

## Rhythmic Technical Committee

Dear all,  
Please find attached some further updates for this month.

If you would like to receive our newsletters, please send a request to [RG TC Contact](#). Previous newsletters can be found [here](#). If you no longer wish to receive this information, then please send an email with the subject "Rhythmic News Opt Out" to [RG TC Contact](#)

Kind regards  
Ruth Wilson  
RG TC Information Officer

17<sup>th</sup> February 2017

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### English Championships

English Gymnastics is pleased to confirm that this year's Rhythmic English Championships will, again, take place at the **GMAC** in Birmingham on **Sunday 25th June**.

Please see [here](#) for more information. In the meantime, if you have any queries regarding this event, please contact the EGA Admin Manager, [Jan Charlton](#).

### GBR International Representation

GBR team travelled to our first competition of the cycle, competing at Miss Valentine, which took place in Tartu Estonia from 9<sup>th</sup>-12<sup>th</sup> of February, Well done to the following gymnasts who were supported by coaches Borislava Ilieva, Rachel Maguire, Cherie Skeats and judge Ruth Wilson.

#### Junior Group 1

Abi-Jae Booth  
Hannah Dagg  
Lily Gage  
Georgette Jeapes  
Madison Kennelly  
Miriam Rodrigues

#### Junior Group 2

Keira Daniels  
Carys Davies  
Ayse Guler  
Keagan Mills  
Lowri Palmer

#### Senior Individuals

Stephani Sherlock  
Christianna Vitanova

#### Junior Individuals

Alida Bogdanova  
Eve Baker-Roberts

Good luck also to Stephani Sherlock, who is competing at Moscow Grand Prix this weekend, supported by coach Deb Hows.

### Calendar Update

Please find attached latest calendar update for 2017

## Rhythmic Technical Committee

### Basic Code Cycle 14

Please find attached the updated basic code for use in this cycle.

### BG Performance Team Update

Please find below information from BG. Please note this does not impact the role of Amy Walmsley as Performance Manager for Rhythmic, the assignment to Team Gym is in addition.

As you may be aware we have faced some disruption within the Performance Sport department over the past couple of months due to staff moving on and no immediate replacements being appointed.

The two staff that have left the team are WAG Sport Programme Officer Helen Galashan, and the Administration Coordinator Alison Waygood-Tonks.

With the imminent arrival of our new Performance Director James Thomas, who starts with us on Tuesday 14th February, it has been decided to hold off replacing the Administration Coordinator in a permanent capacity, therefore we have appointed a temporary member of staff for a 3 month period. Zoe Davies started with the team on Monday 6th February and we will keep you updated on progress regarding this position (Contact Info: [Zoe Davies](#) 0345 129 7129 extension 2561).

With regard to the WAG Sport Programme Officer, we are delighted that Amy Nixon joins the WAG programme starting officially on Monday 13th February. For those of you unaware Amy is currently the Sport Programme Officer for Acrobatics, Aerobics, Rhythmic and TeamGym covering maternity leave. As a result of the complicated nature of the situation we have made the arrangements below to provide appropriate cover.

<a href="#">Vicky Stephens</a>	- MAG and ACRO (0345 129 7129 extension 2371)
<a href="#">Stacy Sargent</a>	- TRA, TUM, DMT and AERO (0345 129 7129 extension 2536)
<a href="#">Amy Nixon</a>	- WAG and RG (0345 129 7129 extension 2330)
<a href="#">Amy Walmsley</a> (Supported by Zoe)	- Team Gym (, 0345 129 7129 extension 2536)

Marie Johnson will return from maternity leave mid-2017 and we will keep you all up to speed with any further changes. Any questions please contact your Programme Officer or Performance Manager.

### Sport Psychology Workshop

As part of the National Talent Development Programme we are running a series of Rhythmic Gymnasts coach education clinics and workshops in 2017.

The first of these clinics will be a Sport Psychology Workshop (which we have rescheduled from January to the following date). Please see details on how to book:

Date: Saturday 25th March 2017  
Time: 12:30-15:30  
Venue: Lilleshall National Sports Centre  
Tutor: Katie Richards  
Cost: £15  
Topic: Sports Psychology (further details to follow)  
How to book: [BG Website](#)  
Closing date: Thursday 16th March 2017

### Coaching Course Update

Please find below the latest available coaching courses.

#### **UKCC Level 1 Coach – Northampton**

Venue : Lings Forum Leisure Centre, Billing Brook Road, Weston Favell, Northampton, NN3 8JR

Dates : 2<sup>nd</sup> April, 14<sup>th</sup> May 2017

Exam Date : 10<sup>th</sup> September 2017

Closing Date : 4<sup>th</sup> March 2017

Course Organiser : Alan Price

Contact : [alan.price@british-gymnastics.org](mailto:alan.price@british-gymnastics.org)

#### **UKCC Level 1 Coach – Warminster**

Venue : Springboard Gymnastics and Activity Centre, Unit 3 Woodcock Road Industrial Estate, Warminster, BA12 9DF

Dates : 2<sup>nd</sup> April, 21<sup>st</sup> May 2017

Exam Date : 22<sup>nd</sup> July 2017

Closing Date : 5<sup>th</sup> March 2017

Course Organiser : Shelley Gonsalves

Contact : [shelley.gonsalves@british-gymnastics.org](mailto:shelley.gonsalves@british-gymnastics.org)

#### **UKCC Level 2 Coach – Oldbury**

Venue : ELENA Rhythmic Gymnastics Club, Unit 1 & 2 Parsonage Street, Wellington Street, Oldbury, B69 4PH

Dates : 7<sup>th</sup>, 27<sup>th</sup> & 28<sup>th</sup> May & 25<sup>th</sup> June 2017

Exam Date : 17<sup>th</sup> September 2017

Closing Date : 6<sup>th</sup> April 2017

Course Organiser : Katy Cuddington

Contact : [katy.cuddington@british-gymnastics.org](mailto:katy.cuddington@british-gymnastics.org)