



**EAST MIDLANDS  
GYMNASTICS ASSOCIATION**

**MEN'S ARTISTIC**

**HANDBOOK**

**2020**



# Competition Entries

## Entry Process

Entry to all regional events will be by on-line registration. If possible, the final entry date will be set three weeks before the competition. If there are any problems with entries or changes need to be made after the closing date, please contact the competition secretary directly. Start list will be circulated to participating clubs at least one week before the event.

## Regional Competition Calendar 2018

Competition	Date	Entries close	Entry fee	Venue
Floor and Vault	9 Feb 2020	9 Jan 2020	£12	New College Leicester
Regional Voluntary Squad session	TBC - Mar 2020		£5	TBC
Individual Apparatus	29 Mar 2020	8 Mar 2020	£5 per apparatus up to max £25 (ie all 6 apparatus entry fee is £25)	New College Leicester
Regional Grades Squad session	TBC - Jun 2020		£5	TBC
Possible Regional Elite Potential Squad Session	TBC - September		£5	TBC
Regional NDP Competition and Team Selection	20 Sep 2020	1 Sep 2020	£15	New College Leicester
Regional Elite and Club Grade Teams Training Camp	TBC - October		£5	TBC

***Entry fees are non-refundable.***

Please see the EMGA MAG Rules 2019 for competition details.

## **TEAM SELECTION FOR EAST MIDLANDS TEAMS FOR NATIONAL ELITE AND CLUB GRADE FINALS**

Selection for the East Midlands teams for the National Finals will be made following the Regional NDP Competition. Hence, all gymnasts interested in being selected must compete at this competition. However, if a gymnast is ill or injured and unable to compete at the selection competition, their Club may request consideration of the gymnast for the team on the basis of results from the London Development Open or an alternative appropriate competition. The Chair of the MTC must be notified by email at least 12 hours prior to the start of the Regional NDP Competition and a doctor or physio's certificate of the reason for non-participation must be provided as soon as possible. If such a request is received, the relevant team will be provisionally selected on the day and final confirmation of the team will be provided by the MTC as soon as practicable thereafter.

The EMGA reserve the right not to enter teams or gymnasts where the qualifying scores are below a certain level.

### **Provision of Judges at Events**

For each regional Men's Gymnastics competition, the Judging Convenor of the Men's Technical Committee will appoint the requisite number of judges.

Where possible all participating clubs should nominate a judge, and it is the clubs' responsibility to cover their expenses. If a club does not have any qualified judges, they should provide a judge's assistant for the competition. Clubs should provide details of their nominated judges to the Judging Coordinator as soon as possible and at least one week before the competition date.

If it is necessary for the MTC to find replacement judges for clubs who are not able to supply them, they will be charged £20.00.

If clubs provide additional judges then out of pocket expenses for additional judges who need to travel to the venue will be paid in accordance with EM guidelines.

When officials travel together only one claim form should be submitted listing all the officials / judges who were in the vehicle.

### **Entry to the Venue**

Competing gymnasts and nominated coaches and judges will be allowed free entry to the competition venue.

### **Regional Kit**

If gymnasts are selected to represent East Midlands at the National Finals, they must wear the Regional kit. This comprises the Regional Leotard (The Zone, Matrix, Royal Blue), white longs and navy shorts. Gymnasts are expected to have their own kit but the MTC will hold a few leotards for hire for older gymnasts who may only compete at one National Finals Competition. Details will be provided to clubs prior to the National Finals.

## Registration

Each club is required to nominate one coach as Team Manager who will:

- Confirm the attendance of competitors,
- Inform the organisers of any late withdrawals
- Collect an up to date copy of the programme

Team Managers are also responsible for the general conduct of their team. All gymnasts must be registered by the advised time and remain in the venue.

## Competition Conduct

- All Coaches, Judges and officials are required to hold a current BG specific DBS clearance, or Home Nation equivalent, and have current Safeguarding & Protecting Children Awareness training.
- All Gymnasts must have an accredited coach present on the competition floor at all times.
- Only suitably qualified coaches / judges and competition organisers are permitted in the competition arena and warm-up area.

For further clarification and guidance regarding competition rules and regulations please refer to the British Gymnastics Competition Handbook.

Any questions related specifically to East Midlands events should be directed to the EM MTC as detailed below.

## Technical Committee

### Members

Chair	- Neville Burr
Regional Competition Organiser	- Sue Snelgrove
Judging Coordinator	- Josh Champion
Coaching Coordinator	- Miro Tevekeliyski
Members:	- Ben Taylor and James Kikta