



**DMT England National Performance Pathway**  
**Selection Policy 2023 V2**

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# Performance Pathway Programme Selection 2023

## Section 1: Consideration Events

The Selection Panel will take into consideration performances at the following events.

- British Championships 2022
- English Championships 2022
- Spring Cups 1 and 2 2022
- English Qualifications 1 and 2 2022
- National Age Group Final 2022

## Performance Standard Matrix:

The expected standards of gymnast, are those fulfilling the minimum pass difficulties and performance standards below:

Age Group in 2022	Minimum Degree of Difficulty per pass	Minimum performance standard (9.5's plus minimum difficulty) *
13-14 Female	2.1	42.2
13-14 Men	2.7	43.4
15-16 Female	2.7	43.4
15-16 Men	3.2	44.4
17-21 Female	3.2	44.4
17-21 Men	4.4	46.8

\* Two best scores from any of the consideration event competitions

## Section 2: Selection Process

- After the final event, results from the 'Consideration Events' listed above, will be put onto a matrix and a ranking list made of gymnasts eligible for each of the following Programmes: -  
ENG Senior Programme; ENG Junior Programme
- **Please note:** Second year 11-12 year gymnasts on the 2022 Foundation Programme (born 2010) that do not meet the above minimum difficulty and performance standards, may be invited as guests onto the 2023 13-16 programme pending results from English Qualifications 1 and 2 2023. Guests will not be eligible for ENG representation at competition until confirmation of selection.
- Final selections will then be made on that ranking at the discretion of the Selection Panel.

### Section 3: Programme Members

Considerations / Athlete assessments will be made on an ongoing basis as part of an athlete's membership to the programme regarding whether an athlete moves up or down the pathway/meeting the standards/requirements of the programme. Every effort will be made to assist the gymnasts on the programme to fulfil the programme requirements through communication and training.

### Section 4: The Programme

Invitations to join the National Performance Programme will be issued on an annual basis, from January – December.

Participation in any of the Performance Programmes is optional. Athletes may decline the invitation, however once an athlete has accepted the offer, there is an expectation that the athlete will fully commit to all the requirements of the programme including the associated policies, procedures and agreed training, competition goals within the Individual Athlete Plan (IAP).

Selection to England designated international competitions is restricted to England Programme gymnasts.

- ENG Programme selection period (Length of time an athlete can expect to be on the Programme from the point of selection)
  - January-December 2023
- Programme athletes and their coaches must agree a DMT Individual Athlete Plan (targets, development & competition routines, and competition calendar/events) with the England National Coaches.
- Programme athletes will be required to undertake all DMT Programme activities (camps, additional training at LNSC and competitions etc) laid out by the England National Coaches.
- Programme athletes will generally only be eligible for a single programme and cannot move between programmes. Should an athlete be invited to attend another programme in the same or different discipline this should be discussed and agreed between the appropriate National Coaches and Programme Managers prior to selection.
- Programme athletes will be considered for selection to GBR minor internationals in consultation between English and British Gymnastics. The athlete will remain on the England programme until the end of the selection period.
- Athletes must also agree to observe all obligations outlined within the English Gymnastics' Performance Athlete Agreement 2022 – 24 and any subsequent Codes of Behaviour adopted by English Gymnastics.

## Programme Terms & Conditions

### Section 5: Eligibility for Selection

Any athlete wishing to be considered for selection must be a full member of British Gymnastics and be age eligible as outlined below. In addition, upon selection they must sign a copy of the English Gymnastics Athlete Agreement 2022-2024 and abide by the rules and regulations applicable.

- An English Citizen, holding a British passport (or be in the process of obtaining British citizenship and/or passport) *and* have lived in England for a period exceeding 48 months.
- The mother, father or a grandparent of a gymnast must have been born in England
- 13-21 years old in the year of competition
- Eligible to compete for England. The gymnast must not be a member of a Programme of any other Commonwealth country or previously represented another Commonwealth country, unless the consents required by Article 25(3) of the Commonwealth Games Federation (CGF) Constitution, Regulations & Code of Conduct have been obtained.

### Section 6. Selection Panel

As standard practice to ensure GBR/EGA overview and consistency, the Head National Coach, England National Coaches, English TRA, TUM & DMT Technical Chair/England Performance Pathway Manager will be present at all selection meetings. The Key responsibilities of these individuals are:

- a) Proposing and agreeing the selection policy for all GBR/ENG programmes and competitions.
- b) Holding nomination meetings in accordance with the selection process.
- c) Communication of the selected individuals.

### Section 7. General Information

In the event of injury, removal and/or the need for replacement, any eligible athlete may be called upon to join the Programme at any time.

Once Programme selections have been confirmed all selected athletes must agree not to withhold any information on training fitness, injury status or illness that could affect training or competition at any time.

An athlete may be removed from the Programme in the event of a non-compliance in training, lack of performance progression, a breach of responsibility to the Programme or a violation of the Codes of Behaviour adopted by the Programme. Prior to removal the athlete will be presented with the opportunity to attend a removal interview with the English Gymnastics TRA Technical Chair (or their appointed representative) and where possible one other independent person. Written justification must be provided for all removals by the English Gymnastics TRA Technical Chair. Decisions on these matters are not open to appeal.

At any stage following the Programme selection announcement, should there be a doubt over the ability of an athlete to train or compete to the best of his/her ability due to an injury or illness, the following procedure will be adhered to:

- The athlete will be asked to undergo a medical examination to determine their fitness to participate. Initially this will be based on an assessment of whether the injury and/or illness is such that the athlete is physically unable to train or is at risk of causing medical harm to themselves or endangering other Programme members.

Any replacement(s) required will be made by English Gymnastics TRA Technical Chair and England National Coaches based on the needs of the Programme. Decisions on these matters are not open to appeal.

Selected Programme Members agree not to make any announcement to the media or public in any form (including on any personal media) regarding their selection until after English Gymnastics have announced the Programme selection on the English Gymnastics pages via the British Gymnastics website ([www.british-gymnastics.org/england/squads](http://www.british-gymnastics.org/england/squads)).

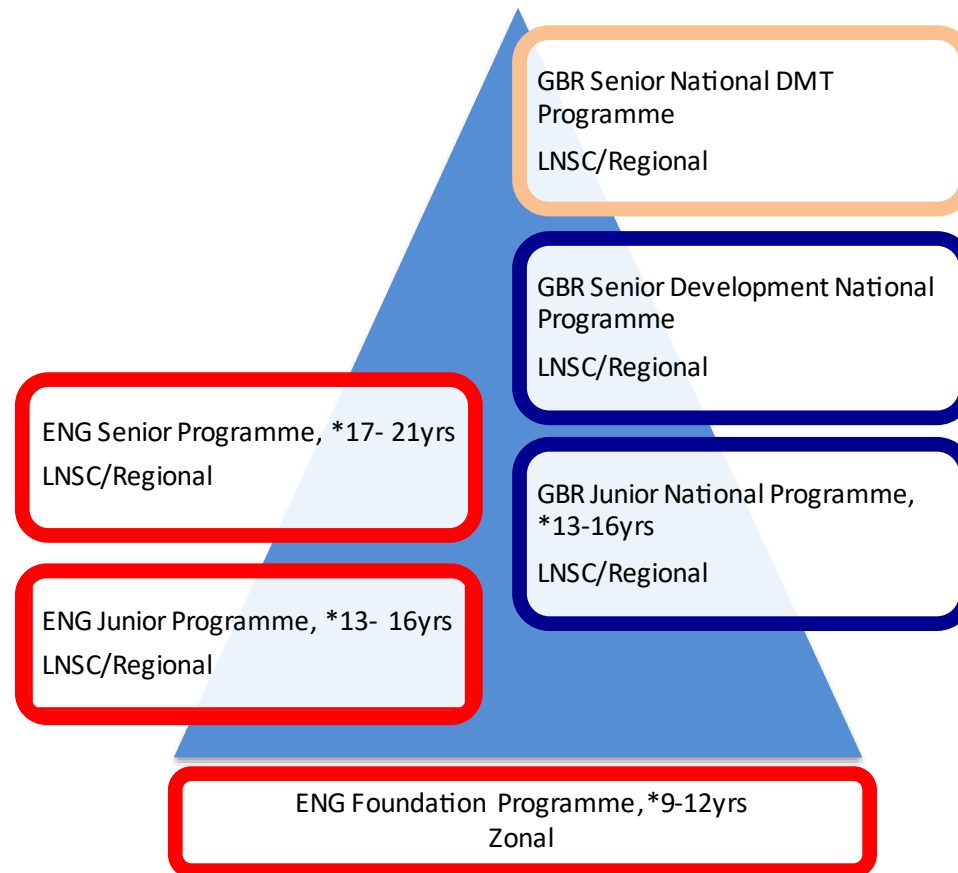
## Section 8. Appeals

Should you feel that the Selection Policy has not been adhered to and that your non-selection / selection is unjust you must formally write to the English Gymnastics TRA Technical Chair with details.

## Section 9. Anti-Doping

Athletes must be compliant with the British Gymnastics anti-doping policy at all times. The selection panel reserve the right not to nominate, select and /or deselect any athlete from any of the identified National Performance Pathway Programmes and/or competitions, on the basis of failure to comply with the [British Gymnastics anti-doping policy](#).

# National Performance Pathway– DMT



*\* Ages are in the year of competition for 2023 (athletes aged 22yrs+ able to demonstrate long -term development potential may be considered for selection for senior programmes)*

*British Athletes outside of England will not be eligible for England Programmes but may be able to access their Home Nation Programmes. See Scottish Gymnastics, Welsh Gymnastics and Northern Ireland Gymnastics for detail.*

