

## Women's Artistic Technical Committee

### Issue No.11 October 2015

**Podium Training for Age Group Finals** – This year Podium Training will only be provided for those regions who request it. Once your entry has been received you will be asked to indicate whether you require Podium Training or not. Please ensure you respond promptly.

**Dates for Your Diary** – Venue TBC

NPRG Meeting – Sunday 17 January 2016

National Coaches & Judges Clinic – Saturday 16 January 2016

**Compulsories & NDP Grades** – The WTC and National Coaches are currently working on some clarifications to both sets of exercises. These will be published shortly.

**Beam Dismounts** – with immediate effect coaches will be permitted to stand in for beam dismounts without penalty at **ALL** competitions **EXCEPT** Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.

**Age Groups 2016** – the closing date for this event has been changed to Monday 26 September 2016.

**How to contact us** – all enquires can be directed to the Chair but specific guidance can be obtained by contacting the committee member with specific responsibilities for certain areas

- General Enquiries – Karen Hofen – [karen.hofen@british-gymnastics.org](mailto:karen.hofen@british-gymnastics.org)
- Compulsories – Chris Still – [chrisstill@hotmail.com](mailto:chrisstill@hotmail.com)
- Voluntaries – Rod Smith – [rod.smith@glasgowlife.org.uk](mailto:rod.smith@glasgowlife.org.uk)
- NDP – Liz Kincaid – [lizgym@btinternet.com](mailto:lizgym@btinternet.com)
- Judging – Maria McLoughlin ([mcloughlinmt@gmail.com](mailto:mcloughlinmt@gmail.com)) & Glynis Tovey ([gtovey@btinternet.com](mailto:gtovey@btinternet.com))
- Competitions – Chris Paddock – [womens.competitions@british-gymnastics.org](mailto:womens.competitions@british-gymnastics.org)

### CHANGES TO COMPETITION REGULATIONS FOR 2016

**Compulsory 1 & 2 Pass Marks** – the pass mark has been reviewed and for 2016 the required scores will be:

- Compulsory 1 – 54.00
- Compulsory 2 – 53.00

### Qualification to National Finals for Compulsory 4 & 3

**Teams** - In order to represent their region in the National Finals a gymnast must finish in the top 4 in her regional competition and achieve a pass of 50.00 or above.

**Individuals** – In order to qualify to compete as an individual at the National finals a gymnast must achieve the following score

- Compulsory 4 – 59.00
- Compulsory 3 – 56.00

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An individual can only qualify if their region has entered a full team.

If a region has only 1, 2 or 3 gymnasts at any level they must still be entered as a team and compete in regional kit.

**Individuals in NDP National Grade Finals** – this is a team event, individual entries are not accepted. All gymnasts must enter as part of their regional team. A team may consist of 1, 2, 3 or 4 gymnasts.

### **Bill McLoughlin Teams – changes for 2016**

- 1 team, minimum age 12
- 4 in a team, 3 up on each piece
- Vault – average of 2 different vaults
- Best score on each apparatus counts for the team total
- Joker can be played on any apparatus – not linked to an individual gymnast

**Feedback** – The WTC welcomes constructive feedback. If there is anything you'd like us to consider please don't hesitate to contact us – [karen.hofen@british-gymnastics.org](mailto:karen.hofen@british-gymnastics.org)