

# London Rhythmic Gymnastics

## 2020 London Squad Selection Announcement

Following the London Open Championship Selection event, the London Rhythmic Gymnastics Technical Committee is delighted to announce the Rhythmic London Squad Selection for 2020.

### LONDON SQUAD (ESPOIR)

Name	Family Name	Club	Pre Junior
Karolina	Aver	Elite	
Illirjana	Breganaku	London Phoenix RG	
Alya	Hanci	Devotion	
Kayra	Hanci	Devotion	
Adriana	Lyshak	Excellence	
Nicole	Kalnina	Elite	
Monica	Sophocli	London Phoenix RG	
Melissa	Toma	Devotion	
Yoanna	Hristova	Devotion	Reserve 1
Katrin	Al-Alousi	Allure	Reserve 2
Nadine	Al-Alousi	Allure	Reserve 3
Sophia	Khein	Anna's	Reserve 4
Olivia	Talentaite	LGSE	Reserve 5
Name	Family Name	Club	Espoir
Amalia	Abdulkerimova	Anna's	
Videlina	Bachkova	Devotion	
Pola	Blyszczynska	Elite	
Emily	Gyulai	Hendon	
Sara Alexia	Huluba	Devotion	
Atene	Ivaskeviciute	A & V Club	
Elizabeth	Lypchuk	Excellence	
Rose	Mohamad	West London Gymnastics	
Sofia	Samohin	A & V club	
Katarina	Travuskina	Devotion	
Zahra	Van Tonder	West London Gymnastics	
Anastasia	Zorova	Anna's	
Maya	Gurenko	LGSE	Reserve 1
Glenda	Antonioni-Preve	LGSE	Reserve 2
Anastasia	Kiseleva	A & v Club	Reserve 3
Amelia	Zango	LGSE	Reserve 4
Winter	Askew	London Phoenix RG	Reserve 5

Note: Gymnasts named in alphabetical order by surname. Attendance at camps may be offered to reserves subject to availability but is not guaranteed.

## LONDON SQUAD (UNDER 10)

Name	Family Name	Club	2010
Camilla	Anisimova	Anna's	
Sofia	Burea	West London Gymnastics	
Rosa	Codd	A & V Club	
Daniella	Gloukhovski	Anna's	
Vasilisa	Lebedeva	Excellence	
Sabrina	Poliarush	A & V Club	
Kornelia	Zarzycka	West London Gymnastics	
<i>Sibel</i>	<i>Bilgic</i>	<i>Devotion</i>	<i>Reserve 1</i>
<i>Debora</i>	<i>Neil</i>	<i>London Phoenix RG</i>	<i>Reserve 2</i>
Name	Family Name	Club	2011
Jessica	Collins	Excellence	
Miya	Guy	A & V Club	
Nelly	Jasiunaite	A & V Club	
Greta	Kiznyte	A & V Club	
Anna Nicole	Kostova	Devotion	
Lily	McMahon	London Phoenix RG	
Lena	Piotrowska	West London Gymnastics	
Maria	Switaj	West London Gymnastics	
Elina	Vasilev	Anna's	
<i>Malika</i>	<i>Ozgen</i>	<i>Elite</i>	<i>Reserve 1</i>
<i>Emilia</i>	<i>Dea Karaboli</i>	<i>A &amp; V Club</i>	<i>Reserve 2</i>
<i>Jeeya</i>	<i>Virdi</i>	<i>A &amp; V Club</i>	<i>Reserve 3</i>
<i>Isobel</i>	<i>Holden</i>	<i>A &amp; V Club</i>	<i>Reserve 4</i>
<i>Margarita</i>	<i>Cvetkova</i>	<i>LGSE</i>	<i>Reserve 5</i>
Name	Family Name	Club	2012
Myla-Rose	Bates	West London Gymnastics	
Evita	Ferrante	Anna's	
Chloe	He	A & V Club	
Alice	Nesterencko	London Phoenix RG	
Arina	Prokopova	LGSE	
Evelina	Talentaite	LGSE	
<i>Scarlett</i>	<i>Isik</i>	<i>LGSE</i>	<i>Reserve 1</i>
<i>Elizaveta</i>	<i>Beloborodova</i>	<i>LGSE</i>	<i>Reserve 2</i>

Note: Gymnasts named in alphabetical order by surname. Attendance at camps may be offered to reserves subject to availability but is not guaranteed.

# CAMP INFORMATION

## LEAD COACH

### **Silvia Miteva**

- Qualified FIG Coach (L3) and Brevet Judge
- Multiple national champion of Bulgaria, Multiple medalist from World cup and Grand Prix Series, Triple bronze medalist from World and European Championships, Bronze medalist from World Games and Universiade, Finalist from the Olympic Games in London 2012, member of the Bulgarian National Individual Team between 1999-2013y.

Personal coaches: the attendance of personal coaches is highly recommended, but not mandatory.

## BALLET COACH

### **Anita Tsvetkova**

- Ballet advisor British Gymnastics (Rhythmic)

## CAMP SCHEDULE

### **Squad Camp Dates for Espoir**

- 19-20 February 2020 from 9am - 1pm (Chelsea Academy, Lots Road, SW10 0AB)
- 28 -29 May 2020 from 9am - 1pm (Chelsea Academy, Lots Road, SW10 0AB)
- 29-30 October 2020 from 9am-1pm (Location to be confirmed)

### **Squad Camp Dates for Under 10:**

- 17-18 February 2020 from 9am - 1pm (Chelsea Academy, Lots Road, SW10 0AB)
- 26 -27 May 2020 from 9am - 1pm (Chelsea Academy, Lots Road, SW10 0AB)
- 27-28 October 2020 from 9am-1pm (Location to be confirmed)

## ARRIVAL AND DEPARTURE

All gymnasts should arrive at 8:50 for registration. Personal coaches should assist with the set up of the gym.

## REGISTRATION DEADLINES

Please note the first camps are scheduled to be held between 17-20 February 2020 and payment will be required no later than 9th February 2020. If payment is not received by this date the space will be allocated to the reserve. If you are unable to attend these initial dates please email Monika Vedrichkova as soon as possible.

### **All registrations are done via Gymnet and the deadlines are as follows:**

9 February 2020 (for February camp)

15 March 2020 (for May camp)

31 July 2020 (for October camp)

You can find the camp on the British Gymnastics by searching under event section for Event name : London Squad; Discipline: rhythmic.

Gymnasts in the London Squad are expected to register for all camps. Exception can be made for gymnasts attending a National Squad camp which is happening on the same dates.

**Congratulations to all the gymnasts and their personal coaches and clubs on your selection. We look forward to seeing you at the camp.**