

2013 medal review

In 2013 British gymnasts again showed they are amongst the very best in the world. Our senior gymnasts led the way with a clutch of medals at major Championships.

The successes started at the 2013 Artistic European Championships in Moscow where Max Whitlock took the full set of medals with floor gold, all-around silver and pommel bronze. Joining Max on the pommel rostrum was Daniel Keatings who became European titles with Sam Oldham completing the haul with high bar silver.

The World Games in Cali (Colombia) proved the strength of British Gymnastics non-Olympic disciplines. There was gold for Amanda Parker and Kat Driscoll in the synchronized trampoline, women's acrobatic pair, Shanie-Redd Thorne and Danielle Jones and mixed pair Alice Upcott and Dominic Smith. Silver medals went to tumbler Rachael Letsche, acrobatic group Georgia Lancaster, Elise Matthews and Millie Spalding and men's pair Tim Pritchard and Alex Houston with Kristof Willerton taking World Games bronze.

Our British acrobatic gymnasts shone at the European Championships in Portugal. In senior the all-around events mixed pair Alice Upcott and Dominic Smith and women's pair Shanie-Redd Thorne and Danielle Jones took all-around gold, with men's pair Tim Pritchard and Alex Houston and acrobatic group Georgia Lancaster, Elise Matthews and Millie Spalding winning silver.

The Artistic World Championships in Antwerp gave Max another chance to grab the headlines and the pommel silver medal with Kristian Thomas taking vault bronze.

Finally, in at the Trampoline, Tumbling and Double Mini Trampoline World Championships in Sofia, Bulgaria, the British team took home the women's trampoline team gold, women's synchro trampoline gold, men's tumbling gold (Kristof Willerton), women's tumbling silver (Lucie Colebeck) and there were bronze medals Nicole Short (DMT), the men's DMT team and men's and women's tumbling teams.

These sensational senior major championship medals were complimented by numerous outstanding achievements across all disciplines and age groups producing another memorable year for British gymnasts.