



**England National Performance
Pathway Selection Policy
(Rhythmic)
2022-2024**

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Programme Terms & Conditions

Section 1: Eligibility for Selection

Any athlete wishing to be considered for selection must be a full member of British Gymnastics and be age eligible as outlined below. In addition, upon selection they must sign a copy of the English Gymnastics Athlete Agreement and abide by the rules and regulations applicable.

- A British Citizen, holding a British passport (or be in the process of obtaining British citizenship and/or passport) and have either (i) lived in England for a period exceeding 36 months or (ii) the mother, father or a grandparent of the gymnast must have been born in England
- Born in the year of birth shown in the table below against the corresponding programme year
- Are a current member of British Gymnastics
- Gymnasts must be eligible to apply for an FIG licence should they be required for competition
- Eligible to compete for England. The gymnast must not be a member of a Programme of any other Commonwealth country or previously represented another Commonwealth country, unless the consents required by Article 25(3) of the Commonwealth Games Federation (CGF) Constitution, Regulations & Code of Conduct have been obtained.

Performance Gymnasts – Gymnasts born in one of the following years as indicated below:

Programme Year	Selection Date	Gymnast's year of births
2023	Nov/Dec 2022	2010 or earlier
2024	Nov/Dec 2023	2011 or earlier
2025	Nov/Dec 2024	2012 or earlier

Potential Gymnasts – Gymnasts born in one of the following years as indicated below:

Programme Year	Selection Date	Gymnast's year of births
2023	Nov/Dec 2022	2010 or earlier
2024	Nov/Dec 2023	2011 or earlier
2025	Nov/Dec 2024	2012 or earlier

Eligibility Continued

Gymnasts must: -

- Have passed the most recent BQT
- Be a member of a club which is affiliated to a Home Nation and/or English region
- Meet any other requirements including submitting a declaration of interest by the deadline.

NB. If a gymnast does not meet any of the above criteria but wishes to submit an expression of interest, the coach of the gymnast may submit a petition to the EGA Chair and the England Pathway Manager via rona.patterson@british-gymnastics.org requesting permission. Petitions will only be considered in exceptional circumstances, for example where the gymnast does not meet the criteria because they were in an overseas system (rather than the British system) as at the date of the last BQT or missed or failed it due to injury or illness. Petitions will not be considered solely on the basis that the coach considers that the gymnast has improved since the last BQT. The petition must explain why the coach believes that the gymnast is of the relevant standard and be supported by suitable evidence, such as

competition scores and/or videos. The EGA Chair/England Pathway Manager's decision as to whether to accept a petition shall be final. Decisions on these matters are not open to appeal.

Section 2. Selection Panels

The selection panels may vary depending on which squad is being considered. However as standard practice to ensure a GBR/ENG overview and consistency, England National Coaching team, the RG Technical Committee Chair and the Head of Performance Programmes and/or England Performance Pathway Manager (the "**Selection Panel**") will be present at all selection meetings. The key responsibilities of these Panels are:

- a) Proposing and agreeing the selection policy for all ENG programmes and competitions.
- b) Holding selection meetings in accordance with the selection process.
- c) Communication and feedback to the selected individuals.

Section 3. Overview of Selection Process

Each selection will go through the following process, with detail differing slightly for each Programme so please be aware and check each set of Programme criteria within this document.

- **Selection**

After the expression of interest closing date, the Selection Panel will select the Athletes, who in the expert opinion of the RHG England Coaching Team have the best capability of meeting the Performance Targets outlined in this document.

Should athletes not reach the required performance standards (see selection process section below), the Selection Panel may select athletes who are deemed capable of reflecting the longer-term direction and aims of the England Rhythmic Performance Programme aligned to the BG 'What It Takes to Win' framework.

Following the expression of interest, all personal coaches of triallists will receive the listing all selected gymnasts across the two programmes (Performance and Potential) (within 2 weeks of the closing date). No specific selection or de-selection letters will be sent out to individual gymnasts. Within 4 weeks of this announcement all selected gymnasts will receive an invitational letter which confirms their selection and contains all the required documents that need to be completed to accept the place on the programme and information regarding payment.

Nominated athletes must also agree to observe all obligations outlined within the English Gymnastics' Performance Athlete Agreement 2021 - 2024 and any subsequent Codes of Behaviour adopted by English Gymnastics.

- **Induction & Confirmation**

The induction phase is a dedicated period of time (typically 3 months) that allows an athlete and England Coaching Team to assess a variety of skills, knowledge and attributes aligned to what the England Programme feels it takes to progress through the Pathway onto the GBR programmes, to ensure membership of that programme for the remainder of the selection period.

- **Full Programme Member**

If after the induction and confirmation phase, the England Coaching Team are happy with the progress being made by an athlete, they will officially remain on the programme for the remainder of the year. Those that have not made the standard will be informed accordingly.

Considerations / Athlete assessments will be made on an ongoing basis as part of an athlete's membership to the programme regarding whether an athlete moves up or down the pathway or are removed from the Programme altogether.

Section 4. General Information

In the event of injury, removal and/or the need for replacement, any eligible athlete may be called upon to join the Programme at any time.

Once Programme selections have been confirmed all selected athletes must agree not to withhold any information on training fitness, injury status or illness that could affect training or competition at any time.

A named individual will be responsible for pastoral care at each camp for gymnasts who are U18, which will be organised by the England Performance Pathway team and communicated in advance of the camp. Personal coaches are required to attend each camp as a condition of their gymnast being in either the Performance or Potential Programme in order to have contact with the England coaching staff, observe the camp and get feedback on what is needed to be worked on before the next camp.

An athlete may be removed from the Programme in the event of a non-compliance in training, lack of performance progression, a breach of responsibility to the Programme or a violation of the Codes of Behaviour adopted by the Programme. Prior to removal the athlete will be presented with the opportunity to attend a removal interview with the EGA Chair, England Performance Pathway Manager and English National Coaches (or their appointed representative) and where possible one other independent person. Written justification must be provided for all removals by the English National Coaches. Decisions on these matters are not open to appeal.

At any stage following the Programme selection announcement, should there be a doubt over the ability of an athlete to train or compete to the best of his/her ability due to an injury or illness, the following procedure will be adhered to:

- An injured athlete must attend a camp if fit to travel so that they can receive the treatment and consultation with the medical support staff. If they are unfit medically to travel, then a signed doctor's letter must be produced to remain on the Programme.
- No refunds will be payable for non-attendance of a camp.
- Any replacement(s) required will be made by the England National Coaches and England Performance Pathway Manager based on the needs of the Programme. Decisions on these matters are not open to appeal.

Selected Programme Members agree not to make any announcement to the media or public in any form (including on any personal media) regarding their selection until after English Gymnastics have announced the Programme selection on the English Gymnastics pages via the British Gymnastics website (www.british-gymnastics.org/england/squads).

Section 5. Appeals

There is no appeals process for individual athletes not selected to attend one of the England Performance Pathway Programmes. Should you feel that your de-selection / selection is unjust you must formally write to the England Performance Pathway Manager with details.

Section 6. Anti-Doping

Athletes must be compliant with the British Gymnastics anti-doping policy at all times. The Selection Panel reserves the right not to nominate, select and /or deselect any athlete from any of the identified

National Performance Pathway Programmes and/or competitions, on the basis of failure to comply with the [British Gymnastics anti-doping policy](#).

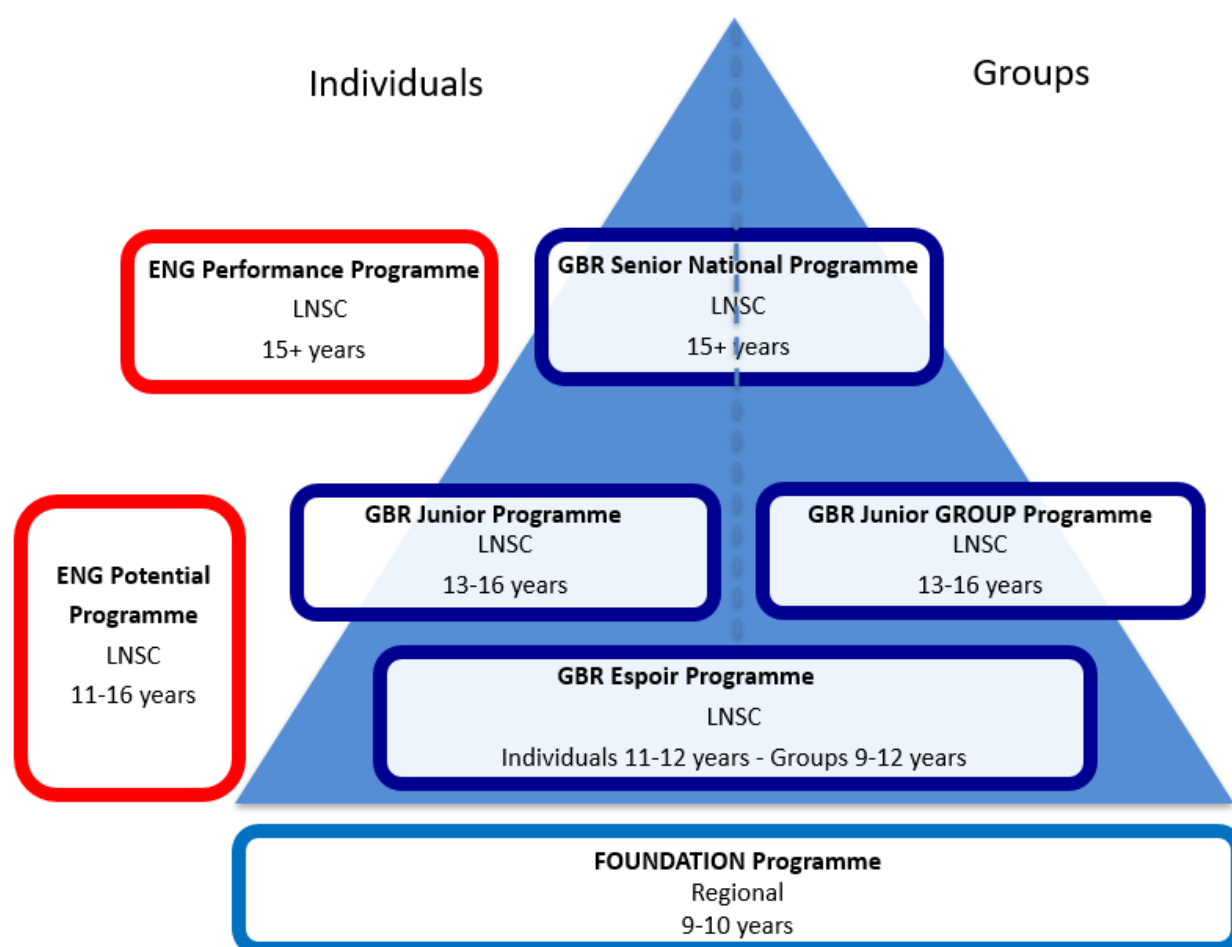
Section 7. Competition Eligibility

Only gymnasts on the England Performance Pathway Programme will be selected to attend any international competitions which England may attend (other than Commonwealth Games, in respect of which the separate Commonwealth Games policy shall apply).

Section 8. Performance Pathway Programmes

Overview of GBR & England Programme Pathways

GBR and England Performance Pathway Rhythmic Gymnastics



Performance Pathway Programmes – Selection Processes

Selection processes for ENG Performance and Potential Programmes

PERFORMANCE PROGRAMME

Performance Targets

1. To win medal(s) at International competitions.
2. To show continuous improvement in difficulty, artistry and execution scores to demonstrate capability of medal-winning performances at future Commonwealth Games.
3. More specific targets to be set by the England Performance Pathway Team (being the English National Coaches and the England Performance Pathway Manager) throughout the period of the Programme.

The Selection Panel will take into consideration performances from British Championships 2022, English Championships 2022, the DSE selections from Commonwealth Games 2022 and any ENG/GBR International representation in 2022.

Up to 8 gymnasts will be selected, working as individual gymnasts.

Gymnasts will be selected for each year of the Programme in around November/December of the previous year.

Gymnasts selected for the Programme will be expected to undertake all Programme activities (camps and competitions) laid out by the England National Coaches. All gymnasts who are selected must attend the whole of each camp.

A coach from each club which has a gymnast selected for the Programme must attend at least 1 day of each camp, and at least 1 camp in its totality. Failure by a coach to adhere to this requirement may result in the relevant gymnast being de-selected or suspended from participation in the Programme.

POTENTIAL PROGRAMME

Performance Targets

1. To finish in the top 8 in the overall competition at English Championships
2. To show continual improvement measured by increase in Difficulty, Artistry and Execution scores
3. More specific targets to be set by the England Performance Team (being the English National Coaches and the England Performance Pathway Manager) throughout the period of the Programme.

The Selection Panel will take into consideration performances from British Championships 2022, English Championships 2022, the DSE selections from Commonwealth Games 2022 and any ENG/GBR International representation in 2022.

Up to 10 gymnasts will be selected, working as individual gymnasts.

Gymnasts will be selected for each year of the Programme in around November/December of the previous year.

Gymnasts selected for the Programme will be expected to undertake all Programme activities (camps and competitions) laid out by the England National Coaches. All gymnasts who are selected must attend the whole of each camp.

A coach from each club which has an individual gymnast selected for the Programme must attend at least 1 day of each camp, and at least 1 camp in its totality. Failure by a coach to adhere to this requirement may result in the relevant gymnast being de-selected or suspended from participation in the Programme.

PROGRAMME DETAIL

Should gymnasts be selected onto the programme they will be expected to self-fund their attendance for both camps and competitions.

Participation in any of the Performance Programmes is optional. Athletes may decline the invitation, however once an athlete has accepted the offer, there is an expectation that the athlete will fully commit to all the requirements of the programme including the associated policies, procedures and agreed training, competition goals within the Individual Athlete Plan (IAP).

Selection to England designated international competitions is restricted to England Programme gymnasts.

- Programme selection period (Length of time an athlete can expect to be on the Programme from the point of selection)
 - January – March (Induction period)
 - April – November
- Programme athletes must agree a RG Individual Athlete Plan (targets, development & competition routines and competition calendar/events) with the England National Coaches.
- Programme athletes will be required to undertake all RG programme activities (camps, additional training at Lilleshall National Sport Centre and/ or High Performance Centre and competitions) laid out by the England National Coaching Team.
- Programme athletes will be considered for selection to GBR minor internationals in consultation between the England Performance Pathway Programme and the GBR Programme
- Programme athletes must also agree to observe all obligations outlined within the English Gymnastics' Performance Athlete Agreement and any subsequent Codes of Behaviour adopted by the England Performance Pathway Team.