



Home Country Association affiliated to British Gymnastics and representing the Regions of:
East, East Midlands, London, North of England, North West, South, South East, South West,
West Midlands, Yorkshire and the English Schools

www.englishgymnastics.org.uk

AGM REPORT October 2018

To unite and reflect the common purpose of the Regions and delivers and facilitates opportunities to develop and retain all involved in gymnastics

It has been another exceptionally busy year for the English Gymnastics Board, staff and volunteers, with several Major Events throughout the year, the Commonwealth Games in Gold Coast (AUS) and increased Squad activity.

The Board continues to meet quarterly and have worked hard to bring what it does in line with the priorities set in both the Strategy and Operational Plan. The document is now ready for review and English Gymnastics have sought the assistance of British Gymnastics to start this process and update the Strategy.

COMPETITIONS

Lead Director – Sue James

Since 1st November 2017, English Gymnastics have organised the following Championships and Qualification events:



English TeamGym Tournament (5th November 2017) – City of Newcastle Gymnastics Centre

This was the first year that England ran a TeamGym event and it was expertly organised by Enid Harrison from North Region. The event saw 18 Teams from Clubs around England, including Teams from Scotland. Although it was a small competition in terms of National events, there were a number of positives including Teams taking part in National TeamGym for the first time; having three Disability Teams – the first time they have had a real competition for medals; and a mini 'home International' in one Age Group with the Teams from Scotland involved. Feedback was extremely positive, and it was thoroughly enjoyed by all who took part.

English Women's Artistic Bronze, Silver & Gold Championships (11th & 12th November 2017) – New College, Leicester

This event was popular as ever, with 234 entries from 39 Clubs across England.

MAG/WAG English Championships 2018 (9th – 11th February 2018) – Redbridge Sports & Leisure Centre

This was the first year that the event had been held at Redbridge, which meant extra costs being incurred for floor fixings etc in the venue for the apparatus supplied by Gymnova. Entries (particularly for the Women) exceeded numbers in previous years with 523 competitors from 73 Clubs (including Clubs from other Home Countries and Ireland). This proved quite a challenge for the organisers and particularly Gymdata, who had to try and fit everyone into an already busy schedule. For the first time this year, competing Clubs were able to pre-register online via Gymdata for podium training slots as well as purchase tickets in advance of the event.





TRA/DMT English Championships Qualification Series 1 (7th/8th April 2018) – Medway Park, Gillingham

This was the first Trampoline and Double Mini National competition of the year and during the weekend the competition floor saw 401 Trampolinists, 159 Double Mini Trampoline competitors, 20 Disability Trampolinists and 57 Synchronised Trampoline Pairs competing to secure a place in the English Championships. This was the biggest entry so far for the first qualification event and saw, for the first time ever, Disability Trampolining introduced. During the weekend, selections were made for the Frivolten Cup from the England TRA and DMT Squad Members.

TRA/DMT English Championships Qualification Series 2 & English Silver TUM Championships (12th/13th May 2018) – Telford International Centre

The second qualification event in Trampoline and Double Mini – with 522 Individual Trampolinists, 21 Individual Disability Trampolinists, 71 Synchronised Trampoline Pairs and 194 Individual DMT competitors. This gave an opportunity for competitors (who had already attended Q1) to increase their scores or for those who had been unable to attend Q1 to compete for a place in the English Championships. A second Hall was booked at the same venue for the Silver Tumbling Championships, which proved very popular with 360 competitors from all over England. The weekend was another great success.

TeamGym English Tournament (17th June 2018) – City of Newcastle Gymnastics Centre

The event was, again this year, organised by Enid Harrison. When Entries were first received, it looked as if, for the first time, Teams from England, Wales and Scotland would be taking part and, as a consequence, an additional 'mini International' would be held. However, due to the GCSE timetable and minor injuries, the Scottish competitors had to withdraw. The English Teams, together with a Team from Wales, enjoyed a good level of competition and the 'International' at Level 4 proved really popular with gymnasts, coaches and spectators alike.

TRA/DMT English Championships & Gold Tumbling Championships (13th/14th October 2018) – EIS Arena, Sheffield

Last weekend saw the culmination of the TRA/DMT/TUM Calendar in England, with 313 Individual Trampolinists, 165 Individual Double Mini competitors, 61 Synchro Pairs, 23 Individual Disability Trampolinists and 146 Tumblers competing over the weekend.

FUTURE COMPETITIONS

For the remainder of 2018, we still have the English Rhythmic Championships in both Groups and Individuals, to be held over the weekend of 27th/28th October at University of Bath and the English Women's Artistic Bronze, Silver and Gold Competition on 17th/18th November at New College, Leicester. Discussions are also underway with Mel Saunders to introduce an ACRO English Competition – potentially to be held March/April 2019.

VOLUNTEERS

None of the English events would be possible without the dedication and support of so many volunteers, who give up their time freely to organise and run them. These volunteers are led by Sue James and Barry McLaughlin for Men's & Women's Artistic, Stephen Wood and Paddy Lavelle for Trampoline, Tumbling & DMT, Vicki Hawkins and Rachel Haines for Rhythmic and Enid Harrison for TeamGym. English Gymnastics would like to thank them and the many volunteers for their dedication to our sport in the last year.

ENGLAND SQUADS

Lead Director – Mike Weinstock

England now have Squads in Women's Artistic, Rhythmic, Trampoline, Double Mini Tramp and Tumbling. It is hoped to increase the number of Squads in late 2018/early 2019 to include TeamGym, Men's Artistic and potentially ACRO also. The two National Talent Officers (Kylie Walker – TRA/DMT/TUM) and Amy Fosshem (WAG/RHY) work closely with the Squad Coaches and BG National Coaches/Performance Team and all Squads now fit in with the BG Performance Pathway. Administration of the Squads continues to be much more professional, taking the day-to-day admin

responsibilities away from the Squad Coaches/Team Manager enabling them to concentrate on coaching. Squad Members continue to enroll online via Gymnet for Squad Camps, International Competitions etc and all income from Squad Activity is being reinvested back into the specific Squad to enable greater involvement in training and competitions.

The Women's Squad have changed their training venue from Rushmoor Academy to Loughborough University, with TRA/DMT/TUM having the majority of Camps at Lilleshall and Rhythmic continuing to use University of Bath.

INTERNATIONAL COMPETITIONS

WOMEN'S ARTISTIC

Leverkusen Cup, GER
20th – 22nd October 2017
1 x Team for England



Rushmoor Rosebowl, UK
20th – 22nd October 2017
2 x Teams for England

Sandra Clark Competition, UK
10th/11th November 2017
1 x Team for England

RHYTHMIC

Happy Cup, BEL
2nd-6th November 2017
Team : 3 x Seniors / 3 x Juniors



Gracia Competition, HUN
14th-19th February 2018
1 x Team for England

TRAMPOLINE & DOUBLE MINI TRAMP

Novitas Cup, NED
1st-3rd December 2017
Team of 8 DMT gymnasts for England



Frivolten Cup, SWE
9th-12th May 2018
9 x TRA and 12 DMT gymnasts
in the England Team

COMMONWEALTH GAMES 2018

The England Gymnastics Team travelled out to Gold Coast, with Mike Weinstock as Team Manager. The Teams selected were:



MEN
Max Whitlock MBE
Nile Wilson
Courtney Tulloch
James Hall
Dom Cunningham



WOMEN
Kelly Simm
Georgia-Mae Fenton
Alice Kinsella
Lucy Stanhope **
Taeja James **

** *Claudia Fragapane and Amy Tinkler were originally selected, but due to injury could not go out to Gold Coast and Lucy Stanhope and Taeja James were selected as replacements.*



RHYTHMIC
Mimi-Isabella Cesar
Stephani Sherlock
Hannah Martin

Artistic (Men's & Women's) took place from 5th to 9th April and the performances all round were absolutely fantastic with sixteen Commonwealth medals in total (see below):

GOLD MEDAL

Men's Team
Men's All-Around Finals – Nile Wilson
Men's Individual Rings – Courtney Tulloch
Women's Individual Uneven Bars – Georgia-Mae Fenton
Men's Individual High Bar – Nile Wilson
Women's Individual Beam Final – Alice Kinsella

SILVER MEDAL

Women's Team – **Silver**
Men's All-Around Finals – James Hall
Men's Individual Pommel – Max Whitlock
Men's Individual Rings – Nile Wilson
Men's Individual Parallel Bars – Nile Wilson
Men's Individual Vault – Courtney Tulloch
Men's Individual High Bar – James Hall

BRONZE MEDAL

Women's All-Around Finals – Alice Kinsella
Men's Individual Vault – Dom Cunningham
Women's Individual Beam Final – Kelly Simm

The Rhythmic Gymnastics took place in the same venue (The Coomera Arena) from 11th April, but unfortunately no medals were obtained.

COMMONWEALTH GAMES CONFEDERATION



During the Games, a Meeting of the General Assembly of the CGC took place. The EGA Chairman, Martin Laws, had submitted a nomination to be re-elected into the Trampoline Technical Representative position but in a turn-around of events, Martin was actually elected as the new President of the Confederation. This will be as well as retaining his role as Chairman of English Gymnastics. During the General Assembly, Martin promised modernisation of the organisation and, along with Helen Phillips from Wales, Meetings have already taken place to set the wheels in motion.

UNITED REGIONS

Lead Director – Paul Lipton

When the Board were reviewing the Strategic Plan, it was felt important to improve communications between English Gymnastics and the Regions as well as improving influence, lobbying power and the Governance of the EGA and, at the same time, supporting Regional Governance. The only Members of the English Gymnastics Association are the ten English Regions and, as such, the Chair (or Representative) from each of them is a Director on the EGA Board. This gives each Region an opportunity to be kept fully informed of developments within England and British Gymnastics, and likewise each Director is able to provide others on the Board with their success stories, views and updates on Regional activity at each Board Meeting by way of a Regional Update Report. Discussions are still taking place between our Legal Director, Adam Lovatt, and some of the Regions regarding Regional Governance. The Chair and Vice Chair of the Association have been visiting some of the Regional Executive Committee Meetings to hear their issues and concerns. Meetings with London, North West, South and Yorkshire Regions have already been held.

COMMUNICATIONS

Lead Director – Anne McNeill

A Communications Policy has been drawn up, which has been approved by the Board. This analysed the current communications flow within English Gymnastics and the communication channels between the organisation and external entities. The EGA Website continues to be used to provide updates/news/information on Events, Squad Activity etc and a new Facebook page has also now been introduced, which is used for 'on the spot' news items/information and is proving very useful and starting to gain more followers.



SAD DAY FOR ENGLISH GYMNASTICS



Saturday 9th July marked the end of an era, with the passing of the English Gymnastics President, Jim Moss. After a bout of ill-health, Jim passed away peacefully. Jim was involved originally with Gymnastics in the West Midlands during the 1970s, being appointed Honorary Secretary of the Region in the early 80s. He remained in his role until 2002, becoming Chair of the West Midlands Region until 2005; thereafter represent the English Gymnastics Association on the Regional Executive Committee. Jim had a long association with British Gymnastics (BG), initially as an IT Consultant, when he introduced the first windows-based Membership System in 1996, which he managed until 2000. In September 2003, Jim was appointed Honorary Secretary of an English Gymnastics Steering Committee and in 2005 Jim was appointed as the Chairman of the EGA and became one of three English nominated Directors on the BG Board. Jim continued to serve as a BG Director and Chairman of the EGA until his retirement from the BG Board in 2011, but continued as Chairman of the EGA until 2013, when he was elected Honorary President. Jim will be very sadly missed by all who knew him.

FUNDING

British Gymnastics provide funding to the Association in the form of staff costs and support for the England Squad Activity and Major Events. This funding has helped considerably to bring our Squads more in line with the BG Performance Pathway and to increase the professionalism of our Major Events.

SPONSORSHIP

English Gymnastics continue to work well with our major sponsors, Milano and Gymaid for the provision of England Squad Kit (Milano) and Trampoline equipment to our Major Events (Gymaid).

EGA BOARD

Chairman	Martin Laws	Vice Chairman	Paul Lipton
Hon. Secretary	Prof Mike Chappell		
North	Dave Portas	North West (Rep)	Mike Healy
Yorkshire	Christine Bowker MBE	East Midlands	Paul Lipton
West Midlands	Mike Weinstock	East	Debbie Morgan
London (Rep)	Anne McNeill	South East	Martin Laws
South	Elizabeth (Biz) Scales	South West	Mike Beagley
English Schools	Howard Todd	Events	Sue James
Legal	Adam Lovatt		

EGA STAFF

EGA Admin Manager
National Talent Officer (TRA/TUM/DMT and ACRO)
National Talent Officer (WAG/MAG/RHY and TeamGym)

Jan Charlton
Kylie Walker
Amy Fossheim



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