

THE GYMNAST

JUNE 2012

BRITISH
GYMNASTICS
OFFICIAL
MAGAZINE



EUROPEAN ARTISTIC MEDALS

FOR GBR MEN AND WOMEN



HEADTOHEAD
TUMBLERS LUCIE COLEBECK
AND RACHAEL LETSCHE



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Warm-Up

...with the President

THE GYMNAST
JUNE 2012

At the European Championships in 2010, I said the event provided an opportunity of seeing the “very best in Europe competing for junior and senior titles”. Quite simply, following the men’s championships last week in France **we are the best** having won two team european titles. The results were exceptional by any standard. We have become used to the junior men’s team being on top of the podium after they won gold in Lausanne (2008) and Birmingham (2010) so the success this year was a hat-trick of wins. To this team result, individual gold all-around went to Frank Baines with Nile Wilson winning silver.

As in Birmingham, our juniors were also in winning mode with three individual titles.

For the senior team to win gold, beating the likes of Russia, Romania, Germany and other countries of men’s artistic legends, must count as British Gymnastics best team result ever. Indeed having beaten Japan and China we really can start to believe that an Olympic team medal is possible.

At the women’s European Championships in Brussels, with Beth being absent, our British champion Hannah Whelan took centre stage winning individual senior bronze medals on beam and floor, while Gabby Jupp won the junior bronze on floor. These individual results followed on from strong performances by the senior and junior teams.

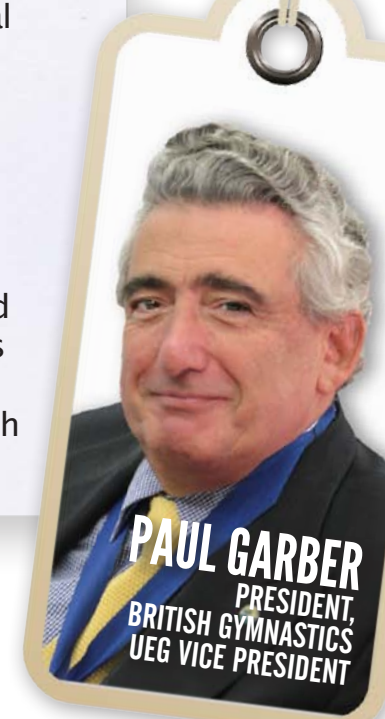
Sandwiched between these championships, the British women’s team title was retained by the City of Liverpool putting the Olympic trial process into focus as international trials progress towards the final Olympic team selection for all disciplines on 4th July.

Congratulations to all of our gymnasts, coaches and delegation members – it is a team effort which achieves success, not one individual... everyone should be proud of what has been achieved.

The most important event in our domestic calendar will be taking place at Liverpool’s Echo Arena from 22nd June with the combined women’s and men’s junior and senior British Championships. This will be a competition to take your breath away with outstanding world performers and champions seeking to secure the title ‘British champion’.

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Front cover: Frank Baines – European junior all-around champion (Alan Edwards)



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the **CHAMPION** *of* **CHAMPIONS**

By Olivia Howard

Keeping an eye on the competition

Rachael Letsche is the current senior women's European champion. After a fantastic year, Rachael claimed the European number one spot after a fantastic performance.

A few years her junior is Lucie Colebeck, twice world age group champion and the current junior European champion.

Both girls are incredible tumblers and love what they do but British Gymnastics wanted to get to know them a little bit better and ultimately test them on how well they know each other because a few years down the line Lucie turns senior and their competition will be each other...

First let's get to know our competitors...

**RACHAEL
LETSCHÉ**



IN THE RED CORNER

LUCIE COLEBECK (15)

Number of years in the sport:
6 years

Sum up yourself in three words:
Determined, ambitious and hard working

Best achievements?
World age group champion 2010 & 2011, four times British champion, twice European team champions 2010 & 2012 and junior European champion 2012

Reason for starting tumbling?
I was in the gym for only a few months when I was noticed by the tumbling coach at Pinewood and was invited to try. I have never looked back

What do you like best about the sport?
It's different to anything else I have tried. I like trying out new complex moves.

Why do you think British women tumblers are so strong? *Because we have excellent coaches. The women are good at team building, mentally strong and we work hard to be the best*

What do you think it is that makes you a champion?
I train very hard; I am determined and committed to the sport and a good competitor

What do you think makes Rachel a champion? *Rachel has a good attitude and she is always focussed*



IN THE BLUE CORNER

RACHAEL LETSCHE (20)

Number of years in the sport:
9 years

Sum up yourself in three words:
Confident, energetic and competitive

Best achievements?
Europeans 2008 & 2012

Reason for starting tumbling?
My coach introduced me to tumbling; from there I found that I really enjoyed the sport

What do you like best about the sport?
It's an exciting and dynamic sport, we also get to travel the world and see different cultures

Why do you think British women tumblers are so strong?
The passion for the sport is what makes us strong and also the time and effort we put into our training to bring out the best of our performance, and also we have a long tradition of world class tumblers

What do you think it is that makes you a champion?
To go out and be confident against other athletes and to be determined

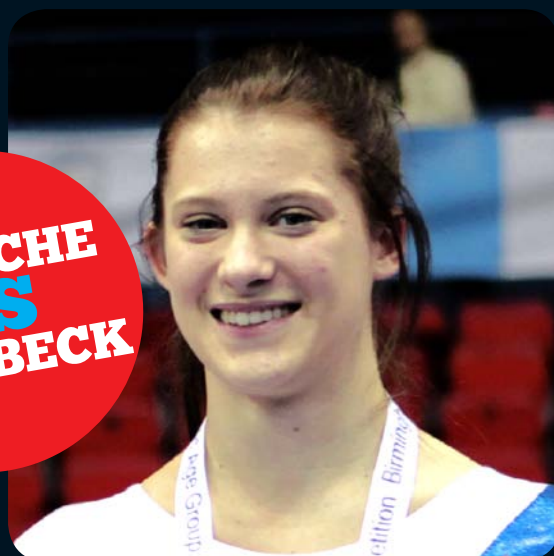
What do you think makes Lucie a champion?
Being a strong athlete and competing to the best of her ability



LET'S SEE HOW WELL OUR CHAMPIONS KNOW THEIR COMPETITION...



**LETSCHÉ
VS
COLEBECK**



ROUND 1

What is Rachael's best skill?

Lucie – *Miller*

Rachael's answer – *Miller*

CORRECT

ROUND 2

In a competition, would Lucie play safe or would she go for a big skill she had only successfully done a few times?

Rachael – *I think she would play safe*

Lucie's answer – *It depends on the competition but in a major championship I would play safe*

CORRECT

ROUND 3

Do you think Rachael would get more nervous competing individually or as part of the team?

Lucie – *More nervous as an individual competitor*

Rachael's answer – *Competing as part of the team Oh no, one wrong Lucie!*

ROUND 4

Does Lucie have any superstitions during training or competition?

Rachael – *urm..no?*

Lucie's answer – *In competition I click my fingers and toes and use more chalk than I need, then pat my hands on the end of the track! Sorry Rachael, incorrect – that was a tough one!*

FINAL SCORES...

It's a tie! Looks like these girls are both set for stardom. There is no setting them apart and only time will tell who comes out on top in future Championships but we wish them both the best of luck. Keep a look out for the names Lucie Colebeck and Rachael Letsche as there is no doubt we will be seeing a lot more of them in the future...

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23rd
ACROBATIC
GYMNASTICS
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CHAMPIONSHIPS
2012
LAKE BUENA VISTA,
FLORIDA

By Vera Atkinson

ALL ABOUT ACRO

The recent week-long world acrobatic gymnastics marathon in the heart of Disneyland confirmed the sky-high status of Great Britain in this discipline. In the final medal standings by nation for both major events in Lake Buena Vista only Russia managed to come ahead of GBR.

Yet again the British acrobatic community proudly confirmed its status as world leaders. Vera Atkinson spent time with the delegation to reveal a series of stories from the people behind the success.



JUDGE JUDY NOT JUDGING!

Judy Wootton,
Chair of British Gymnastics
acrobatic gymnastics technical committee

"It was wonderful to come to these championships knowing that most probably I will not be allowed to judge during the finals. You know that only neutral judges are allowed in the final. We expected to have representatives in all of them and this is exactly what happened.

The standard of acrobatic gymnastics in our country is now so high that it is more difficult for our gymnasts to qualify for the British team for the World Championships than it is to win a medal in it. This is why we feel sympathy to all those clubs, gymnasts and coaches who are working very hard and have achieved an incredible level of performance but still didn't get the chance to make the team.

The same applies to all the disciplines in all age groups where we had more than one representative in the qualifications. Had

the rule "only one per nation" not restricted a number of our gymnasts, they could also have ended on the podium...

As the former world mixed pair champion Svetozer Zheliazkov put it to me recently: "Britain now has the best of everything in acrobatic gymnastics!" I must admit he is right.

Look what we did with the time - we have spent many years following our development and educational programmes which British Gymnastics has helped us put in place. With such a strong foundation the results gradually improved and continue improving. You can't build a house without preparing its solid base first. This has been happening for the last 39 years to reach the moment when we can see ourselves as one of the two leading nations in the world."

MEN'S MATTERS

"Their performances in both the qualifications and in the final were outstanding!" said the National coach Toshko Pavlov. "These are "no nonsense" men. No fuss and no fiddling around when it came to their training and competition. These guys were amazing - they keep pushing their boundaries to the limit while in their situation many other athletes would have lost the motivation to work hard. Their incredible work ethic paid back at these World Championships. They became champions in their own right"

And how do you feel now? We asked Stuart Thompson, the morning after the victory.

"Relieved..." he says. "What happened to us last night went beyond our wildest expectations. It looks like a dream come true, but you know what happens when you are having a beautiful dream and then suddenly wake up and see a different reality."

Imagine, just one year ago, when participation in the European Championships in Varna (BUL) was on our agenda, all the boys hoped for was that they would not be last in the final ranking. Then they became Champions in Varna - a wonderful shock for them. Then, looking at our chances for the World Championships here, the most we hoped for was the bronze medal, but here we are - champions again.

Before the competition I was so nervous that

Richard Hurst, Dorian Walker, Matthew Evison and Jesse Heskett from the Deerness Gymnastics Academy coached by Karl Wharton and Stuart Thompson shared the gold medal with China at the 2012 Worlds, leaving Russia in third place.

I was afraid I may pass my tension on to the boys and so I asked our National Coach Toshko Pavlov to take them out for their final performance. He is experienced and knows how to handle situations like this. I went outside and listened to their music and to the audience's applause and waited until they finished..."

The Deerness 'Guru' Karl Wharton couldn't go out, even if he wanted to. As a member of the FIG Acro Gymnastics TC he had to remain seated at the competition control table throughout the event.

"Karl is the driving force not only for this group", continues Stuart. "He is directing our Academy and protecting the others, so



that they can work. Most importantly, he is keeping us on track with all the most important technical details. He is a visionary. His most important advice throughout our preparation was, to try doing it "our way" and avoid imitating the Chinese World Champions".

Normally, when you see a men's group coming out to the floor, you can tell immediately who "the base" is and who's "the top". With the Deerness four this is not such a straight forward process, because all the four are pretty similar in height, weight and shape - this makes their task even more difficult.

Dorian, who looks too elegant for a base is "the quiet one". He (secretly) gets most nervous of all prior to competition. He will now return to his Mechanical Engineering studies at Newcastle University.

The focussed one is Richard who will continue coaching in the Deerness Acro Academy.

Jesse, the confident top is a showman and may switch to another partnership after these Championships.

Matthew, the prettiest one (according to the mums on the balcony) is looking forward to an electrician apprenticeship, but will continue helping with the conditioning training in the club.





THEY ARE BG

Cirque du Soleil doesn't need much promotion. The unique Canadian show has been long recognised as the most creative company in the brand, attracting numerous former competitors in gymnastics from all over the world. One of its permanent bases is in Orlando, not far from the ESPN Wide World of Sport Complex where the acrobatic events were held. This gave the wonderful chance to meet three former British Gymnastics greats, **Claire Wright**, **Melanie Thompson** (now Bayol) and **Michael Barnes**, who are now members of the cast of "La Nouba". They are all happy with their new life with Cirque du Soleil; performing two shows, five days a week, learning new professional skills and living amidst a big international family of former gymnasts and performers from various nationalities.

All three came to cheer the British team at the championships; Melanie, bringing along her little daughter and husband Stephan, who is also performing in La Nouba.



ONE FAMILY FOUR

A truly unique case in the world of acrobatic gymnastics took place in Lake Buena Vista as four of the World medals went to members of the same family, **The Upcotts**

MEDALS



From left
MOTHER RACHEL,
EDWARD, ADAM,
FATHER ROBIN &
ALICE

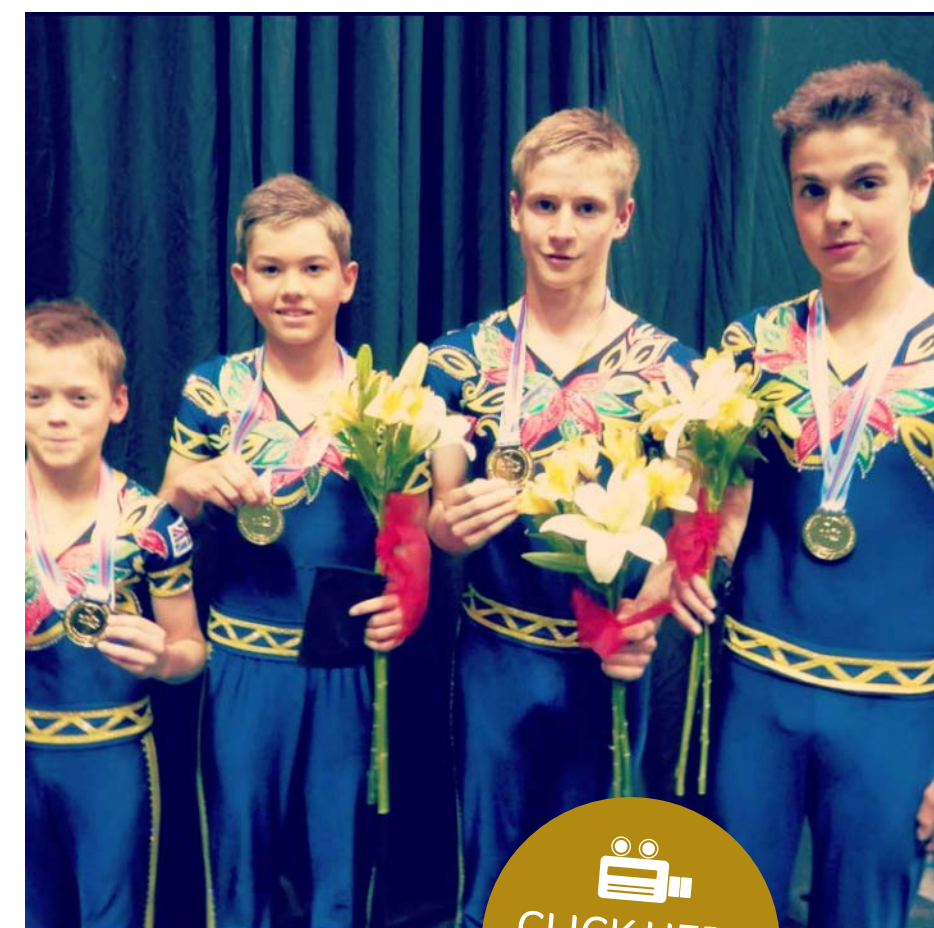
Alice
Silver medallist in
the junior mixed
pairs with partner
Dominic Smith



Edward
The World men's pair
champion in 2010
finished his competitive
career here as the silver
overall medallist in the
men's pairs (with Adam
McAssey, left) and also
silver medallist in the
team ranking

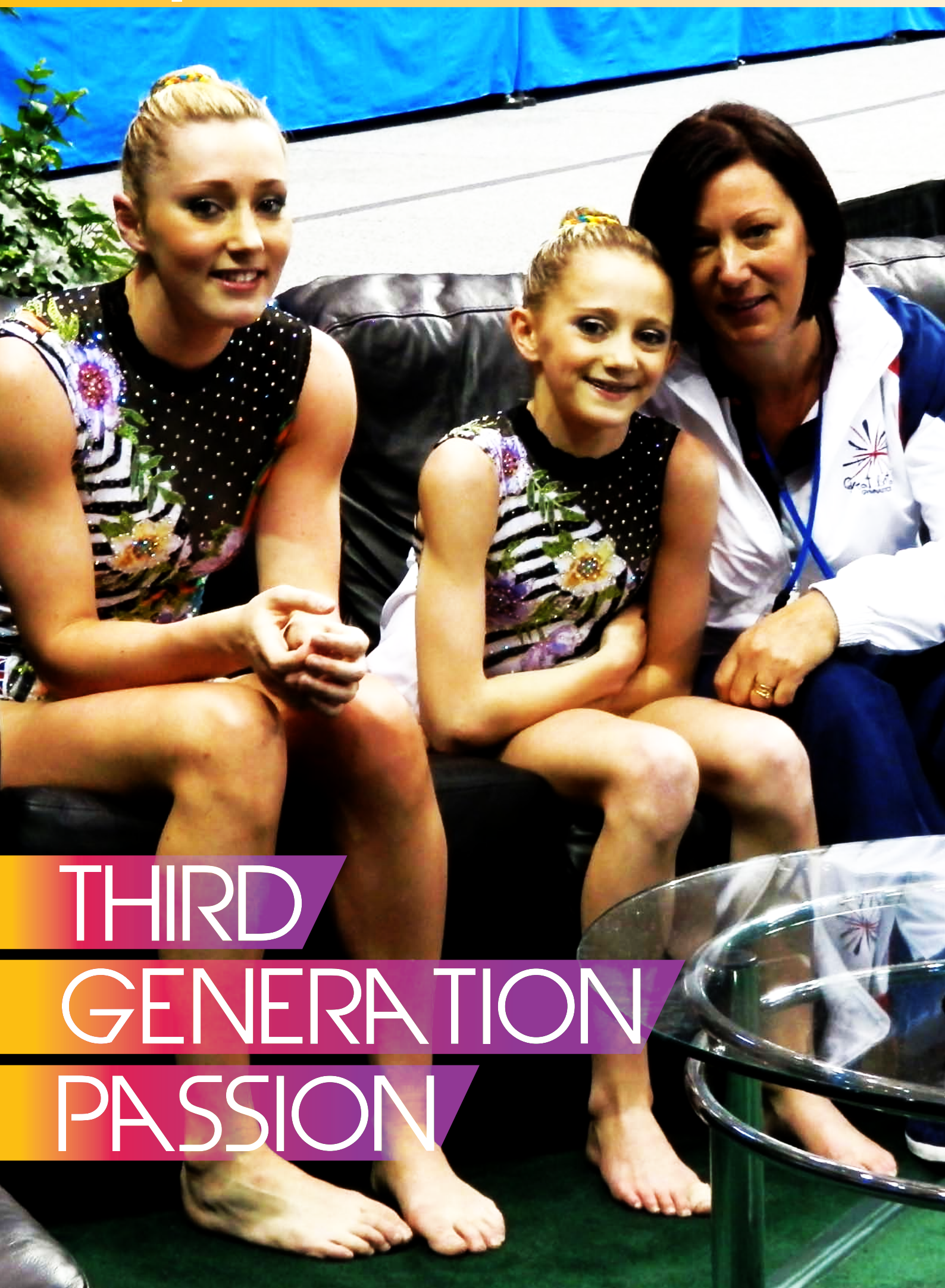
Adam
World champion in the
11-16 boy's group with
partners Lewis Watts,
Conor Sawenko and
Charlie Tate.

Asked about his role
model, young Adam
answers without any
hesitation: "My brother
Edward!" It says it all
about the siblings, their
upbringing, standards in
life and attitude which
have led them to success.
Their mother Rachel and
father Robin have every
reason to be proud.



Far left: Adam Upcott


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THIRD GENERATION PASSION

In the case of Tony Will, the passion for acrobatic gymnastics spreads to the third generation of his family, and given the fact that he is now the great grandfather of 7-month-old Esmee, the process could go on. Tony came to acrobatics some 30+ years ago and was the one who started building the strength and the reputation of King Edmunds AGC. He represents the spirit of acrobatics and the pioneering generation of the sport in our country. Tony's wife Jan has also always been (and still is) involved in the running of the club. No wonder then that their youngest daughter Nikki joined the ranks (initially as a tumbler) from a very young age.



Coached by dad Tony, Nikki ended her competitive career as an international as British title holder in tumbling in 1988 and in the women's trio in 1991 along with Farrah Young (now Jones) and Claire Sweetland.

Then Nikki married Mark, a former footballer, who progressed from "someone who didn't want to know

about gymnastics" to the driving force behind King Edmunds today.

Their eldest daughter Maiken managed to surpass her mum's achievements by winning the bronze medal in the women's pairs at the 2009 World Games in Taiwan and the silver medal at the European Championships the same year with her partner Mollie Grehan.

And now comes the turn of Nikki's and Mark's youngest daughter Shanie-Redd. After becoming British junior champions in the women's pairs in March 2012, she won the bronze medal at the World Age Group Competition in Lake Buena Vista with partner Danielle Jones.

And who do you think little Danielle is? No other than the daughter of Farrah Young with whom Nikki became British Champion in the trios 21 years ago.

And so the story goes on. We are now waiting to see what will happen with Maiken's daughter Esmee, pictured in Florida with all the members of this glorious acro-clan who came to cheer for their off-springs and Britain.



Photograph left
SHANIE-REDD & DANIELLE JONES
BRONZE MEDALLISTS, WORLD AGE GROUP COMPETITION, LAKE BUENA VISTA

CHAMPION TEACHING CHAMPIONS!

Adam McAssey came back home from Florida with two silver medals: one in the men's pair (along with Edward Upcott) and another, for the GBR team's ranking.

To this we should add also one gold and one silver medal – those of the 11–16 and 12–19 boy's groups in the World Age Group Competition, since Adam is in charge of their day-to-day preparation at the champion-producing gym in Heathrow.

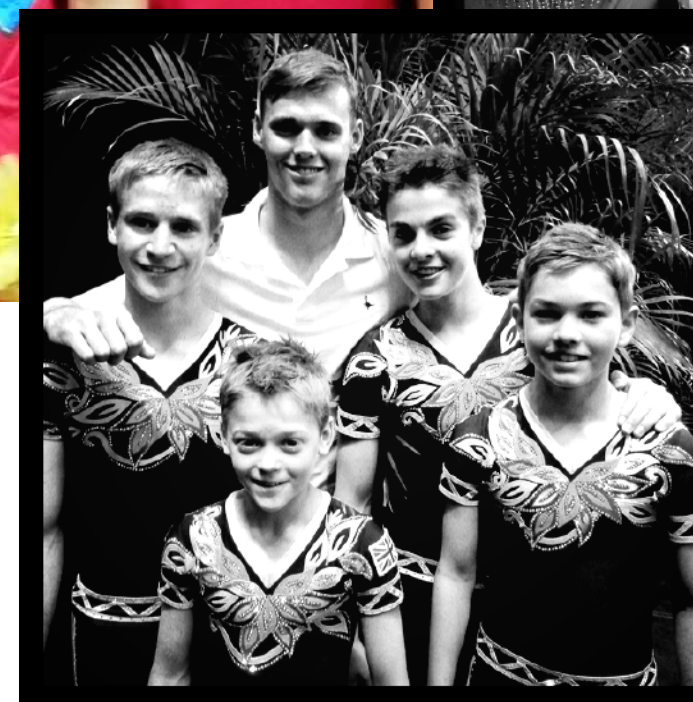
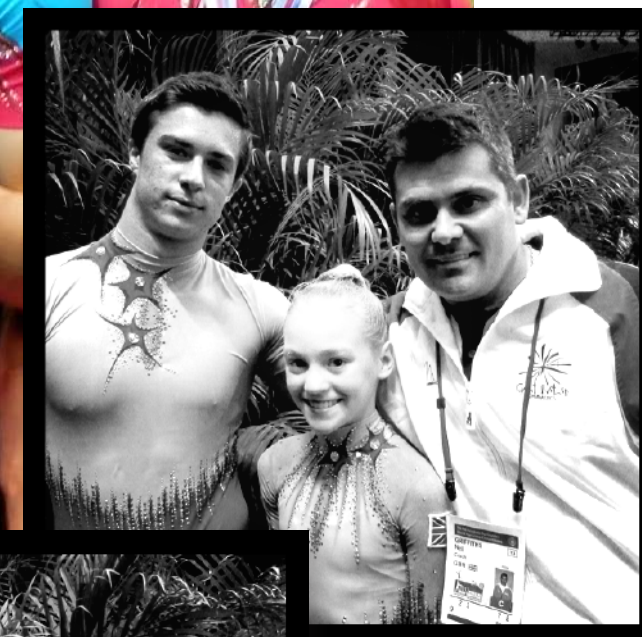
Great credit goes to the club's Head coach Neil Griffiths who obviously knows something about building standards and tradition by developing the club's and the country's cadre. He has already made this exciting journey as a competitor, as a coach and as a manager.

Led by Neil, Adam McAssey is now on his way to reaching the highest world standards not only as a competitor, but also as a coach.

Adam started in general gymnastics before moving to acrobatics and at the age of 23, priding himself not only with his ultimate achievement– the world title in the Men's Four in 2010 (together with Adam Buckingham, Alex Uttley and Jonathan Stranks), but also with a long list of World Championships, World Games and European Championships medals, not to mention 7 British titles.

Meanwhile, he was part of the sensational Spelbound group, the 2010 Britain's Got Talent ITV contest winners that have contributed enormously to the popularity of acrobatic gymnastics with 15 million viewers watching the final show.

Recognised as a world-class performer and a diligent, equally talented coach of younger gymnasts, Adam is a great credit to the British acrobatic community and its bright future.



Photographs clockwise
ADAM WITH 12–19 BOY'S GROUP, NEIL GRIFFITHS WITH DOMINIC SMITH & ALICE UPCOTT, ADAM WITH 12–19 BOY'S GROUP

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Joe Fraser

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JOE FRASER

THE JOURNEY OF A GYMNAST
THROUGH THE EYES OF HIS COACH

By Olivia Howard

Thirteen-year-old men's artistic gymnast Joe Fraser's journey in gymnastics proves that hard work really does pay off. Joe, who is a member of the City of Birmingham Gymnastics Club, placed last in his first competition on the men's artistic elite pathway and as time passed it began to look unlikely that he would progress any further. However, Joe proved that with sheer hard work, determination and the support of his coach that where there's a will, there's a way.

So how did this relatively unknown become one of the most promising gymnasts on the national circuit? We thought who better to answer this question than his coach, **Lee Woolls** who has seen this incredible transformation take place...

IN THE BEGINNING...

As a level 1 gymnast I could always see Joe's potential but didn't pay much attention to his results at the Elite Grade Level 1 competition in 2007 and it wasn't until I moved across to the City of Birmingham in January 2008 I saw that he had finished last.

We made some changes immediately to Joe's training in order to start

him on the Elite pathway, this included raising his training from 3 days to 6 days per week and a structured conditioning and flexibility programme.

However by May 2008 it was clear that Joe was not going to be ready to compete the Elite Grade Level 2 routines, let alone improve on his last place finish and the decision was taken not to enter Joe in the competition at that time. At this point it was still unclear what direction his training was going to take him but he worked hard and was eager to please which was enough to keep me motivated during that time.



TURNING A CORNER...

Over the next 12 months it was amazing just how quickly Joe started to improve as a complete package. His strength and flexibility were infinitely better than before, and this showed through his skill repertoire, but having not been part of the GB system for some time I had no way of knowing how far off the pace Joe was at that time.

2009 came and Joe seemed to be able to perform the routines reasonably well for level 3. He competed, made a few little errors but placed 4th. He was announced as one of the top 6 gymnasts, something Joe (and his family) never imagined was possible and they were all ecstatic with his achievement.

As a result of this he was selected to become part of the Elite Performance squad in 2009/10. Joe was a very nervous gymnast at this time, constantly watching the other boys and feeling like he was in too deep, to the point where his mum asked if he was in over his head during his first GB squad training.



HARD WORK BREEDS SUCCESS...

One thing that makes Joe stand out is his work ethic. People comment on how hard he works all of the time and his results and achievements are a testament to this.

2010 saw Joe continue to work hard and give his full commitment to his training. He finished 3rd in level 4, although not without mistakes again. These were still due to his nerves getting the better of him. After he had

picked up his medal he came to see me sobbing his heart out. I asked him what was the matter and he just said that he was so happy to have won his first National medal. At that point he felt like he had won the Olympics. From here on in Joe started to believe in himself regardless of what it was, he knew he could be the best and set out to prove it.

2011 was a year of mixed emotion. In February, Joe tore his rotator cuff which kept him out of full training until July. His first week back he then broke his elbow which, in total, kept him off for another 2 months. After that he was very determined to regain his full fitness.

Finally we saw him able to control his nerves to some extent, not fully but enough to allow him to show his (almost) full potential. He placed 2nd in the Elite Grades level 5 behind Nottingham's Hamish Carter and then went on to win the all-around title at the UK School Games and came 2nd at the British Championships.



2012...

So far 2012 has been a great year:

1st Elite Grade Level 6

2nd English Championships behind Brinn Bevan of South Essex

1st British Teams U14

1st London Open U14

1st Cottbus Team competition and AA

Joe said to his mum on the journey home after the Elite Grades that finishing 'last in my first year and now coming first in my last year' seems unreal but shows hard work really does pay off. Nobody was more proud of him than himself. Joe sees this achievement as another stepping stone to his ultimate goal of Olympic Gold.

He wrote a letter 2 years ago saying that he wanted to be better than Kohei Uchimura. With determination that strong who am I to stand in his way.

Joe's timeline

Elite Grade level 1 - last

Elite Grade level 2 - Did not compete

Elite Grade level 3 - 4th

Elite Grade level 4 - 3rd

Elite Grade level 5 - 2nd

Elite Grade level 6 - 1st

All photographs of Joe Fraser are from the 2011 UK School Games



MAY 2012 Round-Up

HIGHLIGHTS FROM AN ACTION PACKED MONTH OF COMPETITIONS

2012 MEN'S ARTISTIC EUROPEAN CHAMPIONSHIPS – MONTPELLIER



Great Britain dominated both the junior and senior events making history in the process as they took both team titles, the junior all-around one and two and four apparatus medals.

The championships started in perfect style on day one when the juniors, led by 16-year old Frank Baines' brilliant all-around performance along with Courtney Tulloch, Brinn Bevan, Jay Thompson and Nile Wilson following in the footsteps of the 2010 junior team in cementing themselves as Europe's finest gymnasts with an unbeatable total of 253.684 points – over two and a half marks ahead of second placed Russia.

The seniors then followed up by making history, firstly by qualifying in top place



for the team final and then by qualifying every team member for an apparatus final, setting up a sensational weekend.

The junior all-around final was next to come. Frank Baines was crowned champion, followed closely by Nile Wilson taking the silver. The British boys mastering the final with near perfect routines, separated by less than a point, Frank with 84.932 and Nile with 84.180.

The senior team then replicated the juniors in becoming the champions of Europe. Daniel Purvis, Kristian Thomas, Louis Smith, Ruslan Panteyleymonov and Max Whitlock become the first British team to ever take a major championships team gold medal after dominating the competition in Montpellier. The boys only had one mistake throughout the whole event to seal a winning score of 266.296 ahead of Russia in second (265.535) and Romania in third (261.319). On to the apparatus finals and Louis

GREAT BRITISH GYMNASTS MAKE HISTORY



Smith claimed the pommel silver with a clean final routine with a perfect start up to handstand followed with nice clean circles, a slight loss of form in places and a perfectly executed dismount, enough for 15.775 and the silver medal.

The juniors meanwhile continued their gold run – to begin the day Jay Thompson took the pommel horse title with a superb clean routine first up with high execution scoring him 14.000 for the gold.

Courtney Tulloch then produced a fantastic rings routine demonstrating his huge strength and high difficulty level to score him an unbeatable 14.525 for the title.

And to end Frank Baines, the leader of the team, completed a huge high bar routine, full of difficult release and catches and executed to perfection, scoring him 13.833 for gold.



GABBY JUPP

2012 WOMEN'S ARTISTIC EUROPEAN CHAMPIONSHIPS – BRUSSELS

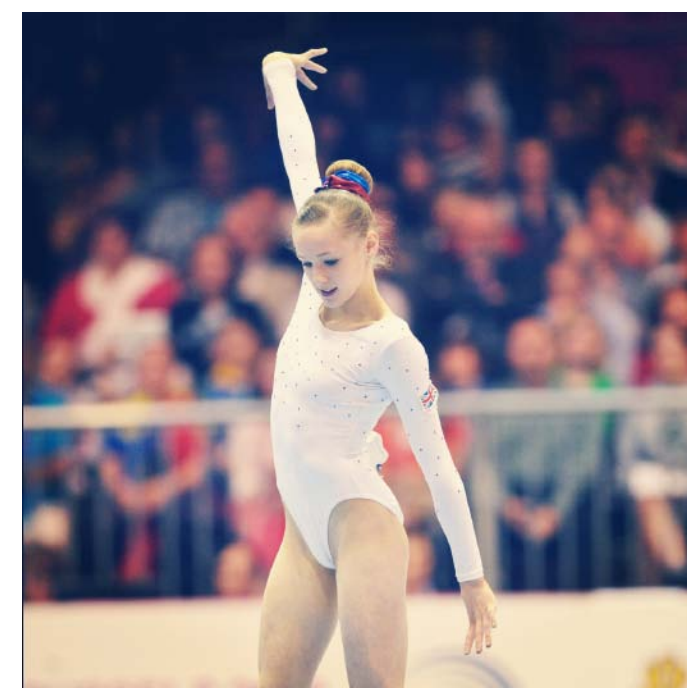
Hannah Whelan and **Gabby Jupp** were the stars of the championships for Great Britain – Hannah taking the floor and beam bronze medals and Gabby the junior floor bronze medal.

Hannah, having led the team throughout the competition, performed a superb beam routine under high pressure to score 14.333 and follow it up on the very next piece of apparatus with 14.533 on floor. Gabby had difficulties in her beam final but she proved her talent with an outstanding floor routine, full of confidence, difficulty, and precision to score 13.900.

The seniors – Hannah Whelan, Jenni Pinches, Danusia Francis, Rebecca Tunney and Ruby Harrold took 4th place in the team final. Mistakes on beam the only errors in a brilliant display from the team, featuring two 15-year-olds in Rebecca Tunney and Ruby Harrold making their senior debut.

The junior team Gabby Jupp, Charlie Fellows, Raer Theaker, Angel Romaeo and Georgina Hockenhull also finished in 4th spot, with Gabby Jupp putting in a great performance in the all-around final to score 54.698 and 5th spot, just 0.159 points off the the bronze medal, with Angel Romaeo placed 15th.

*Photographs below
HANNAH WHELAN &
REBECCA TUNNEY*



SAINSBURY'S SCHOOL GAMES



ELLIE
DOWNIE

Nile Wilson representing England, became the Sainsbury's 2012 School Games boys all-around champion with an impressive 85.850, ahead of team mates Frank Baines (84.740) and Brinn Bevan (84.700) in second and third.

In the boys' team event, England easily took the title with 342.150 in front of Scotland in second (289.450), Wales in third (288.500) and Northern Ireland in 4th (283.650).

In the women's competition it was a clean sweep for **Ellie Downie** representing England as she took the

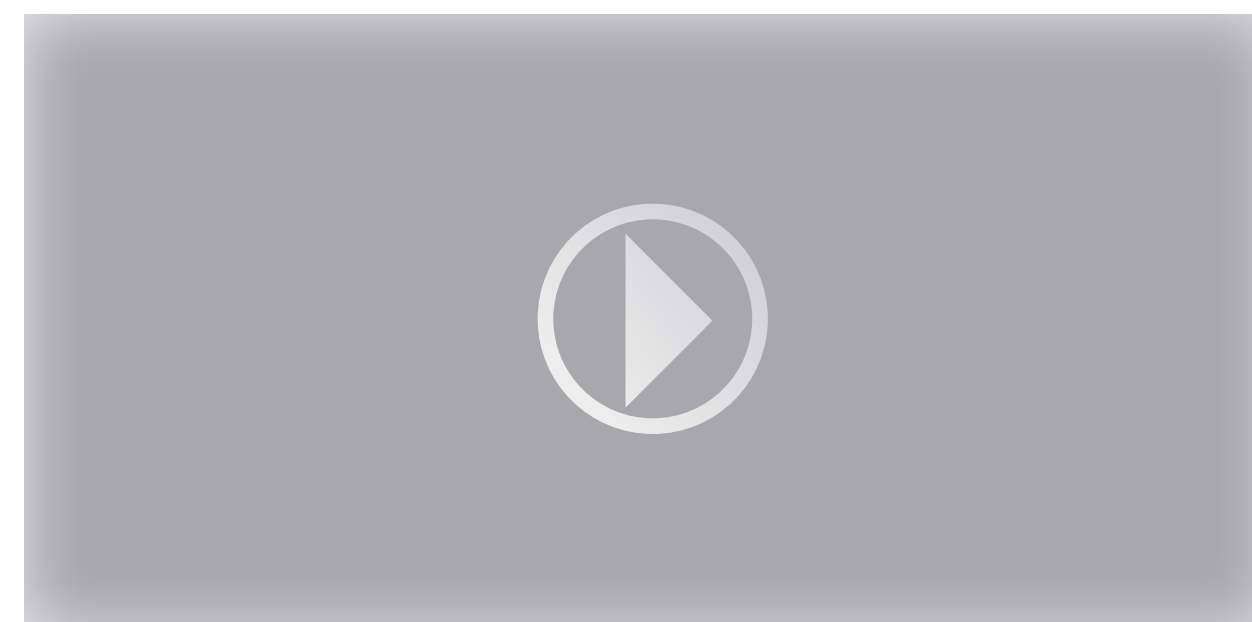
overall title with 53.200 ahead of team mates Tyesha Mattis (50.300) and Amy Tinkler (50.250). Ellie also won the vault (13.850), the bars (13.050) the floor (12.950) and shared the beam title with Catherine Lyons also from England (13.350).

In the girls team event England again took the title with a total of 204.250 ahead of Wales in second (188.900), Northern Ireland in third (131.100) and Scotland in fourth (77.450).



TEAMGYM BRITISH CHAMPIONSHIPS

On the 5th May the TeamGym British Championships took place at the GL1 Leisure Centre in Gloucester and the BGtv cameras were there to provide a round-up of the proceedings, **check out their video below**



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BRITISH TEAM CHAMPIONSHIPS

The City of Liverpool were crowned women's teams champions once again at the British team championships in Guildford.



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< **2012 Men's Artistic European Championships**
Montpellier, France



< **2012 Women's Artistic European Championships**
Brussels, Belgium



< **2012 Women's British Teams**
Guildford



< **2012 Sainsbury's School Games**
London



< **2012 TeamGym British Championships**
Gloucester

photos...

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to view... >>



by Alan Edwards
British Gymnastics Official Photographer



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To access images, please contact the event organiser
to obtain usernames and passwords for each event.



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**what's
coming up!**



JUNE

- 8-10 MAG & WAG**
Pegasus Open 2012
Pegasus Gym Club
Kent
- 9 GMPD TRAMPOLINE**
Harlington Qualifier 2012
Harlington Sports Centre
Middlesex
- 9-10 WOMEN'S ARTISTIC**
Espoir British Championships &
Challenge Cup 2012
Guildford Spectrum
Surrey
- 16-17 GYMNASTICS FOR ALL**
Olympic GymFest 2012
Fenton Manor Sports Complex
Stoke-on-Trent
- 22-24 WOMEN'S ARTISTIC**
British Jnr/Snr Championships
Echo Arena
Liverpool
- 22-24 MEN'S ARTISTIC**
British Youth/Junior/Senior
Championships & Masters 2012
Echo Arena
Liverpool
- 29-1 RHYTHMIC**
British Championships 2012
Fenton Manor Leisure Centre
Stoke-on-Trent

- 29-1 GMPD RHYTHMIC**
British Championships 2012
Fenton Manor Leisure Centre
Stoke-on-Trent
- 30-1 MEN'S ARTISTIC**
British Boys/Intermediate
Championships 2012
Fenton Manor Leisure Centre
Stoke-on-Trent

JULY

- 1 FESTIVAL**
GymFusion Yorkshire 2012
York Barbican
York
- 7-8 TUMBLING**
British Championships 2012
National Indoor Arena
Birmingham
- 7-8 TRAMPOLINE**
Trampoline & DMT
British Finals 2012
National Indoor Arena
Birmingham
- 15 FESTIVAL**
GymFusion South East 2012
Guildford Spectrum
Surrey
- 27-12 Aug XXX OLYMPIC GAMES**
2012 Summer Olympic Games
London

AUGUST

- 29-9 Sep XIV PARALYMPIC GAMES**
2012 Summer Paralympic Games
London

SEPTEMBER

NO BRITISH GYMNASTICS EVENTS

OCTOBER

- 5-7 AEROBIC**
British Championships 2012
Rivermead Leisure Centre
Reading
- 13-14 WOMEN'S ARTISTIC**
Bill Slater Club Team Championships
Europa Centre
Kent

- 13-14 RHYTHMIC**
National Open Individual Apparatus
Championships 2012
Richard Dunn Sports Centre
Bradford
- 13-14 RHYTHMIC**
Round 1 National Group League
2012
Richard Dunn Sports Centre
Bradford
- 13-14 DISABILITY**
GMPD - 13th Poole Open 2012
Poole Sports Centre
Dorset
- 19-21 FESTIVAL**
Gymnastics for All -
London Festival 2012
The Brentwood Centre, Essex



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