

Head of Recreational Pathway Job Description & Person Specification

Overall Aim:

The head of general gymnastics is a key leadership position responsible for overseeing and developing the general gymnastics programme and staff. As the head coach, you will play a vital role in creating a positive, fun and engaging gymnastics experience for its members. Continually broadening the opportunities, skills and variety for all ages and abilities to get involved in gymnastics at the grass root level of the sport. Fostering the love for gymnastics, promoting active lifestyles and inclusive, safe environments for the community to enjoy.

Duties & Key Responsibilities:

1. Programme Development:

- Develop a comprehensive, engaging and dynamic class programme in alignment with the club's mission and values.
- Design training curricula that caters to different ages, skill levels and supports the participants to succeed in the achievement awards schemes.
- Produce extensive lesson plans and ensure all assistant coaches receive correct training and support to be able to meet specific class requirements.
- Stay up to date with new ideas, trends and feedback to keep lessons leading the way within the gymnastics industry.

2. Coaching and Instruction:

- Provide lessons that promote continuous skill development accommodating various skill levels and providing inclusive opportunities for all participants to learn and progress.
- Deliver animated and engaging lessons which provide a positive and fun learning environment where participants feel a sense of achievement.
- Provide constructive, regular feedback to help build self-confidence and overall enjoyment.

3. Progress Monitoring & Feedback

- Develop, implement and improve the rolling award scheme testing and distribution.
- Organise and plan termly presentation events to celebrate participant achievements.
- Establish, implement and improve individual feedback systems to enhance member relationships, highlighting participant achievements and areas for improvement.



 Foster a positive and encouraging environment that promotes participants selfconfidence, discipline, and personal growth.

4. Team Management:

- Lead and supervise assistant coaches, providing guidance, mentorship, and support in their personal coaching development plan.
- Establish and maintain coaching standards and expectations, ensuring consistency in training methodologies, safety practices, and participant evaluation.
- Collaborate with club management to facilitate smooth operations and promote a cohesive team culture.

5. Club Festival Preparation and Participation:

- Promote and encourage the inclusive opportunity for all participants to be part of the annual club festival, assist in the organisation and running of the event.
- Prepare all participants by designing specific festival routines and opportunities to practice within the class programmes.
- Attend the club festival as the lead coach, providing guidance, motivation, and support to the entire coaching team and all members at the event.

6. Safety and Risk Management:

- Ensure the implementation and adherence to safety protocols, injury prevention measures, and emergency procedures.
- Regularly inspect training equipment, ensuring they are maintained, safe, and suitable for discipline activities.
- Stay up to date with current industry standards, safety guidelines, and best practices in gymnastics coaching.

7. Communication and Collaboration:

- Establish effective communication channels to all members providing regular updates, addressing concerns, and answering queries.
- Collaborate with other coaches, club management, and administration to coordinate schedules, facility usage, and events.

Requirements:

- Extensive experience and expertise within recreation gymnastics, with a thorough understanding of gymnastics techniques, progressions, and safety protocols.
- Proven record of accomplishment of coaching gymnastics, preferably in a leadership role, with the ability to inspire and motivate participants to achieve their goals.
- Excellent verbal and written communication skills to interact with participants, parents, and staff, conveying instructions, feedback, and updates effectively.
- Strong leadership and management abilities to effectively guide and mentor assistant coaches, fostering a positive and collaborative team environment.



- Exceptional organisational skills to plan and manage lesson planning, events, and administrative tasks efficiently.
- Genuine passion for gymnastics and a commitment to a positive member experience.
- Ability to establish and maintain positive relationships with participants, parents, and colleagues, fostering a supportive and inclusive club culture.
- Flexibility to work evenings and weekends to accommodate training sessions, competitions, and dedicated events.
- In this role, you will have the opportunity to make a significant impact on the development and success of our gymnastics club.
- Minimum of Level 2 UKCC/British Gymnastics Coaching Award
- Current Safeguarding training accepted by British Gymnastics
- Current approved DBS
- First Aid, Fire Training are desired but not essential