

# NORTH OF ENGLAND GYMNASTICS ASSOCIATION



CLUB HANDBOOK  
2021-22

The North of England Gymnastic Association is one of the 10 English Regions that, along with the Home Nations, forms the structure of British Gymnastics. Gymnastics in the Region is the responsibility of the Regional Executive Committee, which oversees the work of the Technical Committees responsible for the various Gymnastic disciplines.

All Clubs in the region are required to pay an annual affiliation fee to N.E.G.A. Fees are due on October 1<sup>st</sup> each year. The basic fee is £40 increasing in small increments based on the number of Recreational and Competitive members registered with British Gymnastics. Late payment after November 30<sup>th</sup> will incur an additional fee of £25.

Affiliation to the Region offers many benefits, including a Handbook, regular newsletter, support with questions and the opportunity to join in all regionally organised competitions, courses, seminars, squads, awards and events. Affiliated Clubs also receive regular information and news from the Regional and National Committees. To be accepted as an affiliated Club:

- The Club and all its members must be registered with British Gymnastics
- The Club must have at least one Coach qualified at UKCC Level 2 or equivalent.
- The Club must have a BG trained and approved Welfare Officer
- The Club must be located within the boundary of the Region
- The Club must agree to abide by all BG rules and regulations
- The Club must agree to abide by all NEGA policies.

## **COMMUNICATION**

All British Gymnastics registered and North Affiliated Clubs receive regular email communication from the NEGA Secretary, the BG Regional Officers, and from discipline specific Technical Committees. Policy documents, coaching course details and other information is available on the North of England Gymnastics website at [www.british-gymnastics.org/north](http://www.british-gymnastics.org/north)

## **HONORARY POSITION**

President Mr. P. Crawford BEM  
1 Auckland Road, Billingham, Stockton on Tees. TS23 3LZ  
Tel. 01642 560885 peter.crawford@ntlworld.com

## **ELECTED OFFICERS**

Chairperson : Mr. D. Portas  
2 Kensington Avenue, Normanby, Middlesbrough  
01642 453929 d.portas@ntlworld.com

Vice Chair: Mrs. S. Sargeant  
18 Wallington Walk, High Grange, Billingham. TS23 3XJ  
Tel. 01642 647652 sandra.sargeant44@googlemail.com

Secretary/Treasurer: Mrs Enid Harrison  
3 Granwood Road, Eston, Middlesbrough. TS6 9HX  
Tel 01642 457168 enid.harrison@british-gymnastics.org

Regional Welfare Officers: Mrs L. Kouache, 8 Hereford Square, Sunderland  
SR2 9LF Tel. 0191 5654001. north.rwo@british-gymnastics.org  
And Mrs Enid Harrison

## **Regional Technical Committees**

Each Gymnastics discipline is managed by a Technical Committee. Committees are elected annually or biannually at an AGM. Members are volunteers who take on the responsibility for organising and managing a programme of competitions and events, including Squad training and entry to national finals. Further information is available by contacting the Committee Chair or Secretary.

### **MEN'S ARTISTIC GYMNASTICS**

Chairman: Mrs Jill Tan  
City of Newcastle Gymnastics Club, Benfield Road, Walkergate, Newcastle on Tyne. [jill@newcastlegymnastics.org](mailto:jill@newcastlegymnastics.org)

Secretary: Mr Matthew O'Hara  
City of Newcastle Gymnastics Club, Benfield Road, Walkergate, Newcastle on Tyne. [matthew@newcastlegymnastics.org](mailto:matthew@newcastlegymnastics.org)

Treasurer: Mr Mykhaylo Galyuk  
City of Newcastle Gymnastics Academy; Benfield Road; Walkergate, Newcastle on Tyne

Competitions: Jill Tann and Matthew O'Hara

## **TUMBLING**

Chairperson Mrs Shelley Walton shell.hpgym@yahoo.com  
Hartlepool GC, 136 Lynn Street South, Hartlepool TS24 7LX

Vice Chair Mr S. Gilmour steve-gilmore@hotmail.co.uk

Secretary Mrs. Lynn Hope Fabtots@aol.com  
8 Valley Forge, Washington, NE38 7JN

Treasurer Mrs Melissa White melissa.white1@nhs.net  
20 Hoskins Lane; Middlesbrough; TS4 3RR

Competitions Mr. Denis Robinson margaret.robinson33@ntlworld.com  
37, Scarborough Street, Thornaby, Stockton on Tees. TS17 6HR

Coach Education Representative Mrs. D. Couch. dcgymnastics@gmail.com

Judging Coordinator Mr. Neale Davies nandca27@icloud.com

## **DISABILITY GYMNASTICS**

Following BG good practice guidelines, each gymnastics discipline should, as far as is practicable, make provision for gymnasts with a range of special needs within their regional competition programme. Evidence of disability is required. Contact the relevant competition organiser of the Technical Committee Chair if you need details of the opportunities available

## **SPORTS ACROBATICS**

Chairperson: Mrs Sandra Sargeant  
18 Wallington Walk, High Grange, Billingham. TS23 3XJ  
Tel. 01642 647652 sandra.sargeant44@googlemail.com

Vice Chair: Mrs Dot Atkinson  
10, Cedar Road, Ormesby, Middlesbrough.  
Tel. 01642 318346 DotAtkn@aol.com

Secretary: Mrs Charlotte Wilkinson;  
38 Spenborough Road, Stockton on Tees  
Tel: 01642 890245 charlotte@stainsbyacro.co.uk

Treasurer: Mr Denis Robinson  
37 Scarborough Street, Thornaby, Stockton on Tees. TS17 6HR  
Tel. 01642 641253 margaret.robinson33@ntlworld.com

Competitions: Mrs Sandra Sargeant  
Judging Convenor: Mrs Dot Atkinson

## **RHYTHMIC GYMNASTICS,**

Ina Wightman, Penrith GC ina.wightman@northcountryleisure.org.uk

**FREESTLYE GYMNASTICS** Andi Revell andi.revell@AAAsports.co.uk

## **TRAMPOLINE**

Chairman: Mr Adam Rear  
Velocity, Marsh House Sports & Community Centre, Billingham TS23 3HB  
chair@nettc.org.uk

Secretary: Mrs Susan Wieland  
AAA Sports, Shakespeare Street, Sunderland SR5 2JF  
secretary@nettc.org.uk

Treasurer Mrs Natalie Collins treasurer@nettc.org.uk

Competitions: Mrs Joanne Rear competitions@nettc.org.uk

Judging Coordinator: Mrs Susan Wieland secretary@nettc.org.uk

## **GENERAL GYMNASTICS**

Chairperson: Ms Paula Bone. paulaboro@hotmail.com

Secretary: Mrs Enid Harrison enid.harison@british-gymnastics.org  
3 Granwood Road, Eston, Middlesbrough. TS6 9HX. Tel. 01642 457168

Treasurer: Mrs Andrea Lamb andrea.lamb@ntlworld.com

Competitions: Mrs Enid Harrison enid.harison@british-gymnastics.org

Representatives: Mr. P. Crawford peter.crawford@ntlworld.com;  
Mrs Shelley Walton shell.hpgym@yahoo.com  
Mrs Myrtle Sunley myrtlemsunley@hotmail.com  
Mrs Rebecca Clay richmondshiregymenquiries@gmail.com

## **WOMEN'S ARTISTIC GYMNASTICS**

Chairman: Mr Gordon McDonald  
130 Sherburn Way, Wardley, Gateshead. NE10 8TZ  
Tel. 0191 4696023 gordonmcd49@gmail.com

Secretary: Mrs Diane Richardson  
Redcar GC, Unit 5, West Coatham Lane, Redcar. TS10 5QD  
Tel. 01642 473358 (Gym) 07969705998 dianergc@hotmail.co.uk

Treasurer: Mr Gordon McDonald; gordonmcd49@gmail.com

Competitions: Mrs Diane Richardson  
Redcar GC, Unit 5, West Coatham Lane, Redcar. TS10 5QD  
Tel. 01642 473358 (Gym) 07969705998 dianergc@hotmail.co.uk

Judging Convener: Mrs. Kelly Milnes  
kelly@southdurhamgym.co.uk 07525946094 01388 811877 (Gym)

## **TEAM GYM**

Chair: Mrs Lesley Rutter  
lesley.northeastgymnastics@gmail.com

Vice Chair: Ms Eve Dymore eve.tyneside@gmail.com

Secretary: Mrs Sarah Bowers sara@sunsetholistic.co.uk

Treasurer: Mrs Karen Chapman karen@newcastlegymnastics.org

Competition Organiser: Ms Sam Smith samsmith2809@yahoo.co.uk

Regional Coaching Panel:  
Hannah Rowley, Sam Smith, Abbie Rutter, Eve Dymore



## **NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION**

The N.E.S.G.A. Committee offers a full programme of competitions for Schools, administered across the region. Affiliations to BSGA are due each September. The current fees are £18 for Secondary Schools, £12 for Primary Schools or £6 for individuals. Affiliation is via the web site at [www.bsga.org](http://www.bsga.org) Details of events are available from the following people:

Chairperson: Mrs Jane Hughes  
9 Pemberton Bank, Easington Lane, Tyne and Wear DH5 0HN  
Tel: 07788 947 980    [janesafchughes@sky.com](mailto:janesafchughes@sky.com)

Secretary and Treasurer: Mrs Enid Harrison  
3 Granwood Road, Eston; Middlesbrough. TS6 9HX  
Tel. 01642 457168    [enid.harison@british-gymnastics.org](mailto:enid.harison@british-gymnastics.org)

British Schools Representative: Mr Howard Todd  
[ihowardtodd@yahoo.com](mailto:ihowardtodd@yahoo.com)

NEGA Representative: Mrs Jane Hughes    [janesafchughes@sky.com](mailto:janesafchughes@sky.com)

Competition Entry:  
Floor & Vault, Milano, Tumbling & Acrobatics entry to Enid Harrison

Trampoline Entry to Joanne Rear    [competitions@nettc.org.uk](mailto:competitions@nettc.org.uk)

## **NORTH of ENGLAND GYMNASTICS ASSOCIATION CONSTITUTION AND TERMS OF REFERENCE**

### **PRELIMINARY**

In the following articles, unless the context otherwise requires, the singular shall include the plural, and the masculine, the feminine and bodies corporate, and references to gymnastics shall be considered as applicable to the sports and practice of Artistic Gymnastics, Rhythmic Gymnastics, Sports Acrobatics, General Gymnastics, Sports Aerobics, Trampoline, TeamGym and any other discipline accepted by the English Gymnastics Association and the British Gymnastics Association.

**TITLE:** The name of the Association shall be the 'North of England Gymnastics Association' (referred to as 'NEGA'). NEGA is affiliated to the English Gymnastics Association and to British Gymnastics.

### **2. JURISDICTION**

The area of administration shall be the current geographical boundaries of the Counties of Cumbria, Northumberland and Durham and the former counties of Cleveland and Tyne and Wear.

### **3. AIMS AND OBJECTIVES**

The Aims and Objectives of the NEGA shall be –

- to encourage, promote and control the sport and practice of Gymnastics for everyone irrespective of gender, ethnicity, geographical location, age or ability
- to promote and increase opportunities to volunteer, coach, officiate, participate, perform and excel in gymnastics
- to maintain strong and sustainable links between the National Governing Bodies and all Clubs and individual members affiliated to British Gymnastics and the North of England Gymnastics Association
- to adhere to all British Gymnastics and Regional Policies to ensure the safety of all participants including competitors, officials and coaches at all times

- to encourage the development of properly constituted Technical Committees, to plan, manage and deliver appropriate, high quality training to promote and improve knowledge of gymnastics within NEGA and to arrange all such matters as may be conducive to the attainment or extension of these objectives.

#### **4. REPRESENTATION**

4.1 Full Membership of the North of England Gymnastics Association shall be open to any Club in the Region that applies for Affiliation, which has all of its members registered with the British Gymnastics (BG), and which has, as a minimum requirement, a currently qualified BG Club/UKCC Level 2 Coach in charge.

4.2 Full Membership includes the provision for entry into competitions, attendance at squad training, participation on courses, an invitation to the Regional Conference, voting rights at the AGM or an SGM, the opportunity to make nominations for NEGA Awards, regular communications, access to the web site and support, advice and information from the Regional volunteer administrators.

#### **5. MANAGEMENT**

5. 1 The North of England Gymnastics Association shall be managed by an Executive Committee of elected officials who must be full members of British Gymnastics.

5. 2 The Executive Committee shall be empowered to select a President of the Association. Once selected, the role of President may be held, without election, until the incumbent chooses to relinquish the role. The President shall be a full member of the Executive Committee and have the same voting rights as all elected officials. All such appointments shall be announced at the AGM.

5. 3 All members of the Executive Committee shall have full voting rights.

5.4 The Executive Committee includes the Officers: Chairman, Vice-Chairman, Secretary and Treasurer

And also:

The EGA Director for the Region – normally the Chair or nominated representative

A representative from each Technical Committee

A representative selected from the registered Clubs

A representative from North of England Schools Gymnastics Association

5.5 The Officers and the EGA Director shall be elected at an AGM for a period of two years, to provide continuity in the conduct of the Association's affairs.

5.6 Representatives of Technical Committees shall be elected annually by those bodies.

5.7 The voting members of the Executive Committee may appoint such co-opted members as they consider appropriate, and the Executive Committee may also establish such sub-committees and working parties as may be deemed necessary from time to time. Any recommendations or decisions from any such group must be approved by the Executive Committee before they are put into effect.

The Auditor shall be appointed annually by the Executive Committee and need not be a member of British Gymnastics.

5.8 The Executive Committee shall meet at least five times a year.

## **6. QUORUM**

The quorum for all meetings shall be four, which must include two Officers. Should any meeting be non-quorate, the meeting shall be abandoned and another arranged. 21 days written notice shall be given.

## **7. ANNUAL GENERAL MEETING**

7.1 The AGM shall be held within three months of the end of the Association's financial year.

7.2 The notice convening the AGM shall be circulated at least six weeks before the meeting. Copies of the Annual Report and the audited Accounts shall be made available at the meeting and copies will be circulated to other members as appropriate

7.3 The Treasurer of each Technical Committee, shall submit a copy of the organisation's accounts to the AGM.

7.4 The Secretary or Chair of each Technical Committee, shall submit a copy of the organisation's Annual Report to the AGM.

7.5 The Secretary must receive nominations for office, one month before the date of the AGM. Details of nominations will be circulated and no further nominations will be accepted at the AGM. In the event of no nominations being received for a position, then nominations may be taken at the AGM. All nominations shall be decided by a vote of those present. Voting shall be by a show of hands, or by ballot, if requested by a majority of those present. Proxy votes shall not be used in these elections.

7.6 Voting at the AGM shall be restricted to those present who have been nominated by their registered Club as the 'voting member'. Each registered Club shall be entitled to nominate one voting member.

7.7 The President of the NEGA, or in his absence the Chairman or Vice Chairman, shall preside at the AGM.

7.8 The business of the AGM shall be as follows: -

- a. Apologies for absence
- b. Minutes of the Previous AGM and Matters Arising
- c. To receive the Annual Report
- d. To receive the Audited Accounts
- e. Election of Officers

## **8. SPECIAL GENERAL MEETINGS**

8.1 A Special General Meeting (SGM) may be summoned at any time, by the President, the Executive Committee, or on a requisition signed by not less than three members of the Executive Committee, or by not less than ten ordinary members. The reasons for calling such a meeting shall be given in writing, to the Secretary, who will give at least 14 days' notice of the SGM. Those entitled to attend shall be the same as those entitled to attend the AGM. No business shall be discussed other than that set out in the calling notice.

8.2 If the business at the SGM proceeds to a vote, voting shall be by a ballot of those member's present, and decisions shall be by a simple majority, except as provided in suspensions and reinstatements of BGA articles.

8.3 Voting at the SGM shall be restricted to those present who have been nominated by their registered Club as the 'voting member'. Each registered Club shall be entitled to nominate one voting member.

8.4 The President of the NEGA, or in his absence the Chairman or Vice Chairman, shall preside at the SGM.

## **9. UNUSUAL CIRCUMSTANCES**

If the designated Officer is not present to chair any meeting, a chairman for the meeting shall be elected from amongst those present by the majority vote on a show of hands. At all meetings, the person presiding shall have a casting vote, as well as a deliberate vote.

## **10. AFFILIATION FEE**

Each BG registered Club shall pay an affiliation fee to NEGA annually. The fee will be reviewed and determined at the AGM. The affiliation fee shall be due on the 1st of October, and failure to pay the fee by 1st December in the affiliation year will involve the loss of voting rights at the AGM or SGM and associated benefits including entry into competitions, attendance at squad training, regional awards and other support from the Association until the fee has been paid.

Late payment of the affiliation fee will incur an additional fee of £25. This will not apply to new clubs registering with the Association for the first time.

## **11. FINANCES**

11.1 The income and property of the NEGA, from whatever origin, shall be applied solely to the promotion of the objectives of NEGA as set out in Section 4 of this Constitution.

11.2 All funds received by the Association shall be held in the North of England Gymnastic Association Bank Account. Two signatures shall be

required on all cheques. The following shall be authorised to sign - President, Chairperson, Vice Chair, Treasurer and Secretary.

11.3 The Treasurer shall report on financial matters at every Executive Meeting. A copy of the audited Accounts shall be available at each AGM.

11.4 In the case of the Association being dissolved, all debts and liabilities of the group shall be discharged. The remaining assets shall be transferred to other such group with similar objectives.

## **12. ALTERATIONS TO THE CONSTITUTION**

12.1 No alteration of the Constitution shall be made except at an AGM or SGM called for the purpose, and which is quorate under Section 7 of this Constitution.

12.2 Alterations must be supported by at least two thirds of those present and voting and this number must include at least two thirds of the members of the Executive Committee in office at the time.

12.3 Notice of an alteration to the Constitution; must be sent to the Secretary at least four weeks prior to the general meeting called to discuss the proposal and the proposal shall be set out in the notice convening the meeting.

**13. REPORTING PROCEDURE** The North of England Gymnastics Association will report regularly to all affiliated Clubs with details of all gymnastic activity undertaken or planned

## HONORARY AWARDS

The following members have been recognised for their achievements, contribution and commitment to Gymnastics in the North.

**Honorary Life Vice Presidents:** Mrs. June Groom MBE; Mrs. Mary Rodgers; Mrs. Myrtle Sunley.

**President's Award for Lifetime Achievement:** Mr. J. Grey; Mr. C. Lee; Mrs. V. Robson; Mr. K. Sunderland; Mrs. J Hills; Mr. W. Leach; Mr. K. Wharton; Mrs. M. Sunley; Mrs. S. Sargeant; Mr. J. Crowe; Mr. C. Smith; Mrs. E. Harrison, Mr. J. and Mrs. D Atkinson; Mr. G. McDonald; Mrs. A. Waters; Mrs. R. Wright; Mrs. N. Preston; Mrs. K. Chapman; Mrs D. Richardson; Mrs D. Said; Mr P. Crawford; Mr. D Robinson; Mrs M. Gates; Mr G. Wharton.

**Honorary Life Members:** Mrs. J. Groom MBE; Mrs. M. Rodgers; Mr P. Crawford; Mrs. M. Sunley; Mr L. Readhead; Mr. P. Arnold; Mr J. Grey; Mr C. Lee; Mrs. E. Harrison; Mrs. S. Sargeant; Mr. J. Atkinson MBE; Mr. C. Smith; Mr. D. Robinson; Mr. J. Crowe; Mr. W. Leach; Mrs. J. Dixon-Cubbitt; Mr K Sunderland; Mrs. K Chapman Mrs. J Foster; Mr J Foster; Mr J Atkinson; Mrs. D Atkinson; Mr. G McDonald; Mr. H Todd; Mr. W Freeman; Mr. M Redmond; Mr. and Mrs. D Turnbull; Mr A. and Mrs M. Ridley; Mr G. Wharton, Mrs M Sinclair; Mrs D. Richardson; Mrs M. Robinson; Mrs L. Hope; Mrs D. Said; Mr C. Burton; Mt. I. and Mrs L. Fraser; Ms K Lawton; Mrs J. Tann; Mrs D. Hill; Mr B. Everett MBE.

**Master Gymnasts:** Lisa Grayson; Suzie Arnold; Vicki Kirkham; Michael Bone; Austin Woods; Glen Wharton; Joanne Greggs; Mark Flores; Martyn Smith Andrew Atkinson; Nicholas Walton; Craig Heap; Stuart Thompson; Louise Wood; Katie Lawton; Lindsay Peters; Daniel Hedley; Vicky Cook; Carl Morritt; Cassie Burnett; Sally McMennemy; Lauren Belchamber; Gemma Middleton; Amy Clarke; Mark Tyzack; Sharlene Slater; Barrie Hindson; Amy Fossheim; Rachael Collinson; Joanne Richardson; Scott Paterson; Stuart McKenzie; David Scott; Glen Smith; Nicola Green; Mark Fyson; Chris Jones; Robert Tregoning; Hannah Browning; Gary Short; Yacine Kouache; Leigh Simpson; Natalia Hope; Leonni Jennison; Andrew Burlison; Hayley Robson; Emma Horsham; Lyndsey Bailey; Jasmine Danby; Chelsea Fisher; Maddy Gamblin; Kristie Harrington; Catherine Spence; Danna Murray;



Dannie Hailstone; Hugh Monghan; Hannah Johnson; Louise Lee; Richard Hurst; Dorian Walker; Matthew Evison; Jesse Heskett; Erin Mattinson; Lauren Emmerson; Kat Driscoll; Steven Gilmore; Rachel Davies; Georgia Clayton; Matilda Hamilton; Alexandra Richardson Zack Willis; Shanice Davidson; Carys Ridsdale; Emily Forsyth; Millie Nesbitt; Liam Sneath; Abbi Greaves; Angus Martin; Michael Gill; Stuart Napier; Nathan Brady; Finnian Gavin; Amy Cook; Nathaniel Scott; Amy Tinkler; Jade Armstrong; Claudia Barkses; Emily Talbot; Lucy Atkinson; Lucy Weir; Faye Wardhaugh, Hannah Pilling, Sofie Lincoln, Lauren Said, Vienna Ramsey, Ryan Dury; Jessica Ross; Owen Kennedy; James Stewart; Olivia Pourke; Gabrielle Evans; Sanyago Dubov; Georgia Hewison; Lucia Woodhouse; Sophie Allen; Rebecca Temperley; James Richardson; David Richardson; Lauren Husband; Lydia Overal; Lewis Westwood; Mike Hill; Jake Phelan; Caitlin Owston; Amelia Palmer; Bethany MacDougall; Lana Chilton; Oliver Mattinson, Ellen Proud;

**Master Coach:** Jack Grey; Craig Burton; Karen Chapman; Carol Cutcliffe; Karl Wharton; Debbie Said; June Dixon-Cubbitt; Bill Leach; Nicola Preston; Rachael Wright; Matt Portas; Stuart Thompson; Glen Wharton; John Atkinson; Terry Lewis; Michael Redmond. Vicki Kirkham; Katie Lawton; Iain Said; Diane Richardson; Victoria Pattison; Adam Rear; Alison Thain; Gary Short; Brendan O'Brien; Shelley Walton; Samantha Smith; Hannah Rowley; Ruth Tonks; Scott Lowery; Billie Percival.

**Master Judge:** Joyce Hills; Sandra Sargeant; Dorothy Atkinson; Bill Leach; Gordon McDonald; Ed Toward; Debbie Said; Enid Harrison; Katie Lawton; Victoria Pattison; Kelly Milnes.; Adam Rear; Karen Chapman.

**Outstanding Gymnast Award:**

Mia Scott; Leah Greenland; Jake Wahab; Abbie Bolam; Ruby Oliver; Megan Neal; Chloe Heley; Hannah Smith; Lauren Conlin; Olivia Parker; Luca Robinson; Frederick Nelson.

**Outstanding Service to Gymnastics:** Joan Briggs; Pamela Portas; Fiona Austen, Chris Wrigley, Julie Kidd, Charlotte Wilkinson, Sue Mattinson, Marsha Hill, Marie McCloud; Margaret Freeman; Glenn Armstong; Angela Robinson; Daphne Ridley; Arthur Smith; Lyndsay Madden; David and Avril Lawton; Lynda Kouache, John Young, Elizabeth Naylor;

**Service to Gymnastics:** Peter Blake; Anita Waters; Vi Robson; Dot Atkinson; Anne Readman; Lynda Kouache; Clive and Elsie Lee; Jack and Joyce Foster; Derek and Joan Turnbull; Brian and Pauline Robson; Margaret and Denis Robinson; David and Pamela Portas; Fiona Ford; Ken Hedley; Ken Sunderland; Marjorie Chapman; Marion Gates; Mike Flowers; Gordon McDonald; Colin Smith; Joyce Hills; John Atkinson; Val Johnson; Lynn Hope; Irene Metcalfe; Pat Reed; Gill Shea; Maria Sinclair; Dale Grosert; Marie McLeod; Anne Black; Janice Boon; Derek Cox; Howard Todd; Peter Warburton; Sandra Jennison; Jim Crowe; Lynne Henzell; Julie Kidd; Heather Sayer; Janet Wake; Kath Ellison; Gill Sanderson; Joan Uren; Bill Freeman; Gloria Gosling; Marion Bailey; Alan and Muriel Ridley; Jill Tan; Terry Burgess; Janet Potter; Lynda Kouache; Joan Briggs; Denise Hill; Mary Watkins; Marilyn Robson; Charlie Preston; Diane Richardson; Susan Philpott; Julie Dimbleby; Linda Dodds; Joan Williamson; Vanessa Foster; Fiona Austen; Paula Jobson; Sylvia Cox; Marsha Hill; Daphne Ridley; Harry Waring; Carol Bashford; Brian Everett; Lyn and Ian Fraser; Rosemary Holt; Margaret Freeman; Debra Moorhead; John Young; Barry Donald; Michael Archbold; Charlotte Wilkinson; Shannon Pateman; Mary Gosnell; Joanne Dicken; Anne Mosely; Nicola Prosser; Susan Noake; Norma Watson; Diane Smith; Shona Welsh; Chris Gatenby; Diane Whitestall; Vivien Leather; Dennis Brittain; Chris Wrigley; Donna Brakenbury; Linda Rodgers; Leeann Scott; Maureen Morrison; Barbara and Steve Hall; Justine Fowler; Sue Cook; Diane Walker; Andrew Walker; Paula Bone; Jade Jackson. Nicola Preston; Rachel Wright; Emma Thompson; Julie Brydon; Julian and Jackie Camp; Julie Bowler; Diane Belchamber; Adam Rear; Jo Emerson; Joyce Mercurio; Debbie Couch; Arthur Smith; Nora Tinkler; Jill Scott; Alison Thain; Jennifer Collings; Andrew Revell; Joanne Stephenson; Caroline Ayre; Rose Marie Glover; Jill Page; Susan Carr; Laura Court; Lyndsey Madden; Gayle Crowell; Jayne Dixon; Paula Metcalfe; Jill Tan; Susan Mattinson; Nikki Wilson; Robert Davies; Melissa White; Erika Soos; Natalia Hope; Shelley Taylor; Susan Robertson; Ann Revell; Linda Purdie; Brian and Gill Blake; Emma Horsham; Sally Austen; Gary York; Mike Johnson; Ian Harrison; Andrew Brown. Maria Sinclair; Pam Firth; Julie Youngman; Rebecca Clay; Heather Taylor; Graeme Thompson; Phil Bell; Jasmine Danby; Tina Wells; Brendan O'Brien; Les Hodgson; Candice Slater; Gemma Wilkinson; Kelly Milnes; Claire Dymore; Michael Hill; Ema Marsh; Maureen Wilkinson; Neil Couch; Samantha Smith; Matthew O'Hara; Mark Nesbitt; Lynsey White; Lynne Bell; Andrew Burn; Jess O'Leary; Susan Arnison; Alice

Smith; Andrea Lamb; Nora Tinkler; Abigail Stephenson; Roslyn White; Carole Thain; Nicola Taylor; Samantha Dixon, Sarah Thornborrow, Carolyn Carroll; Michael Banks; Christine Wright; Elizabeth Nicholson; Kerrie Hay; Lisa Tobin; Tracy Forster; Samantha Smith; Carol Barwick; Oli Mattinson; Wendy Dougherty; Claire Swales; Lisa Birt; Natalie Wood; Lynn Goundry; David Swallow; Caroline Jennison; Sandra Jennison; Alison Kidger; Doreen Kidger; Alison Richardson; Ashleigh Jackson; Danielle Harrison; Lynn Ridley; Julie Thomas; Jane Friebel; Helen Rondo; Elizabeth Dinning; Kelly-Jo Robson; Lesley Rutter; Mykhaylo Galyuk; Paula Thomas; Dave Welsh, Jeanette Welsh, Vicki Wharton, Michelle Howden, Amy Wilkinson, Louise Trickett, Christine Ewart, Sarah Mitchelson, Brittainy Caruthers, Gemma Nichol, Amy Mars, Vicki McCart, Grace Lambert, Alice Lambert, Emma Docherty; Kyle Barnes; Clare Taylor; Tanya Dixon; Alison Lonsdale; Valerie Drinkhall; Julie Cornwell; Jo Pennock; Natasha Devon; Evelyn Meek; Elizabeth Naylor; Christine Wells; Lyn Ridley; Beth Ridley; Ashleigh Grady; Jessica Burniston; Laura Storey , Sharon Moffatt, Victoria Potter, Hannah Brown, Lynn Morrison, Judith Lane, Victoria Snape, Lindsey Ormesher, Rachel Connelly, Nicola Hinde, Sharon Brown, June McKenna, Ina Wightman, Viv Hailwood, Graham Otterson, Charlotte Hoggarth, Clare Jackson, Joanne Rear;

### **Junior Service to Gymnastics**

Sally Austen; Danielle Wrigley; Michael Potter; Terri Emms; Katrina Kirk; Samantha Smith; Rebecca Laville; Rosie Leather; Emily Morritt; Peter Evans; Caroline Hall; Rachael Ayre; Sophie Mills; Ruby Leather; Stevie Selby; Alice Bowler; Jessica O'Leary; Amy Blake; Brett Sargeant; Holly Jervis; Dylan Jones; Rebecca Rowan; Rhianne Wilson; Lauren Hearfield; Tyla Earl; Ashleigh Pinder; Abbey Beadnall; Emily James; Demi leigh Bell; Ellen Scott; Kate Rogers; Jacob Reid; Lauren Binks; Jessica Rooney; Megan Waller; Abbie Rutter; Paris Ash, Scott Little, Samantha Arthur-Murray, Tilly Jones, Chloe Jones, Vanessa Barwick, Hannah Peggs, Amelia Grayson, Lauren Roper, Maxine Baillie-Harland, Emily Sanger, Ashleigh Sanderson, Olivia Crow-Tomlin, Megan Bailey; Amber Surtees; Laura Robinson; James Marshall; Rosie Ivison; Eve Armstrong; Faye Jolly; Georgia Burrows; Ana Munoz Siaz ; Jordan McKinnon; Abigail Bell; Rebecca Haggath; Katie Foster; Amy Crawford; Katie Richardson, Jake Waller, Amelia Brynn, Ellie Smith, Kayla Devon, Lauren Brown, Ellie Clark, Megan Goss, Melissa Coleman,

Beth Candlish, Sophie Robson. Elise Young, Bradley Welsh, Hannah Whittle, Charley Simpkins, Zoe Ingledew; Emily Field, Anna McNeil; Fin Lewis; Chloe Gray; Sky Lewis; Kire Brayson; Faye Yellowley; Kelsey Brown' Zak Richardson; Harrison George; Harvey Summersgill; Alisha Moffatt, Laura Robinson, Vicky King, Alex Lamb, Maisie Quain, Beth Connor, Jake Wahab, Clara Jervis, Jamie-Lea Trickett, Chloe Sanderson, Evelyn Taylor, Aleisha Cooper-Smith, Grace Brown, Lucy McKenna, Josh Smirk, Kody Langley, Jamie Boyd, Stephanie Otterson, Elle Adam, Abby Jackson, Charlie Street, Caitlyn Riddex, Jessica Lillico, Mikala Easton, Katie Evans, Lois Raey, Emily Milburn; Jessica Goldsworthy; Francesca Bellshaw; Georgia Lane; Hannah Evans; Lauryn Armstrong;

### **Service to Schools Gymnastics**

Mrs. Joan Uren; Mr Howard Todd; Mrs. Lynn Hope; Mr Roddy McKay; Mrs. Jane Hughes; Mrs Vanessa Foster; Mrs Jackie Wall

**Olympic Torch** (2012) Steve Hall; Jayne Dixon; Alex Houston; Anita Waters; Matthew Baker

**Olympic Games** 2012 Kat Driscoll; 2016 Kat Driscoll, Amy Tinkler

**Special Award:** Mr. Ken Wells

### **Special Awards to Individuals and Clubs during pandemic 2019-2020**

Hayley Pattison, Susan Wieland, Vicki Copeland, Helen Gray, Susan Cook, Julie Green, Gemma Robinson, Hannah Groggin, Helen Lillingston, Lauren Siddle, Sharlene Turner, Natalia Cosgrove, Joan Briggs, Isaac Bennison, Laura Kidd. Robert Atkinson Coaching Team, Stainsby Gymnastics Club Volunteer Team, The Teesside Academy of Gymnastics Team, City of Newcastle Comeback Team, Stainsby Gymnastics Club Young Coaches

### North Region Club of the Year

City of Newcastle GC, Kendal GC (2019); Durham City GC (2018); Acklam Gymnastics Club and Redcar Gymnastics Club (2017) City of Newcastle Gymnastics Club (2016); South Tyneside GC (2015); Darlington GC (2014); Deerness Valley GC (2013); Deerness Valley Gymnastic Club (2012); Apollo Trampoline Club (2011); South Tyneside Gymnastic Club (2010); Hartlepool Gymnastic Club (2009); Apollo TC (2008); Biddick GC (2007); Redcar GC (2006); South Durham GC (2005); Deerness Valley (2004); Darlington GC (2003); Furness GC (2002)

### TC Club of the Year

	2018	2019	
WTC	North Lakes	South Durham	
MTC	City of Newcastle	City of Newcastle	
Acrobatics	Northern Hope	Stainsby	
Trampoline	Velocity	Belle Vue	
General	The Parks	GymWorld	
Tumbling	Durham City	Redcar	
TeamGym	City of Newcastle	City of Newcastle	
Rhythmic		Penrith GC	

	2015	2016	2017
WTC		South Durham GC	City of Newcastle
MTC			
Acrobatics	Tees Valley GC	South Tyneside GC	Athena GC
Trampoline	Carlisle TC		Wansbeck TC
General	Hartlepool GC	Richmondshire GC	Northallerton GC
Tumbling	Deerness GC	Northern Hope GC	Stainsby GC
Membership	Darlington GC	AAA Sport	

	2012	2013	2014
WTC	South Durham	South Durham GC	South Durham GC
MTC	Redcar GC	City of Newcastle	City of Newcastle
Acrobatics	South Tyneside	-	Stainsby GC
Trampoline	Apollo Trampoline	Park Elite TC	Belle Vue TC
General	Acklam GC	Hartlepool GC & Newcastle TeamGym	Gateshead Metro
Tumbling	Deerness GC	Middlesbrough GC	Deerness GC
Development	AAA Trampoline	Northern Hope	Berwick GC
Membership	Darlington GC	Darlington GC	Darlington GC

## **AFFILIATED CLUBS**

- AAA Sports** Mr. A. Revell, Shakespeare Street, Southwick, Sunderland SR5 2JF
- Acklam** Mrs. A. Waters, 2, Greta Street, Middlesbrough TS1 5QS
- Aerodyne TC** Mrs. L. Kouache, South Tyneside Gymnastics Centre, John Reid Road  
South Shields.
- Aeronauts TC** Ms. L Ryder, Stranton Sports Centre, Westmorland St, Hartlepool  
TS25 1TG
- Astrid Academy** Mr. D Castling, Kirk Merrington Primary School, South View,  
Kirk Merrington DL16 7JB
- Apollo TC** Mrs J Turnbull, Washington LC, The Galleries, Washington Tyne and Wear  
NE38 7SS
- Athena** Mrs. B. Caruthers, Newton Aycliffe LC, Beveridge Arcade, Newton Aycliffe
- Belle Vue TC** Ms. G. Proud, Consett Leisure Centre, Medemsley Rd, Consett  
DH8 5HU
- Blakey GC** Mrs. A. Moseley, Grangefield Community Centre, Stockton TS18 4HY
- Carlisle GC** Mrs. J. Kidd, Richard Rose Morton Acad. Wigton Rd, Carlisle CA2 6LB
- Carlisle TC** Mrs. K Trotter, Yewdale Community Centre, Hutton Way, Carlisle CA2 7TH
- City of Newcastle** Mrs. K. Chapman, Benfield GC, Benfield Rd, Newcastle, NE6 4NU
- Darlington** Mrs H. Ronda Faverdale Industrial Estate, Darlington DL1 0PP
- DC Gymnastics** Mrs D Couch, Unit 4c East Ord Industrial Est., Tweedmouth, Berwick  
TD15 2XF
- Deerness GC** Ms. K. Lawton, Valley View, Ushaw Moor, DH7 7LS
- Derwent Valley** Ms. H. Collingwood, Unit 6, Number 1 Indust. Est, Consett DH8 6SS

**Durham City** Mr. G. Wharton, Front St, Sherburn Village, Durham DH6 1QX

**Furness** Mrs. L Otto, Kings Hall, Hartington St, Barrow LA14 5SR

**Grindon GC** Ms. L Henderson, Unit 11, Riverside Rd, Sunderland, SR5 3JG

**Great Lumley GC** Mrs. S Fada, Community Centre, Front Street, Great Lumley DH3 4JD

**GymMad** Mrs. L Madden, 7/8 Vickers Close, Preston Farm Ind. Est, Stockton, TS18 3TD

**Gymworld** Mrs. D. Atkinson, Middlesbrough College, Dock Street, Middlehaven,  
Middlesbrough TS2 1AD

**Gymtopia NE** Ms. F. Brown Unit 11, Brunswick Park Ind Est, Brunswick NE13 7BA

**Hartlepool** Mrs. S. Walton, 136, Lynn Street South, Hartlepool TS24 7LX

**Hetton** Mrs N Davison, Hetton School, North Road, Hetton le Hole DH5 9JZ

**Kendal** Mr. C. Wrigley, Unit 2, Parkside Business Park, Parkside Rd, Kendal LA9 7EN

**Monkton** Mrs C Telford, Hedworth Gym. Centre, Hedworthfield, Cornhill, Jarrow

**Northallerton GC** C/o Mrs L. Bell, Northallerton Leisure Centre, Rotary Way,  
Northallerton, DL6 2UZ

**North Star Trampoline Club** Ms. R. Gibson Whickham School, Burnthouse Lane,  
Whickham, Newcastle upon Tyne NE16 5AR

**North Lakes** Mrs. A. Wilkinson. Unit 1 Myers Lane Bus. Park, Penrith CA11 9DP

**Northern Hope** Mrs. L. Hope, Unit 78, Imex Business Centre, Station Lane, Birtley  
DH3 1QT

**North East Gym Academy** Mrs. L. Rutter, Newburn Activity Centre, Newburn,  
Newcastle NE15 8ND

**Park Elite TC** Mr. J. Young, The Parks LC, Howden Rd, North Shields NE29 6TL

**Penrith** Mrs. I. Wightman Penrith LC, Southend Road, Penrith CA11 8JH

**Raven Valley** Ms M Emmerson, Unit 2a, Metro Riverside Park, Gateshead NE11 9DJ

**Redcar** Mrs. D. Richardson, Unit 5, West Coatham Lane, Redcar. TS10 5QD

**Richmondshire** Mrs. R. Clay, Colburn LC, Catterick Road, Colburn, DL9 4QH

**Robert Atkinson** Mr. D. Robinson, Harewood SC, Thorntree Road, Thornaby TS17 8AP

**Seaham** Mrs C Wilkinson, Unit B2, Site 5, Cold Hesledon Ind. Est. Seaham SR7 8ST

**South Durham** Ms. J Maynard, Spennymoor LC, Spennymoor DL16 6DB

**South Tyneside GC** Mrs. S. Mattinson, South Tyne Gymnastics Centre, Temple Park,  
South Shields NE34 8QN

**Stainsby** Mrs. C. Wilkinson, 7-8 Limeoak Way, Stockton on Tees, TS18 2LS

**St Peter's** Mrs. E. Dinning, St Peter's Primary School, Brotton, Saltburn, TS12 2UW

**Tanya's Tumblers** Ms. T. Ridley Pennywell Comm. Centre, Portsmouth Rd,  
Sunderland SR4 9AX

**Tees Valley** Ms. M. White Unit 9-12 Whitestone Business Park, Saltwells Rd,  
Middlesbrough TS4 2ED

**Teesside Academy** Mr. B. O'Brien 41 CIAC Building, Quay St, Middlesbrough,  
TS2 1AX

**Tumble Gymnastics** Mr C Heap, Unit 41 Bellingham Drive, Benton, Newcastle NE12 9SZ

**TyneSide GC** Mr C Higham, Unit 2a, Deleval Tading Est., Double Row, Seaton Deleval,  
Whitley Bay NE25OPP

**Velocity** Mrs. J. Rear, Marsh House SC, Marsh House Ave, Billingham TS23 3HB

**Velocity PSC** Mrs. V. McCart, The Parks, Howden Road, North Shields NE29 6TH

**Wansbeck** Mrs. L. Naylor Ashington LC, Lintonville Terrace, Ashington NE63 9HP



**Weardale** Ms. J. Marshall, Wolsingham SC, Leazes Lane, Wolsingham DL13 3DP

**Whitehaven GC** Ms I Casorran Baro, Whitehaven SC, Flatt Walks, Whitehaven CA28 7RJ

**Wigton** Mrs. A. Marrs, Thomlinson Jr School, Goose Market, High St, Wigton CA7 9PG