

Berkhamsted Gymnastics Club – Competitive Squad Coach: WAG 3 / Foundation 2

Job Description

This role will be responsible for looking after 2 of our squads at Berkhamsted Gymnastics Club; WAG 3 and Foundation 2.

Women's Artistic (WAG 3) squad consists of gymnasts age 7-11 years working towards Club and Regional NDP grades and voluntary levels 7, 6 and 5.

Foundation 2 squad consists of gymnasts age 5-6 working towards entering our Women's Artistic or General Gymnastics squad pathways.

Hours:

Monday	4.00pm-7.00pm	WAG 3
Wednesday	4.00pm-7.00pm	WAG 3
Thursday	4.00pm-6.00pm	Foundation 2
	6.00pm-7.00pm	Planning
Friday	4.00pm-7.00pm	WAG 3
Saturday	10.00am-12.00pm	Foundation 2
	12.00pm-1.00pm	Planning
	2.00pm-5.00pm	WAG 3

Must Hold:

- Minimum 2 years coaching experience, ideally coaching squad level group

Ideally Hold:

- Minimum British Gymnastics Level 1 in Women's Artistic or equivalent (be willing to progress through the BG coaching course levels if required)
- Valid first aid certificate 18+ (update when required)
- Valid child protection course certificate 16+ (update when required)

Reports to: Head of Squads

Responsible for:

Planning and delivering quality sessions preparing gymnasts for relevant competitions/displays throughout the year along with relevant administration duties.

Duties:

General Admin Duties

- Prepare apparatus programmes for each set training day of allocated squad
- Prepare individual programmes for each gymnast within the allocated squad relevant to the individual's competition needs.
- Ensure squad registers are completed each session
- Liaise with Head of Squads regarding development of gymnasts
- Produce annual squad review reports
- Liaise with parents/guardians of squad members regarding individual's needs, competitions/training requirements and progress.
- Liaise with Head of Squads to aid with the running of squad club championships, awards evenings and sponsored events, providing all relevant information by the deadline date.

Assessments: Coach and Gymnasts

- Support mentoring programme within the club, for example having a shadow coach to help us maintain high coaching standards.
- Assist with regular assessments of gymnasts to ensure talent identification and progression

Competition/Training Programming:

- Produce and provide competition and/or training programmes. Ensure training programmes are followed by gymnasts and coaches
- Create routines for competitions, displays, open days, awards evenings etc as required.
- Assess each gymnast before a competition closing date to ensure they are at the sufficient standard to represent BGC.
- Ensure gymnasts are prepared for competition in a timely fashion (currently at least 6 weeks before the competition, though this may be adjusted by the Head of Squads)
- Ensure all squad members enter into regular competitions which are appropriate to their level

Facility Programming:

- Follow equipment rota to ensure the efficient use of the gym
- Liaise with Head of Squads and Health and Safety Officer over any issues with equipment or layout of the gym

External Duties:

- Attend all competitions relevant to allocated squad
- Attend additional training sessions relevant to allocated squad (County/Regional/National/Substitute training)
- Attend personal development course/workshops/talks when required
- Attend all relevant club events when requested by Head of Squads eg. Squad awards evening

Publicity and Advertising:

- Maintain Facebook achievement posts relevant to allocated squad.

Please note that this role requires a DBS check