



ENGLISH GYMNASTICS

English Qualifier 2 Competition Time Table

Saturday Programme

Trampoline Time Table

Level	Flight		Panel 1		Panel 2		Panel 3		Panel 4	
TRA Silver	1	Age Group:	11-12 Female Group 1		13-14 Female Group 1		9-10 Male		9-10 Female Group 1	
		No:	(1-16)		(1-16)		(1-13)		(1-16)	
		Floor Warm Up:	08:00	08:20	08:00	08:20	08:00	08:20	08:00	08:20
		Tramp Warm Up:	08:20	08:40	08:20	08:40	08:20	08:40	08:20	08:40
		One Touch:	08:40	08:50	08:40	08:50	08:40	08:50	08:40	08:50
		Compete:	08:50	09:20	08:50	09:20	08:50	09:20	08:50	09:20
	Leave Field of Play	09:20	09:25	09:20	09:25	09:20	09:25	09:20	09:25	
	2	Age Group:	11-12 Female Group 2		13-14 Female Group 2		15-16 Male 15-16 Female		9-10 Female Group 2	
		No:	(17-32)		(17-32)		(1-7) & (1-6)		(17-32)	
		Floor Warm Up:	09:05	09:25	09:05	09:25	09:05	09:25	09:05	09:25
		Tramp Warm Up:	09:25	09:45	09:25	09:45	09:25	09:45	09:25	09:45
		One Touch:	09:45	09:55	09:45	09:55	09:45	09:55	09:45	09:55
		Compete:	09:55	10:25	09:55	10:25	09:55	10:25	09:55	10:25
	Leave Field of Play	10:25	10:30	10:25	10:30	10:25	10:30	10:25	10:30	
	3	Age Group:	11-12 Female Group 3 11-12 Male Group 1		13-14 Female Group 3		15-16 Female		9-10 Female Group 3 Disability All	
		No:	(33-39) & (1-9)		(33-42)		(7-22)		(33-39) & (All)	
		Floor Warm Up:	10:10	10:30	10:10	10:30	10:10	10:30	10:10	10:30
		Tramp Warm Up:	10:30	10:50	10:30	10:50	10:30	10:50	10:30	10:50
		One Touch:	10:50	11:00	10:50	11:00	10:50	11:00	10:50	11:00
		Compete:	11:00	11:30	11:00	11:30	11:00	11:30	11:00	11:30
Leave Field of Play	11:30	11:35	11:30	11:35	11:30	11:35	11:30	11:35		
4	Age Group:	11-12 Male Group 2		13-14 Male						
	No:	(10-24)		(1-15)						
	Floor Warm Up:	11:15	11:35	11:15	11:35					
	Tramp Warm Up:	11:35	11:55	11:35	11:55					
	One Touch:	11:55	12:05	11:55	12:05					
	Compete:	12:05	12:35	12:05	12:35					
Leave Field of Play	12:35	12:40	12:35	12:40						

Judges Lunch

TRA Silver	5	Age Group:	Senior Female Group 1		Senior Male			
		No:	(1-16)		(1-12)			
		Floor Warm Up:	12:50	13:10	12:50	13:10		
		Tramp Warm Up:	13:10	13:35	13:10	13:35		
		One Touch:	13:35	13:45	13:35	13:45		
		Compete:	13:45	14:15	13:45	14:15		
	Leave Field of Play	14:15	14:20	14:15	14:20			
	6	Age Group:	Senior Female Group 2		TRS Mixed Youth			
		No:	(17-32)		(1-10)			
		Floor Warm Up:	14:00	14:20	14:00	14:20		
		Tramp Warm Up:	14:20	14:45	14:20	14:45		
		One Touch:	14:45	15:00	14:45	15:00		
		Compete:	15:00	15:30	15:00	15:30		
	Leave Field of Play	15:30	15:35	15:30	15:35			
	7	Age Group:	TRS Junior Female					
No:		(1-7)						
Floor Warm Up:		15:15	15:35					
Tramp Warm Up:		15:35	16:00					
One Touch:		16:00	16:15					
Compete:		16:15	16:45					
Leave Field of Play	16:45	16:50						

ALL DMT GROUPS PLEASE NOTE:

Final 2 will only take place when the group has 8 or more gymnasts
in the qualification rounds one.

DMT Silver Time Table

Level	Flight		Panel 5	Panel 6		
DMT Silver	4	Age Group:	17+ Male 17+ Female		9-10 Male 9-10 Female	
		No:	(1-3) & (1-7)		(1-5) & (1-8)	
		Floor Warm Up:	10:55	11:15	10:55	11:15
		Warmup Exercise 1 & 2	11:20	11:45	11:20	11:45
		Two Touch	11:45	11:30	11:45	11:30
		Compete Exercise 1 & 2	11:30	11:55	11:30	11:55
		Warmup Final 1	11:55	12:05	11:55	12:05
		One Touch	12:05	12:15	12:05	12:15
		Compete Final 1	12:15	12:30	12:15	12:30
		Leave Field of Play	12:30	12:35	12:30	12:35

Judges Lunch

Silver DMT	5	Age Group:	Disability All 13-14 Female Group 1		11-12 Female	
		No:	(1-5) & (1-8)		(1-13)	
		Floor Warm Up:	12:15	12:35	12:15	12:35
		Warmup Exercise 1 & 2	12:35	13:00	12:35	13:00
		Two Touch	13:00	13:10	13:00	13:10
		Compete Exercise 1 & 2	13:10	13:35	13:10	13:35
		Leave Field of Play	13:35	13:40	13:35	13:40

Silver DMT	6	Age Group:	13-14 Female Group 2 13-14 Male		11-12 Female 15-16 Male	
		No:	(9-19) & (1-4)		(14-22) & (1-3)	
		Floor Warm Up:	13:15	13:35	13:15	13:35
		Warmup Exercise 1 & 2	13:40	14:05	13:40	14:05
		Two Touch	14:05	14:15	14:05	14:15
		Compete Exercise 1 & 2	14:15	14:40	14:15	14:40
		11-12 Female 13-14 Male & Female Warmup Final 1 & 2	14:40	14:55	14:40	14:55
		Two Touch	14:55	15:05	14:55	15:05
		Compete Final 1 & 2	15:05	15:25	15:05	15:25
		Leave Field of Play	15:25	15:30	15:25	15:30

Silver DMT	7	Age Group:	11-12 Male		15-16 Male 15-16 Female	
		No:	(1-11)		(4-6) & (1-9)	
		Floor Warm Up:	15:05	15:25	15:05	15:25
		Warmup Exercise 1 & 2	15:30	15:55	15:30	15:55
		Two Touch	15:55	15:40	15:55	15:40
		Compete Exercise 1 & 2	15:40	16:05	15:40	16:05
		Warmup Final 1 & 2	16:05	16:25	16:05	16:25
		Two Touch	16:25	16:35	16:25	16:35
		Compete Final 1 & 2	16:35	16:55	16:35	16:55
		Leave Field of Play	16:55	17:00	16:55	17:00