



Home Country Association affiliated to British Gymnastics and representing the Regions of:
East, East Midlands, London, North of England, North West, South, South East, South West,
West Midlands, Yorkshire and the English Schools

www.englishgymnastics.org.uk

AGM REPORT

October 2017

To unite and reflect the common purpose of the Regions and delivers and facilitates opportunities to develop and retain all involved in gymnastics

In 2015 and early 2016 the Board of English Gymnastics spent considerable time (with the assistance of British Gymnastics) reviewing its Strategy and Forward Plans for the next five years. English Gymnastics wanted to make it clear that it remained committed to playing a strong role in the development of Gymnastics in England and provide a conduit between the Regions (our Members) and British Gymnastics (our partner). A Strategic Plan and Annual Operational Plan were drawn up, which highlighted four Priority Areas:

- Competitions
- Squads
- United Regions
- Communications

Over the past twelve months, English Gymnastics has worked hard to bring what it does in line with the priorities set in both the Strategy and Operational Plan and all EGA Board Meetings report back on activity and progress based around the four Priority Areas.

COMPETITIONS

Lead Director – Sue James

In the last year, an England Joint Technical Committee has been formed, Chaired by Mike Weinstock and with the Technical Lead from Women's Artistic, Men's Artistic, Rhythmic, TRA/TUM/DMT and TeamGym in attendance. This is an opportunity to discuss Competitions and Squads in England and plan Budgets for these activities in advance of discussions with the English Association and British Gymnastics each year.

Since the 1st October 2016, English Gymnastics have organised the following Championships and Qualification events:

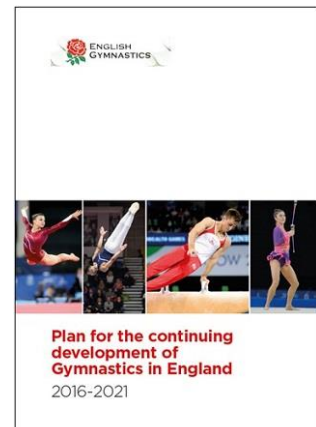
Women's Artistic Bronze, Silver & Gold (12th & 13th November 2016) – New College, Leicester

This event is becoming more and more popular each year, with numbers rising from 204 in 2015, to 305 in 2016 (40 Clubs). The event is split into several categories, including Bronze Junior/Intermediate/Senior, Silver Junior/Intermediate/Senior and for the first time in 2016 a Gold category was included.



Trampoline & DMT English Championships (19th & 20th November 2016 – Skydome, Coventry)

After consultation with British Gymnastics and the Trampoline, Tumbling and DMT fraternity, 2016 saw the first TRA and DMT English Championships. 280 individual competitors entered this event, some participating in up to three disciplines (ie Individual Trampoline, Trampoline Synchro and DMT). It was hoped to include Tumbling in this first



Championships, but this did not prove possible. The event also gave the English Regions the chance to enter a Regional competition, in which Teams were put forward to compete in Trampoline, Synchro and DMT.

Men's & Women's Artistic English Championships (7th-9th April 2017) – Loughborough University



This Championships has always been extremely popular, with Esprit/U12s competing Friday, Seniors/U18 on Saturday and Junior/U14 & U16 on Sunday. For the 2017 the event clashed with a World Cup event at the O2 Arena over the same weekend which took many of the top athletes to London. Despite this, 251 competitors took part (Women over 4 apparatus/Men over 6) from 80 Clubs. This event is normally a qualification event for the British Championships, but this wasn't the case for 2017 and instead it was classed as a selection event for the 2018 Commonwealth Games instead.

Rhythmic English Championships (25th June 2017) – GMAC, Birmingham

The Rhythmic English Championships has been happening at GMAC, Birmingham for a number of years and is very popular with the Rhythmic community. There were only 78 competitors from 19 Clubs, but they competed in up to 6 apparatus (Ball, Hoop, Ribbon, Clubs, Free and Rope) depending on their Age Group. It is hoped in 2018, to introduce an Rhythmic English Championships for Groups.



TRA/DMT Qualification Series 1 & 2

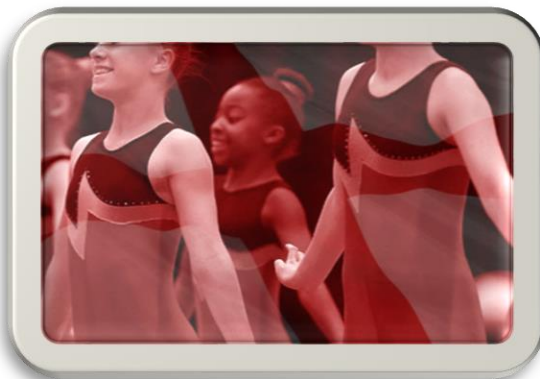
In the build up to the 2017 TRA/TUM/DMT English Championships, two Qualification events were organised - the first at Fenton Manor in April and the second at University of Bath in May. From these Qualification events, the Top 16 Trampolinists in each Age Group and Top 12 DMT competitors in each Age Group were offered a place at the English Championships. For Tumbling, results from the Spring Event Series were used to establish the Top 16 in each Age Group who would be invited to the English Championships.

TRATUM/DMT English Championships & English Regional Cup 2017 (14th & 15th October 2017) – English Institute of Sport, Sheffield

This Championships is taking place in October 2017 at the EIS, Sheffield. A lot of hard work has gone into the organisation of this event which, for the first time, will incorporate Tumbling and Disability Trampoline on the Saturday. 389 Individual competitors have been entered, some taking part in more than one discipline on the day. Sunday will be dedicated to the English Regional Cup, in which five of the English Regions (North West, West Midlands, South East, South and South West) have put forward Teams to take part in a Team Trampoline Knock-Out, Team DMT Knock-Out, Synchro.

FUTURE COMPETITIONS

For the remainder of 2017, we still have the Women's Artistic Bronze, Silver and Gold Competition on 11th and 12th November at New College, Leicester plus, for the first time, the TeamGym English Tournament, which is being organised by Enid Harrison and will take place at City of Newcastle Gym Club on 5th November.



VOLUNTEERS

None of the English events would be possible without the dedication and support of so many volunteers, who give up their time freely to organise and run them. These volunteers are led by Sue James and Barry McLaughlin for Men's & Women's Artistic, Stephen Wood for Trampoline, Tumbling & DMT, Vicki Hawkins and Rachel Haines for Rhythmic and Enid Harrison for TeamGym. English Gymnastics would like to thank them and the many volunteers for their dedication to our sport in the last year.

ENGLAND SQUADS

Lead Director – Mike Weinstock

England now have Squads in Women's Artistic, Rhythmic and Double Mini Tramp with plans on board to increase this to Trampoline, Tumbling, TeamGym and potentially ACRO in late 2017/early 2018. In April 2017, British Gymnastics employed two National Talent Officers to take on and move forwards with the current England Squads. Kylie Walker has the responsibility for TRA/TUM/DMT and, in the future, ACRO and Amy Fossheim has responsibility for WAG/MAG/ RHY and, in the future, TeamGym. Since they started in these roles, administration of the Squads has become much more professionalised, taking a lot of the day-to-day admin responsibilities away from the Squad Coaches/Team Manager, giving them more time to concentrate on coaching. Squad Members now enroll online via Gymnet for Squad Camps, International Competitions etc and all income from Squad Activity is being reinvested back into the specific Squad to enable greater involvement in training and competitions.

The Women's Squad have 3-4 Training Camps at Rushmoor Academy in Aldershot each year, with the Rhythmic girls heading to University of Bath and DMT Squad at Lilleshall.

All Squad activity now runs in line with the BG Performance Pathway and Squad Selection Policies are currently being finalised in consultation with the BG Performance Team. Role Profiles for all Team Coaches/Assistant Coaches are also now being finalised.

INTERNATIONAL COMPETITIONS

Women's Artistic

Leverkusen Cup, GER
8th October 2016
2 x Teams for England



Rushmoor Rosebowl, UK
22nd October 2016
2 x Teams for England

Rhythmic

Aphrodite Cup, Greece
24th-26th March 2017
Team : 3 Seniors and 3 Juniors

Vitry Cup 2017
Lloret de Mar, Spain
26th-28th June 2017
Team : 6 Seniors and 2 Juniors



AmsterdaMMasters, NED
6th-7th May 2017
Team : 2 Seniors

UNITED REGIONS

Lead Director – Paul Lipton

When the Board were reviewing the Strategic Plan, it was felt important to improve communications between English Gymnastics and the Regions as well as improving influence, lobbying power and the Governance of the EGA and, at the same time supporting Regional Governance. The only Members of the English Gymnastics Association are the ten English Regions and, as such, the Chair (or Representative) from each of them is a Director on the EGA Board. This gives each Region an opportunity to be kept fully informed of developments within England and British Gymnastics, and likewise each Director is able to provide others on the Board with their success stories, views and updates on Regional activity at each Board Meeting by way of a Regional Update Report. Our Legal Director, Adam Lovatt, has been in discussion with some Regions regarding Regional Governance and reviewing their Constitutions.

COMMUNICATIONS

Lead Director – Anne McNeill

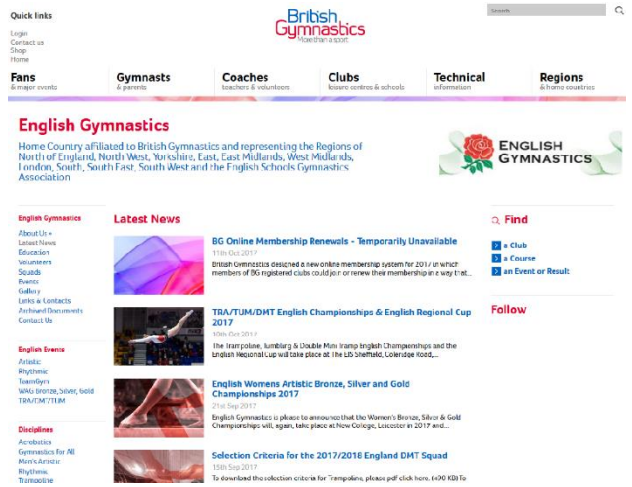
A Communications Policy has been drawn up, which analysed the current communications flow within English Gymnastics and the communication channels between the organisation and external entities. It recommended ways in which the selected target audiences can gain maximum awareness of English Gymnastics' key messages. Its main aims were to:

- Make audiences aware of the role of the EGA and its achievements
- Source sponsorship
- Inspire confidence among stakeholders
- Increase grassroots participation within the regions and, in turn, help to produce tomorrow's champions
- Boost morale among volunteers in order to retain their support
- To keep the gymnastics community informed about the activities of the EGA, competitions and news, creating a sense of belonging and participation

Whilst the English Gymnastics Website continues to be used to provide updates on Events, Squad Activity and New Items, the Board are keen to investigate branching out into Facebook/Twitter or Instagram as a means of sending short, for the moment, news items and messages. In order to be able to do this, it is anticipated that the EGA will have to try and find a suitable volunteer to take on this responsibility.

COMMONWEALTH GAMES 2018

Progress is well underway for next year's Commonwealth Games on the Gold Coast, Australia. Mike Weinstock has been selected as the England Gymnastics Team Manager and will be taking gymnasts in Women's Artistic, Men's Artistic and Rhythmic out to the Australia in April 2018. Declarations of interest have been received from gymnasts and coaches, with pre-Games training already underway. A series of selection events are about to start and will be used to decide the final Team.



Max Whitlock MBE (MAG), Kristian Thomas (MAG) and Mimi-Isabella Cesar (RHY) have been announced as key members of the Team England Athlete Ambassador Programme with Max being given the honour recently of bringing the Queen's Baton into the Guildhall in London on its journey around the World in the lead-up to the Opening Ceremony.

FUNDING

British Gymnastics provide funding to the Association in the form of staff costs and support for the England Squad Activity and Major Events. This funding has helped considerably to bring our Squads more in line with the BG Performance Pathway and to increase the professionalism of our Major Events.

SPONSORSHIP

In the last twelve months, English Gymnastics have signed Sponsorship deals with Milano – for England Squad Kit and support at Major Events and Gymaid – for the provision of Trampoline equipment to our Major Events.

LEGAL

Below is a list of the key issues that our new Legal Director, Adam Lovatt has looked at since he was appointed:

- Looking at the UK Sport and Sport England Guidelines in relation to Good Governance and assisting in relation to queries relating to English Gymnastics being fit for purpose
- Various queries regarding the Nationality Criteria for athletes competing for England. Drafting a set of Guidelines in relation to the Nationality requirements which have been implemented by the Association and answering various individual queries on the Nationality rules
- Discussions regarding insurance in place for English Gymnastics events
- Drafting and amending contracts for sponsorship with Gymaid Limited and Milano Pro Sport
- Analysis of the Company structure of each of the English Regions and proposing a uniform company structure for them, which would fit into a new set of Memorandum & Articles of Association for English Gymnastics

EGA BOARD

President	Jim Moss	Chairman	Martin Laws
Vice Chairman	Paul Lipton	Hon. Secretary	Prof Mike Chappell
North	Peter Crawford (retired June 2017)	North West	<i>Currently Vacant</i>
	Dave Portas (from June 2017)	Yorkshire	Christine Bowker MBE
East Midlands	Paul Lipton	West Midlands	Mike Weinstock
East	Debbie Morgan	London (Rep)	Anne McNeill
South East	Martin Laws	South	Elizabeth (Biz) Scales
South West	Mike Beagley	English Schools	Howard Todd
Events	Sue James	Legal	Adam Lovatt

EGA STAFF

EGA Admin Manager	Jan Charlton
National Talent Officer (TRA/TUM/DMT and ACRO)	Kylie Walker
National Talent Officer (WAG/MGA/RHY and TeamGym)	Amy Fossheim



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