



ENGLISH GYMNASTICS

National Competition Handbook 2022 English Jim Moss B, S, G Championships

Version 1.0

WAG

www.english-gymnastics.org.uk

Formally known as the English WAG B, S, G Championships



Version History

English Gymnastics reserves the right to make amendments to this handbook.

Notification of a change to the handbook will be communicated through the [EGA Gymnastics Website](#). All updated versions will be made available to download at the time of change.

All versions will be listed on this page, regarding amendments made:

Version 1.0

Title	Amendment	Page range
Title page	Event name change – previously known as the English WAG Bronze, Silver & Gold Championships , now known as the English Jim Moss B, S, G Championships	0
Entry Fee	Entry fee increased to £40 per gymnast	19
Spectators Ticket Information	Spectating fee have increased	25
Competition Handbook	Branding update, grammatical alterations, links, page numbers	Whole document
Competition Handbook	Formatting, alignment of both English Gymnastics & British Gymnastics policies & processes.	Whole document

This event has been rebranded as the **English Jim Moss B, S, G Championships** in memory of Jim and his work as Chairman for many years in the EGA.



About English Gymnastics

The English Gymnastics Association Limited (EGA) was originally formed in 1982 by the 10 English Regions, to ensure that England was represented in the Commonwealth Games and other International events. English Gymnastics is recognised by Commonwealth Games England and the Commonwealth Gymnastics Federation. We have also been instrumental in ensuring that English Championships now enjoy a major event status in the British Gymnastics calendar.

The English Gymnastics Strategy aims to meet the following vision and core purpose:

- To unite and reflect the common purpose of the Regions
- To deliver and facilitate opportunities to develop and retain all involved in gymnastics



British Gymnastics

British Gymnastics (BG) is proud to be the UK Governing Body for the sport of Gymnastics. We exist to support, lead, and inspire all those involved or interested in Gymnastics.

British Gymnastics provides a national directive and structure for the sport; delivering a range of opportunities across the age spectrum to take part and stay in gymnastics, as well as developing talent and delivering top-level success.

The British Gymnastics strategy aims to meet the following vision and core purpose:

- Gymnastics is a passion shared by millions
- To create and inspire lasting success for Gymnastics





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Definition of Terms

Championships means any English Championships or Competition organised by the EGA.

Code means the Code of Points used for the competition, from which technical information and regulations are taken such as EGA, BG or FIG.

EGA means English Gymnastics Association.

Event means any National competition and Championships organised by the EGA.

FIG means Federation International de Gymnastique.

Organiser(s) means the English Jim Moss B, S, G Competition Organisers

Supervising Coach(es) are those coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. Any changes to the supervising coach(es) submitted on the [British Gymnastics Online Entry System \(GymNET\)](#) must be notified via email to [English Gymnastics Events](#), prior to the event and, in exceptional circumstances, if changes are required during the event, these must be notified to the Organisers.

Assisting Coach(es) are coaches who are permitted on the competition floor and/ or warm up hall, but who work under the guidance and responsibility of the supervising coach. Assisting coach(es) must meet all the relevant eligibility requirements.

Unattached means gymnasts who are not members of a British Gymnastics registered club but hold appropriate British Gymnastics membership.

WAG means Women's Artistic Gymnastics.

Where no specific point is addressed in these Regulations, the current FIG Rules apply. However, the Technical Committee and its appointed officials reserve the right to define any Regulation conflict as is deemed appropriate to ensure a fair and equitable competition.



Key Contacts

English Gymnastics Event Organisers:

England Organiser 1: Sue James

England Organiser 2: Barry McLaughlin
Email: barry1mclaughlin@aol.com

English Gymnastics Contact Details:

Chairman: Martin Laws
Tel: 01634 855507
Email: martin.laws@englishgymnastics.org.uk

EGA Admin Manager: Jan Charlton
Tel: 0345 1297129 Ext 2640
Email: jan.charlton@englishgymnastics.org.uk

EGA Event Enquiries Email: engevents@englishgymnastics.org.uk

British Gymnastics Contact Details:

BG Customer Support (GymNET Entries etc.) Email: customersupport@british-gymnastics.org



1. Competition details – Overview

Competition Event Calendar 2022

Date & Venue:	Events:	Entry Opening Date:	Entry Closing Date:	Other Information
12 th & 13 th November 2022 New College Leicester, LE3 6DN	English Jim Moss B, S, G Championships 2022	5 th September 2022	Noon on the: 6 th October 2022	Bronze, Silver, Gold



2. Eligibility & Membership

This is open to all British Gymnastics registered clubs, **who must be affiliated to their respective English region**. All persons attending English Gymnastics events in an official capacity, whether as a gymnast, coach, judge or official, are required to hold current British Gymnastics membership in line with the level of competition entered and/or qualifications held i.e., Complimentary, Silver, Gold, Joint Gold, or Life Membership of British Gymnastics.

Nationality

- Participants in all English Gymnastics events are subject to the requirements of Membership, Club/ Regional Registration, and other conditions of entry.
- Participants must be a British Citizen, holding a British Passport (or be in the process of obtaining British Citizenship and/ or Passport) **and** have lived in England for a period exceeding 36 months.
- The mother, father or a grandparent of a Gymnast must have been born in England.
- Participants must not be a member of a Squad of any other Commonwealth country or previously represented another Commonwealth country, unless the consents required by [Byelaw 17\(3\) of the Constitutional Documents of the Commonwealth Games Federation \(CGF\)](#) have been obtained.
- If a participant does not meet any of the above Criteria, but nevertheless wishes to be considered for entry, the participant may petition the English Gymnastics Approval Panel in writing, via email to the [English Gymnastics Events](#). The Approval Panel's decision in this regard shall be final. The Approval Panel shall be consisted of the Chairman and Vice Chairman of English Gymnastics, together with the individual Chairperson, in England, of the specific Gymnastics discipline within which the participant is seeking to compete. The Panel's decision in this regard shall be final. Decisions on these matters are not open to appeal.
- Disclosure: It is the responsibility of the person making the Competition Entry to ensure that all gymnasts have their Nationality declared within the GymNET Online Entry portal or as soon as possible via email to the [English Gymnastics Events](#).

Policy for the Participation of Trans People in Gymnastics Competition

For information on trans people in gymnastics competition, please refer to the [Club Hub - Resources](#).

Order of Performance

The order of performance will only be confirmed once all entries have been received. All start lists and timetables will be published on the [British Gymnastics Find an Event](#) and the [EGA Website](#) alongside the official's lists.

The order or performance will also be emailed to all participating clubs at least **two weeks before the first day** of the competition.

The competition organisers reserve the right to:

- Adjust the timing of the events across the competition weekend if required.
- Run up to one hour ahead of schedule.
- Make changes/ alterations to the groupings and panels to enable the competition to run on time and smoothly.

To maintain a smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the ETC reserves the right to alter the grouping of gymnasts and/ or running order of gymnast.



Competition Move-Up Rules

At this competition, there is no set criteria for this year. However, coaches are expected to enter gymnasts into a level which is fair and appropriate comparing the rules to previous levels where possible.

Judge, Coach, Gymnast requirements

The following provides requirements for Judges, Coaches, and Gymnasts that are to be involved within this event.

Note: Only Clubs affiliated to their respective Regions will be allowed to enter English Gymnastics events

Membership

All persons attending EGA events in an official capacity, whether as a Gymnast, Coach or Judge, are required to hold current British Gymnastics Membership upon entry to and in attendance, in line with the level of competition entered and awards held.

Coaches, Judges and Gymnasts should carry proof of British Gymnastics Membership to all competitions and be prepared for these to be checked by the Organisers or their appointed officials.

- **Gymnasts**

Membership level must be Competitive Gymnast, Coach or Life Member of British Gymnastics to enter an EGA event.

In normal circumstances, Gymnasts should also be a member of a British Gymnastics Registered Club.

- **Lead Coaches**

Lead Coaches' Membership level must be Coach or Life Member of British Gymnastics.

Coaches must be qualified to the level of the skills being performed before being allowed to participate in an EGA event.

Lead Coaches must have a current Safeguarding and DBS Certificates – See [Safeguarding Section](#).

The Lead Coach may authorise other Coaches from their club to coach skills of a maximum of 1 level higher than that coach's qualification (Supervised Coach) but has responsibility for ensuring that they are competent to do so.

Further information on the **Lead Coach Guidance** can be found within on the [British Gymnastics website > Technical Information > Competition Handbook](#).

➤ **One** (1) Supervising Coach per Gymnast from **two** (2) nominated, will be permitted into the competition area at any one time.

- **Coaches**

Coaches' membership level must be Coach or Life Member of British Gymnastics and must be qualified to a minimum of Level 2.

Coaches must be qualified to the level of all the skills being performed by the gymnast for which they are responsible.



Coaches must have current Safeguarding and DBS Certificates. See [Safeguarding Section](#).

- **Supervised Coaches**

To be a Supervised Coach, you must be a minimum of Level 2. With the explicit authorisation of the Lead Coach, Supervised Coaches may coach skills at the maximum of 1 level higher than their current qualification.

Before being allowed to participate in an EGA event, the Supervised Coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified.

Further information on the **Lead Coach Guidance** can be found within on the [British Gymnastics website > Technical Information > Competition Handbook](#).

- **Assisting Coaches**

Assisting Coaches' Membership level must be Assistant Coach (if Level 1), Coach or Life Member of British Gymnastics before being allowed to participate in an EGA event.

Assisting Coaches must have a current Safeguarding and DBS Certificate - See [Safeguarding Section](#).

Assisting Coaches cannot be responsible for the gymnasts.

- **Volunteers**

Volunteers are vital to help with the smooth running of the competitions. We always welcome volunteers who will be willing to help setup and break down of the competition floor at the start and the end of the event. The EGA welcome all young leaders and would be happy to find jobs for all who wish to volunteer to help make our competitions run smoothly.

Volunteers' full names are to be emailed to [English Gymnastics Events](#) for accreditation.

- **Judges**

Judges must hold a suitable level of British Gymnastics membership before being allowed to officiate at an EGA event – see [British Gymnastics website \(membership\)](#) for further details.

Judges must also hold a current Cycle of Judging Award (Cycle 14/ 15).

The EGA does not required Judges to complete a Criminal Record Check (DBS) to Judge at EGA competitions, as the role that Judges fulfil at the event no longer falls within [DBS Eligibility](#). However, some Judges are actively involved in Club gymnastics and may provide Judging instruction to children in a training environment or carry out a supervisory role (or may complete a Criminal Record Check by virtue of another role they undertake e.g., Coach). As not all Judges use their qualification in the same way, it is the Club's responsibility to assess the role the Judge is undertaking and determine whether the activities involved fall within the Eligibility Criteria for a Criminal Record Check. British Gymnastics no longer requires all Judges to complete Safeguarding Training, but Clubs should ensure any Judge who supervises or instructs children has completed appropriate training.

For further information on Membership levels, please visit the [British Gymnastics Website](#).



Coach Qualifications

When submitting entries for an EGA event, Clubs must ensure that the nominated Supervising Coach(es) is/are qualified to the level of the participant's performance. The practice of supervising participants working above the level of the Coach's qualification is not allowed.

All Coaches must have completed the [British Gymnastics Positive Coaching Module](#).

All Coaches entered into the event entry, must be the same ones attending the event. It is unacceptable to enter a Coach you know will not be attending. The Lead Coach has the ultimate responsibility for all the participants from their Club and that of the Supervising Coaches, Assistant Coaches, Chaperones & Choreographers.

It is the Club's responsibility to ensure that only accredited Coaches are on the Field of Play and Warm-Up areas. Coaches who are used to push mats must be at least a Level 2. Lead Coaches have a duty of care towards their performers and have responsibility to ensure that all the Coaches under their supervision are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically, and psychologically, for performing their routines in a competition situation. Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting Coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

Men's Artistic specific note:

A Men's Artistic Coach may take gymnasts on Vault, Bars and Floor if their training and qualifications cover the skills being performed

Men's Artistic coaches are not qualified to coach beam

If it is found that a Club is in breach of these policies, the EGA reserves the right to reject an entry on the grounds of Gymnast safety or, if discovered post-performance, to disqualify the competitor and remove their score(s) from the official results.

Safeguarding

All Coaches, Lead Coaches, Supervised Coaches and Assisting Coaches are required to hold a valid DBS certificate, **or Home Nation equivalent**, and have current Safeguarding and Protecting Children Awareness training at the time of the event.

Coaches who do not fulfil this requirement will not be accredited or allowed to participate at British Gymnastics Events.

All **gymnasts must have an accredited coach**, present on the field of play and in the warmup hall at all times. If a gymnast attends a competition without a suitably qualified coach or supervised coach, they will not be allowed to compete.

More information about our safeguarding requirements and the training/certificates that we accept, can be found on our website via the [Safeguarding and Safe Sport page](#) under 'Safeguarding', and by scrolling down to 'Training'.



Coaches must also have a **valid home country criminal record check both at the time of entry and through to the end of the event before being allowed to participate at a British Gymnastics Event.**

These changes are applicable to British Gymnastics members. Wales are reviewing their own and Scotland always deal with theirs separately.

Publication of Results

After individual events & the final qualification event, results will be collated, ranked, and verified before publication. Results and standings will be sent out as soon as possible in the week following the competition.

A link to the results and tables will be placed in the [British Gymnastics Find an Event](#) and on the [EGA Website](#).

Event Discipline Details

Tall Gymnasts – Uneven Bars

In accordance with the current FIG Rules, Bars may be raised to cater for taller gymnasts.

The request for the bars to be raised must be at the time of competition entry.

Springboards

A Variety of Sprung boards will be provided.

Gymnasts will not be permitted to bring their own springboards.

Age Policy

For entry to all age dependent categories, a gymnast's age will be taken as the age reached in the year of the competition.

Year Born Eligibility for competitions 2022		
Bronze Level		
Bronze Junior	9 – 10 Years	Born 2013 – 2012
Bronze Intermediate	11 – 12 Years	Born 2011 – 2010
Bronze Senior	13 +	Born before 2009
Silver Level		
Silver Junior	10 – 11 Years	Born 2012 – 2011
Silver Intermediate	12 – 13 Years	Born 2010 – 2009
Silver Senior	14 +	Born before 2008
Gold Level		
Gold	11 +	Born before 2011



3. Event Structure: English Jim Moss B, S, G Competition

Competition format is as per FIG Competition 1 (Cycle 15 Rules) except as found on the attached rules.

Gymnasts cannot enter these competitions if they have competed at British or English Senior, Junior or Espoir Championships level or have represented their country at any level.

Those who have competed in Age Compulsory Level 3, 2 or 1 **in the current or previous two years, can only enter gold level.**

Anyone who attained the qualifying score to enter the British Artistic Championships 2022 cannot enter this event.

Note for Vault: Bronze, Silver and Gold levels will be able to do 2 vaults from the same Group. Highest score to count.

Awards

- The Overall Bronze Junior, Intermediate and Senior Champions will be awarded Salvers along with an AA Gold Medal
- The Overall Silver Junior, Intermediate and Senior Champions will be awarded Salvers along with an AA Gold Medal
- The Overall Gold Champion will be awarded a Salver along with an AA Gold Medal
- Apparatus Winners within each Section/ Piece will be determined by the AA scores with Medals awarded for 1st to 3rd Place.

Music requirements

Music submission date:	13 th October 2022 at noon
Music submission method:	Via GymNet
Music format:	Instructions for submitting music electronically may be found within the Online Entry Guide
Late Music Submission:	£20 per gymnast (This will be invoiced by the EGA Events Team)

Music licensing (where applicable)

All music used in competition routines must conform to the relevant licensing requirements. Details may be found on the [Club Hub - Resources](#)..

Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil can be used but this should be checked on the PPL website to confirm the track is included within their repertoire.

To check tracks, go to the [PPL website - music checker](#) and enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber, or Cirque du Soleil to use the track and pay the relevant licensing fees.

The Event Organiser isn't liable for any damages for of music devices brought on the day, this the responsibility of the Club/ Coach.



You may hear the organiser/ host venue playing music, this will also abide by the PPL/ PRS licensing laws.

Event day music requirements

The Coach must carry a backup copy of the uploaded music via flash drive in case of technical issues.

The use of YouTube, iPads and phones, or CD-ROM's will not be permitted as a form of backup music.



4. Entry Process

Online Entry

Entry to the English events is completed via the [British Gymnastics Online Entry System \(GymNET\)](#).

Complete instructions for adding an entry via the GymNET Online Entry Portal and are available to download from the [British Gymnastics Website](#).

All entries must be fully submitted electronically by the stipulated closing date/ time.

Queries relating to the process, to initially be directed via email to [English Gymnastics Events](#).

Number of Entrants

The number of entrants for each **level (not Age Group) will be restricted**.

Entries will be accepted strictly on a 'first come, first served' basis.

Once all places have been filled in any particular competition, GymNET will be closed for that competition and Clubs will need to email [English Gymnastics Events](#) to ask for gymnasts to be added to the **Waiting List**.

When submitting a request for the waiting list, the **following details are required**:

- Club
- Club contact name
- Contact email address
- Gymnast full name
- Gymnast membership number
- Gymnast DOB
- The level which they wish to enter

5. Entry Fees

Entry Fee for the English Jim Moss B, S, G Competition (WAG)

Entry of 1 Gymnast:	£40.00
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Method of Payment

Payment can **ONLY** be made by **Debit/ Credit Card** – British Gymnastics will reject payment made by any other method (i.e., cheque or BACS). Payments are required at the same time as the entry is submitted.

Entry fees are non-refundable after the closing date.

Entries are made via the [British Gymnastics Online Entry System \(GymNET\)](#).

Late Entries

Late entries will not be accepted for this event.

Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded (minus a 3% admin charge).



Entry fees are non-refundable after the closing date.

Where it is necessary to substitute a coach, the club must inform the [English Gymnastics Events](#) so that the coach can be checked for membership, awards, and safeguarding before they can be accredited for the event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute(s) must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, current British Gymnastics membership and current British Gymnastics specific DBS and Safeguarding certificates, otherwise they will be unable to access the competition floor.

6. Provision of Officials

For the English Jim Moss B, S, G Championships all the judges will be sourced by the EGA by the Judge Coordinator and Event Organisers.

EGA will provide overnight accommodation for all Judges selected, together with an allowance for dinner at £20/day and travel expenses up to a maximum of £150. Expenses can be claimed after the event with all relevant receipts as part of proof of claim.

See [Appendix 2 - Volunteering at English Events](#) if anyone wishes to volunteer and support the judges or officials for this event.

7. Competition Attire

Gymnasts

In order to make EGA events more inclusive and accessible, a British Gymnastics Policy has recently been approved by the British Gymnastics Board, following consultation with the National Technical Committee and having adopted feedback received from the community.

In principle, this Policy should be read in conjunction with, the discipline specific policies and references in the Code of Points and other documents.

The policy seeks to break down barriers to participation by, for example, removing gender specific requirements for competition attire.

For competitive events, gymnasts must wear a suitably supportive, safe, and appropriate nontransparent leotard/unitard according to FIG/ British Gymnastics policy. Competition leotards/unitards must be well fitting and protect the modesty of the gymnasts. Suitable matching shorts are permitted.

These overarching principles may be found in the [Club Hub - Resources \(Clothing Attire at Events Policy\)](#). The implementation of this Policy will be monitored for the first year and reviewed accordingly, but Coaches are encouraged to email the [English Gymnastics Events](#) or their respective Competition Organiser should they have any queries about the attire that they propose for their gymnast to wear at EGA events.

Advertising must adhere to the [Club Hub - Resources \(Advertising on Clothing & Competition Attire at Events Policy\)](#). When representing your Club, the wearing of GBR or Home Country attire at EGA events is strictly forbidden. For the avoidance of doubt, any inclusion of the Union Flag (or other Home Nation Flag) within the design of any leotard is expressly forbidden.



The removal of leotards on the Field of Play is not allowed.

English Gymnastics has a strict **no jewellery policy** during training or performance. Ensure all piercings and body adornments are removed prior to the competition.

Bandages or support pieces cannot be in colours and must be of a skin colour.

Exceptions are as per the [Club Hub - Resources \(Health & Safety Guidance: Safe Coaching\)](#)

Coaches

- Coaches must wear a tracksuit with full length tracksuit bottoms or full-length tracksuit bottoms with a collared polo shirt or club t-shirt and appropriate gym/ training shoes.
- The wearing of GBR or Home Country attire at EGA events is strictly forbidden - unless on International duty for your Home Country.
- Long hair should be braided or tied back so as not to obscure vision.
- Coaches will not be allowed to support on the competition floor if wearing ANY jewellery. Exceptions are as per the [Club Hub - Resources \(Health & Safety Guidance: Safe Coaching\)](#).

Non-compliance may result in removal of the Coach and consequently, for health and safety reasons, their Gymnast(s) from the competition.

Judges Uniform

- Dark blazer or suit jacket
- Dark trousers or Skirt
- White shirt
- Black shoes
- For regular judges
 - Men: A navy blue or English Gymnastics ties
 - Ladies: An English Gymnastics scarf should be worn
- Recorders, computer operators and other officials who may be working alongside the judges should dress similarly.

Requests can be made to adopt reasonable clothing modifications at any EGA event on religious or disability grounds. All requests must be submitted using the EGA Clothing Modification Form (see [Appendix 3 – Clothing Modifications Form](#)) to be sent via email to the [English Gymnastics Events](#), as soon as an entry is registered to allow enough time for full consideration of the application and any possible health and safety implications.

8. General Regulations

Coaches must make adequate provision for the supervision of their gymnasts upon arrival **(at the specified latest time)** at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present. All gymnasts must have an accredited coach present at the event. If a gymnast attends a competition without a Supervising Coach, they will not be allowed to compete.



Registration

You may only register your gymnast(s)/ club when those competing in that section of the event have arrived at the competition venue and intend to compete. Please inform the Registration Desk of any withdrawals as soon as possible.

During registration, accreditation/ passes will be issued. Accreditation/ passes are non-transferable, and any infringement of this rule may result in disciplinary action being taken by the EGA.

Terms & Conditions of Entry to All Competitions

In addition to the EGA General Rules & Regulations:

All gymnasts that agree to be treated by the EGA appointed medical staff will be bound by the decision of the EGA medical staff in relation to their suitability to compete in the competition.

By entering the competition, you are agreeing to abide by the [Club Hub - Resources \(Photography Policy\)](#) that the EGA have adopted.

The person making the online entry on behalf of gymnast(s), or a club undertakes to ensure that those who they are submitting an entry on behalf of are fully aware of and agree to abide by the contents of this Handbook.

Code of Conduct

English Gymnastics will follow the [British Gymnastics website > Technical Information > Technical Committees > National Technical Committees - Code of Conduct](#).

Women's Artistic Gymnastics Judges [Code of Conduct](#).

EGA, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, Judge, gymnast, or team at any time, if they do not comply with EGA or British Gymnastics Regulations.

Enquiries

If there is a query on a score, a coach may make an informal verbal inquiry to the D Panel Judge for feedback (at end of the rotation).

Beyond this, judges will not review or discuss that score, or reasons for their decisions unless correct procedure is followed i.e., a formal written inquiry (with fee) is made via the Competition Organiser, the Floor Manager, or the Head Judge directly.

- Inquiries can only be made against the D score for the coach's own gymnast.
- Comparative scores of other gymnasts will not be considered.
- Video footage cannot be considered and will not be used in the settlement of inquiries as per the National Competition Handbook.
- The score will be reviewed by the apparatus panel who may seek advice from other senior judges if needed.
- Coaches will not be permitted to be present while the review takes place and must move completely away from the judges at this time.



- Written notification of the result of the review will be provided by the apparatus panel via the Head Judge.

Once a verbal inquiry has been made, a written inquiry CANNOT follow up and will not be accepted

By submitting an enquiry, you agree to pay a fee of £25, which must be paid on the day by cash or cheque or invoiced via EGA Events.

Protests will be **accepted within one rotation** of the performance being questioned (i.e., if you are protesting a gymnast's performance on the first apparatus, an official application must be received before the gymnast rotates to their 3rd piece).

The Fee will be returned if the Protest is successful or retained if the Protest is denied.

The decision of the Organiser, based upon the recommendation of the EGA appointed medical officer as to the gymnast's health, wellbeing, medical status, and their ability to compete at the event is absolute & final.

Competition Apparatus

Unless otherwise stated, the equipment at WTC competitions will be to current FIG specifications.

Access to Warm-Up Hall

The EGA will make every effort to provide a warm-up hall where space is available. The EGA will aim to provide a floor area to complete a body warm-up. Where space permits, the EGA will look to have warm-up equipment to help prepare athletes' warm-up off the competition floor.

Access to the warm-up hall will be limited to the appropriate number of coaches as defined in the specific details section for each event. On arrival, coaches will need to register and collect their accreditation from the Accreditation Desk. In the case of events spanning more than one day, accreditation may be issued for each day.

Judges will not be allowed into the warm-up hall once the Judges' Meeting has taken place.

The warm-up will be defined by time allotted in the Timetable. If your gymnast was late to the warm-up, they will not be afforded extra time. It is up to the coach and performer to be on time and ready to warm-up and compete.

Food & Drink

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies. This does not extend to personal drinks in sealable bottles, which will be allowed within the competition area.

The chewing of gum is not allowed anywhere on the competition floor at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

Babies and Young Children

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm-up hall or field of play, even if they are being supervised by an adult.



Medal Ceremonies

Except in exceptional circumstances, gymnasts who win a medal at EGA events are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person. Medals will only be distributed at events, not by post.

Attire for medal ceremonies is according to [FIG Rules for World Championships](#).

Spectators Ticket Information

Ticket type		Cost per spectator ticket	
		One day ticket	Weekend ticket
On the door/ day	Adult	£15.00	N/a
On the door/ day	Concession *	£10.00	N/a

* Concessions are under 16s and over 65s. Proof of ID may be required to gain admission to the venue with this ticket type.

Tickets are only available on the day via cash & card payment.

Privacy

[English Gymnastics Privacy Notice](#).

At many events, English Gymnastics may produce event merchandise (e.g., event t-shirts), these may include the names and/ or clubs of the gymnasts taking part.

Where competing gymnasts have a disability, it may be necessary to share the details of this disability with the Organising Committee in order to discuss if modifications to rules and processes are appropriate arising from this disability.

The scores and results from English Gymnastics events, will be published on the [English Gymnastics Website](#) in the specific event page upon receipt from the Event Organising Team. English Gymnastics will not redact your details from the published results unless there is a justifiable reason to reject an objection to publication.

Apart from as required for the running of the competition, Gymnasts, Coaches, Judges, and Officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the main arena during the event. Such mobile devices may only be used for monitoring scores and results.

Etiquette

While sport can be a highly competitive activity, please ensure you support every gymnast, coach and parent/ guardian involved. Everyone has been involved at some point and every competition/ event is a celebration of those efforts.

It is important that the access to the 'Official's area' (judges, scoring etc.) is restricted to authorised personnel only.



The Competition Organiser has the right to withdraw any entry/ entries where appropriate etiquette and professionalism is not upheld before, during and after the event. This, therefore, could affect future attendance at events and become a welfare issue.

Photography

It is your responsibility as the Coach in charge of your entered team/ club to be aware, and have records, of anyone that can/ can't have their photo/ video taken for media purposes. If you have anyone that can't, please ensure the Competition Organiser, via the [English Gymnastics Events](#) email, is aware prior to the date of the event so they can inform the appropriate persons so that any photography/ video of them is avoided.

All English Gymnastics competitions are large events, where filming and photography by English Gymnastics accredited Photographers will be taking place.

For the English Jim Moss B, S, G Competition 2022, our Official Photographer will be DE Photo.

Images taken at our events may be used by English Gymnastics for the purposes of promotion, education, and development of the sport.

Anyone who does not wish themselves or their child to be photographed at the event, must email the Organisers via [English Event Enquiries](#). The EGA will make every effort to ensure that any identifiable images of the participant are not published.

The EGA will display clear signage and make announcements about photography and filming at its events. Any footage of children and individuals who are vulnerable will be published in accordance with the [Club Hub - Resources \(Safeguarding Policy and Procedure\)](#).

To make our events entertaining and easy to follow for our audience and fans, we announce and publish information about participants, including Nationality, scores, and achievements.

The results of English Gymnastics competitions are published and made available for viewing by members of the public via the [English Gymnastics Website](#) and [British Gymnastics Find an Event](#).

Any person wishing to use video, film, or take photographs must abide by the [Club Hub - Resources \(Health, Safety, & Welfare Guidance\)](#). Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on Websites. Clubs may publish some photos, but this may only be done in accordance with the [Club Hub - Resources \(Photography Policy\)](#) and in conjunction with the [Club Hub - Resources \(Safeguarding Policy and Procedure\)](#).

Apart from as required for the running of the competition, gymnasts, coaches, judges, and officials must not use mobile phones or any other electronic communication devices; including tablets, to make calls, take photographs or be used for other forms of communication in the Field of Play during the event. Such mobile devices may only be used for monitoring scores and results, where a Scoring App is in operation.

If you **have any concerns** about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the **English Gymnastics appointed Welfare Officer or English Gymnastics Events Director at the event**. In the interests of child protection, please do let us know of anything that may be damaging to the welfare of a child.



The **use of flash or supplementary lighting is not permitted** at any time while gymnasts are warming up or competing. Please make sure that the flash is turned off on any device being used as your camera.

The use of tripods in the walkways or stairways is not permitted.

The **use of live streaming is not permitted** during any part of this event.

If the Competition Organiser/ Welfare Officer suspects inappropriate photography or filming, the Officer/ Organiser should exercise their powers under the conditions to request the person to leave the venue and to surrender any film and/ or delete any images relating to the event.

Complaints and grievances

Complaints about any aspect of the English Championships or any of the qualification events must be raised in writing by either the head coach or club secretary. Please email your complaints to the [English Event Enquiries](#). Your complaint will be responded to within 14 days of receipt. No complaints will be entertained if sent by a parent or gymnast.

Drug Free Sport

English Gymnastics follows all British Gymnastics policies and procedures relating to Drugs in sport. The British Gymnastics Guidelines on Anti-Doping are available [here](#).

9. Health and safety

Overview

The health, safety, and welfare of all participants (gymnasts, coaches, and officials) is the primary consideration. All British Gymnastics policies and procedures will be rigorously applied with regards to health, welfare and safeguarding and protecting children.

The intention of the event is to create a friendly and no-stress/ low-pressure environment for all those involved, while allowing gymnasts the opportunity to challenge themselves to do their best. Ensuring the safety of the gymnasts, no matter their age, is a priority in the event set up, programme design and risk assessment, using the guidance set out by British Gymnastics within the [Club Hub - Resources \(Health, Safety, & Welfare: Safe Coaching\)](#) document.

Risk assessments

Risk assessments have been carried out for this event, but if you feel there is something/one that may require additional assessment, please contact [English Event Enquiries](#) via email ASAP with specific details.

While risk assessments for the event have been completed, your club is responsible for specific risk assessments related to your club e.g., travelling to and from the event etc.

Welfare

As part of your risk assessments and preparation for the event, please consider the welfare of individual Gymnasts, including such items:

- Clothing not being revealing/ embarrassing for males, females, and transgender Gymnasts/ Coaches/ Judges.



- Age of Gymnasts when changing, socialising etc.

Government Legislation requires that when a Club takes a Gymnast(s) under the age of 18 years on a journey involving an overnight stay, the Club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU Child Protection Standards, this person must not be related to or in a relationship with the Coach attending the trip. The training for the designated person should be British Gymnastics recognised Safeguarding & Protecting Children Awareness training.

Please note that the British Gymnastics Membership Insurance does not cover Travel or Emergency Medical Expenses and we, therefore, **recommend that**, where necessary, **you take out additional Travel Insurance as required**. Travel guidance is outlined within the [Club Hub – Resources \(Health, Safety, & Welfare Guidance – Safe Trips\)](#).

Medical Provision

Anyone requiring First Aid assistance should speak to the Organiser. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all EGA events, an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries. Any injury occurring or injury requiring treatment during the official training or competition, must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the Competition Organiser based upon the recommendation of the EGA appointed medical officer as to the gymnast's health and medical status and their ability to compete at the event is absolute and final.

Emergencies

As part of event, everyone attending must adhere to the emergency procedures and follow the professional guidance of the Competition Organiser and members of staff from the venue. Below is a brief guide of the venue emergency procedures.

In the event of the emergency alarms sounding, please evacuate via one of the following routes:

- These will be highlighted on the day during a safety briefing

Coaches are to ensure all their gymnasts are kept together until registered and then handed back to their responsible adult.

Allergies

As part of the safety for everyone, please ensure you pass on the message to all your coaches, gymnasts, judges, and parents/ spectators that any food being brought to the event should be **nut free** and keep in mind any other potential allergies that could be affected by food being brought.

Terms and conditions

By entering this event your club is agreeing to the rules, regulations, and standards within this Handbook. The person making the online entry on behalf of Gymnast(s) or a Club, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this Handbook.



Failure to comply may see your club being excluded from the event without refund. In addition:

- All entrants agree to be treated by EGA appointed medical staff only and be bound by the decision of EGA medical staff in relation to their ability to compete in the competition.
- You agree to the storing of competition scores. The EGA will redact your details from the published results unless there is a justifiable reason to reject an objection to publication.
- You agree to abide by the [British Gymnastics Photography Policy](#).
- Coaches and Gymnasts agree to abide by the Body Piercing & Adornments Policy including within the British Gymnastics [Health, Safety, & Welfare Guidance: Safe Coaching](#).
- Gymnast must provide their own chalk.
- If a Gymnast fails to compete on any piece, please inform the Judges in order that a zero score can be entered.
- The person making the online entry on behalf of the gymnast(s), a club, or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this Handbook.



Appendix 1 – English Gymnastics and English Regional Websites

English Gymnastics:

England: www.englishgymnastics.org.uk

English Regions:

East: www.british-gymnastics.org/east

East Midlands: www.emgymnastics.org.uk

London: www.london-gymnastics.co.uk

North: www.northgymnastics.org.uk

North West: www.nwga.org.uk

South: www.british-gymnastics.org/south

South East: www.british-gymnastics.org/south-east

South West: www.british-gymnastics.org/south-west

West Midlands: www.wmgymnastics.org.uk

Yorkshire: www.british-gymnastics.org/yorkshire



Appendix 2 – Volunteering at English Events

ENGLAND VOLUNTEERS

Would you like to help with the organising or running of the competition?

We are looking for volunteers both adult & children.

Completing your Duke of Edinburgh Award Scheme or feel a need to volunteer your time to the sport that is close to the hearts of us all. Come along and help make the days of Qualification and Championships competitions smoother.

If you're interested, email our [English Gymnastics Events](#) team.

Jobs available:

March on Managers
Warm Up Managers
Welfare Officer
Judge Refresher

Medal Ceremony (Children Only)
Door Staff (Adults only)
Ticket Sellers (Adults Only)
Check in Staff

Thank you in advanced for any help you can provide



Appendix 3 – Clothing Modification Request Form



Clothing Modification Request Form

Competition:			
Entrants Name:		DOB:	
Club Name:			
Religion / Disability:		Discipline:	
Please provide details of any clothing modifications and provide reasons for this request			
I confirm that the details on this form are accurate			
Signed:		Date:	
Address:			
Postcode:		Contact no:	
<p>NB: If the gymnast is under the age of fourteen, their parent/ carer must sign the form on their behalf.</p> <p>This form should be submitted via email to the English Gymnastics Events with the entry details. An electronic version of this form is available upon request.</p> <p>The request will receive full consideration and club and entrant will be informed of the outcome within 10 working days of receipt of the request. In the event the request is declined, the entry fee will be refunded in full, providing that this form was submitted prior to the closing date.</p>			