



# Plan for the continuing development of Gymnastics in England 2016-2021

# Foreword



Welcome to English Gymnastics. It gives me great pleasure to present our Strategy and forward plans for the next 5 years. English Gymnastics remains committed to play a strong role in the development of Gymnastics in England and provides the conduit between Regions (our members) and British Gymnastics (our partner).

We hope that this document will help to raise the profile of the work of English Gymnastics. We encourage our partners to work together with us on the 4 key areas described, in order to have a greater impact on the Gymnasts, Coaches, Volunteers, Clubs and Regions we aim to support.

**Jim Moss** President, English Gymnastics



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### Introduction

This document highlights the Core Purpose of English Gymnastics and sets out the Vision to 2021, in the form of 4 key areas of work. The Plan covers the period April 2016 – March 2021 and has been written and produced by English Gymnastics, with support from British Gymnastics.

English Gymnastics will provide events and opportunities for our sport within England, together with our members, the English Regions and English Schools.

### **Core Purpose**

The English Gymnastics Association unites and reflects the common purpose of the Regions and delivers and facilitates opportunities to develop and retain all involved in gymnastics.

## **Priority Areas**

- Competitions
- England Squads
- United Regions
- Communications



## **Competitions**

English Gymnastics is currently running a high level Women's and Men's Artistic English Championships, hosted at Loughborough University, an annual Rhythmic English Championships and in 2016 has introduced the TRA/DMT English Championships. A Bronze, Silver & Gold Women's Artistic Competition has also been successfully developed to provide a seamless pathway in the Women's competition structure.

#### What we've done

- Created an English Gymnastics Joint Technical Committee (representatives from Women's and Men's Artistic, Rhythmic and Trampoline/Tumbling/ Double Mini-Tramp) to help develop competitions that provide a meaningful role in the discipline competition pathways
- Support English Teams for the Commonwealth Games and other International competitions, such as the World School Games & ISF International Junior School Games
- Sustain and improve English Championships for Men's Artistic, Women's Artistic, Rhythmic Gymnastics and Trampoline/DMT/Tumbling
- Develop competitions below English Championship level in partnership with Regions, Counties, British Gymnastics and Clubs
- Develop England Gymnastics for All and School opportunities
- Provide development opportunities for Judges and Officials through England competitions







## **England Squads**

Since 2007, English Gymnastics have run Squads to help prepare Gymnasts for English representation in International competitions such as the Commonwealth Games. This is a crucial part of the performance pathway and many gymnasts have progressed on to British squads.

#### What we will do

- Develop, support and maintain new and existing England squads
  - Women's Artistic squads
  - Rhythmic Gymnastics squads (primarily for Commonwealth Games)
  - Trampoline/DMT/Tumbling squads
- Establish the need for squad opportunities in other disciplines through the EGA JTC representatives, working in liaison with the British Gymnastics TC's, National Coaches and Programme Managers
- Develop clear selection criteria for squads
- Seek funding and sponsorship for squads
- Arrange suitable support services for squad gymnasts
- Promote squad activity in all media channels
- Send squads to international competitions for experience



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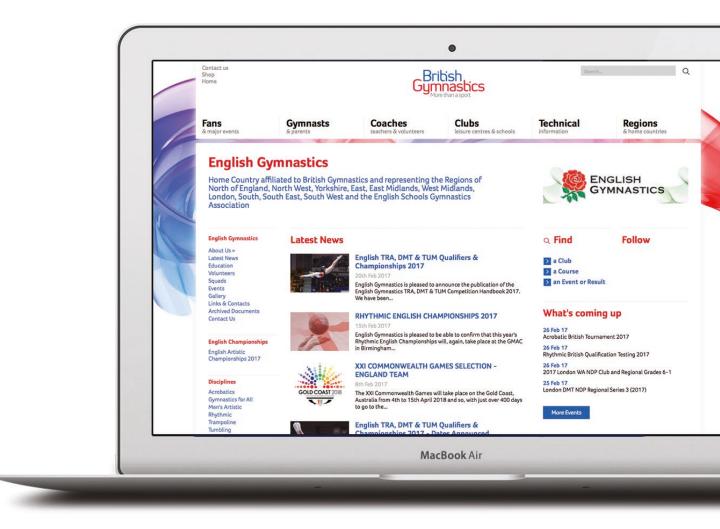
### Communications

The English Gymnastics Website provides the latest news and information on English events and what's coming up on the calendar.

Courses and Clubs can also be found through the 'Find' function, linked to the British Gymnastics website.

#### What we will do

- Communicate EGA activities through maintenance and improvement of the EGA website
- Utilise social media to promote EGA activity
- Develop promotional material to raise the profile of EGA work
- Communicate to Clubs, parents and partners in England



## **United Regions**

The Chairs of the 10 Regional Associations come together for the English Gymnastics Board Meetings, discussing common issues and sharing good practice across the Regions.

#### What we will do

- Improve Regional influence and lobbying by coming together as one voice
- Improve Governance of EGA & support Regional Governance
- Explore training opportunities for Regions to collectively gain information about topical issues and legislation such as:-
  - the Data Protection Act
  - Financial responsibilities
  - TAX/VAT
- Encourage the Regional Committees to develop an Annual Operational Plan and contribute to the achievement of key, joint objectives
- Share good practice from Region to Region on:-
  - Succession Planning
  - Competition/events
  - Communications
  - Key areas of development

### Governance

English Gymnastics is registered at Companies House as the **English Gymnastics Association**, incorporated and registered in England and Wales, Company Number 08209106 (private, limited by guarantee, no share capital).

The Chair of each English Region and the English Schools Gymnastics Association has a seat on the Board and Technical Panels are appointed to advise on Team Selection for events.

English Gymnastics has a Memorandum of Understanding (MOU) with British Gymnastics, which sets out it's Governance Objectives & Standards, it's key areas of work, an operating budget from British Gymnastics and staff support.

### **EGA Board of Directors**



Jim Moss President



Howard Todd **English Schools** 



**Christina Bowker MBE** Yorkshire



**Anne McNeill** London



Martin J Laws Chairman & South East

Sue James

**Events Director** 

Vacant

North West

**Biz Scales** 

South



**Paul Lipton** Vice Chair & East Midlands



**Adam Lovatt** Legal Director



**Dr Mike Chappell** Hon. Secretary



Peter Crawford North



Mike Weinstock West Midlands



**Mike Beagley** South West





**Debbie Morgan** East



**Jan Charlton** EGA Administration Manager

Contact: 0345 1297129 Ext 2640 jan.charlton@englishgymnastics.org.uk

#### **EGA Technical** Representatives

Women's Artistic – Barry McLaughlin Men's Artistic – Mike Beagley Trampoline/DMT & Tumbling -**Stephen Wood** Rhythmic – Vicki Pearson/Rachel Haines TeamGym – Enid Harrison

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English Gymnastics Partners









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