

BEST SENIOR ACHIEVEMENTS IN 2016

2016 RIO OLYMPIC GAMES – the best games ever!

- **Max Whitlock is the most successful male gymnast in Rio 2016** – 2 gold and 1 Bronze.
Double Olympic all-around champion Kohei Uchimura JPN has won 2 gold medals (team and all around) but no other individual medals.
- Best British Olympic tally ever **2 gold- 2 silver- 3 bronze (7)**
First Olympic Gold for GBR Max Whitlock
- First British gymnast to achieve 2 individual Olympic titles Max Whitlock – Floor and Pommels
- Two Olympic titles within less than one hour Max Whitlock – Floor and Pommels
- First British all-round medal in 108 years - Walter Tysall, London 1908- silver;
Max Whitlock, Rio 2016 - bronze.
- First time British gymnast with 3 medals from one and the same games- Max Whitlock- 2 gold+1 bronze
- First time 4 British men compete in the Individual Finals:
Max Whitlock- all-around, floor, pommels
Nile Wilson- all-around, high bar
Louis Smith – pommels
Kristian Thomas- floor
- First individual Olympic medal on high bar Nile Wilson- bronze
- Best ever Team result at OG for British Women 5th place
- First Olympic medal for British women on floor Amy Tinkler- bronze
- Both the men 's and the women's British teams ranked within the top 5: men-4th place;
women- 5th place
- First Olympic medal in Trampoline Bryony Page – silver
- First time two British women take part Bryony Page and Kat Driscoll
- First British Man competing in Trampoline in 12 years Nathan Bayley
- First time GB gymnasts win medals in all the 3 Olympic disciplines they take part in – i.e. Men's, Women's and Trampoline gymnastics
- First time 5 British gymnasts win individual Olympic medals.
- National Men's coach **Eddie Van Hoof - crowned Coach of the Year** in a celebration presented by **HRH The Princess Royal** in the end of November in London.

ART

European Championships, Bern (SUI) 25TH May – 6th June

- Senior Men's team Silver
- High Bar Nile Wilson Gold and Kristian Thomas Silver
- Senior Women's team Silver
- Uneven Bars Gold Becky Dowie
- Vault Silver Ellie Downie
- Floor Silver Ellie Downie

TRA

World Cup, Baku (AZE) 2nd – 7th March

- Senior Women Individual Bronze – Kat Driscoll

European Championships, Valladolid (ESP) 28th March – 4th April

- Senior Women Individual Bronze: Kat Driscoll
- Senior Women Team Gold: Pamela Clark, Kat Driscoll, Amanda Parker and Bryony Page.
- Senior Men Bronze: Nathan Bailey

Olympic Games, Rio (BRA) 12th – 13th August

- Senior Women Individual Silver: Bryony Page
- Kat Driscoll 6th in Olympic Final.
- Nathan Bailey 9th.

TUM

European Championships, Valladolid (ESP) 28th March – 4th April

- Senior Women Silver: Lucie Colebeck
- Senior Women Bronze: Rachel Davies
- Senior Women Team Gold: Lucie Colebeck, Rachel Davies, Yasmin Taite and Ashleigh Long.
- Senior Men Silver: Kristof Willerton
- Senior Men Team Gold: Kristof Willerton, Elliott Browne, Michael Barnes and Greg Townley.

World Cup, Shanghai (CHN) 9th – 16th May

- Senior Men Bronze: Greg Townley
- Senior Women Silver: Ashleigh Long

World Cup, Coimbra (POR) 6th – 10th July

- Senior Men Silver: Kristof Willerton

DMT

European Championships, Valladolid (ESP) 28th March – 4th April

- Senior Women Bronze: Kirsty Way
- Senior Women Team Bronze: Kirsty Way, Caitlin O'Brien and Ciara Donlevy

ACRO

Acro World Championships

Mixed Pair Bronze – Lewis Walker, Isabella Montagna

Men's Group Bronze – Conor Sawenko, Charlie Tate, Adam Upcott, Lewis Watts

Acro British Championships

Women's Group – Samantha Britte, Kaisha Dessalines-Wright, Louise Miller

Aerobics British Championships

Individual Women – Ella Augier

Group – Ella Augier, Sophie Goves, Niamh Keane, Jessica Kirkpatrick Eleanor Ruffle

Rhythmic British Championships

Individual – Stephani Sherlock

Group – Gabriela Caruso, Katy Coleman, Gemma Lewis, Maya Lucas, Ellie Morse, Erin Robinson

TeamGym British Championships

Senior Men – Bracknell Gymnastics Club

Senior Women – Saltire Team Gymnastics

Senior Mixed – Reddam Gymnastics