



ENGLISH GYMNASTICS

TEAMGYM ENGLISH TOURNAMENT & CHAMPIONSHIPS 2022

Competition Handbook

Competition Organisers: English Gymnastics (V1)



Version History

English Gymnastics reserves the right to make amendments to this Handbook. Notification of a change to the Handbook will be communicated through the [EGA Gymnastics Website](#). All updated versions will be made available to download at the time of change. All versions will be listed on this page, regarding amendments made.



About

English Gymnastics

The English Gymnastics Association Limited (EGA) was originally formed in 1982 by the 10 English Regions, to ensure that England was represented in the Commonwealth Games and other International events. English Gymnastics is recognised by Commonwealth Games England and the Commonwealth Gymnastics Federation. We have also been instrumental in ensuring that English Championships now enjoy a major event status in the British Gymnastics calendar.

The English Gymnastics Strategy aims to meet the following vision and core purpose:

- To unite and reflect the common purpose of the Regions
- To deliver and facilitate opportunities to develop and retain all involved in gymnastics



British Gymnastics

British Gymnastics (BG) is proud to be the UK Governing Body for the sport of Gymnastics. We exist to support, lead and inspire all those involved or interested in Gymnastics.

British Gymnastics provides a national directive and structure for the sport; delivering a range of opportunities across the age spectrum to take part and stay in gymnastics, as well as developing talent and delivering top-level success.

The British Gymnastics strategy aims to meet the following vision and core purpose:

- Gymnastics is a passion shared by millions.
- To create and inspire lasting success for Gymnastics.





Covid-19 Related Preface

Covid-19 and the associated restrictions have had a huge impact upon all our lives and our communities. The implications have been clear in relation to English Gymnastics 2020 and 2021 events, where all planned activity in both years has been cancelled.

However, with the vaccine roll-out continuing at pace, it is with greater hope that we look forward to re-starting our events programme in 2022.

Whilst our planning is progressing on the basis that social distancing, to all intents and purposes, has come to an end, we will be taking all reasonable steps to create a Covid-19 secure environment at events in line with current Government guidance.

This may require limiting capacity of both entries and spectators within event venues to ensure social distancing can be maintained, increased cleaning and hand hygiene provision and the implementation of personal equipment (where necessary).

It is important that everyone planning to attend an event understands that, although measures will be put in place to decrease the likelihood of transmission or contraction of Covid-19, the risk cannot be eliminated.

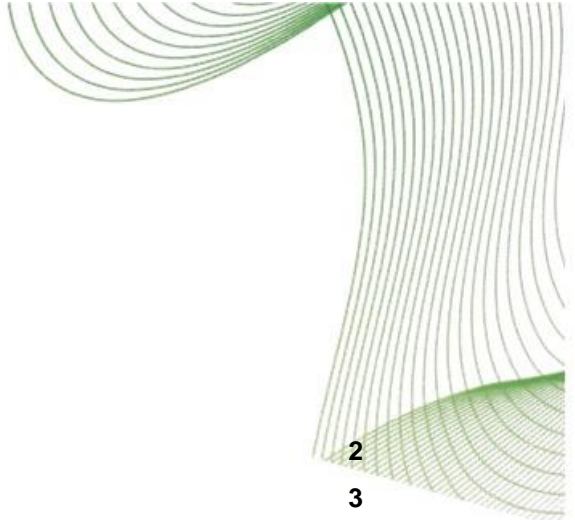
As such, there is an increased risk associated with attendance at an event and everyone must consider their own circumstances, which includes (but is not limited to) personal underlying health conditions (of themselves or someone within their household), when making an assessment about attending events.

It is also important that each individual understands the responsibilities they have to keep, not only themselves safe, but to work together to make sure we can create a safe environment for all – we really do need everyone's help!

We ask coaches to make the appropriate assessment of a gymnast's ability level and their readiness, both physically and mentally, to take part in future events, based on your own particular circumstances.

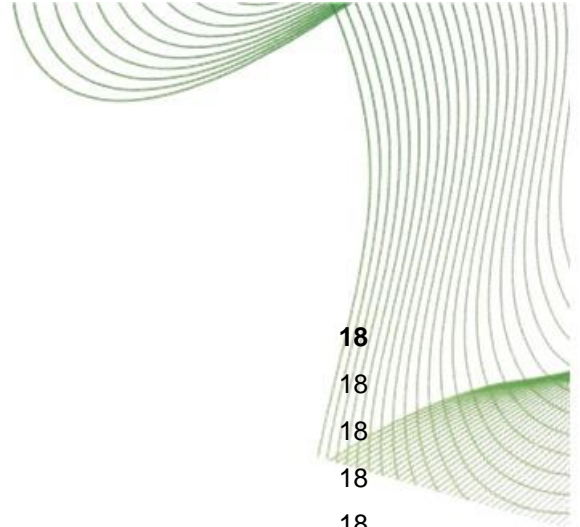
It is fully acknowledged that some flexibility and changes to the normal way events are staged will be necessary for the foreseeable future.

We are, therefore, extremely grateful for everyone's patience, understanding and co-operation in trying to regain some much-needed normality in these incredibly challenging times.



Contents

Version History	2
About	3
Covid-19 Related Preface	4
Definition of Terms	7
Key Contacts	8
Competition Entries - Overview	9
Entry Process	9
Who Can Enter?	9
Nationality	9
Policy for the Participation of Trans People in Gymnastics Competition	9
Guests	10
Competition	10
Tariff Sheets	10
Time and date	11
Entry costs overview – Clubs	11
Entry method and closure date	11
Payment method	11
Withdrawals & Substitutions	12
Coach substitutions	12
Structure & Programme	13
The English Championships	13
The English Tournament	13
Home Nations	13
Confirmation of programme and rotations	13
Awards, Prizes & Medals	13
Performance details	14
Warm Up	14
Music Licencing – PPL/PRS	14
Rules	14
Judging	14
Equipment	15
Judge, Coach & Gymnast requirements	15
Membership	15
Coach Qualifications	17
Safeguarding	17



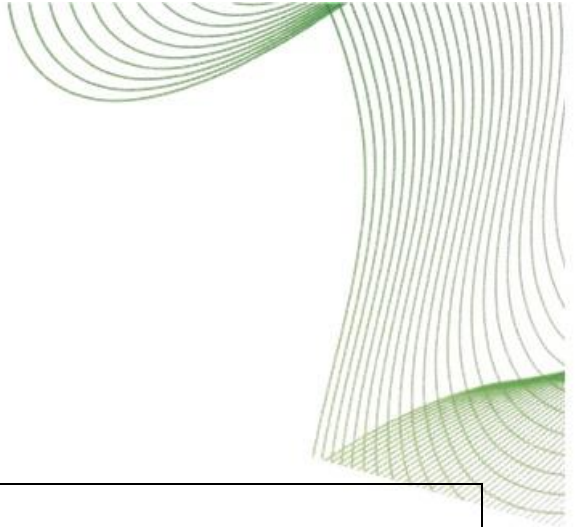
General Regulations	18
Allergies	18
Babies & Young Children	18
Medical Provision	18
Privacy	18
Etiquette	19
Video, Film & Photography	19
Complaints and grievances	20
Health and safety	20
Welfare	20
Emergencies	20
Terms & Conditions of Entry to all Competitions	21
TeamGym Technical Information	21
Age Policy	21
Competition Attire	21
Venue Facilities	22
Venue and address	22
Food & drink	22
Toilet & changing facilities	22
Car parking	22
Spectators	22
Appendices	23



Definition of Terms

- **Assisting Coach(es)** are Coaches who are permitted on the competition floor and/or Warm-Up Hall, but who work under the guidance and responsibility of the Lead Coach or Coach. Assisting Coach(es) must meet all of the relevant eligibility requirements.
- **BG** means British Gymnastics.
- **EGA** means English Gymnastics.
- **Event** means any National competition and Championships organised by or on behalf of English Gymnastics.
- **Chaperone** - In exceptional circumstances, Chaperones may be permitted to fulfil a pastoral care role. Chaperones under no circumstances shall be permitted to Coach gymnasts.
- **Coach(es)** are those Coaches, Lead, Supervised, Assisting Coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. These Coaches must have the relevant qualifications and BG Membership as defined in the Eligibility Section of this Handbook. Any changes to the Coach(es) submitted on the online entry system, must be notified to the EGA Administration Manager, Jan Charlton, via email prior to the event and in exceptional circumstances, if changes are required during the event, these must be notified to the Organisers. Changes to Coach(es) will only be permitted where the replacement Coach meets all of the relevant Eligibility requirements.
- **Code** means the Code of Points used for the competition, from which technical information and regulations are taken.
- **CPSU** means Child Protection in Sport Unit.
- **DBS** means Disclosure Barring Service, Access NI Eligibility or PVG.
- **FIG** means Federation International de Gymnastique.
- **Independent** means gymnasts who are not members of a BG registered Club, but hold appropriate BG membership.
- **Lead Coach** – The Coach taking overall responsibility for all the gymnasts from their Club. The Lead Coach must be present in the competition arena throughout the event to take responsibility for the Coaches and gymnasts. The Lead Coach must possess sufficient qualification to cover all the skills that any of their gymnasts will be performing within the competition.
- **Officials** are people recruited to assist with the delivery of the overall event ie Floor Manager, Ceremonies Manager, Spectator Tickets Manager etc.
- **Organiser** means the National Competition Organiser(s) or their designated representative, who is authorised by or on behalf of the EGA.
- **Supervised Coach** means a Coach who is the responsibility of the Lead Coach, as they are coaching skills at a maximum of 1 level higher than their current qualification, but are in the process of qualifying at the next level.
- **Blue text** means there is a hyperlink to a document, email etc embedded in to the document.

Where no specific point is addressed in the Regulations, the current FIG Rules apply. However, the Organisers and its appointed Officials, reserve the right to define any Regulation conflict as is deemed appropriate, to ensure a fair and equitable competition.



Key contacts

English Gymnastics	TeamGym Event Organiser	Enid Harrison	enid.harrison@british-gymnastics.org
	EGA Administration Manager	Jan Charlton	Tel: 0345 1297129 Ext 2640 jan.charlton@englishgymnastics.org.uk
	EGA Chairman	Martin J Laws	martin.laws@englishgymnastics.org.uk
British Gymnastics	EGA Event Enquiries		engevents@englishgymnastics.org.uk
	Customer Support		Tel: 0345 1297129 customersupport@british-gymnastics.org



Competition details – Overview

Welcome to the TeamGym English Tournament & Championships. Within this pack you will find all the details to participate within our competition, which is supported by British Gymnastics and our clothing sponsor, Milano Pro-Sport.

This competition will in 2022 take place at the City of Newcastle Gymnastics Academy.

Entry Process

Entry to the TeamGym English Tournament & Championships is via the attached Entry Form, which must be submitted to Enid Harrison by Sunday 27th March latest. All entries must be fully submitted by the stipulated closing date.

Who can enter?

This is a competition for Teams representing Clubs who are currently affiliated to their English Region. A maximum of 12 gymnasts and 2 coaches will comprise each Full Team. Micro Teams may have up to 5 gymnasts and 2 coaches. The number of Teams at the event will be fixed at a maximum number – to be confirmed dependent on Government/BG Regulations and capacity at the time.

Nationality

- Participants in all English Gymnastics events are subject to the requirements of Membership, Club/Regional Registration and other conditions of entry.
- Participants must be a British Citizen, holding a British Passport (or be in the process of obtaining British Citizenship and/or Passport) and have lived in England for a period exceeding 36 months. The mother, father or a grandparent of a Gymnast must have been born in England.
- Participants must not be a member of a Squad of any other Commonwealth country or previously represented another Commonwealth country, unless the consents required by [Byelaw 17\(3\) of the Constitutional Documents of the Commonwealth Games Federation \(CGF\)](#) have been obtained.
- If a participant does not meet any of the above Criteria, but nevertheless wishes to be considered for entry, the participant may petition the English Gymnastics Approval Panel in writing, via email to the EGA Admin Manager. The Approval Panel's decision in this regard shall be final. The Approval Panel shall be consisted of the Chairman and Vice Chairman of English Gymnastics, together with the individual Chairperson, in England, of the specific Gymnastics discipline within which the participant is seeking to compete. The Panel's decision in this regard shall be final. Decisions on these matters are not open to Appeal.
- Disclosure: It is the responsibility of the person making the Competition Entry to ensure that all gymnasts have their Nationality declared within the Gymnet Online Entry portal or as soon as possible via email the [EGA Event Enquiries](#).

Policy for the Participation of Trans People in Gymnastics Competition

For information on Transgender, please refer to the [BG Q&As for the Participation of Trans People in Gymnastics Competition](#).



Guests

- The Club/Coach of a gymnast that represents another Country or Home Nation and wishes to compete as a Guest at an English Gymnastics event, must not add their competitor(s) to Gymnet when entries open and should instead contact the [EGA Event Enquiries](#) via email and request that they be added to the Guest Waiting List. Guest gymnasts will be allowed entry subject to availability of places.

Competition

English Championships Level 4, Level 3, Level 2 and Level 1 – Full and Micro Teams:

Age	Primary 9-11	Youth 10-14	Junior 13-17	Level 1	Dis and Incl Level 2	Dis and Incl Level 1
Level 4	✓				✓	✓
Level 3		✓				
Level 2			✓			
Level 1				✓		

English Tournament Level 4, Level 3 and Level 2 – Full and Micro Teams

Age	Primary 9-11	Out of Age	Youth 10-14	Out of Age	Junior 13-17	Over 17 L4 Micro	Dis and Incl Level 2	Dis and Incl Level 1
Level 4	✓	✓				✓	✓	✓
Level 3			✓	✓				
Level 2					✓			

In the Tournament Competitions:

- Mixed Teams must include male and female gymnasts, but there need not be an equal gender mix. Each run and the floor exercise must include both genders.
- No triple saltos are permitted on any piece of apparatus.

Tariff Sheets

The coach is responsible for providing Tariff Sheets for their Teams. The Sheets should be completed correctly in line with UEG requirements. Eight (8) copies of the Floor Sheet and six (6) copies of the Tumbling and Trampoline/Vault Sheets must be provided for each Team. The Tariff Sheets must be handed in to Registration before the warm-up period for the Team's performance. There will be a fee for any additional photocopying requirements.



Time and date

Date(s):	Sunday 8 th May 2022
Estimated start time: *	0800hrs - TBC
Estimated end time: *	1800hrs - TBC
Timetable & Draw circulation:	Approximately 3 weeks prior to the start of the competition

***Note:** The Organisers reserve the right to amend the Timetable according to Entries. The start and end times are estimated and subject to change pending entries received and category breakdown. Maximising your experience is vital, please be patient with the Competition Organiser.

Entry costs overview – Clubs and Gymnasts

Entry Cost per competing Full Team:	£130.00 *
Entry Cost per competing Micro Team:	£50.00

* Teams nominating at least one Judge, able to attend the competition for the full day, will pay a reduced fee of £120 and £45 per Team and they should note this on their Entry Form.

Entry method and closure date

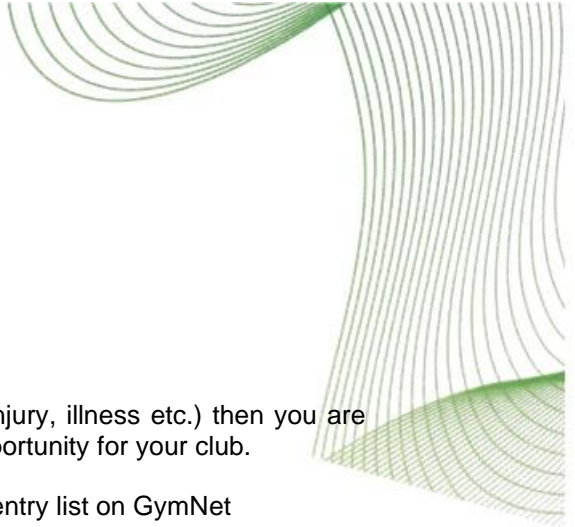
Entry method:	All entries must be submitted on the appropriate Entry Form (see Appendix 1) and emailed to Enid Harrison at Email: enid.harrison@british-gymnastics.org or posted to Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX
Entry opening date:	Monday 14 th February 2022
Entry closure date:	Sunday 27 th March 2022

Payment method

- Fees can be paid by cheque, made payable to the English Gymnastics Association or by BACS.
- If payment is made by BACS, a screen shot of the payment must be emailed to the EGA Administration Manager, Jan Charlton via email (E. jan.charlton@englishgymnastics.org.uk).
- English Gymnastics Association Bank Account details for online payments:

Account No. 17012635
Sort Code 54-10-44

- **Entry Fees are non-refundable after the closing deadline.**
- *It is not the responsibility of the EGA to financially support the Coaches to attend this event.*



Withdrawals & Substitutions

Pre-event entry closure:

If a Gymnast is unable to attend the event for a specific reason (injury, illness etc.) then you are welcome to transfer (change) the Gymnast so you maximise the opportunity for your club.

- Not submitted your entry yet? – You can manually amend your entry list on GymNet
- Submitted (paid) for your entry? – You will need to email the [EGA Event Enquiries](#) via email to request a transfer in Gymnast, as this must be done manually.

Post-event entry closure:

Contact the [EGA Event Enquiries](#) via email to discuss your individual situation and the stage of event organisation. It may be too late to alter/re-do any preparation that has been completed for the big day.

If a transfer is accepted and must be done manually, the [EGA Event Enquiries](#) will need the following details of both the old and new gymnasts:

- Full name
- Membership number
- Category – Level and Age

Withdrawal of Entry:

To withdraw a gymnast/Team, please email Enid Harrison (copy to Jan Charlton) with the following details:

- Full name
- Membership number
- Category – Level and Age
- Reason for withdrawal

Fees to Withdraw:

- After the closure date – No refund of entry fee
- Before submission of the entry – No fee has been charged
- Before the closure date – A refund will be provided by English Gymnastics, minus a 3% admin charge

Coach substitutions

Where it is necessary to substitute a Coach, the Club must inform Jan Charlton in writing via email so that the Coach can be checked for Membership, Awards and Safeguarding, before they can be accredited for the event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their Coaching Award Certificate, current British Gymnastics Membership Card and a current British Gymnastics specified DBS Certificate.



Structure and programme

The English Championships

The event is open all FULL Teams and MICRO Teams at Levels 4, 3, 2, 1 and to Disability and Inclusive Teams working at L1 and L2 of the current British Gymnastics TeamGym Rules within the age groups stated in the Rules. Separate competitions will be offered for Men's, Women's and Mixed Teams following current BG and UEG Rules.

The English Tournament

Teams entering the Tournament may not have qualified to compete at the British Championships Finals in 2022.

- This event is open to FULL and MICRO Teams at Levels 4, 3, 2 working in the correct age group and to Disability and Inclusive Teams at Level 2 and Level 1. Separate competition will be offered for Men's, Women's and Mixed Teams.
- Full and Micro Teams may also enter this competition at Level 4 and Level 3 working 'out of age' for that Level.
- A further section will be available at MICRO Level 4 for gymnasts aged Over 17 who have never competed in a TeamGym event and for those who have not competed in any other discipline in the last two years other than in a specific adult competition.

Home Nations

Teams from the Home Nations are very welcome as Guests. Additional Awards will be presented in sections where Home Nation Teams take part in what will become a 'Home International'.

Confirmation of programme and rotations

After the entry closure date, the Competition Organisers will finalise the competition programme/running order and circulate this to all clubs involved. If you haven't received an email of the competition programme fourteen days prior to the competition start date, please contact Enid Harrison.

Note: Sometimes emails can get moved to 'junk mail' boxes without our knowledge. Please check prior to contacting Competition Organiser.

For the purpose of maintaining the smooth and timely running of the event, or where the safety, security and good performance of the Gymnasts is a concern, the Organisers reserve the right to alter the grouping of Gymnasts and/or running order of performances, up to the start of warm up.

Awards, Prizes and Medals

Awards will be presented in each section and age group. If any section or age group has only 1 or 2 entries, then that section may be combined with another section. For example, a Level 3 section has three girls, one male and one mixed Team – the section would be combined to create some competition.

If a Home Nation Team is entered in any section, English medals will be presented to the English Teams for the English event. A further presentation will then be made including all the Teams as it would be a 'Home International' event.



Performance details

Warm up

General and Apparatus Warm-Up Time will be allocated prior to each Round. There will not be an opportunity for podium training prior to this event.

Music licencing – PPL/PRS

Pre-event music requirements

Music submission date deadline:	Should be submitted no later than 10 days before the competition date
Music submission method:	Via Email to Enid Harrison
Music format:	The Email should clearly state the Team's name, number and apparatus. A clearly labelled, recorded copy of the music should also be available at the event in case it is required. Details will be sent by Email to Teams entered.

Please ensure you are aware of the stipulations placed on the event and all clubs wishing to use music, by PPL.

If you wish to use music in your gymnastics environment, you require a PPL/PRS licence. More information can be found [here](#).

To check your music is permitted for use, the PPL UK website lists online all the music that can be used. Please click the link [here](#).

If the track is not included within the listed tracks, the Club must apply directly to Disney, Andrew Lloyd Webber or Cirque du Soleil to use the track and pay the relevant licensing fees.

British Gymnastics guidance on PPL/PRS

Please click above for some guidance/useful links relating to PPL/PRS taken from the British Gymnastics Website.

Rules

All Rules will be as stated in the current 2017-21 BG and UEG Rules and BG modifications.

Judging

Teams are requested to nominate a Judge on their Entry Form and to be responsible for any expenses this Judge may incur. Teams providing at least one Judge will benefit from a reduced Entry Fee of £10 per Full Team entered or £5 per Micro Team entered.

The Judge nominated may be a TeamGym Judge qualified at Club Level or higher or a Regional Level (or higher) Judge in Men's or Women's Artistic Gymnastics or Tumbling. The Judging Co-ordinator will select the Panels from the Judges nominated and Judges will be notified in advance if they are required to attend.



Equipment

All equipment will be as provided by the host Club, City of Newcastle Gymnastics Academy. Clubs may not bring additional equipment to the venue. This will be:

- EuroGym Tumble with 6 run-up blocks
- Full size TG Floor area
- Trampettes
 - 1 EuroGym 40 Spring
 - 1 EuroGym 36 Spring
 - 1 Dorado 40 Spring
 - 1 Continental Trampoline

Judge, Coach, Gymnast requirements

The following provides requirements for Judges, Coaches, and Gymnasts that are to be involved within this event (***please note that only Clubs affiliated to their respective Regions will be allowed to enter English Gymnastics events***).

Membership

All persons attending EGA events in an official capacity, whether as a Gymnast, Coach or Judge, are required to hold current BG Membership in line with the level of competition entered and awards held.

Coaches, Judges and Gymnasts should carry current BG Membership Cards to all competitions and be prepared for these to be checked by the Organisers or their appointed officials.

- **Gymnasts**

Membership level must be Competitive Gymnast, Coach or Life Member of BG in order to enter an EGA event. In normal circumstances, Gymnasts should also be a member of a BG Registered Club.
- **Lead Coaches**

Lead Coaches' Membership level must be Coach or Life Member of BG and Coaches must be qualified to the level of the skills being performed before being allowed to participate in an EGA event. Lead Coaches must have a current Safeguarding and DBS Certificates - please see Safeguarding Section. The Lead Coach may authorise other Coaches from their club to coach skills of a maximum of 1 level higher than that coach's qualification (Supervised Coach) but has responsibility for ensuring that they are competent to do so. Further information on the changes introduced for Lead and Supervised Coaches, please click [here](#).
- **Coaches**

Coaches' membership level must be Coach or Life Member of BG and Coaches must be qualified to a minimum of Level 2. Coaches must be qualified to the level of all the skills being performed by the gymnast for which they are responsible. Coaches must have current Safeguarding and DBS Certificates. Please see Safeguarding section.
- **Supervised Coaches**

To be a Supervised Coach, you must be a minimum of Level 2. With the explicit authorisation of the Lead Coach, Supervised Coaches may coach skills at the maximum of 1 level higher than their current qualification. Before being allowed to participate in an EGA event, the Supervised Coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified. For further information on the changes introduced for Lead and Supervised Coaches, please click [here](#).



- **Assisting Coaches**

Assisting Coaches' Membership level must be Assistant Coach (if Level 1), Coach or Life Member of BG before being allowed to participate in an EGA event. Assisting Coaches must have a current Safeguarding and DBS Certificate - please see Safeguarding Section. Assisting Coaches cannot be responsible for the gymnasts.

- Two Coaches are required to be present for the Trampette/Vault performance and one for all Tumbling.

- **Disability Chaperone**

Chaperones may be permitted to provide pastoral care to gymnasts in certain circumstances. Under no circumstances may a Chaperone coach a gymnast. In the case where a gymnast has a disability, the nature of which indicates that it is deemed necessary to have additional support, they will be entitled to have a carer present with them throughout the competition. The carer will not be insured by British Gymnastics to take part in any type of recognised gymnastics activity. The carer will be required to sign a Code of Conduct to ensure they understand the role they are fulfilling within the event environment. The carer will be required to be dressed appropriately if entering the warm-up hall or field of play.

- **Medical Chaperone**

In exceptional circumstances, upon written request, a Chaperone may be approved to provide pastoral care to a gymnast with a medical condition. Written medical verification of the need for the carer (from GP or other medical practitioner) will be required to be submitted to Enid Harrison via email at least one week prior to the start of the event. The carer will not be insured by British Gymnastics to take part in any type of recognised gymnastics activity. The carer will be required to sign a Code of Conduct to ensure they understand the role they are fulfilling within the event environment. The carer will be required to be dressed appropriately if entering the warm-up hall or field of play.

- **Supervising Chaperone**

The Organisers may authorise Supervising Chaperones to assist with pastoral care for gymnasts. These entitlements, if applicable, will be defined in the specific competition pages. In these circumstances, the Supervising Chaperones must either be qualified as a Level 1 Assistant Coach or be a Club Welfare Officer and hold the relevant membership and qualifications, DBS and SPC for their position(s). Supervising Chaperones will not be permitted to enter the Field of Play.

- **Volunteers**

Volunteers are to be listed on the entry form to ensure that anyone providing support is allowed within the competitive area, including waiting and warm up areas. Volunteers must be DBS checked and must always be supervised by a qualified coach. Volunteers are not coaches' and therefore not allowed to 'coach'.

- **Judges**

Judges' Membership level must be Judge or Life Member of BG for Club/County/Regional Judges, and National/Brevet Judge or Life Member of BG for National and Brevet Judges before being allowed to officiate at an EGA event.

Judges must also hold a current Cycle of Judging Award.

The EGA does not required Judges to complete a Criminal Record Check (DBS) to Judge at EGA competitions, as the role that Judges fulfil at the event no longer falls within DBS Eligibility. However, some Judges are actively involved in Club gymnastics and may provide Judging instruction to children in a training environment or carry out a supervisory role (or may complete



a Criminal Record Check by virtue of another role they undertake eg Coach). As not all Judges use their qualification in the same way, it is the Club's responsibility to assess the role the Judge is undertaking and determine whether the activities involved fall within the Eligibility Criteria for a Criminal Record Check. BG no longer requires all Judges to complete Safeguarding Training, but Clubs should ensure any Judge who supervises or instructs children has completed appropriate training.

For further information on Membership levels, please visit the [British Gymnastics Website](#).

Coach Qualifications

When submitting entries for an EGA event, Clubs must ensure that the nominated Supervising Coach(es) is/are qualified to the level of the participant's performance. The practice of supervising participants working above the level of the Coach's qualification is not allowed.

All Coaches must have completed the [British Gymnastics Positive Coaching Module](#).

All Coaches entered into the event entry, must be the same ones attending the event. It is unacceptable to enter a Coach you know will not be attending. The Lead Coach has the ultimate responsibility for all the participants from their Club and that of the Supervising Coaches, Assistant Coaches, Chaperones & Choreographers.

It is the Club's responsibility to ensure that only accredited Coaches are on the Field of Play and Warm-Up areas. Coaches who are used to push mats must be at least a Level 2. Lead Coaches have a duty of care towards their performers and have responsibility to ensure that all of the Coaches under their supervision are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation. Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting Coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

If it is found that a Club is in breach of these policies, the EGA reserves the right to reject an entry on the grounds of Gymnast safety or, if discovered post-performance, to disqualify the competitor and remove their score(s) from the official results.

Safeguarding

All Coaches, Lead Coaches, Supervised Coaches and Assisting Coaches are required to hold a current BG specific DBS Certificate and have current Safeguarding and Protecting Children Awareness training at the time of the event. Coaches who do not fulfil this requirement will not be accredited or allowed to participate in EGA events.

All Gymnasts must have an accredited Coach present on the Field of Play and during Warm-Up at all times. If a Gymnast attends a competition without a suitably qualified Coach or Supervised Coach, they will not be allowed to compete. Initial Safeguarding training, which is valid for 3 years, must be a face-to-face workshop and delivered by a recognised training organisation.

The EG and BG accepts training from the following providers:

- Local Authority Safeguarding
- Football Association (FA) Safeguarding
- UK Coaching Safeguarding & Protecting Children
- NHS Safeguarding
- Specific professional prior learning (Social Worker, Teacher, Police Officer etc)
(Or Home Country equivalent approved by Scottish Gymnastics/ Welsh Gymnastics/ Gymnastics NI)



This must be renewed every three years and be valid both at the time of entry and through to the end of the event. Coaches are responsible for checking the expiry date of their Safeguarding and ensuring they have sufficient time to renew their award prior to the closing date of the event.

To enhance National Safeguarding training, BG provide a sport-specific online Safeguarding Refresher Course which can be used to renew Safeguarding after completing a face to face [course](#).

Coaches must also have a valid [DBS disclosure](#), both at the time of entry and through to the end of the event, before being allowed to officiate at an EGA event.

General Regulations

Coaches must make adequate provision for the “supervision” of their gymnasts upon arrival at the venue. gymnasts will not be allowed to register or begin warm up without their Coach present.

Allergies

As part of the safety for everyone, please ensure you pass on the message to all your Coaches, Gymnasts, Judges, and parents/spectators that any food being brought to the event should be **nut free** and keep in mind any other potential allergies that could be affected by food being brought.

Babies & Young Children

In the interests of safety, for the smooth running and professional presentation of the event, babies and young children are not permitted to enter the Warm-Up Hall or Field of Play, event if they are being supervised by an adult.

Medical Provision

All entrants agree to be treated by EGA appointed Medical Staff only and be bound by the decision of EGA Medical Staff in relation to their ability to compete in the competition.

Anyone requiring First Aid assistance should speak to the Competition Organiser. It is recommended that all Coaches have a First Aid Kit with them for minor injuries.

The Medical Team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the Competition Organiser, to ensure a record can be kept of treatment given and by whom.

The decision of the Organiser, as to the Gymnast’s health and medical status and their ability to compete at the event, is absolute and final.

Privacy

[English Gymnastics Privacy Notice](#).

Where competing gymnasts have a disability, it may be necessary to share the details of this disability with the Organising Committee in order to discuss if modifications to Rules and processes are appropriate arising from this disability.

The scores and results from English Gymnastics events, will be published on the English Gymnastics Website in the specific event page. English Gymnastics will not redact your details from the published results unless there is a justifiable reason to reject an objection to publication.

Apart from as required for the running of the competition, Gymnasts, Coaches, Judges and Officials must not use mobile phones or any other electronic communication devices including tablets, to



make calls, take photographs or be used for other forms of communication in the main arena during the event. Such mobile devices may only be used for monitoring scores and results.

Etiquette

While competitions can become competitive, please ensure you support every gymnast, coach and parent/guardian involved. Everyone has been involved at some point and every competition/event is a celebration of those efforts.

It is important that the access to the 'Officials' area' (Judges, scoring, music etc) is restricted to authorised personnel only.

The Competition Organiser has the right to withdraw any entry/entries where appropriate etiquette and professionalism isn't upheld before, during and after the event. This therefore could affect future attendance at events and become a welfare issue.

Video, Film & Photography

It is your responsibility as the Coach in charge of your entered team to be aware, and have records, of anyone that can/can't have their photo/video taken for media purposes. If you have anyone that can't, please ensure the Competition Organiser, via the [EGA Event Enquiries](#) email, is aware prior to the date of the event so they can inform the appropriate persons so that any photography/video of them is avoided.

Anyone who does not wish themselves or their child to be photographed at the event, must advise the Organisers via the [English Event Enquiries](#) email. The EGA will make every effort to ensure that any identifiable images of the participant are not published.

The EGA will display clear signage and make announcements about photography and filming at its events. Any footage of children and individuals who are vulnerable will be published in accordance with the relevant BG Safeguarding Policy.

To make our events entertaining and easy to follow for our audience and fans, we announce and publish information about participants, including Nationality, scores and achievements.

The results of English Gymnastics competitions are published and made available for viewing by members of the public via the English Gymnastics Website and BG Find an Event.

Any person wishing to use video, film or take photographs must abide by the [BG Health Safety & Welfare Policy](#). Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on Websites. Clubs may publish some photos, but this may only be done in accordance with the [BG Photography Policy](#) and in conjunction with the BG Safeguarding Policy and Health, Safety & Welfare Policy.

If you have any concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the English Gymnastics appointed Welfare Officer or English Gymnastics Events Director at the event. In the interests of child protection, please do let us know of anything that may be damaging to the welfare of a child.

The **use of flash or supplementary lighting is not permitted** at any time while gymnasts are warming up or competing. Please make sure that the flash is turned off on any device being used as your camera.

The **use of live streaming is not permitted** during any part of this event.



If the Competition Organiser/Welfare Officer suspects inappropriate photography or filming, the Officer/Organiser should exercise their powers under the conditions to request the person to leave the venue and to surrender any film and/or delete any images relating to the event.

Complaints and grievances

If you have a complaint or grievance regarding any happenings about or at this event, please ensure you send in your details to [EGA Event Enquiries](#) via email within five working days of the event date.

Health and safety

The health, safety and welfare of all participants (Gymnasts, Coaches and Officials) is the primary consideration. All British Gymnastics policies and procedures will be rigorously applied with regards to health, welfare and safeguarding and protecting children.

The intention of the event is to create a friendly and no-stress/low-pressure environment for all those involved, while allowing gymnasts the opportunity to challenge themselves to do their best. Ensuring the safety of the gymnasts, no matter their age, is a priority in the event set up, programme design, and risk assessment, using the guidance set out by British Gymnastics in its [Safe Coaching Practice document](#).

Welfare

As part of your risk assessments and preparation for the event, please consider the welfare of individual Gymnasts, including such items:

- Clothing not being revealing/embarrassing for males, females, and transgender Gymnasts/Coaches/Judges.
- Age of Gymnasts when changing, socialising etc.

The British Gymnastics Health, Safety and Welfare Policy has guidance on such areas and there are a few videos/courses which may help you also:

Resource Title	Type	Link
British Gymnastics Health, Safety and Welfare policy	Policy	Link
Risk assessment training for clubs	British Gymnastics eLearning course	Link
GDPR Data Security	British Gymnastics eLearning course	Link
GDPR Implementation	British Gymnastics eLearning course	Link

Government Legislation requires that when a Club takes a Gymnast(s) under the age of 18 years on a journey involving an overnight stay, the Club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU Child Protection Standards, this person must not be related to or in a relationship with the Coach attending the trip. The training for the designated person should be BG recognised Safeguarding & Protecting Children Awareness training.

Please note that the BG Membership Insurance does not cover Travel or Emergency Medical Expenses and we, therefore, recommend that, where necessary, you take out [additional Travel Insurance](#) as required.

Emergencies

As part of event, everyone attending must adhere to the emergency procedures and follow the professional guidance of the Competition Organiser and members of staff from the venue. Below is a brief guide of the venue emergency procedures.



In the event of the emergency alarms sounding, please evacuate via one of the following routes:

- These will be highlighted on the day during a safety briefing

Coaches are to ensure all their gymnasts are kept together until registered and then handed back to their responsible adult.

Terms & Conditions of Entry to all Competitions

- By entering this event your Club is agreeing to the rules, regulations, and standards within this Handbook.
- The person making the entry on behalf of a Club, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this Handbook.
- You agree to the storing of competition scores. The EGA will redact your details from the published results unless there is a justifiable reason to reject an objection to publication.
- You agree to abide by the BG Photography Policy.

TeamGym Technical Information

Age Policy

Gymnasts' ages, for the purpose of entry to all age dependent categories, will be taken as the age reached in the year of the competition.

Competition Attire

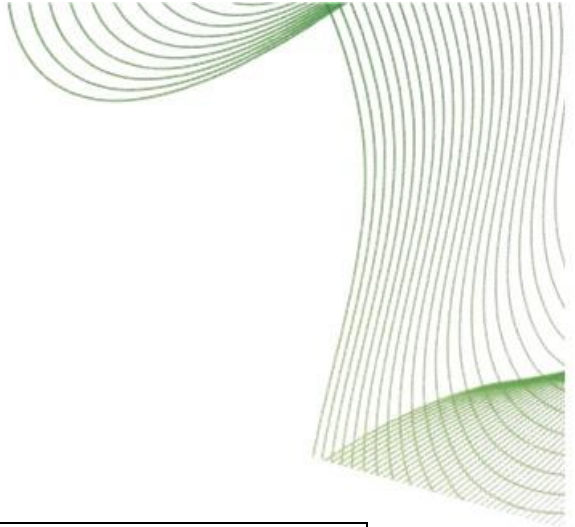
Gymnasts

The BG and UEG dress code for all gymnasts, coaches and judges will apply to this event. Long hair must be fastened appropriately and secured. Please note that plaits and ponytails may not meet this criterion.

- The wearing of GBR, ENG or other Home Nation attire at EGA events is strictly forbidden.
- Coaches will not be allowed to support on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery, they should be taped. Exceptions are as per the [BG Health & Safety Guidance Safe Coaching](#).

Non-compliance may result in removal of the Coach and consequently, for health and safety reasons, their Gymnast(s) from the competition.

For gymnasts, Coaches and Judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards.



Venue Facilities

Venue and address

Venue name:	City of Newcastle Gymnastics Academy
Venue Address:	Benfield Sports Centre, Benfield Road Newcastle Upon Tyne NE6 4NU
Google maps link:	City of Newcastle Gymnastics Academy

Food & drink

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies. For competitors, Coaches and Judges, chewing gum is not allowed at any phase of the competition, including the presentation of the awards. There is a social/refreshments area with view in to the Gymnastics Hall.

Toilet & changing facilities

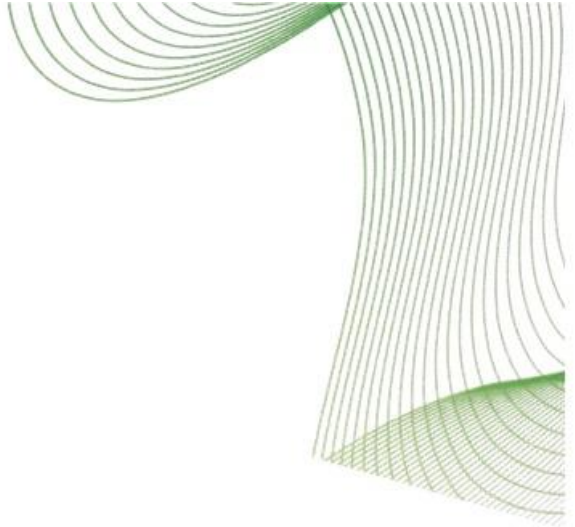
There are ample toilet and changing facilities on site for competitors, coaches, officials and spectators alike.

Car parking

The Academy is housed within the Benfield Centre for Sporting Excellence adjacent to Benfield School – and there is ample parking.

Spectators

This venue has a Spectator area for approximately 300. Ticket details will be circulated to participating Clubs in due course, subject to Government/BG Guidelines and capacity at the time.



Appendices

1. Entry Form
2. EGA Clothing Modification Request Form