



## TeamGym Championship and Tournament 2020

**Competition Date:** The dates for the event are July 4<sup>th</sup> and 5<sup>th</sup> 2020.

**Venue for 2020:** Walker Activity Dome, Wharrier Street, Newcastle on Tyne NE6 3BR

**Eligibility:** This is a competition for Teams representing Clubs who are currently affiliated to their English Region.

**Home Nations:** Teams from the Home Nations are very welcome as guests. Additional awards will be presented where Home Nation teams take part.

**Membership:** All gymnasts, coaches and judges must hold current Silver, Gold, Joint or Honorary Life membership of British Gymnastics

**Qualifications:** All coaches must hold a qualification at least at Level 2 and must have a valid DBS and a current safeguarding certificate. Clubs must ensure that the nominated coaches are qualified to the level of the participant's performance. Two coaches are required to be present for the Trampoline/Vault performance.

**Entry:** All entries must be submitted on the appropriate entry form, by **May 16<sup>th</sup> 2020**

**The English Championship:** The event is open to all FULL teams and to Disability FULL and MICRO teams working to the current British Gymnastics TeamGym rules as available on the BG website. Separate competition will be offered for Men's, Women's and Mixed Team's following current BG and UEG rules.

**The English Tournament:** The event is open to FULL teams and to Disability FULL and MICRO teams working to the current British Gymnastics TeamGym rules as available on the BG website. Teams entering the Tournament may not also compete at the British Championship finals for full teams, in 2020. Separate competition will be offered for Men's, Women's and Mixed Team's.

**Competition Attire:** The British Gymnastics and UEG dress code for all gymnasts, coaches and judges will apply to this event.

The organisers will adopt a zero-tolerance policy for all jewellery. This applies to gymnasts and coaches. Long hair must be fastened appropriately and secured. Please note that plaits and pony tails may not meet this criterion.

**Equipment:** All equipment will be as provided by the host Club, North East Gymnastics Academy. Clubs may not bring additional equipment to the venue.

**WarmUp:** General and Apparatus Warm up time will be allocated prior to each round. There will not be an opportunity for podium training prior to the event.



**Tariff Sheets:** The coach is responsible for providing tariff sheets for their teams. The sheets should be completed correctly in line with UEG requirements. 8 copies of the floor sheet and 6 copies of the Tumbling and Trampoline/Vault sheets must be provided for each team. The tariff sheets must be handed in to registration before the warm up period for the team's performance. There will be a fee for any additional photocopying requirements.

**Judging:** Judges will use the current UEG Code, together with BG modifications.

**Judges:** The competition organisers will invite four judges to attend the event. Teams are requested to nominate a judge on their entry form and to be responsible for any expense incurred. Teams providing a judge will benefit from a reduced entry fee of £10 per team.

The judge nominated may be a TeamGym Judge qualified at Club level or higher or a Regional Level (or higher) judge in Men's or Women's Artistic Gymnastics or Tumbling. The Judging coordinator will select the panels from the judges nominated and judges will be notified in advance if they are required to attend.

**Music:** Should be submitted by email to [abbie\\_rutter05@hotmail.co.uk](mailto:abbie_rutter05@hotmail.co.uk). This must be received no later than 10 days before the competition date. The email should clearly state the team name, number and apparatus. A clearly labelled, recorded copy of the music should also be available at the event in case it is required.

**Awards:** Awards will be presented in each section and age group. If any section or age group has only 1 or 2 entries, then that section may be combined with another section. For example, a Level 3 13-17 section has three girls', one male and one mixed team – the section would be combined to create some competition.

If a **Home Nation** team has been entered in any section or age group, English Medals will be presented to the English Teams for the English Tournament. A further presentation will then be made including all the teams as it would be a 'home international' event.

**Entry Information:** Entry Fees are £120 for a full team; Disability Micro teams £45. Teams nominating a judge, able to attend the competition for the full day, pay a reduced fee of £110 per team and they should note this on their entry form. Fees can be paid by cheque to English Gymnastics Association or by BACS. If payment is made by BACS, a screen shot of the payment must be emailed to the organisers.

Bank Account: English Gymnastics Association Account No: 17012635 / Bank Sort Code: 54-10-44

A maximum of 12 gymnasts and 2 coaches will comprise each full team. Disability Micro teams may have up to 5 gymnasts and 3 coaches. The number of teams at the event will be fixed at a maximum of 40 entries.

**Spectators:** This venue has a large spectator area. Ticket details will be circulated to participating Clubs in due course.

**Entries** can be emailed to [enid.harrison@british-gymnastics.org](mailto:enid.harrison@british-gymnastics.org) or posted to 3 Granwood Road, Eston, Middlesbrough TS6 9HX



## English Championship Level 4, Level 3 and Level 2 Competition

There will be competitions in the following sections:

Age	Primary 9 to 11	Youth 10 – 14	Junior 13 - 17	Open	Disabilities 9 - 16	Disabilities Open 9 +
	Full Teams				Full or Micro	
Level 4	✓					
Level 3		✓				
Level 2			✓	13+		
Disability L1 Disability & Mixed					✓	✓

- **Rules and Regulations:** As for all current BG and UEG rules. No triple saltos are permitted on any piece of apparatus. The winners of each section will hold the title of 'English Gymnastics TeamGym Level ? Champions 2020' etc.

## English Tournament Level 4, Level 3 and Level 2 Competition

There will be competitions in the following sections:

Age	Primary 9 to 11	Youth 10 – 14	Junior 13 - 17	Open	Disabilities 9 - 16	Disabilities Open 9 +
	Full Teams				Full or Micro	
Level 4	✓	✓	✓	9 +		
Level 3		✓	✓	10 +		
Level 2			✓	13+		
Disability L1 Disability & Mixed					✓	✓

### Rules and Regulations:

The BG Level 4, Level 3, Level 2 rules will apply. With the exception of the following:

- Mixed teams must include male and female gymnasts but there need not be an equal gender mix. Each run on tumble and trampette must include both genders.
- Vault height will be adjustable from 110 to 165cm for all ages and sections.
- No triple saltos are permitted on any piece of apparatus.
- The winners of each section will hold the title of 'English Gymnastics TeamGym Tournament Level ? Champions 2020' etc.