



NEWS

Edition 147 July 2022
North of England
Gymnastics Association



Celebrating our Volunteers

Chris Wrigley from Kendal writes ‘

'It was Julian Camp's final night as a coach with Kendal Gymnastics Club on 31st May, as he has decided to hang up his tracksuit after pretty much 20 years giving his time and effort to the club. Julian is an excellent coach and, more importantly, just a good person. Whilst we will get new coaches in to fill the gap, we will not be able to replace him - the club would not be where it is now or have achieved what it has done without Julian.

I would like to thank him for his huge contribution to Kendal Gymnastics Club over the last twenty years, during which time he has earned the respect of everyone he has worked with (gymnasts, coaches and others) both within and outside the club and me, of course.



I know that he will come back to see our events so we will still be in touch. You are, of course, always welcome at any time, Julian. For now, though, best of luck for the future and make the most of that spare time.

You will all be pleased to know that Julian had a fitting end to his coaching career,

as we shot off down the pub for a few drinks after his final session!!'

Julian is just one of many volunteers here in the North Region who spend many hours of their time supporting gymnastics. We are all really lucky to have them! Often, they go unrecognised and quite often we forget to praise and thank them for everything they do. Clubs could not run without people like Julian!

For many years it has been our practice to formally recognise our volunteers through a presentation evening. For the last two years we did not feel it was appropriate to plan this event, but it will go ahead in 2023. You will receive further information about the **Awards Dinner** in the Autumn and this will be your club's chance to nominate your club members for awards including, Outstanding Service to Gymnastics, Service to Gymnastics and Junior Service to Gymnastics.

Club News

Chris Gatenby sends news from **Redcar GC's Tumbling Squad** about their recent success!

'Redcar Gymnastics Club were very pleased to have two girls qualify for the English Silver Tumbling Championships at Telford International Centre on July 16th & 17th. Lexie Ditchburn in the Regional Club Cup Level 5 age 11-12 and Aoife Wilkin in the Regional Club Cup Level 5 age 13+ were our representatives.

We are all so proud of how far the girls have come since Covid and lockdowns. Lexie unfortunately broke her elbow in October 2021 so she has had to work hard through her rehabilitation to return to training and get back to competition levels. Lexie achieved joint 6th in England and Aoife placed 8th in England. A very creditable performance. Well done to you both, we are



super proud of you

Chris Gatenby, who is part of the Tumble coaching team and our tumble judge, was asked to judge at this event. A

great learning experience for her too.

Well done Team Tumble and especially Head Coach Michelle Lebrick-Boldison, who keeps the squad together and improving all the time!

Kim Trotter from **Carlisle TC** send this report:

Carlisle Trampoline club has had a brilliant season so far both regionally and nationally. We have had 15 of our members qualify through to the Inter-Regional Challenge Cup and they will be representing the North of England in September.

TRAMPOLINE - Leo, Sophie, Phoebe, Chloe, Emma, Faye, Kylah, Lily, Jemma & Daniel

DMT - Michael, Kira, Belle, Jemma & Emily

At the recent English qualifier, we had a brilliant weekend, as you can see from the results below

9-10 female Silver TRA - Kylah 18th, Lily 31st, Faye 36th

13-14 male Silver TRA - Daniel 4th

17+ female Silver TRA - Jemma 11th, Ella 14th

11-12 female Silver DMT- Belle 12th

13-14 female Silver DMT - Emily 1st 🏆

Youth female Gold TRA - Belle 1st 🏆

13-14 female Gold TRA - Emily 6th, Kira 10th

Junior female Gold TRA - Emily 3rd 🏆

Junior female Gold SYN - Kira & Emily 3rd 🏆

Senior female Gold SYN - Jemma & Ella 4th



We have also had 3 members compete at the recent National Age group competition

11-12 female -

Belle 1st 🏆

13-14 female -

Emily 5th, Kira

21st

We now await the list of qualifiers through to the British Championships later this year.

We are proud of each and every member

of our club and it is amazing to watch them grow in confidence.

Gymtopia GC

Well Done to gymnasts and coaches from Gymtopia! A group of 24 gymnasts took part in an exciting competition in Malta recently! They really enjoyed the experience and were happy to return home with a clutch of medals.

Teesside Academy have also had some great results recently as **Brendan O'Brien** reports

Last weekend, July 16/17th, Teesside Academy had 6 gymnasts competing at the English Tumbling Championships in Telford.

After a nail biting final with scores so close and up against tough competition success for TAG! Well done to everyone.

Cristian Whitely-Sagoo and Charlie Jones became English Champions in their section and age group! Absolutely amazing lads well done! A phenomenal achievement!



Jacob Marley and Josh Reddivari who performed in their very first National competition, against many talented gymnasts, achieved a very creditable 6th place each! Holly Kidd, wow! An amazing 8th place up against the cream of the crop with only 1.0 between 2nd and 8th place. You should be so proud!



A massive congratulations and well done to Evie Hendry in her very first national Championships! A few hiccups in her tumble runs but securing a respectable 13th in a very tough section. Evie, everyone at TAG are so proud of you and we can't wait to see what you do next! Well done to all 6 tumblers, you showed resilience, determination and incredible drive to succeed! Courteous and friendly but most of all, you had fun with your coaches and fellow competitors! We are beaming with pride.

A massive well done to head coach Robert who led the team today! We are immensely proud of you.



Other recent success for TAG came at the Regional British Tumbling Qualifiers on 3rd July at Durham City Gymnastics Club. 6 tumblers competed for Team TAG and 4 medalled - some

absolutely amazing results!

- Gold - Charlie Jones RCC 2
- Gold - Phoebe Barry RCC 2
- Silver - Jacob Parkes RCC 4
- Bronze - Evie Hendry RCC 4

Emily Furnell and Amelia Stephens had a few hiccups but showed the highest resilience, well done girls!

Three gymnasts now off down to the British Tumbling Championships 3rd-4th September. Finally, a massive thank you to Issy Bird for judging her first tumble competition for TAG, you were fabulous!

A huge thank you to all the coaches and the whole team behind them.

TC News

The **General TC** would like to thank all the volunteers from

the Clubs who have hosted competitions recently. Being a host club is a big responsibility and the hard work and professionalism of the volunteers and the support we have received from Clubs for our events, has been first class. We would also like to thank our ever-reliable team of judges. They do a brilliant job and more volunteers are always welcome! With this in mind there is the possibility of offering Floor and Vault Judging courses at Level 1 and 2, subject to sufficient demand from clubs. Level 1 is good for school level events and beginners, Level 2 for General Level regional events.

Safeguarding

Following the conclusion of the recent review into gymnastics, BG are beginning to implement adjustments to policy and practice. This will be an on-going theme for us all over the next 12 months.

We recently held the first face to face **Safeguarding and Protecting Children** course to be held in the region for a while. It was hosted by GymWorld. This is the initial course that everyone takes and can now be offered face to face, subject to demand, or on-line through the UK Coaching web website. The update course is on-line through the BG website.

At the moment **Time to Listen** for CWOs is only available on-line through the BG website though this may change in the near future and also be available face to face.

NORTH SAFEGUARDING CONFERENCE

This event will be held on Saturday, September 17th at City of Newcastle, from 9.30 – 1.30. The Conference is open to CWOs from all North region Clubs and will be led by Helen Murphy from British Gymnastics. Club Welfare Officers will receive further information in a few weeks.

Thank you to Chris, Brendan, Chris, Felicity, and Kim who have contributed to this NEGA NEWS

Have a good summer!



Calendar 2022

September		
September 16-18 th	WA Pink Ladies Invitational	South Durham
October		
October 1-2 nd	Deerness Club Competition Acro and Floor	Deerness
October 16 th	WA North Classic B/S/Gold, FIG Challenge, Vol Levels 4-3-2	South Durham
October 16 th	General Gym Challenge Competitions	To be confirmed
October 21 – 23 rd	Spooky Spectacular	City of Newcastle
October 22 nd – 23 rd	Acrobatics Open and Team Competition	
October 28-30 th	South Tyneside International Acro Cup	Sunderland
November		
	General Challenge Competition	To be confirmed
November 6 th	General TC Club, Competition & Open Level Apparatus	Redcar
November 12-13 th	WA Zinc, Copper plus additional Levels	City of Newcastle
November 20 th	TeamGym Newcastle Open	City of Newcastle
November 19-20 th	WA Pink Ladies events	Redcar