BEST SENIOR ACHIEVEMENTS IN 2016

2016 RIO OLYMPIC GAMES – the best games ever!

- Max Whitlock is the most successful male gymnast in Rio 2016 – 2 gold and 1 Bronze. Double Olympic all-around champion Kohei Uchimura JPN has won 2 gold medals (team and all around) but no other individual medals.

- Best British Olympic tally ever
  - First Olympic Gold for GBR
  - First British gymnast to achieve 2 individual Olympic titles
  - Two Olympic titles within less than one hour

- First time British gymnast with 3 medals from one and the same games - Max Whitlock - 2 gold +1 bronze
- First time 4 British men compete in the Individual Finals:
  - Max Whitlock- all-around, floor, pommels
  - Nile Wilson- all-around, high bar
  - Louis Smith – pommels
  - Kristian Thomas- floor

- First individual Olympic medal on high bar
- First Olympic medal for British women on floor
- Both the men’s and the women’s British teams ranked within the top 5: men-4th place; women- 5th place

- First Olympic medal in Trampoline
- First time two British women take part
- First British Man competing in Trampoline in 12 years
- First time GB gymnasts win medals in all the 3 Olympic disciplines they take part in – i.e. Men’s, Women’s and Trampoline gymnastics

- National Men’s coach Eddie Van Hoof - crowned Coach of the Year in a celebration presented by HRH The Princess Royal in the end of November in London.

ART

European Championships, Bern (SUI) 25th May – 6th June

- Senior Men’s team Silver
- High Bar Nile Wilson Gold and Kristian Thomas Silver
- Senior Women’s team Silver
- Uneven Bars Gold Becky Dowie
- Vault Silver Ellie Downie
- Floor Silver Ellie Downie
TRA
World Cup, Baku (AZE) 2nd – 7th March
- Senior Women Individual Bronze – Kat Driscoll

European Championships, Valladolid (ESP) 28th March – 4th April
- Senior Women Individual Bronze: Kat Driscoll
- Senior Women Team Gold: Pamela Clark, Kat Driscoll, Amanda Parker and Bryony Page.
- Senior Men Bronze: Nathan Bailey

Olympic Games, Rio (BRA) 12th – 13th August
- Senior Women Individual Silver: Bryony Page
- Kat Driscoll 6th in Olympic Final.
- Nathan Bailey 9th.

TUM
European Championships, Valladolid (ESP) 28th March – 4th April
- Senior Women Silver: Lucie Colebeck
- Senior Women Bronze: Rachel Davies
- Senior Women Team Gold: Lucie Colebeck, Rachel Davies, Yasmin Taite and Ashleigh Long.
- Senior Men Silver: Kristof Willerton
- Senior Men Team Gold: Kristof Willerton, Elliott Browne, Michael Barnes and Greg Townley.

World Cup, Shanghai (CHN) 9th – 16th May
- Senior Men Bronze: Greg Townley
- Senior Women Silver: Ashleigh Long

World Cup, Coimbra (POR) 6th – 10th July
- Senior Men Silver: Kristof Willerton

DMT
European Championships, Valladolid (ESP) 28th March – 4th April
- Senior Women Bronze: Kirsty Way
- Senior Women Team Bronze: Kirsty Way, Caitlin O’Brien and Ciara Donlevy

ACRO

Acro World Championships
Mixed Pair Bronze – Lewis Walker, Isabella Montagna
Men’s Group Bronze – Conor Sawenko, Charlie Tate, Adam Upcott, Lewis Watts

Acro British Championships
Women’s Group – Samantha Britte, Kaisha Dessalines-Wright, Louise Miller

Aerobics British Championships
Individual Women – Ella Augier
Group – Ella Augier, Sophie Goves, Niamh Keane, Jessica Kirkpatrick Eleanor Ruffle

Rhythmic British Championships
Individual – Stephani Sherlock
Group – Gabriela Caruso, Katy Coleman, Gemma Lewis, Maya Lucas, Ellie Morse, Erin Robinson
TeamGym British Championships
Senior Men – Bracknell Gymnastics Club
Senior Women – Saltire Team Gymnastics
Senior Mixed – Reddam Gymnastics