



# ENGLISH WOMEN'S ARTISTIC CHAMPIONSHIPS 2016

## VENUE & DATES

- Venue:** Sir David Wallace Hall, Loughborough University, East Entrance, LE11 3TU.
- Competition Dates:** Friday 18<sup>th</sup> March – Espoir Championships  
Saturday 19<sup>th</sup> March – Senior Championships  
Sunday 20<sup>th</sup> March – Junior Championships  
(All Women's Championships will be combined with the Men's Championships)
- Entry Opening Date:** Friday 4<sup>th</sup> December 2015
- Entry Closing Date:** Friday 5<sup>th</sup> February 2016 (late, incorrect or incomplete Entries will NOT be accepted)
- Organisers:** **Competition Director:** Sue James - [southeast@british-gymnastics.org](mailto:southeast@british-gymnastics.org)  
Telephone (Mobile): 07595 902240  
**Competition Controller:** Barry McLaughlin - [barry1mclaughlin@aol.com](mailto:barry1mclaughlin@aol.com)  
Telephone (Mobile): 07805 066023
- Competition Criteria:** Women's Espoir: Aged 12-13 during 2016 (Min DOB 2004 / Max DOB 2003)  
Women's Junior: Aged 14-15 during 2016 (Min DOB 2002 / Max DOB 2001)  
Women's Senior: Aged 16+ during 2016 (Born 2000 or older)

- All Sections will be judged using FIG Competition 1 (Cycle 13) Rules.
- Competing gymnasts will qualify for awards, as long as they hold a valid British Passport, are *normally*\* resident in the UK and are eligible to compete for Great Britain under FIG Rules. Gymnasts that fulfil this criteria, but have represented another Home Country (Northern Ireland, Scotland or Wales) at a previous Commonwealth Games or 2014 Commonwealth Games Trial (for one of the aforementioned), are excluded from obtaining awards unless permission has been obtained from the Home Country in question for a Gymnast to be eligible.
- All competing Gymnasts & Coaches **MUST** be current members of British Gymnastics.
- **Foreign Competitors & Coaches:** The Host Federation and Organising Committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. **ALL participating foreign competitors and coaches** are, therefore, responsible for making their own arrangements to have the necessary valid Insurance coverage against illness, accidents and for repatriation. Insurance Cover Note or photocopy of the valid Insurance Policy should be sent through to the Competition Director or Competition Controller prior to the start of the event. Delegation members with insufficient Insurance cover must inform the LOC in advance.
- Rules may be subject to change at a later date.

\* *Gymnasts who are not normally resident in the UK must request permission from the organisers prior to entry.*

## COMPETITION SECTIONS

- Entry Fee:** £50 per Gymnast. For these Championships and with effect from 4<sup>th</sup> December 2015 to 5<sup>th</sup> February 2016, Clubs must enter their gymnasts' entry details on-line via the British Gymnastics, GymNet Competition Entry System. To do this – please log on to: <https://memberportal.british-gymnastics.org/GymNet/>. First time users of the system should contact the Customer Service Dept at British Gymnastics on Tel: 0345 1297129 Ext 2395 to enable event entry permission to be added. Any problems/queries relating to the on-line entry process, please contact the EGA Admin Manager, Jan Charlton, on Tel: 0345 1297129 Ext 2640.

## Coaches

- **One (1)** Coach per Gymnast from **two (2)** nominated will be permitted on the Competition area at any one time.
- All Coaches should be qualified to the level of the participant's performance (ie hold a current award appropriate to the skills being performed by the gymnast). The Coach also has a duty to ensure that the participant is adequately prepared for the event.
- All Coaches **MUST** be current full Members of British Gymnastics.

## Order of Rotation

- The Draw will be included with your Competition Programme, which will be sent to you in advance. Where possible, we will endeavour to keep Gymnasts from the same Club together.

## Awards, Prizes & Presentations

- The Overall Espoirs, Junior & Senior Champions will be awarded salvers, along with an AA Gold Medal and £150. The Personal Coach of the Overall Espoirs, Junior & Senior Champions will receive £50.
- Apparatus Winners, within each Section / Piece, will be determined by the AA scores. Medals will be awarded for 1<sup>st</sup> to 3<sup>rd</sup>.

## SPECIAL NOTE FOR VAULT

Gymnasts attempting to win a medal on Vault will be expected to show two Vaults as per FIG Rules. The first Vault performed will count towards the Gymnast's AA Total, whilst the second Vault score will be averaged with the first to determine a ranking for the Vault Medals.

## Espoirs and Juniors

Will be able to do two Vaults from the same category.

## PROTESTS

Protests are permitted and should be forwarded to the Competition Director (Sue James) along with a £15 Protest Fee. Protests will be accepted within **ONE** rotation of the performance being questioned (eg if you are protesting a gymnast's performance on the first apparatus, an official Application must be received before the gymnast rotates to the 3<sup>rd</sup> piece. The Fee will be returned if the Protest is successful or retained if the Protest is denied).

## EQUIPMENT

- Equipment for the 2016 Championships will be Gymnova.
- In accordance with the current FIG Rules, certain apparatus may be raised in order to cater for taller Gymnasts. Please indicate at the time of making the Entry if this will be required for any of your Gymnasts.
- Spring Boards: Super and Sprung boards will be provided. Gymnasts will not be permitted to bring their own Spring Boards.

## VERY IMPORTANT NOTES – PLEASE READ!

1. Please advise at Registration if you intend to perform 2 Vaults for Apparatus Awards.
2. Please endeavour to have your gymnasts registered at the time stated.
3. Gymnasts are to provide their own chalk.
4. Numbers for Gymnasts will be provided at Registration.
5. If you have any withdrawals – please email these to [southeast@british-gymnastics.org](mailto:southeast@british-gymnastics.org) (up to 48 hours before the event starts) or let the Competition Director, Sue James, know (Mobile Tel: 07595 902240).
6. **ALL** Gymnasts, Coaches & Judges will be issued with Entry Passes in advance. The Registration Point will be clearly signposted. Entry Passes will be sent out with Competition Start Lists before the competition.
7. Video & Photography Registration will be available on the relevant day of competition. **NO** charge will be made to Spectators registering, but **ANY** Spectator wishing to register **MUST** provide Official ID upon Registration, as well as state whom they are videoing/photographing.

8. **MUSIC** may be e-mailed to [jan.charlton@englishgymnastics.org.uk](mailto:jan.charlton@englishgymnastics.org.uk) or uploaded on to the BG Online Entry System before the event, as a .wav or mp3 file. Please ensure you bring a backup CD to the event, which should be clearly labelled with the Gymnast's Number, Name and Club on CD's **ONLY**. Please hand in at Registration, if required, and ensure that the Gymnast's Number is shown to the Announcer prior to their Floor Routine.
9. If a Gymnast fails to compete on any piece, please inform the Judges in order that a zero score can be entered.
10. The British Gymnastics Jewellery Policy will be enforced for both Gymnasts and Coaches.
11. Any Gymnast who is injured in this 4 piece event, and is withdrawn from the competition by the Medical Commission, will still be eligible for individual apparatus medals.

## **SPECTATOR TICKETS**

Tickets for Spectators (per day) will cost:

- £10.00 per Adult
- £7.00 for Children Under 12 & OAPs

Tickets can be ordered online via [www.gymdata.co.uk/events](http://www.gymdata.co.uk/events) or by sending the completed Spectator Ticket Order Form (found at the end of these Rules) to:

English Gymnastics  
Elmbrook House  
Alpha Place, Garth Road  
Morden  
Surrey SM4 4TS

A Spectator Ticket Order Form is also available from the English Gymnastics website [www.englishgymnastics.org.uk](http://www.englishgymnastics.org.uk) or by contacting Jan Charlton at English Gymnastics.

*Please note that ALL ticket orders will incur a charge of £2.00 (per ticket order NOT per ticket) for Postage.*

**Please Note:** Applications for tickets are always heavy, so please advise members of your Club to apply early. ALL Tickets purchased on the door will incur an extra £2.00 per ticket charge (ie £12/Adult and £9/U12 & OAP). We cannot guarantee that any tickets will be available to purchase on the door each day so would advise everyone to purchase tickets in advance of the Championships.

## **FILMING & PHOTOGRAPHY**

Registration will be required for Spectators at this Competition and can be completed at the Spectator Entrance. However, please inform your parents that official photographic Proof of Identity will be required (ie Passport or Driving License).

# VENUE LOCATION

**Sir David Wallace Hall, Loughborough University,  
East Entrance.LE11 3TU**





# 2016 ENGLISH ARTISTIC CHAMPIONSHIPS

## SPECTATOR TICKET ORDER FORM

NAME: .....

TELEPHONE: ..... EMAIL: .....

ADDRESS: .....

..... POST CODE: .....

- Please post this form, together with payment in full and a stamped, addressed envelope to:  
**English Gymnastics, Elmbrook House, Alpha Place, Garth Road, Morden Surrey, SM4 4TS**  
**(Tel: 0208 410 4443)**
- Or apply by email to: [tickets@englishgymnastics.org.uk](mailto:tickets@englishgymnastics.org.uk)
- Or online at: [www.gymdata.co.uk/Events](http://www.gymdata.co.uk/Events)

### CHAMPIONSHIPS SCHEDULE

Friday 18 <sup>th</sup> March 2016	Women's Espoir Championships / Men's 12 & Under Championships / Men's 14 & Under Championships
Saturday 19 <sup>th</sup> March 2016	Women's Senior Championships / Men's 18 & Under Championships / Men's Senior Championships
Sunday 20 <sup>th</sup> March 2016	Women's Junior Championships / Men's 16 & Under Championships

_____ x Adult ( <b>Fri 18<sup>th</sup></b> ) Tickets @ £10.00/day **	Sub-Total: £_____
_____ x Adult ( <b>Sat 19<sup>th</sup></b> ) Tickets @ £10.00/day **	Sub-Total: £_____
_____ x Adult ( <b>Sun 20<sup>th</sup></b> ) Tickets @ £10.00/day **	Sub-Total: £_____
_____ x Child (U12) / OAP ( <b>Fri 18<sup>th</sup></b> ) Tickets @ £7.00/day **	Sub-Total: £_____
_____ x Child (U12) / OAP ( <b>Sat 19<sup>th</sup></b> ) Tickets @ £7.00/day **	Sub-Total: £_____
_____ x Child (U12) / OAP ( <b>Sun 20<sup>th</sup></b> ) Tickets @ £7.00/day **	Sub-Total: £_____

Postage @ £2.00/order	Sub-Total	£ 2.00
-----------------------	-----------	--------

**Total Cheque Enclosed:** £\_\_\_\_\_

Please make cheques payable to the **English Gymnastics Association**

It is advisable to purchase tickets in advance to guarantee entry to the 2016 English Artistic Championships.  
**\*\* ALL tickets purchased on the door will incur an extra £2 per ticket charge.**  
**We cannot guarantee that tickets will be available to purchase on the door each day**