



# Rhythmic Technical Committee

Dear all,

Happy New Year to everyone, and hope you all had a good festive season! Congratulations to Petra Milecova on the birth of her daughter ©

Please find below and attached the updates for January.

Kind regards Ruth Wilson RG TC Information Officer

24<sup>th</sup> January 2016

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#### **Espoir Squad**

Reminder that coaches who would like their gymnasts to be considered for GBR Espoir squad for 2016 need to send their registration forms in addition to entering BQT. Forms can be found <a href="here">here</a> and must be returned to <a href="Marie Johnson">Marie Johnson</a>. On this occasion, no additional fee is applied.

#### Open Championships/Group Seeding

Please note that entries for the Open Championships and Group Seeding are now open and will close at 12 noon on **Friday February 5th**. Note that the seeding event is mandatory for all Groups wishing to take part in the 2016 Group Leagues and/or to qualify for the 2016 British Group Championships.

#### **Mentoring Workshop**

We can now confirm the intention to run a Rhythmic specific mentoring workshop on Saturday 20<sup>th</sup> February alongside the BQT event in St Martins School, Sollihull, pending sufficient numbers. To register interest for this course, please email <a href="mailto:rhythmicgymnasticscoached@gmail.com">rhythmicgymnasticscoached@gmail.com</a>. Full details available once course can be confirmed.

### **Coaching Clinic**

Please find attached further information and application form for the coaching clinic to be run in West Midlands on Sunday  $7^{th}$  February.

#### Calendar Update

Please find attached latest calendar planner and detailed overview for 2016.





## Rhythmic Technical Committee

#### **Coach Education**

Please find below the latest available coaching courses.

#### UKCC Level 2 Coach - West Midlands

Venue: Elena Gymnastics Club, Unit 1 & 2, Wellington Street. Oldbury. B69 4PH

Dates: 8th, 21st and 22nd May & 12th June 2016

Exam Date: 11thSeptember 2016 Closing Date: 8th April 2016 Course Organiser: Katy Cuddington

Contact: katy.cuddington@british-gymnastics.org

#### UKCC Level 2 - North West

Venue: All Saints Roman Catholic High School, Roughwood Drive, Liverpool, L33 8XF

Dates: 24th April, 7th, 14th & 28th May 2016

Exam Date: 3rd September 2016 Closing Date: 27th March 2016 Course Organiser: Helen Wallis

Contact: northwest.education@gymnasticsengland.org

If you would like to receive our newsletters, please send a request to <u>RG TC Contact</u>. Previous newsletters can be found <u>here.</u> If you no longer wish to receive this information, then please send an email with the subject "Rhythmic News Opt Out" to <u>RG TC Contact</u>