastic Network** where the local authority vowed to **support** a facility project. An industrial unit was identified in Birtley 2012. **Inspired Facility** successfully applied for in **2012** and change of use granted. Lease of **7 years** secured with a phased increase for the 1st 3 years. Phased opening of gym over 8 months with parents helping to convert viewing area whilst children trained in the gymnasium. 2013 **Asda foundation** donated **£15K** for sprung floor. **2013 official opening** of facility.



Project Detail

The club became a company limited by guarantee with charitable status to widen their access to grant funding. They have admin staff who look after the day to day running of the club.

Costs

Structural alterations £36K	The building was an open shell so walls needed building and structural supports modifying. A viewing area, 2 x offices, toilets and play room all needed installing.
Electrics and heating *£14K	The building needed re-wiring and electric heaters installing due to no gas supply being present. *£7K underspend on works redirected to conference room.
Conference room £7K	Installation of conference room to host meetings and courses.
Equipment £21.6	£15k for sprung floor, £6.6 on WA, TUM and Pre-School apparatus.
Set Up £10K	Initial set-up costs, deposit & legal fees

Costs accurate early 2016.

Top Tips

Ask other clubs for **site visits**. You will have a better idea of project **timescales** including change of use and detailed **costs**. You can also learn a lot about different equipment **layouts**.

Investigate **grant application** timescales, these don't happen in weeks. Make sure you understand the **administration** needed behind a grant application.

Don't try to do everything yourself, **delegate**.

Engage parents. Make parents part of your club and they will put in give you time and effort which is greatly received.

Make sure you have enough **storage**. Make use of any usable space.

Keeping Things Running...

Monthly Finances

Expenditure	£/month
Lease	£1,083
Staffing	£ 2,500
Utilities	£ 1,500
Insurance	£ 334
Rates	£ 150
VAT	£ 1113

Lease figure based upon a three year phased increase. Staffing includes all associated costs including PAYE and tax. Service Charge for the general upkeep of the grounds. Rates are at a discretionary rate due to charity status.



Where Next?

The club want to change their heating from **electric to gas** due to high utility bills. They're also changing the lighting to more efficient **LED lighting** and looking at insulating the gymnasium to make it more **energy efficient**. They want to engage more user groups including **secondary schools**

Do you require support with a facility project?

Contact British Gymnastics