



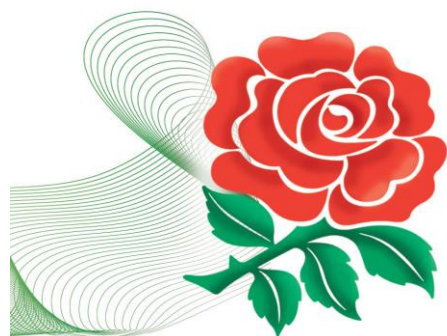
ENGLISH GYMNASTICS

English Qualifier 1 Competition Time Table

Saturday Programme

TRI Prelims

Level	Flight		Panel 1	Panel 2	Panel 3	Panel 4				
Silver	1	Age Group:	9-10 Male		9-10 Female		11-12 Female		11-12 Male	
		No:	(1-13)		(1-16)		(1-16)		(1-18)	
		Floor Warm Up:	08:00	08:20	08:00	08:20	08:00	08:20	08:00	08:20
		Tramp Warm Up:	08:20	08:50	08:20	08:50	08:20	08:50	08:20	08:50
		One Touch:	08:50	09:00	08:50	09:00	08:50	09:00	08:50	09:00
		Compete:	09:00	09:35	09:00	09:35	09:00	09:35	09:00	09:35
	March Out:	09:35	09:40	09:35	09:40	09:35	09:40	09:35	09:40	
	2	Age Group:	13-14 Male		9-10 Female		11-12 Female		11-12 Male	
		No:	(1-16)		(17-32)		(17-32)		(19-33)	
		Floor Warm Up:	09:15	09:35	09:15	09:35	09:15	09:35	09:15	09:35
		Tramp Warm Up:	09:40	10:10	09:40	10:10	09:40	10:10	09:40	10:10
		One Touch:	10:10	10:20	10:10	10:20	10:10	10:20	10:10	10:20
Compete:		10:20	10:55	10:20	10:55	10:20	10:55	10:20	10:55	
March Out:	10:55	11:00	10:55	11:00	10:55	11:00	10:55	11:00		
3	Age Group:	13-14 & 15-16 Male		9-10 Female		11-12 Female		13-14 Female		
	No:	(17-19) & (1-12)		(33-46)		(33-48)		(1-18)		
	Floor Warm Up:	10:35	10:55	10:35	10:55	10:35	10:55	10:35	10:55	
	Tramp Warm Up:	11:00	11:30	11:00	11:30	11:00	11:30	11:00	11:30	
	One Touch:	11:30	11:40	11:30	11:40	11:30	11:40	11:30	11:40	
	Compete:	11:40	12:10	11:40	12:10	11:40	12:10	11:40	12:10	
March Out:	12:10	12:15	12:10	12:15	12:10	12:15	12:10	12:15		
Judges Lunch										
Silver	4	Age Group:	15-16 & 17+ Male		Disability All		11-12 Female		13-14 Female	
		No:	(13-22) & (1-5)		(1-8)		(49-64)		(19-36)	
		Floor Warm Up:	12:20	12:40	12:20	12:40	12:20	12:40	12:20	12:40
		Tramp Warm Up:	12:45	13:15	12:45	13:15	12:45	13:15	12:45	13:15
		One Touch:	13:15	13:25	13:15	13:25	13:15	13:25	13:15	13:25
		Compete:	13:25	13:55	13:25	13:55	13:25	13:55	13:25	13:55
	March Out:	15:55	14:00	15:55	14:00	15:55	14:00	15:55	14:00	
	5	Age Group:	17+ Male		17+ Female		11-12 Female		13-14 & 15-16 Female	
		No:	(6-21)		(1-17)		(65-79)		(37-40) & (1-12)	
		Floor Warm Up:	13:35	13:55	13:35	13:55	13:35	13:55	13:35	13:55
		Tramp Warm Up:	14:00	14:30	14:00	14:30	14:00	14:30	14:00	14:30
		One Touch:	14:30	14:40	14:30	14:40	14:30	14:40	14:30	14:40
Compete:		14:40	15:10	14:40	15:10	14:40	15:10	14:40	15:10	
March Out:	15:10	15:15	15:10	15:15	15:10	15:15	15:10	15:15		
6	Age Group:	TRS		17+ Female		TRS		15-16 Female		
	No:	Dis (1), 13-14 Female (6)		(18-34)		Mixed TRS		(13-34)		
		15-16 Male (2)				(1-9)				
	Floor Warm Up:	14:50	15:10	14:50	15:10	14:50	15:10	14:50	15:10	
	Tramp Warm Up:	15:15	15:45	15:15	15:45	15:15	15:45	15:15	15:45	
	One Touch:	15:45	15:55	15:45	15:55	15:45	15:55	15:45	15:55	
Compete:	15:55	16:25	15:55	16:25	15:55	16:25	15:55	16:25		
March Out:	16:25	16:30	16:25	16:30	16:25	16:30	16:25	16:30		
7	Age Group:	TRS		TRS		Mixed TRS				
	No:			13-14 Male (1)		(10-18)				
				15-16, 17+ Female (4&4)						
	Floor Warm Up:			16:05	16:25	16:05	16:25			
	Tramp Warm Up:			16:30	17:00	16:30	17:00			
	One Touch:			17:00	17:10	17:00	17:10			
Compete:			17:10	17:40	17:10	17:40				
March Out:			17:40	17:45	17:40	17:45				



ENGLISH GYMNASTICS

English Qualifier 1 Competition Time Table

Saturday Programme

DMT

Level	Flight		Panel 5		Panel 6	
Silver	1	Age Group:	17+ Female (8)		11-12 Female	
		Age Group:	17+ Male (7)		(1-11)	
		Floor Warm Up	08:00	08:20	08:00	08:20
		Warm up Pass 1 & 2	08:25	08:45	08:25	08:45
		Compete Pass 1 & 2:	08:45	09:05	08:45	09:05
		Warm Up Pass 3 & 4	09:05	09:25	09:05	09:25
		Compete Pass 3 & 4	09:25	09:45	09:25	09:45
	March Out	09:45	09:50	09:45	09:50	
	2	Age Group:	15-16 Female		13-14 Female	
		No:	(1-10)		(1-12)	
		Floor Warm Up	09:25	09:45	09:25	09:45
		Warm up Pass 1 & 2	09:50	10:10	09:50	10:10
		Compete Pass 1 & 2:	10:10	10:30	10:10	10:30
		Warm Up Pass 3 & 4	10:30	10:50	10:30	10:50
		Compete Pass 3 & 4	10:50	11:10	10:50	11:10
	March Out	11:10	11:15	11:10	11:15	
	3	Age Group:	Disability		13-14 Female	
		No:	(1-7)		(13-25)	
Floor Warm Up		10:50	11:10	10:50	11:10	
Warm up Pass 1 & 2		11:15	11:35	11:15	11:35	
Compete Pass 1 & 2:		11:35	11:55	11:35	11:55	
Warm Up Pass 3 & 4		11:55	12:15	11:55	12:15	
Compete Pass 3 & 4		12:15	12:35	12:15	12:35	
March Out	12:35	12:40	12:35	12:40		

Judges Lunch

Silver	4	Age Group:	9-10 Mixed		11-12 Male	
		No:	(1-15)		(1-9)	
		Floor Warm Up	12:45	13:05	12:45	13:05
		Warm up Pass 1 & 2	13:10	13:30	13:10	13:30
		Compete Pass 1 & 2:	13:30	13:50	13:30	13:50
		Warm Up Pass 3 & 4	13:50	14:10	13:50	14:10
		Compete Pass 3 & 4	14:10	14:30	14:10	14:30
	March Out	14:30	14:35	14:30	14:35	
	5	Age Group:	13-14 Male		15-16 Male	
		No:	(1-10)		(1-8)	
		Floor Warm Up	13:40	14:00	13:40	14:00
		Warm up Pass 1 & 2	14:05	14:25	14:05	14:25
		Compete Pass 1 & 2:	14:25	14:45	14:25	14:45
		Warm Up Pass 3 & 4	14:45	15:05	14:45	15:05
Compete Pass 3 & 4		15:05	15:25	15:05	15:25	
March Out	15:25	15:30	15:25	15:30		



ENGLISH GYMNASTICS

English Qualifier 1 Competition Time Table

Sunday Programme

TRI Prelims

Level	Flight	Panel 1		Panel 2		Panel 3	
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Gold	1	Age Group:	9-10 Male & Female		11-12 Male		11-12 Female	
		No:	(1-8) & (1-6)		(1-16)		(1-16)	
		Floor Warm Up:	08:30	08:50	08:30	08:50	08:30	08:50
		Tramp Warm Up:	08:55	09:25	08:55	09:25	08:55	09:25
		One Touch:	09:25	09:35	09:25	09:35	09:25	09:35
		Compete:	09:35	10:05	09:35	10:05	09:35	10:05
	March Out:	10:05	10:10	10:05	10:10	10:05	10:10	
	2	Age Group:	15-16 Female		13-14 Female		11-12 Female & 13-14 Male	
		No:	(1-16)		(1-15)		(17-18) & (1-13)	
		Floor Warm Up:	09:45	10:05	09:45	10:05	09:45	10:05
		Tramp Warm Up:	10:10	10:40	10:10	10:40	10:10	10:40
		One Touch:	10:40	10:50	10:40	10:50	10:40	10:50
		Compete:	10:50	11:20	10:50	11:20	10:50	11:20
	March Out:	11:20	11:25	11:20	11:25	11:20	11:25	
	3	Age Group:	15-16 Female		13-14 Female		13-14 Male & 17-21 Male	
		No:	(17-28)		(16-28)		(14-22) & (1-6)	
		Floor Warm Up:	11:00	11:20	11:00	11:20	11:00	11:20
		Tramp warm Up:	11:25	11:55	11:25	11:55	11:25	11:55
One Touch:		11:55	12:05	11:55	12:05	11:55	12:05	
Compete:		12:05	12:35	12:05	12:35	12:05	12:35	
March Out:	12:35	12:40	12:35	12:40	12:35	12:40		

Judges Lunch

Gold	4	Age Group:	Disability Cat 1 & Cat 2		17-21 Female		17-21 Male	
		No:	(1-9) & (1-9)		(1-12)		(7-20)	
		Floor Warm Up:	12:35	12:55	12:35	12:55	12:35	12:55
		Tramp warm Up:	13:20	13:50	13:20	13:50	13:20	13:50
		One Touch:	13:50	14:00	13:50	14:00	13:50	14:00
		Compete:	14:00	14:30	14:00	14:30	14:00	14:30
	March Out:	14:30	14:35	14:30	14:35	14:30	14:35	
	5	Age Group:	15-16 Male		17-21 Female		Senior Male & Female	
		No:	(1-11)		(13-21)		(1-11) & (1-6)	
		Floor Warm Up:	14:10	14:30	14:10	14:30	14:10	14:30
		Tramp warm Up:	14:35	15:05	14:35	15:05	14:35	15:05
		One Touch:	15:05	15:15	15:05	15:15	15:05	15:15
		Compete:	15:15	15:45	15:15	15:45	15:15	15:45
	March Out:	15:45	15:50	15:45	15:50	15:45	15:50	
	6	Age Group:	TRS		TRS		TRS	
		No:	9-12 Mixed		13-14 Male & Female (2 & 7)		15-16 Female (8)	
		No:	(1-12)		15-16 Male (1) Dis (1)		Senior Male & Female (2&3)	
		Floor Warm Up:	15:25	15:45	15:25	15:45	15:25	15:45
Tramp warm Up:		15:50	16:25	15:50	16:25	15:50	16:25	
One Touch:		16:25	16:40	16:25	16:40	16:25	16:40	
Compete:	16:40	17:15	16:40	17:15	16:40	17:15		
March Out:	17:15	17:20	17:15	17:20	17:15	17:20		



ENGLISH GYMNASTICS

English Qualifier 1 Competition Time Table Sunday Programme

DMT

Level	Flight		Panel 4		Panel 5	
Gold	1	Age Group:	Senior Male		Senior Female	
		Age Group:	(1-10)		(1-11)	
		Floor Warm Up	08:00	08:20	08:00	08:20
		Warm up Pass 1 & 2	08:25	08:45	08:25	08:45
		Compete Pass 1 & 2:	08:45	09:05	08:45	09:05
		Warm Up Pass 3 & 4	09:05	09:25	09:05	09:25
		Compete Pass 3 & 4	09:25	09:45	09:25	09:45
	March Out	09:45	09:50	09:45	09:50	
	2	Age Group:	15-16 Female		Senior Female	
		No:	(1-12)		(12-19)	
		Floor Warm Up	09:25	09:45	09:25	09:45
		Warm up Pass 1 & 2	09:50	10:10	09:50	10:10
		Compete Pass 1 & 2:	10:10	10:30	10:10	10:30
		Warm Up Pass 3 & 4	10:30	10:50	10:30	10:50
		Compete Pass 3 & 4	10:50	11:10	10:50	11:10
	March Out	11:10	11:15	11:10	11:15	
	3	Age Group:	15-16 Male		9-10 Mixed & Disability	
		No:	(1-8)		(1-4) & (1-5)	
Floor Warm Up		10:50	11:10	10:50	11:10	
Warm up Pass 1 & 2		11:15	11:35	11:15	11:35	
Compete Pass 1 & 2:		11:35	11:55	11:35	11:55	
Warm Up Pass 3 & 4		11:55	12:15	11:55	12:15	
Compete Pass 3 & 4		12:15	12:35	12:15	12:35	
March Out	12:35	12:40	12:35	12:40		

Judges Lunch

Gold	4	Age Group:	13-14 Female		13-14 Male	
		No:	(1-8)		(1-8)	
		Floor Warm Up	12:45	13:05	12:45	13:05
		Warm up Pass 1 & 2	13:10	13:30	13:10	13:30
		Compete Pass 1 & 2:	13:30	13:50	13:30	13:50
		Warm Up Pass 3 & 4	13:50	14:10	13:50	14:10
		Compete Pass 3 & 4	14:10	14:30	14:10	14:30
	March Out	14:30	14:35	14:30	14:35	
	5	Age Group:	11-12 Female		11-12 Male	
		No:	(1-12)		(1-10)	
		Floor Warm Up	14:10	14:30	14:10	14:30
		Warm up Pass 1 & 2	14:35	14:55	14:35	14:55
		Compete Pass 1 & 2:	14:55	15:15	14:55	15:15
		Warm Up Pass 3 & 4	15:15	15:35	15:15	15:35
Compete Pass 3 & 4		15:35	15:55	15:35	15:55	
March Out	15:55	16:00	15:55	16:00		