

ENGLISH CHAMPIONSHIPS 2014 (Men's & Women's Artistic) **14th - 16th March 2014**

The English Championships showcase the very best in Elite talent in England and lead to English Champions being crowned for Men's and Women's Artistic gymnasts, from Espoir through to Senior levels.

The Championships this year took place at the Robin Park Sports Arena, Wigan from Friday 14th to Sunday 16th March. Entries for the event exceeded those for previous years, with an almost full house of spectators on both Friday and Sunday and tickets for Saturday being completely sold out. This could have had something to do with the return of Louis Smith MBE to the Arena for the Senior Competition, after a break from gymnastics since the 2012 London Olympic Games.

The Championships acted as a trial event for the selection of athletes for the Commonwealth Games, which will take place in Glasgow's Scottish Exhibition & Conference Centre (SECC) from 24th July to 1st August. The event was also a final chance for England's top gymnasts to refine their skills ahead of the 2014 British Championships held in Liverpool at the end of March.



Max Whitlock retained his English Championship crown



With Ruby Harrold taking the Women's Title

RESULTS

Espoir

- 1st – Lucy Stanhope (City of Liverpool) : 50.000
- 2nd – Alice Kinsella (Park Wrekin) : 49.550
- 3rd – Olivia Williams (City of Liverpool) : 47.950

Boys

- 1st – Korben Fellows (City of Birmingham) : 74.100
- 2nd – Thomas Paradise (City of Birmingham) : 73.800
- 3rd – Victor Yeo (Exeter) : 73.700

WAG Juniors

- 1st – Tyesha Mattis (East London) : 55.300
- 2nd – Catherine Lyons (Europa) : 54.750
- 3rd – Amy Tinkler (South Durham) : 53.850

MAG Juniors

- 1st – Joshua Nathan (City of Birmingham) : 78.666
- 2nd – Jamie Lewis (Woking) : 76.234
- 3rd – Loukas Jones (City of Leeds) : 75.150

WAG Seniors

- 1st – Ruby Harrold (The Academy) : 54.350
- 2nd – Kelly Simm (Dynamo) : 53.950
- 3rd – Claudia Fragapane (Bristol Hawks) : 53.650

MAG Seniors A

- 1st – Brinn Bevan (South Essex) : 83.500
- 2nd – Gianni Regini-Moran (Europa) : 83.350
- 3rd – Joe Fraser (City of Birmingham) : 82.750

MAG Seniors B

- 1st – Max Whitlock (South Essex) : 88.850
- 2nd – Kristian Thomas (Earls) : 87.950
- 3rd – Sam Oldham (Huntingdon) : 84.900

Please see full list of Results attached.

LOUIS SMITH MBE



The Triple Olympic Medallist, finished in the Silver Medal position on Pommel, behind fellow Olympian, Max Whitlock and 6th on Parallel Bars. Louis commented that he was “*relieved and happy*” after a strong performance in his gymnastics comeback and confirmed that he had come out of retirement to try and win a place in the England Team for the Commonwealth Games. Smith told BBC Sport “*Everyone was watching, so it was a little bit stressful and quite nerve-wracking. I think I’ve proved something to myself, and I think I can offer a lot more.*”

Five Men will be selected to represent England at the Commonwealth Games. Louis commented “*I think I’ve done enough to be considered. Now I need to keep on doing well. I need to go to the British Championships and to as many competitions as I can and prove that I am consistent*”.