



Sports Equipment Data Sheets

Early Years/Preschool provision, plus Recreational and Gymnastics for All (GfA) participation from a non-dedicated facility.

It is recognised that Clubs and other gymnastics operators can offer Foundation and Development programmes in a range of non-dedicated facilities including –

- Leisure/Sports Centres
- Community/Village Halls
- Schools and Nurseries
- Private Fitness and Sports Clubs
- Health Centres

For standard building specifications please use the [Sport England Affordable Sports Hall design guide](#).

	Recommended	Desirable
Venue	<ul style="list-style-type: none"> • Lighting – Minimum 300 Lux at floor level. • Separate male, female and disabled changing and showering facilities. • Male, female and disabled toilets. • Access to 1st aid facilities. • Well ventilated venue. • Minimum height clearance of 5m. • Minimum space of 82m sq (one badminton court). • Ability to section off the working area. • Not in an inappropriate environment (eg. Swimming pool area) 	<ul style="list-style-type: none"> • Notice board to keep members informed. • Adequate storage space for equipment and mats. • Minimum height clearance of 6.5m. • Adequate car parking (Local Authority specific) • Spectator accommodation (e.g. chairs for parents or viewing gallery). • Social facilities such as kitchen/bar/vending facilities. • Capability to adjust room temperature of venue – minimum 18°C.



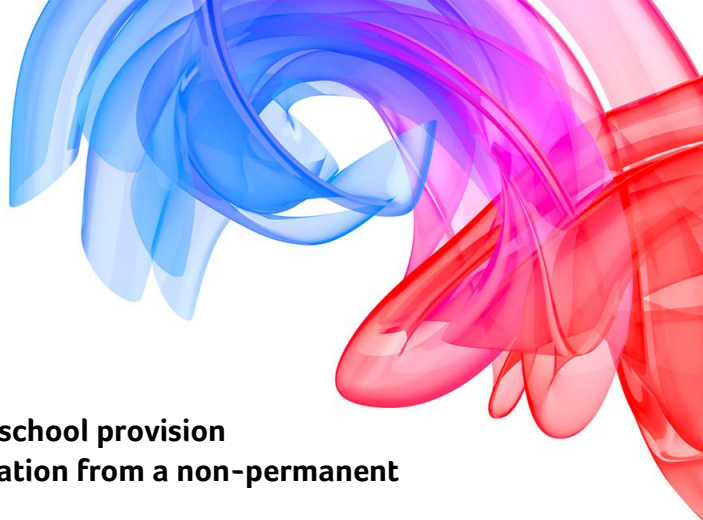
	Recommended	Desirable
Equipment (amount to be dictated by the numbers of gymnasts involved)	<ul style="list-style-type: none"> • Matting, 25-40mm thickness and suitable for vertical storage. 	<ul style="list-style-type: none"> • Large apparatus - Platforms/Nesting Tables/ Vaulting Box/Gymnastics Blocks • Balance apparatus – Low Beams/Floor Beams/Benches/ padded and timber planks • Hand apparatus – Ribbons, scarves, bean bags, hoops, balls, coits, skipping ropes • Rebound apparatus – Springboards, Trampoline • Soft Play – Wedges, platforms • Swinging, climbing and hanging apparatus - Wall bars, freestanding bars • Safety mats • Music player



**Women’s Artistic Gymnastics plus early years / pre-school provision
plus “first experience” non-competitive participation from a non-permanent
or dedicated permanent facility**

Venue	Foundation		Development	
	R	D	R	D
Guideline Hall Dimensions (m)	20 x 15	35 x 18	35 x 18	35 x 24
Minimum Clearance Height (m)	5	6.5	5	6.5
Lighting - Minimum Lux at floor level	300		300	
Adequate Storage space for equipment and mats		Y	Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 ‘C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)		Y	Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y		Y
On-site weight training facilities and expertise		Y		Y
Access to sports science support		Y		Y
Access to physiotherapy support		Y		Y
Video support with play back facilities		Y		Y
Office		Y		Y
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y		Y
Equipment in addition to basic guidelines				
Floor area 14 x 14m		Y		Y
Sprung Floor		Y		Y
Practice Beam	Y		Y	
Asymmetric Bars	Y		Y	
Vault	Y		Y	
Floor Mats	Y		Y	
Spring boards	Y		Y	
Safety Mats	Y		Y	
Trampette	Y		Y	
Tumble Track		Y		Y
Trampoline		Y		Y
Pitted Areas		Y		Y
Ballet Barres		Y		Y
Mirrors		Y		Y
Sound System		Y	Y	

R – Recommended
D – Desirable

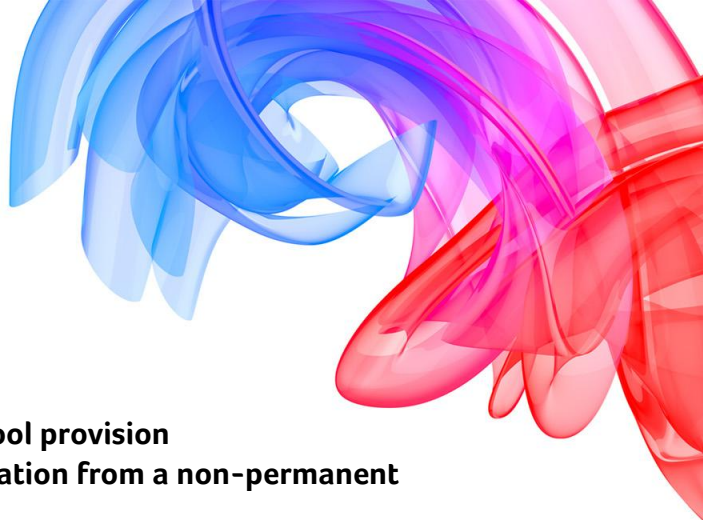


**Men’s Artistic Gymnastics plus early years / pre-school provision
plus “first experience” non-competitive participation from a non-permanent
or dedicated permanent facility**

Venue	Foundation		Development	
	R	D	R	D
Guideline Hall Dimensions (m)	20 x 15	35 x 18	35 x 18	35 x 24
Minimum Clearance Height (m)	5	6.5	5	6.5
Lighting - Minimum Lux at floor level	300		300	
Adequate Storage space for equipment and mats		Y	Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 ‘C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)		Y	Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y		Y
On-site weight training facilities and expertise		Y		Y
Access to sports science support		Y		Y
Access to physiotherapy support		Y		Y
Video support with play back facilities		Y		Y
Office		Y		Y
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y		Y
Equipment in addition to basic guidelines				
Floor area 14 x 14m		Y		Y
Sprung Floor		Y		Y
Parallel Bars	Y		Y	
High Bar	Y		Y	
Vault	Y		Y	
Floor Mats	Y		Y	
Spring boards	Y		Y	
Safety Mats	Y		Y	
Trampette	Y		Y	
Pommel Horse + training aids	Y		Y	
Trampoline		Y		Y
Rings	Y		Y	
Tumble Track		Y		Y
Pitted Area		Y		Y
Sound System		Y	Y	

R - Recommended

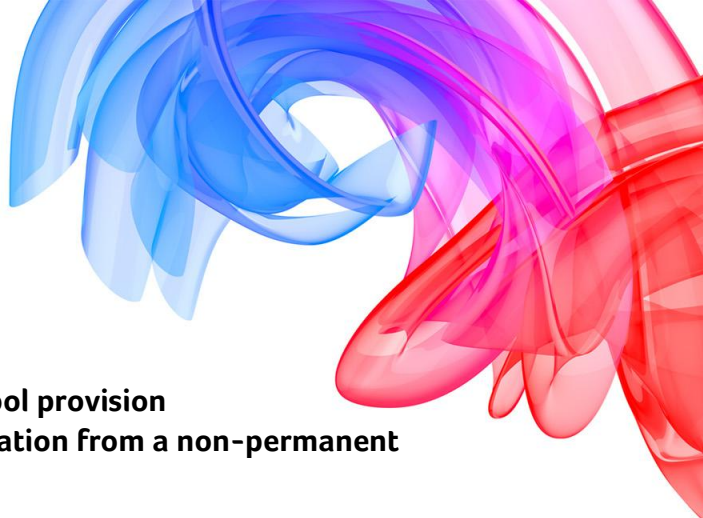
D – Desirable



**Acrobatic Gymnastics plus early years / pre-school provision
plus “first experience” non-competitive participation from a non-permanent
or dedicated permanent facility**

Venue	Foundation		Development	
	R	D	R	D
Guideline Hall Dimensions (m)	20 x 15	35 x 18	35 x 18	35 x 24
Minimum Clearance Height (m)	5	6.5	5	7
Lighting - Minimum Lux at floor level	300		300	
Adequate Storage space for equipment and mats		Y	Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 °C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)		Y	Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y		Y
On-site weight training facilities and expertise		Y		Y
Access to sports science support		Y		Y
Access to physiotherapy support		Y		Y
Video support with play back facilities		Y		Y
Office		Y		Y
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y		Y
Equipment in addition to basic guidelines				
Floor area 14 x 14m		Y		Y
Sprung Floor		Y		Y
Floor Mats	Y		Y	
Safety Mats	Y		Y	
Sound System		Y	Y	

R - Recommended
D – Desirable



**Rhythmic Gymnastics plus early years / pre-school provision
plus “first experience” non-competitive participation from a non-permanent
or dedicated permanent facility**

Venue	Foundation		Development	
	R	D	R	D
Guideline Hall Dimensions (m)		20 x 14	25 x 18	32 x 18
Minimum Clearance Height (m)	6	9	9	
Lighting - Minimum Lux at floor level	300		300	
Adequate Storage space for equipment and mats		Y	Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 ‘C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)		Y	Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y		Y
On-site weight training facilities and expertise		Y		Y
Access to sports science support		Y		Y
Access to physiotherapy support		Y		Y
Video support with play back facilities		Y		Y
Office		Y		Y
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y		Y
Equipment in addition to basic guidelines				
Floor area 13 x 13m		Y		Y
Sprung Floor		Y		Y
Wands	Y		Y	
Ribbons	Y		Y	
Clubs	Y		Y	
Hoops	Y		Y	
Balls	Y		Y	
Ropes	Y		Y	
Ballet Barres	Y		Y	
Mirrors	Y		Y	
Sound System		Y	Y	

R - Recommended

D – Desirable



Trampoline Gymnastics, Tumbling and DMT plus early years / pre-school provision plus “first experience” non-competitive participation from a non-permanent or dedicated permanent facility

Venue	Foundation		Development	
	R	D	R	D
Guideline Hall Dimensions (m)	20 x 15	35 x 18	35 x 18	35 x 24
Minimum Clearance Height (m)	8		8	
Lighting - Minimum Lux at floor level	300		300	
Adequate Storage space for equipment and mats		Y	Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 ‘C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)		Y	Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y		Y
On-site weight training facilities and expertise		Y		Y
Access to sports science support		Y		Y
Access to physiotherapy support		Y		Y
Video support with play back facilities		Y		Y
Office		Y		Y
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y		Y
Equipment in addition to basic guidelines				
Number of Trampolines	2		2	4
DMT full run up and bed		Y	Y	
Trampette	Y		Y	
Trampoline		Y		Y
Tumble Track		Y		Y
Floor Mats	Y		Y	
Safety Mats	Y		Y	
Pitted Area		Y		Y
Sound System		Y	Y	

R - Recommended

D – Desirable

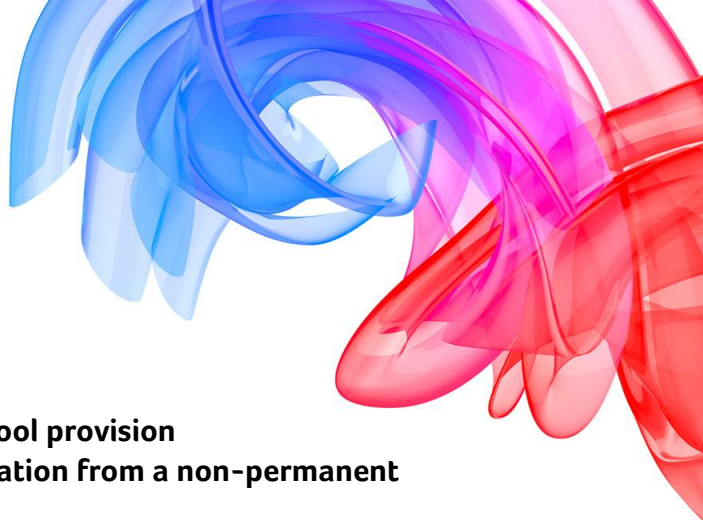


**Aerobic Gymnastics plus early years / pre-school provision
plus “first experience” non-competitive participation from a non-permanent
or dedicated permanent facility**

Venue	Foundation		Development	
	R	D	R	D
Guideline Hall Dimensions (m)		18 x 8		18 x 8
Minimum Clearance Height (m)		3		3
Lighting - Minimum Lux at floor level	300		300	
Adequate Storage space for equipment and mats		Y	Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 ‘C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)		Y	Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y		Y
On-site weight training facilities and expertise		Y		Y
Access to sports science support		Y		Y
Access to physiotherapy support		Y		Y
Video support with play back facilities		Y		Y
Office		Y		Y
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y		Y
Equipment in addition to basic guidelines				
Floor area 12 x 12m		Y	Y	
Sprung Floor		Y		Y
Training aids		Y		Y
Floor level training P Bars		Y	Y	
High Bar or A Bars		Y		Y
Floor mats	Y		Y	
Spring boards	Y		Y	
Safety mats	Y		Y	
Trampoline		Y		Y
Ballet Barres		Y		Y
Mirrors		Y		Y
Benches	Y		Y	
Sound System		Y	Y	

R - Recommended

D – Desirable

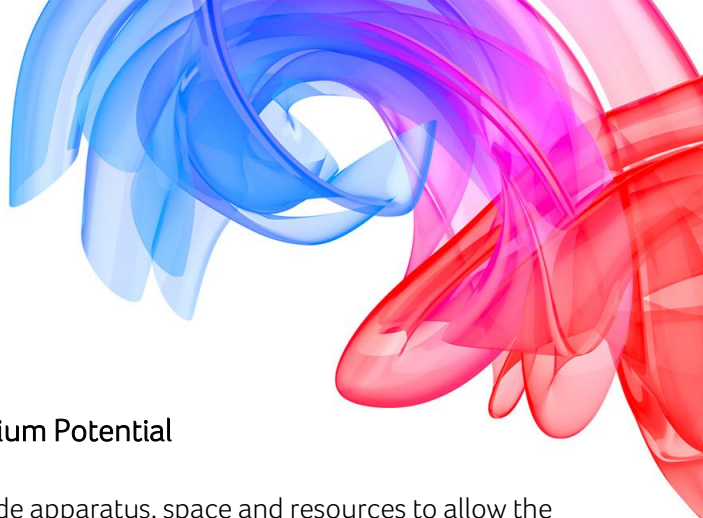


**TeamGym Gymnastics plus early years / pre-school provision
plus “first experience” non-competitive participation from a non-permanent
or dedicated permanent facility**

Venue	Foundation		Development	
	R	D	R	D
Guideline Hall Dimensions (m)	20 x 15	35 x 18	20 x 15	35 x 18
Minimum Clearance Height (m)		6		6
Lighting - Minimum Lux at floor level	300		300	
Adequate Storage space for equipment and mats		Y	Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 ‘C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)		Y	Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y		Y
On-site weight training facilities and expertise		Y		Y
Access to sports science support		Y		Y
Access to physiotherapy support		Y		Y
Video support with play back facilities		Y		Y
Office		Y		Y
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y		Y
Equipment in addition to basic guidelines				
Floor area 12 x 12m	Y		Y	
Tumble Track		Y	Y	
Vaulting Box or Table	Y		Y	
Airtrack		Y	Y	
Spring boards	Y		Y	
Safety mats	Y		Y	
Trampette		Y		Y
Sound System		Y	Y	

R - Recommended

D – Desirable



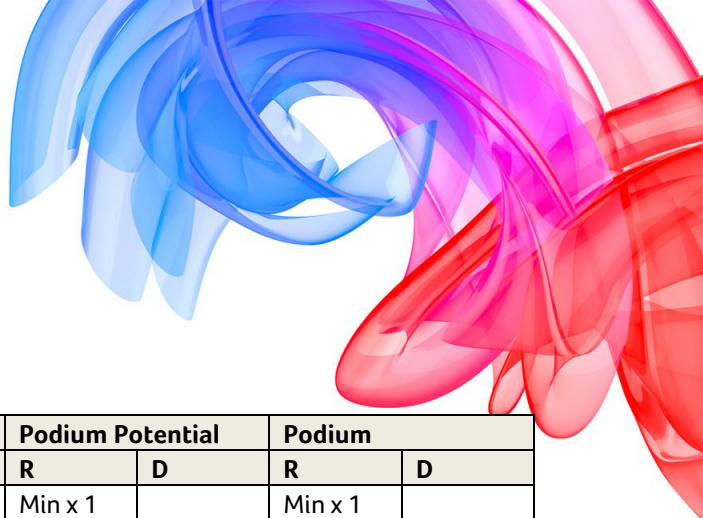
Podium and Podium Potential

This section refers to the facility and its capacity to provide apparatus, space and resources to allow the coach to develop gymnasts according to best practise for the performance pathway. It is generally accepted that High Performance programmes are not able to financially support themselves, so larger facilities designed for the purpose of performance must always factor in the need to afford adequate space and timetabling for all its programs in order to provide an appropriate and sustainable business model.

The specified dimensions for each level of facility provision – Podium Potential and Podium - refer to those appropriate for each separate discipline’s ideal needs. Whilst there are separate sections for each discipline, as previously stated, it is common practice to focus on multi-discipline provision to gain maximum benefit from the space provided, with time and apparatus allocation afforded to early years and recreational / participation programmes at times sympathetic to any performance-based programme.

Women’s Artistic Gymnastics General Facility requirements

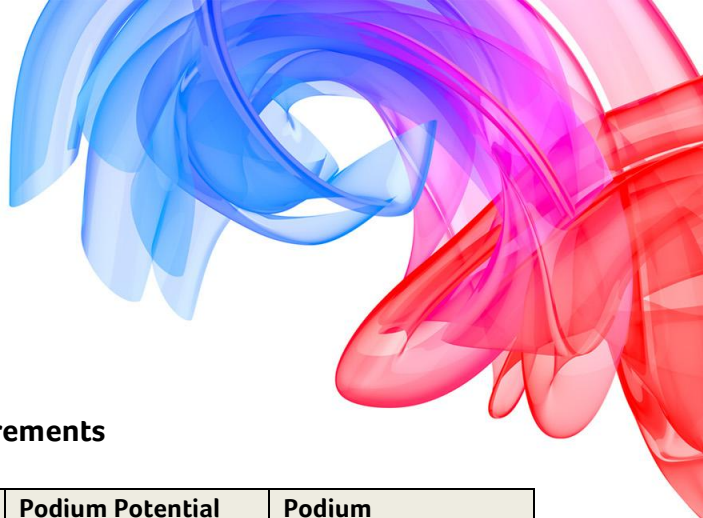
Venue	Podium Potential		Podium	
	R	D	R	D
Guideline Hall Dimensions (m)	35 x 18	35 x 24	36 x 25	
Minimum Clearance Height (m)	6.5	8	8	
Lighting - Minimum Lux at floor level	500		500	
Adequate Storage space for equipment and mats	Y		Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 ‘C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)	Y		Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y	Y	
On-site weight training facilities and expertise		Y	Y	
Access to sports science support		Y	Y	
Access to physiotherapy support		Y	Y	
Video support with play back facilities		Y	Y	
Office		Y	Y	
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y	Y	



Specific Equipment Requirements		Podium Potential		Podium	
		R	D	R	D
Vault	Vault to FIG standard landing	Min x 1		Min x 1	
	Vault to pit	Min x 1		Min x 1	
	Springboard safety collars	Min x 2		Min x 2	
A Bars	A Bars FIG standard to landing	Min x 1		Min x 1	
	A Bars to pit	Min x 1		Min x 1	
	Adjustable height Bar	Min x 1		Min x 1	
	Safety Pads	Min x 2		Min x 2	
	Floor Level Bars	Min x 2		Min x 2	
Beam	Beams to FIG standard landing	Min x 3		Min x 3	Diff models
	Beam to pit	Min x 1		Min x 1	
	Floor Beams	Min x 2		Min x 2	
	Safety pads	Min x 8		Min x 8	
Floor	14 x 14 FIG standard floor area	Min x 1		Min x 1	
	25M tumble track to pit	Min x 1		Min x 1	
Rebound	Trampoline to pit	Min x 1		Min x 1	
	Trampettes	Min x 2		Min x 2	
	Fasttrack		Min 15M	Min 15M	20M
Other	Safety mats	Min x 20		Min x 20	
	Springboards	Min x 10		Min x 10	Diff models
	Landing mats	Min x 10		Min x 10	
	Supporting blocks	Min x 4		Min x 4	
	Agility Mats	Min x 10		Min x 10	
	Assortment of small mats and pads	Y		Y	
	Free / Fixed weights	Y		Y	
	Wall bars	Min x 3		Min x 3	
	Benches	Min x 10		Min x 10	
	Climbing rope	Min x 2		Min x 2	
Ballet barre & mirrors Min 8M x 2.5M	Y		Y		

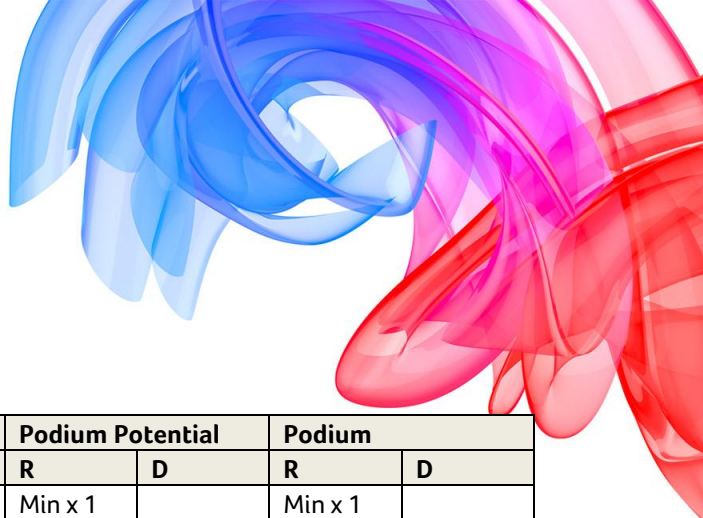
R - Recommended

D - Desirable



Men's Artistic Gymnastics General Facility requirements

Venue	Podium Potential		Podium	
	R	D	R	D
Guideline Hall Dimensions (m)	35 x 18	35 x 24	36 x 25	
Minimum Clearance Height (m)	6.5	8	8	
Lighting - Minimum Lux at floor level	500		500	
Adequate Storage space for equipment and mats	Y		Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 'C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)	Y		Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y	Y	
On-site weight training facilities and expertise		Y	Y	
Access to sports science support		Y	Y	
Access to physiotherapy support		Y	Y	
Video support with play back facilities		Y	Y	
Office		Y	Y	
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y	Y	



Specific Equipment Requirements		Podium Potential		Podium	
		R	D	R	D
Floor	14 x 14 FIG standard floor area	Min x 1		Min x 1	
	25M tumble track to pit	Min x 1		Min x 1	
Pommel Horse	Competition horse to FIG standard	Min x 1	2	Min x 2	Diff models
	Low horses	Min x 1		Min x1	
	Trainer pommel / mushrooms inc 1 handle	Min x 3		Min x 3	
Rings	Ring frame to FIG standard landing	Min x 1		Min x 1	
	Ring frame over pit		Min x 1	Min x1	
	Adjustable rings + extensions	Min x 1	2	Min x 2	Diff types
Vault	Vault to FIG standard landing	Min x 1		Min x 1	
	Vault to pit	Min x 1		Min x1	
	Springboard safety collars	Min x 2		Min x 2	
High Bar	Bar to FIG standard landing	Min x 1		Min x 1	
	Bar to pit	Min x 1		Min x 1	
	Adjustable height Bar	Min x 1		Min x 1	
	Shiny bar	Min x 2		Min x 2	
	Safety pads	Min x 2		Min x 2	
	Floor Level Bars	Min x 2		Min x 2	
Rebound	Trampoline to pit	Min x 1		Min x 1	
	Trampettes	Min x 2		Min x 2	
	Fasttrack		Min 15M	Min 15M	20M
Other	Safety mats	Min x 20		Min x 20	
	Springboards	Min x 10		Min x 10	Diff models
	Landing mats	Min x 10		Min x 10	
	Supporting blocks	Min x 4		Min x 4	
	Agility Mats	Min x 10		Min x10	
	Assortment of small mats and pads	Y		Y	
	Free / Fixed weights	Y		Y	
	Climbing rope	Min x 2		Min x 2	

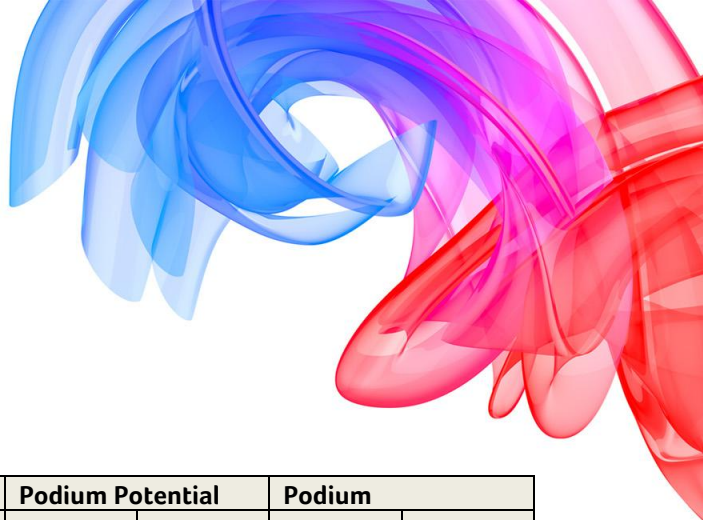
R - Recommended

D - Desirable



Acrobatic Gymnastics General Facility requirements

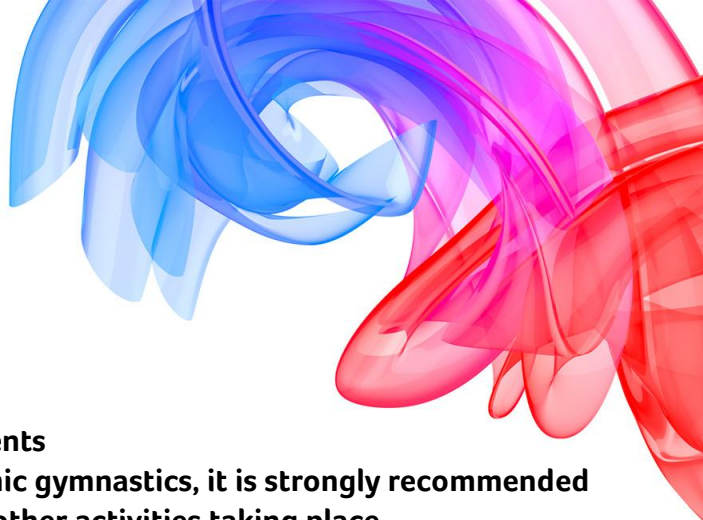
Venue	Podium Potential		Podium	
	R	D	R	D
Guideline Hall Dimensions (m)	35 x 18	45 x 24	45 x 24	
Minimum Clearance Height (m)	6.5	8	8	10
Lighting - Minimum Lux at floor level	500		500	
Adequate Storage space for equipment and mats	Y		Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 °C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)	Y		Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y	Y	
On-site weight training facilities and expertise		Y	Y	
Access to sports science support		Y	Y	
Access to physiotherapy support		Y	Y	
Video support with play back facilities		Y	Y	
Office		Y	Y	
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y	Y	



Specific Equipment Requirements		Podium Potential		Podium	
		R	D	R	D
Floor - Acro	14M x 14M FIG standard floor area	Min x 1		Min x 1	
	14M x 14M matted area		Min x 1	Min x 1	Sprung
	Overhead spotting rigs	Min x 1		Min x 2	
Matting	Landing mats	Min x 8		Min x 8	
	Safety mats	Min x 15		Min x 15	
	2m sq x 10cm mats	Min x 4		Min x 6	
	Biscuit mats	Min x 4		Min x 6	
Rebound	Trampoline to pit	Min x 1		Min x 2	
Floor - tumbling	Tumble track to pit		Y	Y	
	Overhead support rig with twisting belt	Y		Y	
Other	Climbing ropes	Min x 2		Min x 2	
	Springboards	Min x 6		Min x 8	
	Supporting blocks	Min x 6		Min x 8	
	Free / Fixed weights	Y		Y	
	Access to dance area / studio	Area		Studio	
	Sound system	Y		Y	

R - Recommended

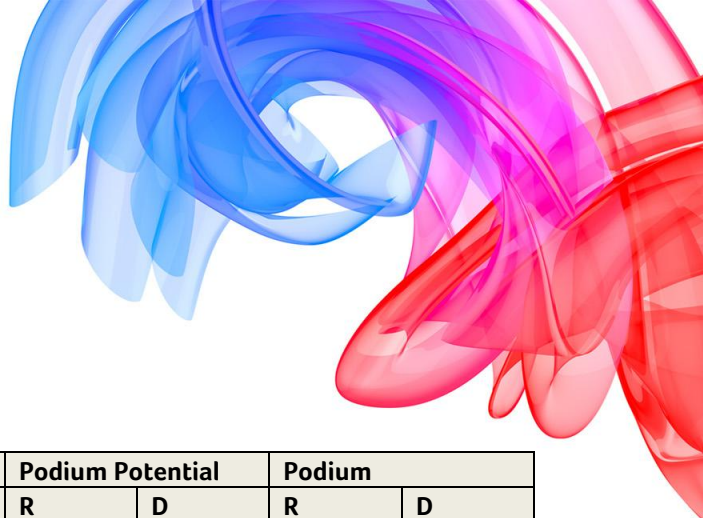
D - Desirable



Rhythmic Gymnastics General Facility requirements

Health and Safety – Due to the nature of Rhythmic gymnastics, it is strongly recommended that an adequate partition be created from any other activities taking place.

Venue	Podium Potential		Podium	
	R	D	R	D
Guideline Hall Dimensions (m)	25 x 18	32 x 18	32 x 18	
Minimum Clearance Height (m)		9	9	12
Lighting - Minimum Lux at floor level	500		500	
Adequate Storage space for equipment and mats	Y		Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 °C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)	Y		Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y	Y	
On-site weight training facilities and expertise		Y	Y	
Access to sports science support		Y	Y	
Access to physiotherapy support		Y	Y	
Video support with play back facilities		Y	Y	
Office		Y	Y	
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y	Y	



Specific Equipment Requirements		Podium Potential		Podium	
		R	D	R	D
Floor - Acro	Sprung FIG standard floor area		Y	Y	
	13M x 13M carpeted	Y		Y	
Hand Equipment	Wands	Y		Y	
	Ribbons	Y		Y	
	Clubs	Y		Y	
	Hoops	Y		Y	
	Balls	Y		Y	
	Ropes	Y		Y	
Preparation area	Access to dance studio		Y		Y
	Ballet barres	Y		Y	
	Mirrors		Y	Y	
Other	Sound system	Y		Y	
	Elastics	Y		Y	
	Benches / Platforms	Y		Y	
	Ankle weights	Y		Y	

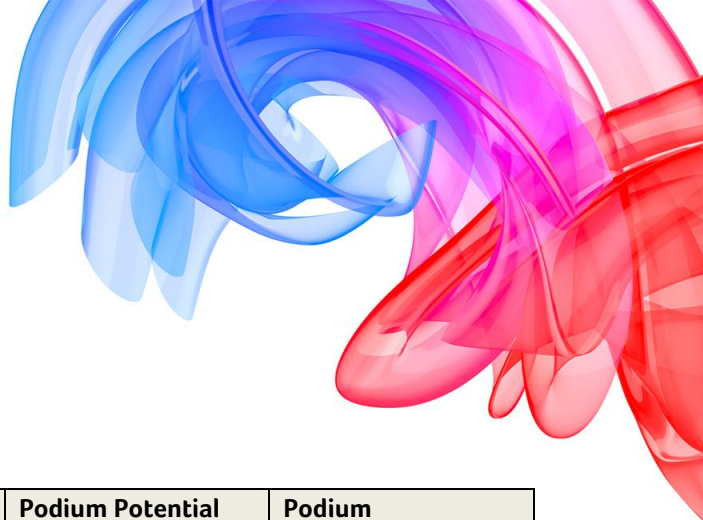
R - Recommended

D - Desirable



Trampoline, Tumbling Gymnastics & DMT General Facility requirements
Health and Safety – Trampoline activity must take place in areas free of any possibility of “flying” objects, e.g. where trampoline activities share the same venue at the same time as ball games (five-a-side, basketball), a curtain or net must be in place to prevent a ball from landing on or rolling under the trampoline bed.

Venue	Podium Potential		Podium	
	R	D	R	D
Guideline Hall Dimensions (m)	22 x 12	45 x 24	45 x 24	
Minimum Clearance Height (m)	8	10	10	12
Lighting - Minimum Lux at floor level	500		500	
Adequate Storage space for equipment and mats	Y		Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 ‘C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)	Y		Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y	Y	
On-site weight training facilities and expertise		Y	Y	
Access to sports science support		Y	Y	
Access to physiotherapy support		Y	Y	
Video support with play back facilities		Y	Y	
Office		Y	Y	
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y	Y	



Specific Equipment Requirements		Podium Potential		Podium	
		R	D	R	D
Trampolines	Trampolines FIG standard and approved	2	4	4	6
	Trampoline to pit		1	2	
Matting	End decks for above – FIG standard	Y		Y	
	Push in mats	2		4	
	FIG standard floor matting surrounding trampolines and FIG standard landing area for DMT set up	Y		Y	
Double Mini Tramp	DMT FIG standard and approved	1	2 (1 to pit)	1	2 (1 to pit)
Other	Overhead rig with twisting and salto belt	Y		Y	
	Bungy rig		Y	Y	
	Matted area for physical preparation / land based work	36M sq		36M sq	
Rebound	Trampettes	Min x 2		Min x 2	
Floor - Tumbling	42M Tumble track FIG standard to landing	Min x 1		Min x 1	
	Tumble track to pit		Y	Y	
	Overhead support rig with twisting belt	Y		Y	
	Fasttrack	Min 20M		Min 20m	

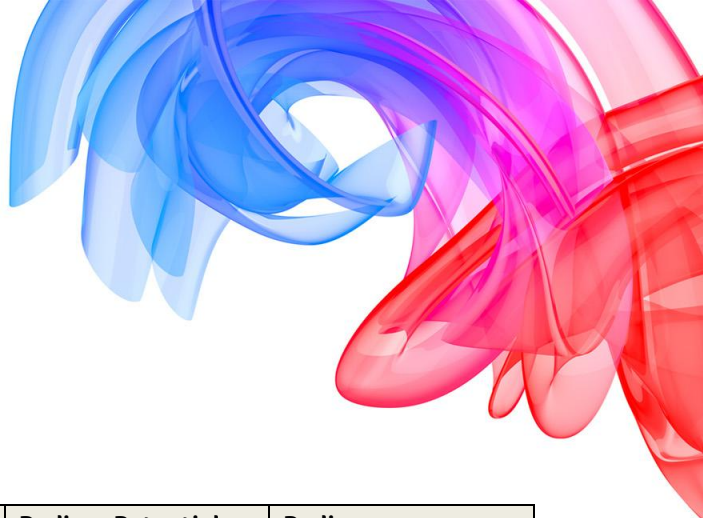
R - Recommended

D – Desirable



Aerobic Gymnastics General Facility requirements

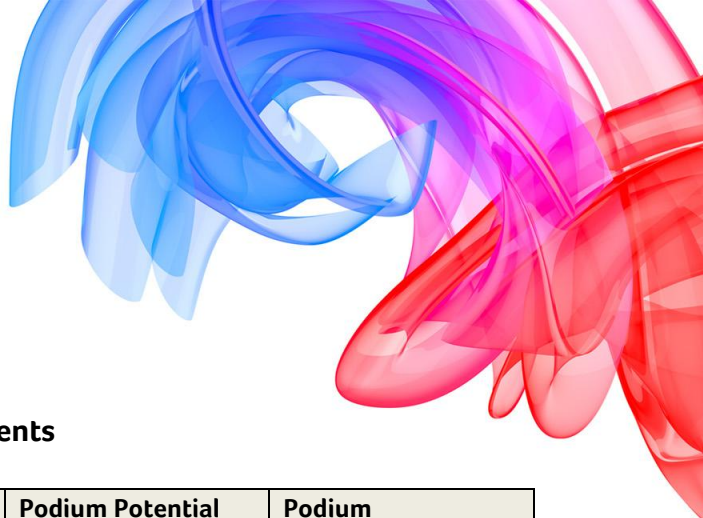
Venue	Podium Potential		Podium	
	R	D	R	D
Guideline Hall Dimensions (m)	18 x 8		24 x 18	
Minimum Clearance Height (m)		4.5	4.5	
Lighting - Minimum Lux at floor level	500		500	
Adequate Storage space for equipment and mats	Y		Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 °C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)	Y		Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y	Y	
On-site weight training facilities and expertise		Y	Y	
Access to sports science support		Y	Y	
Access to physiotherapy support		Y	Y	
Video support with play back facilities		Y	Y	
Office		Y	Y	
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y	Y	



		Podium Potential		Podium	
Specific Equipment Requirements		R	D	R	D
Floor	Sprung floor FIG standard		Y	Y	
	12M X 12M	Y		Y	
Training aids	Sets of floor level Parallel bars	Min x 3		Min x 6	
	High Bar / access to A Bars		Y	Y	
	Floor mats	Min x 10	15	Min x 15	20
	Spring boards	Min x 4		Min x 6	
	Safety mats	Min x 4		Min x 6	
	Access to trampoline		Y	Y	
Preparation area	Access to dance studio		Y	Y	
	Ballet barres	Y		Y	
	Mirrors		Y	Y	
Other	Sound system	Y		Y	
	Elastics	Y		Y	
	Benches / platforms	Min x 6		Min x 10	
	Ankle weights		Y	Y	

R - Recommended

D - Desirable



TeamGym Gymnastics General Facility requirements

Venue	Podium Potential		Podium	
	R	D	R	D
Guideline Hall Dimensions (m)		40 x 28	40 x 28	
Minimum Clearance Height (m)		6	6	
Lighting - Minimum Lux at floor level	500		500	
Adequate Storage space for equipment and mats	Y		Y	
Well ventilated venue	Y		Y	
Capability to adjust room temperature of venue – min 18 'C	Y		Y	
Separate male, female and disabled toilets	Y		Y	
Adequate car parking (1 space per 3 participants)	Y		Y	
Access to first aid facilities	Y		Y	
Spectator provision (e.g. tables, chairs, viewing gallery)		Y	Y	
Social facilities; kitchen or a bar/vending facilities.		Y	Y	
On-site weight training facilities and expertise		Y	Y	
Access to sports science support		Y	Y	
Access to physiotherapy support		Y	Y	
Video support with play back facilities		Y	Y	
Office		Y	Y	
Club notice board (to keep members informed)		Y	Y	
Trophy cabinet		Y		Y
Shop/merchandising opportunities		Y		Y
Facilities to deliver coach education courses		Y	Y	

Specific Equipment Requirements		Podium Potential		Podium	
		R	D	R	D
Floor	18 x 14M Floor Area		Y	Y	
Tumbling	15M Tumble Track with 16 M run up	Y		Y	
	Landing mats		Y	Y	
	Safety mats	Min x 4		Min x 4	
Trampette	Trampettes	Y		Y	
	Vault Table	Y		Y	
Other	Sound system	Y		Y	
	Tape Measure	Y		Y	
	Access to trampoline		Y	Y	
	Access to foam pit		Y	Y	

R - Recommended
D - Desirable