



First the GOOD NEWS!

- ✓ The Olympic Games start this weekend – Hopefully, televised Artistic and Rhythmic Gymnastics to look forward to and some enthusiastic young people contacting you, all and wanting to join your club!
- ✓ This year marks the City of Newcastle Gymnastics Academy's 20th Year Anniversary and they are offering 20 clubs in the North of England Region complimentary use of their facility.
- ✓ South Durham GC is offering clubs the opportunity to train at the 'Pink Gym' during the Summer.
- ✓ South Tyneside Acro are hosting their annual International Competition at the Stadium of Light in October.
- ✓ Tumbling, TeamGym and Artistic Gymnastics have pencilled in some dates for competitions towards the end of the year – fingers crossed!
- ✓ Deerness Valley and South Tyneside Clubs worked incredibly hard with their elite performers and many congratulations to the coaches and gymnasts selected to compete for at the World Championships in June and July 2021 in Geneva. Senior WG Cara Winship, Dena Kirk & Isobel Gosling (DV); 13-19 yrs. WG Lauren Conlin, Olivia Parker & Georgie Scandle (ST); 13-19 yrs. MG Sam Stafford, Marcus Winship, Aaron Greally & Jonathon Henderson (DV); 12-18 yrs. WG Chloe Heley, Megan Neal & Ruby Oliver (ST). Things didn't go quite to plan, but a wonderful achievement nevertheless to be selected to represent your country at this level, at such a difficult time.
- ✓ Many Congratulations to Tamsin, Katie and Katelyn from City of Newcastle who have been selected to represent the GB Team to go to the European TeamGym Championships in December. A brilliant achievement and recognition for all the hard work you and your coaches have put in during the last 18 months despite facing so many difficulties.
- ✓ Level 1 Coaches can now do an 'on-line qualification' until coaching courses can be restarted.
- ✓ BG have introduced a new programme – RISE- to replace the recreational Proficiency Award schemes.
- ✓ The General Gymnastics TC held Sport for All s a virtual event. Numbers were low but gymnasts performed really well and it was a great experience for them to perform, dress and 'feel like gymnasts' again.
- ✓ All adults over 18 can be vaccinated – encourage all your eligible club members to 'get a jab'! It will help you to keep everyone in your gym safe.

Now the not so good!

The pandemic is still clearly in evidence in the region with large numbers of cases, especially among young people. Please ensure everyone in your gym is continuing to follow sensible guidance – it's your club, and your responsibility, so you set the safety rules.

Redcar Gymnastics Club sadly had to cancel Redcar Rocks this August – just impossible to plan a safe competition at the moment.

Some of our North Region Clubs have been unable to open since March 2020. We really hope this situation will improve and you will be able to get back to coaching soon. Contact the region if we can help.

Schools have not been able to compete during 2021 and some children, sadly missed out on national finals. But BSGA and NESGA are planning for events in 2022.

Looking forward to 2021-22

BG has announced the **MEMBERSHIP** details for the next year. Prices remain the same as for 2019-20.

Preschool gymnast - £13 Recreational gymnast - £19; Competitive gymnast - £43 Club roles £19;
Assistant coach/instructors - £43; Coaches (Level 2 and above) - £78

Renewal will start in early September so now would be a good time to check that all COACHES and VOLUNTEERS have up to date **SAFEGUARDING and DBS** in place. This always causes issues at the last minute! There are on-line options for new coaches and coaches who have done a face-to-face course to renew Safeguarding but they may need a reminder!

North Region Affiliation.

- Last year the region reduced the affiliation fee for all clubs to just £30. A decision was made at the AGM, that this would continue in 2021 -2022, giving all clubs, whether open or just hoping to open soon, the opportunity to affiliate to NEGA for just £30 and continue to receive support and information from all the NEGA Committee and Technical Committee Volunteers.
- Affiliation will become due on October 1st to November 1st 2021. Payment can be made by cheque to NEGA or BACS to 85782920 60-15-08. Please ensure you state the reason for payment e.g., NEGA Affiliation. Part of this process involves completing the NEGA Affiliation Form. This is important to ensure we have up to date contact details with officers and also enables us to comply fully with GDPR requirements – so no form means you are not affiliated, even if you have paid the fee!
- Some clubs this year have still not been able to open but NEGA continued to send out all information to them to support the club. However, from November 1st this will be discontinued and only fully affiliated clubs will receive NEGA support.
- The **General TC** are looking at how a programme of events can be held in a virtual way to support all the recreational level gymnasts in the region, so that no one need 'miss out'
- Some Technical Committees, including **Acrobatics and Women's Artistic** are holding virtual events to upskill coaches and judges so they are 'competition ready.
- The new **TeamGym TC** is moving forward with plans for squad training and they have a new Facebook page for interested clubs. The **Women's and Men's Artistic** TC's also have plans in place to restart squads.

DATES for 2021

Apologies for any error – this is a nightmare list to maintain at the moment! Please contact the relevant TC for more details if you are interested in being involved.

TeamGym Newcastle Open, September 26th

TeamGym English Championship, City of Newcastle, 8-9th October

Spooky Spectacular, City of Newcastle, 22-24th October

South Tyneside Acrobatics International, October.

Women's Artistic Challenge and Classic, November 5-7th

Regional Tumbling, November 7th

Women's Artistic North Region Voluntary November 20-21

Regional Tumbling November 27-28th

Regional Tumbling December 5th.