2004-2006

2004

- Beth Tweddle confirms star status: silver medal on A. Bars at European Championships, Amsterdam, gold medal at World Cup Qualifiers, Cottbus, Germany and Lyon, France; silver medal on A. Bars and bronze on Floor at World Cup Final, Birmingham, UK. She also wins third consecutive British overall title.
- Rhian Pugh became first Women's European Junior artistic Champion from GBR (A. Bars) and is matched by Louis Smith who becomes European Junior artistic Champion on Pommels, Liubljana, Slovenia.
- Tumbling- Kathryn Peberdy wins European Senior title, Sofia, Bulgaria and Junior Laura Houson also takes gold.
- Tumblers and Trampoline gymnasts return from European Championships in Sofia with 16 medals (2 gold, 6 silver and 8 bronze medals), of which Seniors win 1 gold, 4 silver and 3 bronze medals.
- Olympic Games, Athens, Greece:

Trampoline gymnastics- Gary Smith finishes 7th in the Individual Men's contest.

Trampoline gymnastics- Kirsten Lawton places 12th in Women's competition.

Artistic-Beth Tweddle misses A. Bars final by 0.025 and finishes 9th (19th All-around).

Artistic- Katy Lennon finishes 21st in the all-around.

Rhythmic Gymnastics - Hannnah McKibbin also finishes 21st in Rhythmic competition.

 Year ends with much praised World Cup Final in Birmingham in December, witnessed by a capacity crowd and broadcast live by BBC TV.

2005

- Artistic- Beth Tweddle confirms World status with bronze medal on A. Bars and 4th place in Allaround at the World Championships in Melbourne, Australia. She also wins her fifth British Senior title.
- Artistic- Imogen Cairns wins her first medals in the World Cup series (bronze on Vault and Floor in Stuttgart and Glasgow) and becomes a World Finalist on Vault finishing 8th. Sam Bailey- European Finalist (8th on Vault) in Debrecen (HUN), June.
- Artistic- Historic Team victory of GBR Women over China in Liverpool, July.
- World Games, Duisburg, Germany:

Acrobats win two silver and a bronze medal (Cameron, Welsh - Women's Pair silver), (Hindson, McKenzie, Patterson, Scott- Men's Group silver), (Fyson, Jones - Men's Pair bronze).

World Championships in Trampoline, DMT and Tumbling, Eindhoven, Netherlands:

Samantha Palmer wins bronze in Tumbling.

8 Finals achieved

13 medals achieved at the European Acrobatics Championships (Junior, Senior, European Age Group Games) in Thessalonica, Greece.

• World Championships in Artistic Gymnastics, Melbourne, Australia:

British gymnasts reached 6 Finals (Beth Tweddle, bronze A. Bars and 4th AA, Imogen Cairns, 8th Vault, Shavahn Church, 20th AA, Ross Brewer 21st AA)

• European Congress in Birmingham, UK and Paul Garber elected UEG Vice-President; and five British elected to UEG committee.

2006

- Artistic- Beth Tweddle marks the start of a new era for British Gymnastics winning every available title on A Bars: starting at the European Championships in Volos, Greece through to the World Championship in Aarhus, Denmark and culminating in the World Cup Final in Sao Paolo, Brazil. She also wins silver on Floor in Sao Paolo.
- Artistic- Louis Smith becomes the Commonwealth Games and European Junior Champion on Pommel Horse and finishes 5th at the World Cup Final in Sao Paolo.
- Artistic- Imogen Cairns becomes Commonwealth Games Champion on Vault and European and World Cup Finalist.

- Bromley Valley's Adam Denny, Adam Dobbs, Adam Smith and Andrew Price win the first World Champions title for GBR in Acrobatic Gymnastics Men's Four. Samantha Palmer becomes European Champion and World Cup holder in Tumbling.