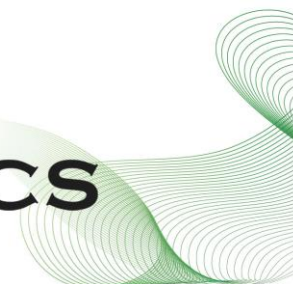


ENGLISH GYMNASTICS



English TRA/DMT Championships 2019			
Orientation Times			
Date: Saturday 7th September 2019			
Gold Trampoline and DMT			
Session	Time	Training Hall	Competition Floor
1	17:00 - 17:45	City of Salford TC, Edgbarrow TC, Exeter TA, Harrogate GC, Max Force, Northamptonshire T&G A, Propulsion, Phoenix High Flyers, Quayside T&G C, Recoil TC, Team Bath , Up'n'Downs TC, Whirlwinds Academy. (Total No: 87)	
2	17:45 - 18:30	Activ8 TC, Aerodynamic TC, Alpha TC, Alton TC, Aspire Springers, Axis TC, Bourne 2 Bounce, Brentwood TC, Cambridge Cangaroos, Carlisle TC, City of Plymouth T&G C, Dragon Flyers TC, Heart of England T&DMT C, Heights TC, Hendon GC, Jumpers, Kingston TA, London TA, London DMT, Olga Poole, Pegasus TC, Portsmouth TC, Milton Keynes GC, Rebel Roos, Rotations, Run DMT, Sandwell Flyers, Sky High T&GA, Sleaford Elite GC, Starlight (Total No: 86)	City of Salford TC, Edgbarrow TC, Exeter TA, Harrogate GC, Max Force, Northamptonshire T&G A, Propulsion, Phoenix High Flyers, Quayside T&G C, Recoil TC, Team Bath , Up'n'Downs TC, Whirlwinds Academy. (Total No: 87)
3	18:30 - 19:15	Apollo, Belle Vue TC, Birkenhead, Central Galaxy Coventry TC, City of Liverpool, Dharma Gym for All, Dynamo TA, Jump Uk, Leeds RGC, Levitation, Marriotts GC, Sheffield TA, Stoke T&GC, Trafford, Team Twisters, Tolworth, Woodland Acro-Gym & TC, York ASC. (Total No 89)	Activ8 TC, Aerodynamic TC, Alpha TC, Alton TC, Aspire Springers, Axis TC, Borne 2 Bounce, Brentwood TC, Cambridge Cangaroos, Carlisle TC, City of Plymouth T&G C, Dragon Flyers TC, Heart of England T&DMT C, Heights TC, Hendon GC, Jumpers, Kingston TA, London TA, London DMT, Olga Poole, Pegasus TC, Portsmouth TC, Milton Keynes GC, Rebel Roos, Rotations, Run DMT, Sandwell Flyers, Sky High T&GA, Sleaford Elite GC, Starlight (Total No: 86)
4	19:15 - 20:00		Apollo, Belle Vue TC, Birkenhead, Central Galaxy Coventry TC, City of Liverpool, Dharma Gym for All, Dynamo TA, Jump Uk, Leeds RGC, Levitation, Marriotts GC, Sheffield TA, Stoke T&GC, Trafford, Team Twisters, Tolworth, Woodland Acro-Gym & TC, York ASC. (Total No 89)