


British Gymnastics NDP – Silver Membership Requirement

Discipline			
MAG	Level 1-6 Club Development Grades		Level 1-6 National Elite Grades
WAG	NDP Club/Regional 6-1 (Previously known as Grades 14-9)		NDP National 4-1 (Previously known as Grades 8-5)
		Level 4 & 3 (9 & 10 for National Finals)	Level 2 (Age 11 or 12 years)
RHY	Grades 4 – 10		
TRA/SYN	Levels 1-7 at Regional Team Finals and NDP Finals		
	Level 8 and Elite		
DMT	Levels 1-7 at Regional Team Finals and NDP Finals		
	Level 8 and Elite		
TUM	All Levels (Previously known as Grades A – D)		Levels 1 – 7 and Elite (Previously known as Grade 1 – 4)
ACRO	Grades 1 – 6 (Previously known as Regional Grades A & B and Grades 1 – 4)		
TEAM GYM	Levels 4 – 1		
AER	National Aerobic Code (NAC) & FIG Int. Code		
Disability	NDP/GRADES/Levels/British Championships		

For competitions outside of this please refer to the individual competition rules to determine the required membership.