



Work Plan

England Rhythmic

Championships

2018

**Sports Training Village, University of Bath, Claverton
Road, Bath**

Home Country Association affiliated to British Gymnastics and representing the Regions of:
East, East Midlands, London, North of England, North West, South, South East, South West,
West Midlands, Yorkshire and the English Schools

Affiliated to: The Commonwealth Gymnastics Confederation and The Commonwealth Games Council for

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General Information

Venue : Sports Training Village, University of Bath.

Timetable:

Saturday 26th October					
			2.5 mins Espoir Group		
	08:00		Registration of U9's, U10's & Junior Groups		
	09:15		Doors open		
	08:50		Orientation	09:47	U9 & U10 Junior Groups
	09:52		Competition starts	11:52	
	12:44	00:10	Presentations	12:54	
	11:10		Registration of Juniors & Senior Groups		
00:05	11:55		Orientation	12:39	Juniors Senior Groups
	13:00		Competition starts	15:05	
	16:18	00:10	Presentations	16:28	
	14:25		Registration of Seniors & Espoir Groups		
	16:33		Orientation	16:13	Seniors Espoir Groups
	16:30		Competition starts	18:30	
	18:20	00:10	Presentations	18:30	

TIMETABLE ALL AROUND U11 & U12 & APPARATUS FINALS					
Sunday 28th October					
	08:00		Registration of U11's & U12's		
	08:45		Doors open		
	08:50		Orientation	09:08	U11 & U12
	09:13		Competition starts	10:43	
	10:48	00:10	Presentations	10:58	
	09:30		Registration of Espoir Individual Finalists & Junior Groups Finals		
	11:03	03:00	Competition starts	13:29	
			LUNCH FOR JUDGES		
	13:45	00:15	Presentations	14:00	
	12:30		Registration of Juniors Individual Finalists & Senior Groups Finals		
	14:00	01:35	Competition starts	15:26	
	15:40		Presentations	15:55	
	14:30		Registration of Seniors Individual Finalists & Espoir Groups Finalists		
	16:00		Competition starts	17:40	
	17:45	00:15	Presentations	18:00	
	18:00		CLOSE		

Venue Information

Address

Claverton Down. Bath. BA2 7AY

Car Parking

All University Car Parking is Pay & Display but Permits can be made available and they will be charged at the following rates:

Saturday £2.00 per day

Sunday No Charge

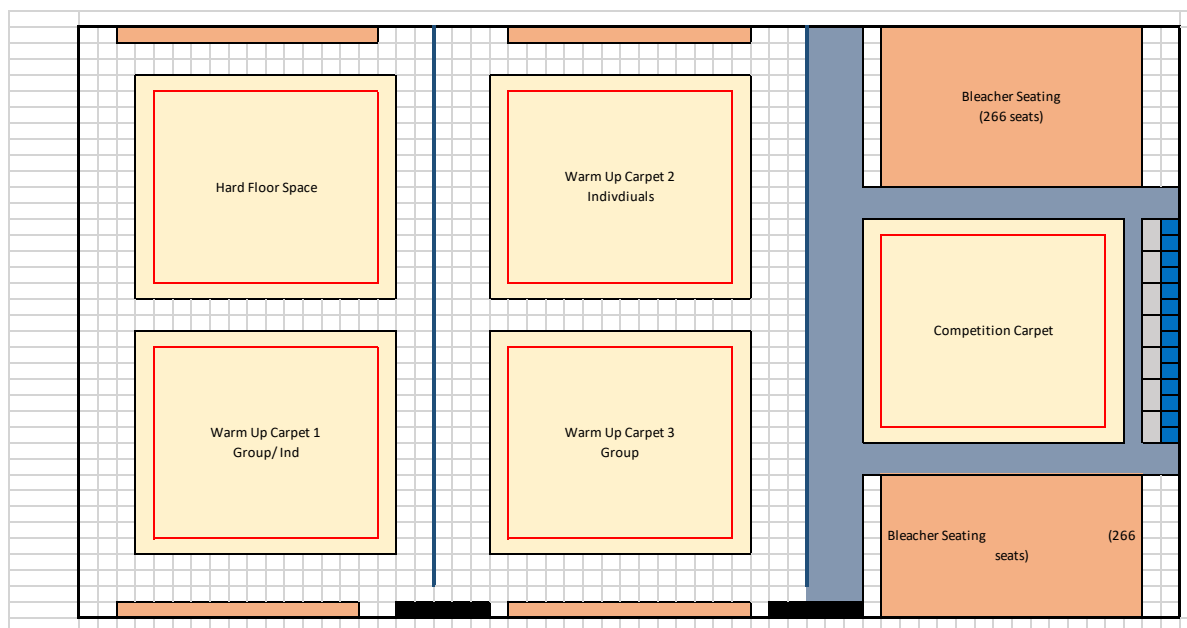
Please note failure to purchase/display a valid ticket or parking inappropriately will breach the parking regulations covering the car parks and unfortunately vehicles will be ticketed. English Gymnastics will not be responsible for any parking tickets issued.

Venue Layout

There will be three separate warm up areas as shown overleaf. Access will be limited to coaches & gymnasts at the designated times as per the working order.

General warm up will take place in the Warm Up Hall. For the safety of all competitors, coaches and officials, care should be taken when using apparatus in this area.

The Final Warm Up Area contains three carpets – carpets for pre-competition routine warm-up are designated there will be only 1 group on a carpet at any time and multiple individuals up to a maximum of 4, ONLY those listed at the designated times / order should be on these areas, these areas are marshalled throughout the competition. Any requests made by the Competition Steward should be adhered to enable the competition to run to time.



Medical Provision

A physiotherapist/medical professional will be available in the designated medical area within the venue. Treatment will be accessible by all accredited gymnasts who sustain an injury at the event. The medical team are not available to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team to ensure a record can be kept of treatment given and by whom. The decision of the English Gymnastics appointed medical officer as to the gymnast's health, medical status and their ability to compete at the event is absolute and final.

Gymnast Seating

Gymnasts who have finished their competition, should vacate the warm up area at the end of their session if they wish to watch the competition may sit in the allocated gymnast seating. Please respect this request and do not sit in any other area during the competition.

Accommodation & Transport

There is no official transport for this event. All gymnasts, coaches and officials must make their own way to the competition venue, ensuring that they arrive promptly for all registrations and meetings. Officials are requested, where possible, to share transport to and from the venue at all times to reduce the cost of transport fees.

Official Event Hotel

There is no official event hotel for this event. All gymnasts, coaches and officials must arrange their own accommodation.

Accreditation

Registration

Coaches accreditation should be collected from the Registration Desk inside the Warm Up Hall on arrival. Entrance to the Warm Up Hall will be restricted to the appropriate number of coaches per club depending on the number of competitors in each session.

Any further changes to the nominated coaches submitted on the original online entry or subsequently advised must be submitted to the Competition Organiser no later than 17:00 on Monday October 22nd and have a valid British Gymnastics membership, DBS and Safeguarding certificate along with the required coaching qualification for their gymnasts' routines. Any coach not submitted to the Competition Organiser prior to the deadline date will not be accredited to coach at the event. Should there be a necessity for membership renewal prior to the event, please ensure this is addressed in good time to ensure your membership has been updated. It is advised that membership fees are paid by BACS or credit/debit card to ensure payment is received in time for the competition.

Accreditation must be worn by all club members at all times as it identifies where access is permitted at the venue.

Accreditation is non-transferable. Anyone found offering their accreditation to another person in order that they may gain access to access- controlled areas will have their accreditation withdrawn and they will take no further part in any activity in the event.

Nationality

All Gymnasts must present their passport or document to prove their nationality to compete in the event as determined by the English Gymnastics Association. There will be no requirement for this document to be kept by the registration team.

Babies and Young Children

In the interests of safety, for the smooth running and professional presentation of the Event, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

Technical Information

Judges Meeting

Judges meetings will take place at 08:45 on both days of competition in the STV Lecture Room.

Gymnast Withdrawals & Non-Participation Fee

Should a Group be withdrawn, for whatever reason, the club or coach must inform the Competition Organiser and Events Team via email & in person up to the close of registration for the relevant session. Withdrawals will only be officially accepted by email.

Registration

Groups should register in person just outside the Warm Up Hall as indicated in the timetable:

- A gymnast declaration form for each Group must be submitted at registration. A blank form can be found in Appendix 1.

Apparatus Specification

The competition carpet, including base, will be to FIG specification. Three further carpets (without bases) will be available in the Final Warm Up Area. Apart from the absence of a base, these will also be to FIG specification.

Replacement Hand Apparatus

The appropriate apparatus will be placed adjacent to the carpet at the start of each rotation.

Music Submission

All music changes should be uploaded to British Gymnastics GymNet by 12 noon on Friday 19th October.

Supervising coaches should carry a backup copy of all music files (contained within a USB storage/flash drive) which would be used in the event of any technical issues with the music submitted. Each track on the USB drive must be in MP3 format and clearly labelled with the following format: Name – Club – Age Group - Apparatus

If you have any problems with your submission, please contact the British Gymnastics Events Department on 03451297129 ext. 2396.

A music release form for each routine must be submitted to Becca Bunce via email (bexbunce@hotmail.com) as soon as possible. A blank form can be found in Appendix 3.

Anti-doping

Gymnasts can be selected for testing whilst competing in the UK or internationally.

If selected, a gymnast will be required to provide a urine sample, or occasionally, a blood sample. Gymnasts are advised to take an 'advocate' with them into the testing station. This could be a member of their medical team, a coach or a parent.

Gymnasts must declare all medications taken within the preceding 7 days. Parents, coaches and gymnasts are encouraged to regularly check any medication via the Globaldro website (www.globaldro.com), the Drug Enquiry Line (+44 (0) 800 528 0004) or by emailing information@ukad.org.uk

Competition Details

Timetable

For the purpose of maintaining the smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the Organising Committee reserve the right to alter the competition schedule, the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials.

March On

There will be no March on at the start of any of the sessions, there will be March on for all presentation sessions.

Working Order

A copy of the working order will be distributed by the competition organiser via email to all entered clubs and officials. Please note the working order is always subject to change due to any changes to the competition timetable or withdrawals.

Finals Working Orders – The working order for finals will be based on the following rankings from the All Around Event. See Appendix at the back of this document. The working order for finals will be circulated by email on Saturday evening and then again at the conclusion of the Sunday morning all around event.

Orientation Timetable

ENGLISH RHYTHMIC CHAMPIONSHIPS 2018					
SATURDAY 27th October 2018					
00:02	00:05	00:04	ORIENTATION SCHEDULE		
			2 minutes per piece		
Commence			Nos		
08:45	111	Junior Group	City of Birmingham Gym Club	Pearls	
08:50	112	Junior Group	i-star Academy	Eclipse	
08:55	113	Junior Group	South Essex Gymnastics Club	Starlings	
09:00	114	Junior Group	i-star Academy	Hurricane	
09:05	115	Junior Group	Ribby Hall Rhythmic Gymnastics Club	Ribby Hall Juniors	
09:10		Under 9	Free	ALL GYMNASTS	
09:12		Under 10	Rope	6,8,10,11,12	
09:14		Under 10	Rope	14,15,16,17,18,19	
09:16		Under 9	Rope	ALL GYMNASTS	
09:18		Under 10	Free	6,7,8,9,10,11	
09:20		Under 10	Free	12,13,14,15,16,18,19	
09:22	116	Junior Group	i-star Academy	Lunar	
09:27	117	Junior Group	South Essex Gymnastics Club	Falcons	
09:32	118	Junior Group	Team Bath Rhythmic Gymnastics	Team Bath Juniors	
09:37	119	Junior Group	Esprit Rhythmic Gymnastics Club	Esprit Junior Group	
09:42	120	Junior Group	City of Birmingham Gym Club	Stars	
11:55		Juniors	Clubs	39,40,41,42,43,44,45	
11:57		Juniors	Clubs	48,49,50,52,53,54	
11:59		Juniors	Hoop	39,41,42,44,45	
12:01		Juniors	Hoop	48,49,52,53,54	
12:03		Juniors	Ball	39,41,42,44,5,48	
12:05		Juniors	Ball	49,50,51,52,53,54	
12:07		Juniors	Ribbon	39,41,42,44,45,46	
12:09		Juniors	Ribbon	47,48,49,50,52,53,54	
12:14	121	Senior Group	i-star Academy	Storm	
12:19	122	Senior Group	Team Bath Rhythmic Gymnastics	Team Bath	
12:24	123	Senior Group	South Essex Gymnastics Club	Eagles	
12:29	124	Senior Group	Esprit Rhythmic Gymnastics Club	Esprit	
12:34	125	Senior Group	Rhythmic South Gymnastics	Rhythmic South	
15:10		Seniors	Ball	55,57,58,59	
15:12		Seniors	Ball	60,61,62,63	
15:14		Seniors	Hoop	55,57,58,59	
15:16		Seniors	Hoop	61,62,63	
15:18		Seniors	Clubs	55,57,58,59	
15:20		Seniors	Clubs	61,62,63	
15:22		Seniors	Ribbon	55,56,57,58	
15:24		Seniors	Ribbon	59,61,62,63	
15:28	100	Espoir Group	ELENA RGC	Elena	
15:32	101	Espoir Group	Rhythmic Gymnastics Club Worcester	Purple	
15:36	102	Espoir Group	Rhythmic Gymnastics Club Worcester	Worcester Red	
15:40	103	Espoir Group	Esprit Rhythmic Gymnastics Club	Esprit Espoir Group	
15:44	104	Espoir Group	Ribby Hall Rhythmic Gymnastics Club	Ribby Hall Espoire	
15:48	105	Espoir Group	South Essex Gymnastics Club	Robins	
15:52	106	Espoir Group	i-star Academy	Rainbows	
15:56	107	Espoir Group	Team Bath Rhythmic Gymnastics	Team Bath Espoir Red	
16:00	108	Espoir Group	i-star Academy	Stardust Aqua	
16:04	109	Espoir Group	City of Birmingham Gym Club	Gems	
16:08	110	Espoir Group	City of Birmingham Gym Club	Sparkles	

ENGLISH RHYTHMIC CHAMPIONSHIPS 2018					
SUNDAY 28TH OCTOBER 2018					
ORIENTATION SCHEDULE					
2 minutes per piece					
Commence				Nos	
	08:50		UNDER 11	Free	ALL GYMNASTS
	08:52		UNDER 12	BALL	29,30,31,32
	08:54		UNDER 12	BALL	33,34,35,36,38
	08:56		UNDER 11	CLUBS	20,21,22,23
	08:58		UNDER 11	CLUBS	25,26,27,28
	09:00		UNDER 12	CLUBS	29,30,31,32,33
	09:02		UNDER 12	CLUBS	34,35,36,38
	09:04		UNDER 12	Ribbon	29,30,31,32,33
	09:06		UNDER 12	Ribbon	34,35,36,38

Rules and Regulations

Volunteers

The Organising Committee will act to protect any volunteers working on their behalf. All English Gymnastics competitions operate a zero-tolerance approach to foul language or any abusive and aggressive behaviour. Anyone found to be breaking these rules will be asked to leave the competition arena and, if necessary, the venue. Please help us ensure the competition arena is a friendly atmosphere

Inquiries

There will be no inquiries permitted at this competition.

Tie Breaks

There will be no tie breaks.

Scoring and Results

Scoring and results are provided by the Organising Committee.

Presentation Ceremonies and Awards

All gymnasts and coaches participating in the presentation ceremonies must march on in competition attire. Participation Certificates will be provided to all gymnasts.

British Gymnastics Photo Policy

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by British Gymnastics. This is a summary of those conditions.

A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website: <http://www.british-gymnastics.org/governance>

If you do not agree to these conditions you may not bring any photography equipment into the venue or take any photos.

1. 'Photos' includes any form of video or still image including those taken with mobile phones.
2. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:

- a. Not to take photos, either generally or in particular circumstances.
 - b. To provide their full name and address and evidence of this
 - c. To let the Competition Organiser view any images recorded and to delete any images.
 - d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they cannot be deleted.
3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
 4. Photos may not be used, distributed or copied for commercial purposes.
 5. Flash may not be used at any time while gymnasts are warming up or competing.

GROUP GYMNAST DECLARATION FORM

Please complete one form per Group and hand in at Registration

Group name	
Club	
Signature of person submitting form	

First routine

1.
2.
3.
4.
5.
6.
Reserve

Second routine






Tick here if no change from first routine or complete table below

1.
2.
3.
4.
5.
6.
Reserve

MUSIC RELEASE FORM (Individual & Group)

Please complete one form per gymnast and return to Becca Bunce (bexbunce@hotmail.com) before 19th October 2018.

Gymnast Group name	
Club	
Contact details (in case of queries only)	

Apparatus	Length (seconds)	Words (Y/N)	Title	Artist/composer
				
				
				
				
				
				
Group 1 st APP				
Group 2 nd APP				

By submitting this form, the club confirms that the music conforms to the licensing requirements as per the 2018 Rhythmic Gymnastics Competition Handbook

APPARATUS FINALS DRAW

ENGLISH RHYTHMIC GYMNASTICS
CHAMPIONSHIPS 2018
APPARATUS FINALS - DRAW

Under 9 Free					Under 9 Rope				
No	AA Rank	Gymnast No	Name	Club	No	AA Rank	Gymnast No	Name	Club
1					1	2			
2		-	-	-	2	6	-	-	-
3		-	-	-	3	1			
4		-	-	-	4	7	-	-	-
5		-	-	-	5	5	-	-	-
6		-	-	-	6	3	-	-	-
7		-	-	-	7	4	-	-	-
8		-	-	-	8	8	-	-	-
Res 1			NO FINALS		Res 1				

Under 10 Free					Under 10 Rope				
No	AA Rank	Gymnast No	Name	Club	No	AA Rank	Gymnast No	Name	Club
1	8				1	5			
2	5				2	2			
3	1				3	4			
4	7				4	3			
5	4				5	7			
6	3				6	6			
7	2				7	1			
8	6				8	8			
Res 1					Res 1				

ENGLISH RHYTHMIC GYMNASTICS
CHAMPIONSHIPS 2018
APPARATUS FINALS - DRAW

Under 11 Free					Under 11 Clubs				
No	AA Rank	Gymnast No	Name	Club	No	AA Rank	Gymnast No	Name	Club
1	3				1	6			
2	6				2	2			
3	5				3	3			
4	8	-	-	-	4	8	-	-	-
5	4				5	1			
6	2				6	5			
7	1				7	7	-	-	-
8	7				8	4			
Res 1					Res 1				

**ENGLISH RHYTHMIC GYMNASTICS
CHAMPIONSHIPS 2018
APPARATUS FINALS - DRAW**

Junior Hoop					Junior Ball				
No	AA Rank	Gymnast No	Name	Club	No	AA Rank	Gymnast No	Name	Club
1	3				1	5			
2	2				2	6			
3	4				3	3			
4	5				4	8			
5	8				5	2			
6	7				6	7			
7	6				7	1			
8	1				8	4			
Res 1					Res 1				

Junior Clubs					Junior Ribbon				
No	AA Rank	Gymnast No	Name	Club	No	AA Rank	Gymnast No	Name	Club
1	5				1	6			
2	4				2	8			
3	7				3	4			
4	6				4	2			
5	8				5	7			
6	1				6	5			
7	3				7	3			
8	2				8	1			
Res 1					Res 1				

**ENGLISH RHYTHMIC GYMNASTICS
CHAMPIONSHIPS 2018
APPARATUS FINALS - DRAW**

Senior Hoop					Senior Ball				
No	AA Rank	Gymnast No	Name	Club	No	AA Rank	Gymnast No	Name	Club
1	4				1	1			
2	7				2	2			
3	5				3	3			
4	3				4	6			
5	8				5	7			
6	1				6	4			
7	6				7	5			
8	2				8	8			
Res 1					Res 1				

Senior Clubs					Senior Ribbon				
No	AA Rank	Gymnast No	Name	Club	No	AA Rank	Gymnast No	Name	Club
1	6				1	5			
2	4				2	4			
3	5				3	8			
4	1				4	1			
5	3				5	6			
6	2				6	2			
7	7				7	7			
8	8				8	3			
Res 1					Res 1				

**ENGLISH RHYTHMIC GYMNASTICS
CHAMPIONSHIPS 2018
GROUP APPARATUS FINALS - DRAW**

ESPOIR FREE GROUP					ESPOIR BALL GROUP				
No	AA Rank	Gymnast No	Name	Club	No	AA Rank	Gymnast No	Name	Club
1	6				1	8			
2	3				2	7			
3	7				3	5			
4	4				4	6			
5	1				5	1			
6	2				6	2			
7	5				7	3			
8	8				8	4			
Res 1					Res 1				
JUNIOR CLUBS GROUP					JUNIOR RIBBON GROUP				
No	AA Rank	Gymnast No	Name	Club	No	AA Rank	Gymnast No	Name	Club
1	7				1	2			
2	8				2	1			
3	5				3	5			
4	1				4	3			
5	2				5	7			
6	4				6	4			
7	3				7	6			
8	6				8	8			
Res 1					Res 1				

**ENGLISH RHYTHMIC GYMNASTICS
CHAMPIONSHIPS 2018
GROUP APPARATUS FINALS - DRAW**

SENIOR BALL & ROPE GROUP					SENIOR HOOP GROUP				
No	AA Rank	Gymnast No	Name	Club	No	AA Rank	Gymnast No	Name	Club
1	6				1	5			
2	4				2	4			
3	2				3	7			
4	5				4	2			
5	7				5	6			
6	8				6	3			
7	3				7	8			
8	1				8	1			
Res 1					Res 1				