

LONDON GYMNASTICS

Trampoline Gymnastics

Chairperson: Andrew Freeman

☎ 07969 732676

✉ trachair@london-gymnastics.co.uk

🌐 london-gymnastics.co.uk | facebook.com/londongymnastics | twitter.com/londongymnastic



Meeting: Trampoline TC Meeting

Date/Time: Sunday 2nd February 2020

Location: Harlington Sports Centre

Invited to attend: Andrew Freeman, Gary Halfteck, Acacia Jervis, Anthony Ottley and Daneel Simpson. Management Committee: Michael Freeman.

Apologies received and absent: Sabrina Dunn, Helen Korro, Sarah Warren Smith and Carrie-Ann Williamson

Notes taken by: Michael Freeman

Minutes prepared by: Andrew Freeman

Topic	Notes	Actions
Treasurer Update	<p>Xero feeds are now working. New LG finance officer Carol has worked her magic. Sabrina is up to date with the changes. Sabrina is awaiting for Xero Journals to be set up by Carol. BTF Grant bank account has still not been set up by Dave (outgoing LG finance officer).</p> <p>Cash Balances as at 31/12/19:</p> <ul style="list-style-type: none">• Current account: £3,338.30• LG Trampoline Savings: £25,999.59• BTF funds: £27,082.63 <p>Notes on accounts:</p> <ul style="list-style-type: none">• Accruals for music costs as we've yet to be invoiced by Mood Music• Reimbursement of bank charges as per our invoice to MC. MC to pay during February• Stock provisions to be provided by Andrew• Redbridge move and Summer/Winter Finals financial provisions are being accounted for on the budget sheet by Andrew• Harriet has returned the LG printer• Total fines for judge development is £1,200 <p>Andrew proposed to spend the remaining BTF funds on trampoline/DMT equipment ready for the Redbridge move in November. Anticipated spend on 1x Ultimate, 1x DMT set up plus safety matting.</p>	<p>Andrew & Sabrina to chase MC/Dave for new savings account for BTF Grants.</p> <p>Sabrina to request Xero Journals from Carol.</p> <p>Andrew to ask Karen what should be done with Mood Music as Karen set up the arrangement.</p> <p>Sabrina to check when the reimbursement is made.</p> <p>Andrew to give Sabrina stock levels of medals/trophies etc.</p> <p>5 votes (unanimous) to invest the remaining BTF on equipment ready for the Redbridge move. Andrew to email a list of equipment required after his trip to Redbridge to see their equipment and mats. Andrew to ask other disciplines to use their equipment (GfA, Rhythmic, Men's Open).</p>
Trampoline & Tumble TC Merger	<p>Andrew met with Tumbling TC who are happy to merge. Future T&T TC to include trampoline, DMT, tumbling and team gym (trampette and tumble). Timescale is for TCs to merge by July 2020 with first event together at Redbridge in November 2020. Andrew to lead project as JTC</p>	<p>5 votes (unanimous) to merge with Tumbling TC. Andrew to liaise with Andrew P from Tumbling and the MC. Andrew to send an announcement and timescale to clubs so they can prepare for all three disciplines on one day. Andrew will remain as the chair of the expanded TC with Sabrina as</p>

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<p>Redbridge Users Group</p>	<p>Chair and liaise with Board of Directors on timeline, goals and budget.</p> <p>Andrew is leading the cross discipline working group with Men's Artistic, GfA Floor & Vault, Rhythmic and T&T to look at removing duplication from competition organiser roles and to save costs. Suppliers lists, storage, health and safety plus arena presentation will be looked at first. Meeting to be held in March 2020.</p>	<p>the treasurer.</p> <p>Andrew is to arrange a date. Central/joint purchases, for an example tablecloth runners in different colours, will be brought by the MC going forwards to be shared across LG rather than each TC owning their own duplicate items.</p>
<p>Winter Season and Showcase Final</p>	<p>IT equipment</p> <ul style="list-style-type: none"> • Andrew Wood has updated all LG laptops to Windows 10 and created new LG branded graphics for results and start lists. • Andrew Wood has confirmed levels with trampoline score + R&C can be done via Swescore using the bonus column. • T-score can be used to give individual deduction on the R&C and then transposed to Swescore. GfA and English/Elite to be recalculated as a percentage using T-score and then given a score: $77\% = 7.7$ <p>The following rule changes will be included in the next version of the handbook</p> <ul style="list-style-type: none"> • DMT GfA levels: coach can spot the front s/s T or a soft mat (if available) can be placed on the landing area. Both to receive a 1.0 penalty deduction. Only at Events 1&2, not allowed at the showcase final. • DMT GfA levels: gymnast performs an extra jump(s) on the DMT to receive a 1.0 penalty deduction. Only at Events 1&2, not allowed at the showcase final. • TRA GfA levels: gymnasts are allowed to retry a routine if they do not complete the routine. Maximum of one try across the two routines (so three in total). Chair to keep note. No penalty. Only at Events 1&2, not allowed at the showcase final. • TRA/DMT GfA R&C: allowed one retry if they DNF the routine or made a significant error. No penalty. Only at Events 1&2, not allowed at the showcase final. <p>Winter Showcase Final</p> <ul style="list-style-type: none"> • Medals – Andrew is to source medals which are similar to the ones used for Rhythmic London Championships • Balloons – Andrew is to source a balloon arch and/or columns to dress up the sport halls. • The Zone - team leotard try on after they have qualified so gymnasts can register 	<p>Andrew to update the handbook with the changes. Changes warmly received by clubs, especially the new TRA rules for GfA.</p> <p>Andrew to liaise with Rhythmic for medals and balloons. Andrew to liaise with Anne for The Zone leotards and the stall. Andrew to communicate to clubs the difference between Events 1&2 and the Showcase Final.</p>

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	<p>their size.</p> <ul style="list-style-type: none"> • Photos – Mark in Time are scheduled to attend the event. • Medical Cover – has been sourced through First Aid Cover Ltd. • LG to adopt the BG Approval Panel for NDP and given Permission to Compete – if a gymnast does not pass the R&C at 70% or higher they will not be allowed to compete on the apparatus. • Elite category from Summer to be brought forward and replace the English category as the rules were too complicated to be held in region. Winter Elite to include FIG R&C routine and be open entry. Summer Elite is trampoline only with qualification required to make the final. • Andrew to pull out the appendix and share with clubs the difference in competition format of Events 1&2 vs. Showcase Final. • Format of day: GfA levels (up to 6 panels), Synchronised trampoline, Elite levels, NDP levels. • R&C for synchronised will be removed for upcoming event due to not enough space in the R&C room. 	
Summer Season and Showcase Final	<p>To be added to the handbook. No further clubs came back with feedback. Summer/Autumn Showcase Final to be the one day on Sunday. Day to run as GfA levels (up to 6 panels), Synchronised trampoline and then London levels. We will use double panel if required. After GfA levels are complete, the R&C room will be converted into a warm up area similar to BG and EG events and a space to organise the march in. Andrew to ask Andrew W to help with the show elements.</p>	<p>Andrew to update the handbook. Andrew to ask Andrew W to provide services for the Final.</p>
Health and Safety Additions	<p>London Gymnastics has increased its health and safety provisions and now requires competition organisers to do the following for each event:</p> <ul style="list-style-type: none"> • Risk assessments • Young person risk assessments • Pregnancy risk assessment • Fire evacuation procedures • Health and safety officer role • Judge and coach meetings to disseminate the information 	<p>Andrew completed these for Winter 2 and will continue for future events.</p>
Regional Team Finals	<p>Team Training Day, 24th May at Kingston</p> <ul style="list-style-type: none"> • 10 am to 4 pm. • Gymnasts to receive their team kit bags with The Zone. • Request to Katie Richards to run a psychology element to the day • Boys and girls to be split by gender and into their NDP levels. 1-hour ice breaker, team 	<p>Daneel to invite Katie and get her cost. Andrew to liaise with Anne over the kit, budget and set an attendance fee. Michael to ask Kingston College for a classroom and confirm time. Daneel, Acacia and Gary to plan the day. Andrew to complete the admin. Michael to liaise with LG for marketing. Anthony to lead a judge day (or if can't attend find a substitute).</p>

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<p>Judge Update</p>	<p>challenge, breakout into groups A (TRA/DMT) and B (psych.) and then swap.</p> <ul style="list-style-type: none"> • Link with LG for marketing opportunities. • Invite judges for a mentoring session and education day. • Gymnasts who medalled previously at RTF can talk to the others about their past experience. Show rankings/videos from previous years to show improvement. <p>Regional Team Final Weekend</p> <ul style="list-style-type: none"> • Andrew has sourced rooms for ~£95 at Hampton by Hilton. 10 twin rooms will be booked for the nights of Friday 5th and Saturday 6th June (departure on Sunday 7th June). This includes breakfast. • Coaches can travel either by train or car. • Coaches will be selected as per policy in the handbook <p>Due to Sabrina taking more time than it is worth chasing for fines we will look at a development model to support clubs to grow their judge numbers. Clubs can either:</p> <ol style="list-style-type: none"> 1. Show evidence you've booked a judge onto the relevant course 2. If no course is running in London/South East/South regions then you can register a judge(s) for a mentoring session with Anthony for the relevant course. 3. A member of your club volunteers their time on either Friday night 9-10 pm at Kingston or Saturday 5-7 pm at Harlington to set up for the competitions. 4. Pay a fine of £100 for a missing judge. <p>Feedback is clubs prefer the option and ultimately the club benefits from options 1 and 2 and LG benefits from options 3 and 4. So far every club has avoided the fine.</p> <p>Scorecards – Andrew has received a quote to upgrade the scorecards/purchase a new set. The cost is £286 for 12 score cards for Execution. £259 for 2 score cards for Difficulty (extra numbers). Anthony and Andrew did not feel there was a huge need to replace the scorecards so this investment will not happen at this time.</p> <p>Judge revalidation – County and above can apply to LG for a grant similar to Platten. No grant for Club level. Judge courses will soon become very limited so clubs should book on quickly.</p> <p>New LG logbooks and code of conducts – This is to be used as the evidence for the Platten</p>	<p>Andrew to book rooms with event company.</p> <p>Andrew to add new process to handbook.</p> <p>Anthony to hand further logbooks and code of conducts out at future events plus keep the LG</p>
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<p>Coach Clinics</p>	<p>grants and so all judges know the standard LG expects from them. Anthony and Andrew handed these out to judges at Winter 2.</p> <p>Gary is aiming to source Paul Greaves (or someone equally recognisable) to maximise club participation. Looking to use the Rhythmic model of linked workshops across the year. Difficulty matching up venues with Paul's schedule. Agreed it is better to wait for calendars to match rather than rush the workshops out. Thought the focus could be preparing coaches for the Performance Coach skills as currently less than 10 London gymnasts compete a double somersault with more than half a twist or attend the BG or EG events. Initial cost is £20 per gymnast (max 5 per club) and £20 for a coach (no cap) but events need to break even. An autumn/winter date is being sought.</p>	<p>scare and tie log up to date.</p> <p>Gary to keep try to source a date and tutor.</p>
<p>LG Squads</p>	<p>Decision to wait until the clinics have run. Agreed to use the Rhythmic model.</p>	
<p>Other Business</p>	<p>London Youth Games – Clubs can now enter via their boroughs and register to be the Team Manager. Any gymnast who has competed at LG Elementary+ level, NDP, English, Trampoline League or FIG level event is advised not to enter as these are development or performance levels. The event is refocusing to grassroots athletes currently competing in the London Gymnastics GfA Trampoline levels or those who have never competed before.</p> <p>Disabilities update – we must offer disability DMT in March.</p>	<p>Andrew to add disability levels to GymNet and the handbook.</p>
<p>Next Meeting Date</p>	<p>Sunday 29th March, Harlington Sports Centre</p>	

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