

## ***2014 - A year to remember!***

***2014 has once again been a sensational year for British Gymnastics with our gymnasts making their mark on the international stage. We look back at some of the standout medal winning moments from our senior heroes...***

**Artistic Gymnastics** - Senior men's British all-around champions were Max Whitlock and Rebecca Tunney.

At the European Championships our senior men (Max Whitlock, Dan Purvis, Sam Oldham, Kristian Thomas, Daniel Keatings) took team silver with Max Whitlock taking the pommel horse title, Dan Purvis the floor bronze, Sam Oldham high bar silver and Kristian Thomas the high bar bronze. The women's team (Ruby Harrold, Hannah Whelan, Rebecca Downie, Rebecca Tunney, Claudia Fragapane) also took silver with Becky Downie being crowned the European uneven bars champion.

The Commonwealths Games saw a remarkable five days of medal winning performances with British gymnasts having winning 11 of the 14 artistic gymnastics gold's on offer. Team England (Claudia Fragapane, Rebecca Downie, Ruby Harrold, Hannah Whelan, Kelly Simm) took the women's team title with Team Wales (Georgina Hockenhull, Raer Theaker, Lizzie Beddoe, Angel Romaeo, Jessica Hogg) taking the bronze. Claudia Fragapane took the all-around title followed by teammates Ruby Harrold and Hannah Whelan. Claudia then went on to take the floor and vault titles with Rebecca Downie taking bars gold and Ruby Harrold the bronze. Georgina Hockenhull took the bronze on the beam.

Team England men's team won the gold medal with Team Scotland in the silver. In the all-around event, Max Whitlock took the gold, Dan Keatings the silver and Nile Wilson the bronze. On the floor, Max Whitlock took the gold medal. The pommel title went to Dan Keatings with Max Whitlock taking silver and Louis Smith the bronze. Daniel Purvis took the rings bronze and Kristian Thomas the vault silver. Dan Purvis took the parallel bars gold, Nile Wilson the silver and Max Whitlock the bronze. Nile Wilson took the high bar gold and Kristian Thomas the silver.

At the 2014 World Championships Max Whitlock completed a memorable year by taking a sensational silver medal in the all-around event.

## **Gymnastics for All**

During 2014 we had our 11 GymFusion events in Hemel Hempstead, Manchester, London, Bristol, York, Guildford, Coventry, Derry/Londonderry and Newcastle. We had 5 teams/86 participants go out to Sweden for 9th EuroGym in July and we had the 2nd Aspire to Shine event at Lilleshall in August. We also had a team of 16 delegates go out to Toulouse, France for 4th Golden Age Festival in September and October.

**Trampoline gymnastics** - The senior British champions were Lewis Bartlett and Bryony Page.

At the European Championships, Luke Strong took an incredible bronze medal in the men's event with Kat Driscoll taking silver in the women's individual competition and the women's team (Kat Driscoll, Pamela Clark, Bryony Page, Laura Gallagher) also being crowned European Champions.

**Tumbling gymnastics** - The senior British champions Kristof Willerton and Lucie Colebeck.

At the European Championships, Kristof Willerton took the gold medal in the men's event with Greg Townley taking silver. Lucie Colebeck matched Kristof to win gold in the women's individual event with the team (Rachael Letsche, Heather Cowell, Yasmin Taite, Lucie Colebeck) also taking the top spot.

Rachael Letsche became the World Champion to end a superb year for our tumbling team.

**Aerobic gymnastics** - The Senior women's British Champion was Kayleigh Silva.

**TeamGym** - The Senior British Champions across all apparatus, Men's team – 1066, Women's team – Portsmouth and Mixed team - Basingstoke

### **Disability**

Lilleshall National Sports Centre, the home of British Gymnastics, hosted the 2014 Disability Artistic Gymnastics British Championships. The Championships were a huge success with 44 gymnasts from 10 clubs across the UK taking part.

**Double-Mini Trampoline** - The senior British champions were Nathaniel Scott and Nicole Short.

At the European Championships the men's team (Nathaniel Scott, Andrew Houston, Michael McNabb) and women's team bronze (Georgia Downing, Nicole Short and Sapphire Dallard). Georgia Downing also took the individual silver.

At the World Championships Nicole Short took the silver medal in the women's final.

**Rhythmic gymnastics** - The senior British all-around champion was Laura Halford.

At the Commonwealth Games, Team Wales (Nikara Jenkins, Francesca Jones, Laura Halford) took the silver medal. Frankie Jones also had a sensational Games individually, taking the silver in the all-around, ball, hoop, clubs and became the ribbon Commonwealth Champion. Laura Halford took all-around bronze and ball bronze.

### **Adult gymnastics**

The British Vets brought together a great range gymnasts for a social and competitive championships. With the aim being to provide an opportunity for anyone aged 18 and over - regardless of experience or ability - the chance to compete alongside their friends, the event was a huge success.

**Acrobatic gymnastics** - Senior British Combined Champions, Men's Pair Kieran Whittle and Farai Bright- Garamukanwa, Women's Pair Wigan Seagulls' Johnson and Leatherbarrow, Mixed Pair Dominic Smith and Alice Upcott, Women's Group Cicely Irwin, Jenifer Bailey and Josie Russell, Men's Group Connor Bartlett, Gareth Wood, Daniel Cook and George Wood

At the World Championships, the women's group of Elise Mathews, Georgia Lancaster and Millie Spalding were crowned World Champions with mixed pair Alice Upcott and Dominic Smith, men's group Connor Bartlett, Gareth Wood, Daniel Cook, George Wood taking silver and men's pair Kieran Whittle and Farai Bright- Garamukanwa the bronze. The GBR team which included the men's and women's groups and mixed pair also took the silver medal.