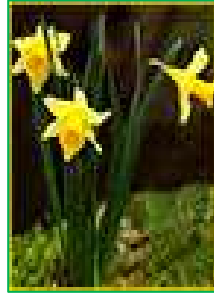




# NEWS

**Edition 146 April 2022  
North of England  
Gymnastics Association**



## Apollo Trampoline Club

Congratulations to Jake Westgarth and Caitlyn Turnbull! They have both been successful in securing a spot on the 2022 England Squad.



## Redcar Gymnastics Club.....



On February 14<sup>th</sup>, Redcar took a group of girls on to New York and Easton in Maryland for ten days training and sightseeing. The trip had been postponed from 2020 to 2022 and we were all so excited to finally be going!!

We had a fantastic time. Our trip included scooters around Central Park, walking the Brooklyn Bridge staying in a fabulous Estate over in Easton and Ice skating at the Rockerfella Centre.



Caitlin had her 13th Birthday out there and we all had a fabulous birthday party for her.



The whole trip was a fantastic experience!

🙏 Thank you to Transimage for the Amazing kit



## Northern Hope News.....

Tumbling News – Isaac Bennison competed at his first world championships in November the youngest in the 17-21 category, he placed 6<sup>th</sup> in the final a tremendous achievement. He is also part of the GB training squad.

Lani Ravenhall and Beth Ayre have been chosen to be part of the England's Junior women's tumbling squad.

Spring Cup: Isaac, Beth and Lani have competed in the 1<sup>st</sup> Spring Cup and all three qualified for the finals. Lani came 3<sup>rd</sup> in the 13-14 category winning a fabulous bronze. Beth was 6<sup>th</sup> in the finals of the 15-16 group an amazing achievement. Isaac who competed in the senior men's category at only 17 years old came an impressive 7<sup>th</sup>.

Acrobatics – After a fantastic start to the competition season, Northern Hope have a pair in the disability category who have qualified for the NDP finals, Lily Guy and MyLy Stewart; they amazed the audience with their fabulous performance at the qualifiers.

British Schools - After a successful competition held at Northern Hope, the club has several gymnasts who have qualified for the National Finals at Fenton Manor.

Our national gymnasts Emilia Alberts and Grace Brown will be competing in the tumbling finals.

Our senior and junior Acro girls, Paige Harvey & Myling Stewart, Anna McNeill & Ellie Stevens and Eve Halliday & MyLing Stewart will be competing in the Acro finals.

Coaching – We have had 4 coaches complete their level 1 tumbling awards, Grace Brown, Isaac Bennison, Eleanor Walmsley and Amy Alberts.

### Success for South Tyneside.....

South Tyneside Gymnastics Club had a busy start to 2022. We attended the 'Pat Wade Classic' in January with our 12-18 WG securing a win, gold medals and selection to the World Age Group Championships. Our 11-16 WG gaining Bronze Medals and our 11-16 WP despite a fall finished 4<sup>th</sup>.

In February we travelled to London for the Spelthorne Acro Cup, giving our gymnast some much needed Competition experience after almost two years of no competition. We came back to the North East with 1 Gold Medal, 2 Silver Medals and 1 Bronze Medal, but more importantly all of our gymnasts gave their best and gained valuable experience at a very hard-fought competition.

On the 28<sup>th</sup> February our 12-18 WG (Georgia, Grace and Fearne) our 13-19 WG (Chloe, Ellie and Eve) along with Debby Said (GB Team Manager) and Ian Said (GB Team Coach) set off for London for GB Squad Training and then on to Baku, Azerbaijan for the FIG World Age Group Championships. Both Partnerships qualified for their event Final. 12-18 WG Georgia Grace and Fearne finished 5<sup>th</sup> in their final and Chloe, Ellie and Eve finished 6<sup>th</sup> in theirs. STGC continues to produce exceptional gymnasts who compete at the highest level and have an unbroken run of 16 successive years of our Gymnasts being selected for European and World Acrobatic Gymnastics Championships.

March brought the NDP Regional Competition held at Newton Aycliffe. A very successful weekend for us! 5 Gold Medals, 4 Silver Medals and 4 Bronze

Medals. from a team with so many new partnerships and so many young gymnasts competing for the first time. We could not be prouder. Our 5 Gold Medal winning NDP partnerships, having won the Regional Championships will be on their way to the NDP National Finals at Fenton Manor in May. Congratulations Grade 1 WP (Maisie & Scarlett) Grade 3 WP (Ava & Georgia) Youth WP (Olivia & Katie) Youth WG (Ruby, Lara & Ellie) and IDP WP (Megan & Emily). We'd like to wish everyone a Happy Easter.

### News from South Durham.....



Congratulations to Kelly Milnes on being recognised by BG with a Home Nation Regional Award of Merit as a recognition of her outstanding service and dedication to the sport

And a HUGE congratulations to Kelly, who is now a WA Brevet Judge! An outstanding achievement.



Having passed their theory exams, Kelly & Jenna recently travelled to Bury to complete their practical coaching exams for their

HPC and Level 4 courses respectively. We are super excited to announce that they both passed with fantastic feedback. We are sure you will join us in congratulating Kelly, who is now a High-Performance Coach (Level 5), and Jenna, who is now a Level 4 Coach!

More Coaching Congratulations - to Leah Greenland and Charlii Maxwell who have both recently passed their Level 1 Coaching qualifications. Leah in Women's Artistic & Charlii in Trampoline!

Thanks to all the Fundraising efforts, Supporters of South Durham have raised an amazing £12,000! The £12,000 alongside the £6,000 match funding from Sport England means we will be able to replace our floor area carpet in the summer!

Our gymnasts have done well too! Over the weekends of April 3<sup>rd</sup> & 10<sup>th</sup>, South Durham gymnasts took to the

floor at the North & Regional Grade competitions. All gymnasts performed fantastically – with the majority of competitors taking a way a ribbon, medal or trophy.



Well done to each of our Pink Ladies who went out there on shone!

## Calendar 2022

<b>May</b>		
May 1 <sup>st</sup>	Trampoline Final	Billingham
May 8 <sup>th</sup>	WA National Compulsory/Elite D/Challenge	South Durham
May 8 <sup>th</sup>	English TeamGym Championship and Tournament	City of Newcastle
May 15 <sup>th</sup>	English Silver Tumbling Qualifiers Competition	Northern Hope.
May 21-22 <sup>nd</sup>	WA Pink Events	Redcar
<b>June</b>		
June 19 <sup>th</sup>	Tumbling Club Cup Grades	Northern Hope
<b>July</b>		
July 3 <sup>rd</sup>	General Recreation and Club Level Apparatus	Redcar GC
July 3 <sup>rd</sup>	Tumbling Regional Challenge Cup	
July 9-10 <sup>th</sup>	WA Redcar Rocks	Redcar
<b>August</b>		
<b>September</b>		
September 16-18 <sup>th</sup>	WA Pink Ladies Invitational	South Durham
<b>October</b>		
October 16 <sup>th</sup>	WA North Classic B/S/Gold, FIG Challenge, Vol Levels 4-3-2	South Durham
October 22 <sup>nd</sup> – 23 <sup>rd</sup>	Acrobatics Open and Team Competition	
October 28-30 <sup>th</sup>	South Tyneside International Acro Cup	Sunderland
<b>November</b>		
November 6 <sup>th</sup>	General Challenge Competition	Redcar
November 6 <sup>th</sup>	General Competition & Open Level Apparatus	Redcar
November 12-13 <sup>th</sup>	WA Zinc, Copper plus additional Levels	Newcastle
November 19-20 <sup>th</sup>	WA Pink Ladies events	Redcar

## TC News

Congratulations to everyone who has taken part in the General Gymnastics Competitions this year. The Floor and Vault at Recreation Level had a good number of Clubs attending and it was lovely to see everyone again after two years of 'virtual' events and activities! Sport for All at Hartlepool was enjoyed by new beginner gymnasts taking part in their first competition. The Club and Competition Floor and Vault Competition is being held at Redcar GC later this month. We were sad to lose some of our established GGTC Clubs as a result of the pandemic, but it is lovely to be able to welcome some new Clubs who are keen for their gymnasts to take part in General events. Thank you to all the volunteers from the Clubs involved and our ever-reliable team of judges.

## Safeguarding

We are hoping that local, face to face Safeguarding and Protecting Children courses, courses for young people and also TTL courses for Club Welfare Officers will be available in the Region in the near future.

*Thank you to Bill, Lynn, Sue, Diane and Melanie who have contributed to this NEGA NEWS.*