



Welsh Gymnastics
Gymnasteg Cymru

Welsh Gymnastics

Job Description

Trampoline National Lead Coach

Status of role: Contract for Services (minimum 10-12 days per year)

Responsible to: Performance Director

Location: TBC

Salary: £150 - £175 per day

Time period: April 2023 – March 2024

Summary of services to be provided: To lead the Welsh National Trampoline Performance & Development Squads, assist in identifying and provide mentoring for a coach who will lead at the Foundation Squad level. Delivering a programme that aligns with the Welsh Gymnastics Performance Programme Philosophy, Guiding Principles and Values set out below;

Performance Programme Philosophy

To provide safe, positive and quality experiences that enable individuals to excel on the world stage and achieve personal aspirations within and beyond sport.

Guiding Principles

Nurture People.

Enable Excellence.

Unite a Proud Nation.

Values

Integrity, Person centred, Excel, United, Pride.

Objectives:	<ul style="list-style-type: none"> • Improve the standard of Trampoline Gymnastics in Wales within the Development and Performance Squads. • Oversee selection of gymnasts for each level of the Trampoline Gymnastics Performance Pathway within Wales. • Focus on improving gymnasts' skill and performance levels, whilst supporting the Personal Coaches and Welsh Squad Foundation Squad Coach in consistency of skill preparation and ongoing development. • Develop and maintain strong, effective working relationships with Personal Coaches, key partners, and stakeholders.
Main delivery areas:	<ul style="list-style-type: none"> • Plan for and lead Performance and Development Squad sessions. • Liaise with the Performance Director, Performance Programme Manager and other Programme Coaches. • Provide insight and help to shape the Welsh National Trampoline Performance Pathway. • Devise and approve a squad selection criterion with the Performance Programme Manager. • Outline targets for gymnasts and coaches and monitor these regularly. • Share, promote and embed the agreed values and behaviours into all performance programmes.

Person Specification

Qualifications and Membership:	Essential: <ul style="list-style-type: none"> • Hold a minimum of a Level 5 Trampoline Gymnastics Coaching Award (or equivalent). • Current WG/BG membership, hold a current DBS, and Safeguarding and Protecting Children Certificate.
Knowledge and Experience:	Essential: <ul style="list-style-type: none"> • Have knowledge and a sound understanding of the Trampoline performance programme and system in Great Britain. • Experience of working with Junior and Senior Performance Level gymnasts. • Experience of working with other coaches and support staff. • Have knowledge of good practice in the gymnastics sector. Desirable: <ul style="list-style-type: none"> • Knowledge and understanding of the Welsh culture.
Skills:	Essential <ul style="list-style-type: none"> • Passion for gymnastics and a desire to develop Trampoline Gymnastics in Wales • Ability to travel • Meticulous attention to detail • Process driven, organised and efficient • Ability to plan effectively • Ability to communicate orally and in writing with people from a wide variety of backgrounds • IT Literate • Reliable • Enabling skills • Flexible approach • Ability to work independently and use your initiative • Ability to work as part of a team, with individuals from different backgrounds Desirable: <ul style="list-style-type: none"> • Ability to speak Welsh