

1990's

1990

- Neil Thomas wins Commonwealth gold on floor, James May wins gold on vault in Auckland.
- Neil Thomas wins vault bronze medal at European Championships.

1992 Pauline Prestidge awarded MBE for services to gymnastics, Honorary National Coach at '68, '72 and '76 Olympics.

1993

- Neil Thomas wins UK's first World Championship medal in Artistic Gymnastics (silver), Birmingham NEC.
- NEC, Birmingham hosts World Artistic Championships.

1994

- Commonwealth Games, Victoria:
 - Annika Reeder wins gold on floor, Lee McDermott wins gold on rings.
 - Neil Thomas wins gold on floor and is All-around champion.
 - Neil Thomas wins silver on floor at World Championships in Brisbane.
 - English girls win team title. Jackie Brady, Karin Szymko, Zita Lussack and Annika Reeder.

1995

- Telford stages Rhythmic Gymnastics European Cup.
- Neil Thomas is awarded MBE for services to gymnastics.

1996

- Membership exceeds 100,000.
- Birmingham stages Women's European Artistic Gymnastics Championships.

1997

- BAGA changes name to British Gymnastics.
- Kathryn Peberdy becomes first Briton to win World Tumbling title. GBR Team take 4th place.
- John Atkinson elected Chairman, FIG Sports Aerobics Commission.

1998

- Lottery funding introduced to support World Class Performance.
- Commonwealth Games in Kuala Lumpur:
 - English Men's Team (Atherton, McDermott, Heap, Brewer, Smethurst) win Team title.
 - Annika Reeder again wins gold on floor and Lisa Mason gold on vault
 - Lisa Mason wins full set of medals (gold, silver, bronze) during Grand Prix series.
- World Championships, Minsk, Belorussia: Sports Acrobats finish with bronze team medal (5 gold and 2 silver medals)

Overall Champions:

Neil Griffiths and Rebecca Low, Mixed Pairs
Martyn Smith and Mark Flores, Men's Pairs
Women's Artistic Team wins first Olympic visa for Sydney 2000 Olympic Games
World Trampoline and Tumbling Championships, Sun City:
Robert Small wins All-around Tumbling bronze medal
Small, Gibson, Proctor and Barker bronze in the Team competition

1999

- Alex Strachan elected member of UEG Executive Committee.
- Paul Garber takes his position on Alex's tragic death.
- Trampolining becomes part of British Gymnastics.