

British Gymnastics NDP – Competitive Gymnast Membership Requirement

Discipline	➔		
MA	Levels 1 – 6 Club Development Grades		Levels 1 – 6 National Elite Grades
WA	NDP Club/Regional 6 – 1		NDP National 4 – 1
		Level 4 & 3 (Age 9 or 10 for National Finals)	Level 2 (Age 11 or 12 for National Finals)
RHY	Grades 4 – 10		
TRA	NDP Level 1 – 6 (Including all Regional NDP Events)		
DMT	NDP Levels 1 – 7 (Including all Regional NDP Events and FIG)		
TUM	All Levels (FIG Development and Performance)	Level 1 – 7 and Elite	
ACRO	Grades 1 – 6		
TEAM	Levels 4 – 1		
AER	National Aerobic Code (NAC) & FIG Int. Code		
DIS	NDP/GRADES/Levels/British Championships		

For competitions outside of the above, please refer to the individual competition rules to determine the required membership.