



ENGLISH GYMNASTICS

ENGLISH GYMNASTICS' SELECTION POLICY

Rhythmic Gymnastics

1st Home Nations Tournament & Senior Invitational – Cardiff (WAL)

9 – 10 May 2020

Espoir & Junior Individuals & Groups

Senior Individuals

<p>1. Introduction</p>	<p>The Home Nations tournament is primarily a competition for Espoir and Junior gymnasts on either the Individual or Group pathway. It additionally consists of a competition for senior individuals.</p> <p>To compete in the Espoir Team competition, 2-4 Espoir individuals and 2 Espoir groups must compete.</p> <p>To compete in the Junior Team competition, 2-4 Junior individuals and 2 Junior groups must compete.</p> <p>A maximum of 3 Teams may be entered per age group.</p> <p>To compete in the Overall Team competition, an Espoir Team and a Junior Team must compete.</p> <p>There are apparatus finals for Espoir Individuals, Espoir Groups, Junior Individuals and Junior Groups.</p> <p>The senior invitational competition consists of an individual all-around competition and apparatus finals.</p> <p>The selection of athlete(s) to represent England at the 2020 Home Nations Competition will be made according to this selection policy.</p> <p>Attendance at this competition on behalf of England is on a self-funded basis.</p>
<p>2. Performance Targets</p>	<p>For each espoir individual gymnast selected for the first Team to score an average of 12.500 per exercise competed. For each Espoir individual gymnasts selected for any second or third Team to score an average of 11.000 per exercise competed.</p> <p>For each espoir group selected for the first Team to score an average of 11.000 per free exercise competed and an average of 7.000 per exercise competed with 5 ribbons. For any espoir group selected for the second or third Team to score an average of 10.000 per free exercise competed and an average of 6.000 per exercise competed with 5 ribbons.</p> <p>For each junior individual gymnast selected for the First Team to score an average of 13.000 per exercise competed. For any junior individual gymnast selected for the second or third Team to score an average of 12.000 per exercise competed.</p> <p>For each junior group selected for the first Team to score an average of 11.000 per exercise competed. For any junior group selected for the second or third Team to score an average of 9.000 per exercise competed.</p>

	For the senior individual gymnasts selected to score an average of 14.000 across their best 3 pieces of the 4 competed in the All-Around competition.
3. Selection Process / Timelines	<p>1. The Nomination Panel will take into consideration all performances at the designated events (see section 11 below) including the gap to the performance target score.</p> <ul style="list-style-type: none"> • <u>Nominated gymnasts (including replacements)</u> will be expected to undertake all programme activities (Camps and Competitions) as laid out by the Nomination Panel as part of the preparations for the Tournament to prove their readiness to compete. • <u>Nominated gymnasts (including replacements)</u> must also agree to observe all obligations outlined within the English Gymnastics' Gymnast Agreement 2017-2020 and any subsequent Codes of Behaviour adopted by English Gymnastics.
4. Entry deadlines (whole timeline)	<p>Provisional entries must be returned to the Competition Organiser by 8 February 2020.</p> <p>Definitive entries must be returned to the Competition Organiser by 8 March 2020.</p> <p>Nominative entries must be returned to the Competition Organiser by 8 April 2020</p> <p>Nominations will be made by the RG England Performance Pathway Manager.</p>
5. Competition Format	<p><u>Espoir Team:</u></p> <ul style="list-style-type: none"> • Competition I: 2 to 4 individual gymnasts perform 4 routines (1 x free, 1 x hoop, 1 x clubs, 1 x ribbon), all 4 scores to count towards Espoir Team competition. Also constitutes qualification for Competition III. • Competition I: 2 espoir groups perform 2 routines (1 x 5 ribbons, 1 x free). Both scores to count towards Espoir Team competition. Also constitutes qualification for Competition III. • Competition III: Apparatus finals for individual gymnasts (top 8 per apparatus from Competition I, max 2 gymnasts per home nation) and for group gymnasts (top 8 per apparatus from Competition I, max 1 group per home nation). <p><u>Junior Team:</u></p> <ul style="list-style-type: none"> • Competition I: 2 to 4 individual gymnasts perform 8 routines (2 x rope, 2 x ball, 2 x clubs, 2 x ribbon), all 8 scores to count towards Junior Team competition. Also constitutes qualification for Competition III. • Competition I: 2 junior groups perform 2 routines (1 x 5 ribbons, 1 x 5 balls). Both scores to count towards Junior Team competition. Also constitutes qualification for Competition III. • Competition III: Apparatus finals for individual gymnasts (top 8 per apparatus from Competition I, max 2 gymnasts per home nation) and for group gymnasts (top 8 per apparatus from Competition I, max 1 group per home nation). <p><u>Overall Team:</u></p> <ul style="list-style-type: none"> • All scores from Competition I for Espoir Individuals and best score from Competition I for Espoir Groups plus all scores from Competition I for Junior Individuals and best score from Competition I for Junior Groups are added together to give the Overall Team score. <p><u>Senior Individuals:</u></p> <ul style="list-style-type: none"> • Competition II: each gymnast to perform 4 routines (hoop, ball, clubs and ribbon). Also constitutes qualification for Competition III. • Competition III: Apparatus finals for individual gymnasts (top 8 per apparatus from Competition I, max 2 gymnasts per home nation).
6. Eligibility Criteria	<p>Nationality</p> <p>Gymnasts are required to fulfil the below requirements, in order to be deemed eligible to represent England:</p>

	<ul style="list-style-type: none"> You are a British Citizen holding a British passport (or can demonstrate that you are in the process of obtaining British Citizenship and/or Passport) and have lived in England for a period exceeding 48 months during Your life; for the relevant disciplines, You must be eligible according to the Commonwealth Games of England Criteria; You are not a member of a Gymnastics Squad of any other country or territory, including but not limited to any other Home Nation; You have not previously represented any other country or territory, including but not limited to any other home nation, unless, in respect of another Commonwealth country, the approvals required by Byelaw 17(3) Constitutional Documents of the Commonwealth Games Federation (CGF) have been obtained; and Your mother, father or at least one grandparent were born in England. <p>If You do not meet any of the above Criteria, but wish to be considered for selection, You may petition to the English Gymnastics Approval Panel in writing via the EGA Admin Manager (jan.charlton@englishgymnastics.org.uk). The Approval Panel's decision in this regard shall be final. The English Gymnastics Approval Panel for these purposes shall consist of the EGA Chairman and EGA Vice Chairman, together with the Technical Committee Chairperson and England National Coaches, of the specific gymnastics discipline within which You are seeking to compete.</p> <p>Eligibility</p> <p>Gymnasts are eligible for consideration provided they met the above nationality requirements and also:</p> <ul style="list-style-type: none"> were born in 2008, 2009, 2010, 2011 if entering as an espoir, or born in 2005, 2006 or 2007 if entering as a junior, or born in 2004 or earlier if entering as a senior; have current British Gymnastics membership (minimum silver); if entering as a junior or senior individual, are a member of an England Performance Pathway Programme in 2020 or if entering as an espoir individual are a member of the Espoir or Foundation Performance Pathway Programme in 2020; and if entering as a group, compete at the Group Seeding competition at Fenton Manor, Stoke on Trent on 20-22 March 2020.
7. The 'Team'	The 'Team' means the team which may be selected by English Gymnastics which can include gymnasts, coaches, nominated non-travelling reserves, medical support personnel, Judges, Team Managers, Heads of Delegation and any associated members of the World Class Programmes' staff.
8. Nomination Panel	<ol style="list-style-type: none"> The Nomination Panel consists of the English National Coaches (collectively known as the 'Nomination Panel'). They will consider the results of the Designated Selection Event(s) and take into account any relevant input deemed necessary from the Performance Sport Science & Medical staff. The nominated gymnasts and coaches will be those most able to achieve the targets listed in the section 'Performance Targets', following the process laid out in the Designated Selection Events and Nomination Process sections of this policy. Following agreement from this consultation, the English National Coaches will forward a list of nominated gymnasts and coaches no later than midnight on 27 March 2020 to the Approval Panel for their scrutiny, or, alternatively, suggest that no one is selected.
9. Approval Panel	<ul style="list-style-type: none"> The Approval Panel, comprising of the England Performance Pathway Manager, RG Technical Committee Chair and the Chairman of English Gymnastics, will consider the nominations for gymnasts and coaches received from the Nomination Panel and ratify if appropriate. In the event that the Nomination Panel provides insufficient gymnasts to fill the available team places, the Approval Panel may make the referral back to the Nomination Panel for their reasoning at which point their list of nominations may be amended.

	<ul style="list-style-type: none"> The Approval Panel will confirm the selection of the Team with the England National Coaches and the coaches of the gymnasts under consideration no later than midday on 1 April 2020.
10. Appeals	<ul style="list-style-type: none"> Appeals can only be submitted for a non-selected gymnast on the grounds that the process outlined within this Selection Policy has not been adhered to. The 48 hour appeals window would open once the selected gymnasts had been informed on the 1 April 2020. Appeals should be made following British Gymnastics selection appeals process (details can be found on the British Gymnastics website link below) - https://www.british-gymnastics.org/technical-information/performance-gymnastics/document-downloads/9101-performance-appeals-procedure-november-2017/file
11. Designated Selection Event(s) and qualification criteria	<ol style="list-style-type: none"> Performances from the following competitions will be taken into consideration: <ul style="list-style-type: none"> All GBR and ENG Controls held between 1 November 2019 and 22 March 2020 The Espoir Open Championships on 23 and 24 November 2019 The Open Apparatus / Group Seeding competition on 20-22 March 2020 at Fenton Manor All FIG international competitions between 1 November 2019 and 22 March 2020 <p>NB. Any gymnast who is ill or injured prior to or during one of the Designated Selection Events above must provide immediate written authentication of the injury or illness by medical personnel approved by British Gymnastics (BG approved medical staff listed at the end of this Policy).</p>
12. Nomination Process	<ol style="list-style-type: none"> The number of gymnasts selected, and the pieces which they are selected to perform, will be proposed by the Nomination Panel on the basis which it considers is most likely to lead to the best team result for England and/or is in the best long term development interests of the gymnasts. By entering the selection process, gymnasts and personal coaches agree to be bound by the provisions of this policy. Nominated gymnasts and coaches (including any reserve(s) will be expected to undertake all programme activities (Camps and Competitions) laid out by the Nomination Panel as part of the preparations for the Tournament/Invitational to prove their readiness to compete. Nominated gymnasts and coaches (including the reserves) must also agree to sign and observe all obligations outlined within the English Gymnastics' Gymnast Agreement 2017 – 2020 and any subsequent Codes of Behaviour adopted by English Gymnastics. Team Coaches will be nominated based upon the following criteria: <ul style="list-style-type: none"> The number of available accreditations. The Team's best needs Their ability to lead, organise and control under situations of high responsibility and stress Their international experience and performance Their attendance at all required meetings, squad training and events Their holding a coaching qualification of at least Level 2
13. Injury & Replacement	<ol style="list-style-type: none"> In the event of injury and/or the need for replacement, any gymnast may be called upon to join the Team at any time. Once Team selections have been confirmed by the Approval Panel, all selected gymnasts (including the reserve(s)) must agree not to withhold any information on training fitness, injury status or illness that could affect training or competition at any time until the point of the Tournament/Invitational. All selected gymnasts (including the reserve(s)) must declare any medications they are taking, the use of any restricted medications, and submit these to the Head of Science & Medicine at British Gymnastics for medical approval. A gymnast or coach may be removed from the Team in the event of a non-compliance in training, a breach of responsibility to the Team or a violation of the Codes of Behaviour adopted by the Team. Prior to removal, the gymnast or coach will be presented with the opportunity to attend a removal interview with the Head of Delegation (or their appointed representative) and

	<p>where possible one other independent person. Written justification must be provided for all removals by the Head of Delegation. Decisions on these matters are not open to appeal.</p> <p>5. At any stage following the selection announcement and prior to departure to the competition, should any gymnast fail to reach <u>performance</u> expectations in training or competition, the Nomination Panel may recommend de-selection to the Approval Panel. The Approval Panel will consider this recommendation, provide an opportunity for the gymnast to make a counter-argument, and then pass judgement. Written justification must be provided for all removals. Decisions on these matters are not open to appeal.</p> <p>6. At any stage following the arrival of the Team at the competition and during the event, should any gymnast fail to reach <u>performance</u> expectations in training or competition, the Nomination Panel may recommend de-selection to Head of Delegation. The Head of Delegation will consider this recommendation, provide an opportunity for the gymnast to attend an interview to make a counter-argument, and then pass judgement. Written justification must be provided for all removals. Decisions on these matters are not open to appeal.</p> <p>7. At any stage following the selection announcement, should there be a doubt over the ability of a gymnast to compete to the best of his ability <u>due to an injury or illness</u>, the following procedure will be adhered to:</p> <ol style="list-style-type: none"> a) The gymnast will be referred to British Gymnastics’ designated Medical Officer to undergo a medical examination to determine their fitness to participate. Initially this will be based on an assessment of whether or not the injury and/or illness is such that the gymnast is physically unable to compete or is at risk of causing medical harm to themselves, or endangering other competitors, officials or spectators. b) If the gymnast passes the initial medical examination carried out by the Medical Officer but British Gymnastics still has concerns over whether or not the gymnast is able to compete to the best of his ability due to the underlying injury or illness, the gymnast will be required to undertake British Gymnastics’ designated “Fitness Test”. c) The Fitness Test is an objective assessment that will require the gymnast to perform routine(s) to a level at least equivalent to that demonstrated in the most recent Designated Selection Events. d) In the event that a gymnast fails to complete the Fitness Test to the required standard, they will be removed from the Team, a decision that is not open to appeal. <p>8. Any replacement(s) required will be made by the Nomination Panel on the basis of the needs of the Team and will normally come out of the pool of nominated non-travelling reserves. Decisions on these matters are not open to appeal.</p>
14. Team Organisation	<ol style="list-style-type: none"> 1. The Team will attend any pre-Tournament/Invitational Preparation Camps and competitions as may be specified by the England National Coaches. 2. As part of the strategy outlined above, gymnasts may be required to focus on certain pieces of apparatus for certain periods of time. 3. The Team will transfer to Cardiff on or around 8 May 2020. 4. In the event that they have not already done so, all gymnasts within the Team will be required to sign and comply with English Gymnast Agreement 2017-2020. 5. Gymnasts selected to represent England at the Tournament/Invitational will be required to fund their attendance (including that of the relevant coaches and judges) on a self-funded basis.
15. Team Announcement	<p>The team will be announced on or before 1 April 2020. Selected Team Members agree not to make any announcement to the media or public in any form (including on any personal websites) regarding their selection until after English Gymnastics have announced the Team selection on the English Gymnastics website (https://www.british-gymnastics.org/england/squads/660-regionshomecountries/england/squads/3801-england-rhythmic-squad)</p>
16. Any additional matters not covered by this Policy	<p>Any matters arising from the selection process that are not covered within this policy shall be determined by the Approval Panel acting at their sole discretion.</p>

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Selection Policy for Rhythmic Gymnastics 1st Home Nations Tournament & Senior Invitational

9-10 May 2020, Cardiff (WAL)

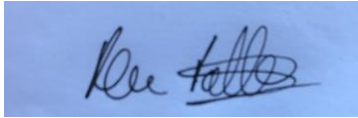
APPROVED BY:

Signed



Martin Laws
Chair – English Gymnastics

Signed



Rona Patterson
England Performance Pathway Manager

MEDICAL PERSONNEL APPROVED BY BRITISH GYMNASTICS

- Chris Tomlinson (British Gymnastics' Chief Medical Officer)
- Louise Fawcett (British Gymnastics' Head of Performance Support)
- Jonny Bucke (British Gymnastics' Physiotherapist)
- Jason Laird (British Gymnastics' Physiotherapist)
- Lindy Laszig (British Gymnastics' Physiotherapist)