

BRITISH GYMNASTICS

SOUTH REGION

ACROBATIC GYMNASTICS

2020

Version 1 - September 2019

Structure of Southern Region Acrobatic Gymnastics Technical Committee (AGTC)

The Southern Region Acrobatic Gymnastics Technical Committee (AGTC) is a sub-committee of the Southern Region Management Committee, charged with the responsibility of running Acrobatic gymnastics Gymnastics within the Southern counties of Berkshire, Buckinghamshire, Hampshire, IOW, Oxfordshire and the Channel Islands.

The Management Committee maintains financial supervision over the affairs of the AGTC and ensures that the AGTC acts within the Southern Region Constitution and its terms of reference. In all technical matters the AGTC operates as the controlling body within the Southern Region.

Clubs exert control over the AGTC at the Region's Annual General Meeting, through the election of the AGTC Chair. Further influence on AGTC affairs is exerted via the Counties representatives on that Committee.

The AGTC Chair is given the power to select those in the Region that he/she regards as the most able technically, to serve on the AGTC (in addition to the County representatives). This power is given to the Chair to ensure that the best talent in the Region is available in the policy and planning activities of the AGTC. This power also enables the Chair to adjust the size of the AGTC as may be necessary to fulfil its obligations.

AGTC TERMS OF REFERENCE

All members of the Southern Region AGTC are required to honour the confidentiality of all matters discussed by the AGTC until such time as those matters have been approved by the AGTC for publication. The purpose of this ruling is to avoid membership of the AGTC, or friendship with members of the AGTC being used to get advance information to the disadvantage of other clubs.

SOUTHERN REGION AGTC CHAIR

The Southern Region AGTC Chair is responsible for:

- The selection of officers and members of the AGTC.
- The convening and chairing of AGTC meetings.
- Liaison with Southern Region Management Committee and with the British Gymnastics AGTC.
- Planning and implementation of plans, for the development of the sport within the Region.
- Arbiting disputes between clubs in the region and providing decisions on other contentious issues.
- Ensuring that a member of the SRTC attends and represents acrobatic gymnastics on the Southern Region Management Committee.
- Ensuring that a member of the SRTC attends the National Planning and Review Group meeting and other similar events.

SOUTHERN REGION AGTC SECRETARY

The Southern Region AGTC Secretary is responsible for:

- Production and circulation of the agenda at least two weeks prior to AGTC meetings.
- Production and circulation of the minutes of AGTC meetings within two weeks of the meeting.
- Receiving correspondence relevant to the AGTC and circulating information to the AGTC.
- Distribution of all relevant information, including details of all courses and competitions organised by the AGTC.

SOUTHERN REGION AGTC TREASURER

The Southern Region Treasurer is responsible for:

- Preparing a statement of the AGTC account at the end of each year (September) for presentation to the Southern Region Management Committee in time for the report to the AGM.
- Presenting at each AGTC meeting the current financial position.
- Presenting a financial statement to the AGTC after every event run by the AGTC.
- Maintaining a bank account in the name of the AGTC and through this account receive all AGTC income and pay all AGTC expenses.

SOUTHERN REGION AGTC COMPETITION ORGANISER

The Southern Region AGTC Competition Organiser is responsible for:

- The organisation of all regional competitions.
- Ensuring that competition dates and venues are set in time for inclusion in the Southern Region Acrobatic gymnastics handbook.
- Ensuring that all relevant fees and entries from Regional Preliminaries are sent to the British Gymnastics competition organiser.

- Ensuring that a draft programme and timetable for all Regional competitions is sent to all competing clubs at least two weeks prior to the competition.
- Acting as the competition manager, or delegating this role as necessary.
- Ensuring that competition entries are in accordance with the National Regulations concerning gymnast's insurance and coaches qualifications and insurance.

SOUTHERN REGION AGTC COMPETITION MANAGER

The Southern Region AGTC Competition Manager acts under the authority of the Competition Organiser and is responsible for:

- Liaising with the Regional Judging Development Officer to ensure that a sufficient number of judges are available for the competition.
- Ensuring that appropriate risk assessments are prepared and in place for the competition, including but not limited to adequate emergency and first-aid arrangements
- Ensuring that sufficient stewards and helpers are present to undertake the logistics of managing the competition
- Ensuring that music is received prior to the competition and collated ready for the competition.

SOUTHERN REGION AGTC JUDGING DEVELOPMENT OFFICER

The Southern Region AGTC judging development officer is responsible for:

- Ensuring that all judges are informed of, and attend relevant upgradings.
- Organising judging panels for Regional competitions and to keep a record of each judges participation over the competition year.
- Liaising with other regions to ensure that whenever possible regional competitions have a neutral judge on panels and reciprocate.
- Ensuring that the high standards of judging within the region are maintained or improved.
- Attending the National Technical Assembly and other relevant national events held for judging development officers.

SOUTHERN REGION AGTC COACHING DEVELOPMENT OFFICER

The Southern Region AGTC Coaching Development officer is responsible for:

- Developing and improving coaches knowledge within the Region at all levels
- Organising and where appropriate delivering coaching clinics within the Region

SOUTHERN REGION AGTC DISABILITIES OFFICER

The Southern Region AGTC Disabilities Officer is responsible for:

- Promoting disabilities gymnastics in Acrobatics Gymnastics within the Region
- Liaising when appropriate with the National Acrobatic Gymnastics Disabilities Officer
- Providing advice and support to those clubs / coaches involved in coaching disabilities gymnastics.

SOUTHERN REGION AGTC OTHER MEMBERS

The Southern Region AGTC will also include others who represent their counties or who have valuable expertise. Some of these may be allocated roles and responsibilities as required e.g. Grants, GDPR etc.

ACROBATIC GYMNASTICS COMPETITIONS - GENERAL REGULATIONS

1. REGULATIONS

Unless otherwise stated the following regulations will apply at all Southern Region AGTC competitions.

2. BRITISH GYMNASTICS AND SOUTHERN REGION MEMBERSHIP

Gymnasts - Must be gold or silver members of British Gymnastics to enter any Regional competition.

Coaches - Must be gold members of British Gymnastics and qualified to Level 2 or above in an appropriate gymnastics discipline in order to be allowed to enter gymnasts into a AGTC competition.

Judges - Must be gold or silver members of British Gymnastics.

Clubs - Must be affiliated to the Southern Region to enter a Southern Region competition.

3. ENTRY FORMS

Only correctly completed entry forms will be accepted and must be submitted by the stated closing date to the competition organiser. The appropriate entry fee must be submitted as soon as possible - (see paragraph 23).

4. ENTRY FEES

An entry fee of **£10 per gymnast per discipline** will apply for all Regional competitions. Any cheques to be made payable to British Gymnastics Southern Region. Entries are not refundable. Alternatively, entry fees can be paid by bank transfer to the following account.

Sort Code: 40 46 39 Account No: 9114 2771 Account Name: BAGA Southern Region Sports Acrobatics

5. CHANGES TO PARTNERSHIPS

Changes to **one** person in a **pair or group** may be made in the event of injury or illness with no financial penalty. It is the responsibility of the coach to inform the competition organiser as soon as possible of any changes.

6. LATE ENTRIES

No late entries will be accepted. In the event of an entry arriving by post after the closing date, the date of the post mark will be used to decide whether the entry is accepted. For electronic entries the time recorded when the e-mail was sent will be used.

Once the closing date has passed and entries have been submitted, the competition organiser will send back to each a list of their gymnast's names and the levels they are entered in, for checking. Any errors or omissions noted **MUST** be made and returned to the competition organiser within 24 hours of this being sent. After this period, the programme will be published and no further changes can be made.

7. COACHES IN ATTENDANCE

According to the rules and regulations of BG a coach must have the correct qualification to train gymnasts and enter them in competition at their appropriate level. For floor work under NDP9 the qualification must be an acrobatic gymnastics qualification.

Coaches must wear appropriate gymnastic clothing such as club tracksuit or sweatshirt / polo shirt or they may be asked by the competition organiser to leave the competition area.

8. AGTC COMPETITION YEAR

The competition year is 1st January to 31st December. The minimum age of entry into a AGTC competition leading to a National final is 9 in the year of competition i.e. for 2020 competitions - DOB 2011 or earlier. For all other AGTC competitions they must be 8 in the year of competition i.e. for 2020 competitions - DOB 2012 or earlier.

9. GYMNASTS CHANGING CLUBS

The rules on eligibility for competitions for gymnasts changing clubs will be as per BG guidelines.

10. WARMS UPS AT COMPETITIONS

A separate general warm up area will be provided at all competitions. Please note that a suitably qualified coach must be in attendance with the gymnasts. All competitors will also have a specific warm up on the competition floor in a specified group. Details in competition programme.

11. RULE CHANGES

The AGTC reserves the right to amend competition rules as it feels necessary.

12. DISPUTES

In the event of a dispute which cannot be resolved by reference to the rules, the competition organiser and / or

the chair of the AGTC will make a decision which shall be final. The situation shall be brought before the AGTC at the next available meeting for a ruling for future events.

13. GYMNASTS ATTIRE

Competition attire must be in accordance to National guidelines for Acrobatic gymnastics competitions.

14. PARTNERSHIPS

Gymnasts are permitted to compete in only one (1) discipline and one (1) partnership per event. This applies to all events with the exception to this being non-disabled gymnasts who compete in a disabled partnership. These individuals are able to compete in one disabled discipline and one non-disabled discipline within the same event. The two disciplines do not need to be the same.

15. MUSIC

Music must be submitted electronically as mp3 files to the competition organiser / manager at least one week before the date of the competition. Each music file should be clearly identified using the following format: Competitor number _ Grade and discipline _ Names _ Club and where appropriate routine (i.e. balance or dynamic) e.g. 23_Grade5WP_Smith and Jones_Portsmouth_Balance. Coaches should bring a back up of all music to the competition - this can be on a memory stick or i-pod or CD.

16. TARIFF SHEETS

It is the responsibility of the coach **not** the chair of panel that the routine fulfils all tariff requirements. Tariff sheets using the new format in NDP9 / FIG must be submitted at the time of registration at the competition.

17. SIZE

At the end of all warm up sessions gymnasts should be available to be measured for "size" deductions. The FIG approved method for measuring gymnasts involves the gymnast laying on their back, with feet against a wall and the distance from their head to the wall measured using an electronic laser measuring device. This procedure will be used at National events and gymnasts should be aware of this before attending. Full details of the measurement protocol is given in Appendix 1 of the 2017-2020 FIG Acro Code of Points.

For South Region competitions (including the National Qualifiers (prelims)) we are not using this procedure at this time. The following procedure will be used:

An initial assessment will be made by a judge with the gymnasts standing in front of each other and the height difference checked using a ruler placed on the head of the shortest gymnast. If the height difference is clearly less than 30cm no further measurements are taken. If the height difference is not clearly less than 30cm the height of the top and the base (or middle) is determined using a portable height measuring device with the gymnasts standing in a normal posture with feet together. The difference between the heights of the relevant gymnasts will be noted and used to determine the appropriate height deduction (if applicable).

18. APPEALS

May only be considered if a numerical error has occurred and must be accompanied by a fee of £10. This fee will only be returned if the appeal has been upheld.

19. ADVICE FOR COACHES

On arrival at the competition you must register the gymnasts who are competing, as well as notifying the registration desk of any gymnasts who are to be withdrawn. You should note the following:-

- 1 Ensure tariff sheets are handed in.
- 2 Ensure your gymnasts are ready 30 minutes before the published times in case timings are altered.
- 3 Ensure your gymnasts are ready to take the floor as soon as the previous routine has finished.
- 4 Ensure your gymnasts wait until the chair of judging panel signals them onto the floor.
- 5 Ensure your gymnasts who are medallists are available for presentations at the published times.
- 6 Coaches preparing gymnasts for FIG grade competitions are advised to seek early advice from an International judge with regard to routine requirements.

20. ROUTINE REQUIREMENTS

The rules and regulations concerning the construction and requirements of NDP grade floor routines are as given in the National Development Plan (NDP 9) available from British Gymnastics.

The rules and regulations concerning the construction and requirements of International grade floor routines are as given in the FIG Acrobatic Gymnastics Code of Points and Tables of Difficulty.

21. CLUBS PROVIDING JUDGES

In an attempt to ensure that there are sufficient judges at competitions it is expected that all clubs competing at a Southern Region competition will provide at least one qualified judge. This should normally be somebody from that club, but it is permissible to nominate and provide a judge from another Region to fill this place.

Failure to provide a judge will result in an additional charge of £30 to the clubs entry fee. So as not to penalise clubs just starting to take part in Acrobatic Gymnastics competitions this charge will not be applied for a period of 12 months for 'new' clubs to enable them to qualify a number of judges.

22. ELECTRONIC COMPETITION ENTRIES

The majority of clubs last year used the electronic entry forms sent as Excel e-mail attachments. This has many advantages such as speed, traceability, ease of use and reducing the possibility of incorrect spelling of competitors' names on the programme. It is hoped that all clubs will use these to enter South Region Acrobatic competitions.

23. PENALTIES FOR LATE PAYMENT OF COMPETITION ENTRY FEES

Entry fees for competition entries should be sent as soon as possible after the entry has been submitted and in any case must be received before the date of the competition. If the entry fee has not been received by the date of the competition the gymnasts will not be allowed to compete unless payment is made - if the entry fees are paid on the day of the competition, the required entry fee will be doubled. Please note this is to encourage prompt payment of fees for gymnasts entered - it does not mean that late entries are allowed (see paragraph 6).

24. USE OF PHOTOGRAPHIC AND FILMING EQUIPMENT AT COMPETITIONS

This will be in line with the guidelines from British Gymnastics for Protection of Children.

25. 'TIE-BREAK' RULES

National Preliminaries: Only one representative in each discipline from each level can proceed to National Finals therefore in qualifications the tiebreak rules if two or more partnerships achieve the same score are:

- The highest E-score, followed by the highest A-score of the Combined exercise or if two exercises are performed it is the highest E-score, followed by the highest A-score of the sum of the two exercises.
- If a tie still remains the scores of the CJP will decide the winner
- If a tie still remains the scores of all judges will be considered

With the exception of the above, ties will not be broken.

26. 'OFFICIALS AREA' AT COMPETITIONS

It is important that the access to the 'Officials Area' - (Scorers, music, judges area etc) is restricted to authorised persons only. Gymnasts / spectators will not be allowed to be in this area without the permission of the competition organising team.

27. LEVEL 2 and 3 - TWO TIER SYSTEM

1. The NDP Grades 1 to 5 will be termed 'National' Grades. In addition NDP Grades 2 and 3 will also have an additional category termed 'Regional' Grades.
2. This will be available at all Regional competitions. However, it should be noted that at the Regional Preliminaries to qualify for National Finals at these Grades the gymnasts must be entered at 'National' Grades.
2. There will be separate medals for 'National' and 'Regional' Grades.
3. In order to enter 'Regional' Grades 2 or 3 the gymnasts must meet the following eligibility criteria
 - a. They normally only train a maximum of two sessions per week. (It is considered acceptable that they may on a very occasional basis train an additional session -perhaps in the week or two before the competition)
 - b. They normally only train a maximum of 6 hours per week. (It is considered acceptable that they may on a very occasional basis train a few extra hours -perhaps in the week or two before the competition)
4. It is reliant on the integrity of the coach / club that gymnasts who are entered at 'Regional' Grades meet the above criteria (in spirit of the rules as well as the letter of the rules).

28. MARCH-ON and MEDAL PRESENTATIONS

1. There will be a march-on for all competitors in club order at the start and end of the competition.
2. March-on at the start of the competition should be in club tracksuit.
3. Gymnasts should be in leotards only for medal presentations.
4. March-on at the end of the competition can be in club tracksuit or leotards only. (However note 3 above).

29. ENTERING THE COMPETITION FLOOR

1. When gymnasts are signalled / called on to the competition floor to perform their routine there is no requirement to present to the judges
2. When signalled / called onto the floor they should walk to their start position by the most direct / shortest route (i.e. do not march around the edge of the floor).
3. There is no requirement to present to the judges either at the start position of the routine or at the end of the routine.

**NATIONAL DEVELOPMENT PLAN (NDP 9)
Grades 2 and 3 (Regional Grades only)**

Date: Saturday 7th March - Regional Grades

Closing date for entries: 31st January 2020

Venue: Southampton Gymnastics Centre, Cuckmere Lane,
Southampton SO16 9AR

Entries to: Phil Johns philipjohns@aol.com
2 Sywell Crescent, Portsmouth PO3 5TS

INFORMATION

Medals will be awarded to those gymnasts who finish in the first three positions (irrespective of age criteria) in each category. When awarding medals ties will not be broken. It should be noted that in the event of 2 partnerships receiving gold, no silver medals are awarded, similarly in the event of 2 partnerships receiving silver, no bronze medals are awarded. This principle would apply to any other situations when multiple partnerships are given the same score.

GRADE 2 – 3 FLOOR – TWO TIER SYSTEM

1. There will be separate competitions for 'National' Grades and 'Regional' Grades.
2. In order to enter 'Regional' Grades the gymnasts must meet the following eligibility criteria
 - a. They normally only train a maximum of two sessions per week. (It is considered acceptable that they may on a very occasional basis train an additional session –perhaps in the week or two before the competition)
 - b. They normally only train a maximum of 6 hours per week. (It is considered acceptable that they may on a very occasional basis train a few extra hours –perhaps in the week or two before the competition)
3. It is reliant on the integrity of the coach / club that gymnasts who are entered at 'Regional' Grades meet the above criteria (in spirit of the rules as well as the letter of the rules).

NATIONAL DEVELOPMENT PLAN (NDP 9)
NATIONAL PRELIMINARIES and INTER-REGIONAL QUALIFIER
Grades 1–5, Youth and IDP + Disabilities

Date: Sunday 8th March 2020 - National Grades, Youth, IDP, Disabilities

Closing date for entries: 31st January 2020

Venue: Southampton Gymnastics Centre, Cuckmere Lane,
Southampton SO16 9AR

Entries to: Phil Johns philipjohns@aol.com
2 Sywell Crescent, Portsmouth PO3 5TS

INFORMATION

Medals will be awarded to those gymnasts who finish in the first three positions (irrespective of age criteria) in each category. When awarding medals ties will not be broken. It should be noted that in the event of 2 partnerships receiving gold, no silver medals are awarded, similarly in the event of 2 partnerships receiving silver, no bronze medals are awarded. This principle would apply to any other situations when multiple partnerships are given the same score.

QUALIFICATION

As this is a preliminary to select the Regional participants in the National finals you should be aware :-

- 1) In order to qualify for a National final, participation in the Regional Preliminaries is obligatory.
- 2) Floor – the highest placed Pair or Group that meet the age criteria (and also achieve the required qualifying score) in each category at Grades 1 to 5, Youth and IDP will proceed to the finals. (See also Inter-Regional Event details).
- 3) Qualifying Score - It is a recommendation from the National Acrobatic Technical Committee that partnerships qualifying for the NDP finals should achieve a minimum execution score of 7.00 (before doubling). Any partnership that is in a qualifying position but has not achieved the minimum execution score of 7.00 will only be allowed to proceed to National Finals at the discretion of the South Region Technical Committee.
- 4) Only one representative in each discipline from each level can proceed to National Finals therefore in qualification positions the tiebreak rules if two or more partnerships achieve the same score are:
 - The highest E-score, followed by the highest A-score of the Combined exercise or if two exercises are performed it is the highest E-score, followed by the highest A-score of the sum of the two exercises.
 - If a tie still remains the scores of the CJP will decide the winner
 - If a tie still remains the scores of all judges will be considered

With the exception of the above, ties will not be broken.

- 5) As this competition is to select the South Region representatives for the National finals, if you do not intend to compete at the National finals you must inform the competition organiser before the start of the competition.
- 6) The places of entrants who reach National finals but who are subsequently unable to compete may be taken by those gymnasts who finished in the next eligible place in the preliminaries. However, changes cannot be made closer than two weeks before the National finals.
- 7) IMPORTANT - The minimum age of entry into an AGTC competition leading to a National final is 9 in the year of competition.

However as this competition is also to select the South Region team for the Inter-Regional event entries will also be accepted for gymnasts who are 8 in the year of competition. Obviously they would not be eligible to qualify for National Finals.

8) Note: There are a number of other age related criteria that must be met to proceed to National Finals.

Grade 1 – maximum age 11 in year of competition

Grade 2 – maximum age 12 in year of competition

Grade 3 – maximum age 14 in year of competition

Grades 4 and 5 – Maximum of 7 year difference between youngest and oldest partner

IDP Grade - Maximum of 9 year difference between youngest and oldest partner

Gymnasts not meeting these age criteria can still take part in this competition and get a placing, but will not be eligible to proceed to the National finals.

Youth - minimum age 9, maximum age 16 in year of competition, maximum of 5 year difference between youngest and oldest partner

9) Gymnasts are permitted to compete in only one (1) discipline and one (1) partnership. This applies to all events with the exception to this being non-disabled gymnasts who compete in a disabled partnership. These individuals are able to compete in one disabled discipline and one non-disabled discipline within the same event. The two disciplines do not need to be the same.

FINALS

The NDP Acrobatic Gymnastics finals will take place on May 16 / 17 at Fenton Manor, Stoke on Trent.

Inter-Regional competition – The Inter-Regional competition will take place at Southampton Gymnastics Centre (2nd and 3rd May)

QUALIFICATION FOR INTER-REGIONAL COMPETITION

1) If you do not intend to compete at the Inter-Regional competition you must inform the competition organiser before the start of the competition.

2) Grade 1 to 5, Youth and IDP - The highest placed partnerships in each category who do not qualify for National Finals will qualify for this event (see above). The specific age restrictions for National Finals (e.g. maximum ages at Grades 1 – 3 and maximum of 7 year difference between youngest and oldest partner for Grades 4 and 5) do not apply.

FIG COMPETITION

FIG 11-16, 12-18, 13-19 and Senior

Date: Sunday 8th March 2020

Closing date for entries: 31st January 2020

Venue: Southampton Gymnastics Centre, Cuckmere Lane,
Southampton SO16 9AR

Entries to: Phil Johns philipjohns@aol.com
2 Sywell Crescent, Portsmouth PO3 5TS

INFORMATION

Medals will be awarded to those gymnasts who finish in the first three positions in each category. When awarding medals ties will not be broken. It should be noted that in the event of 2 partnerships receiving gold, no silver medals are awarded, similarly in the event of 2 partnerships receiving silver, no bronze medals are awarded. This principle would apply to any other situations when multiple partnerships are given the same score.

NATIONAL DEVELOPMENT PLAN
INTER-REGIONAL TOURNAMENT
Grades 1-5, Youth and IDP

Date: 2nd and 3rd May 2020

Closing date for entries: 24th March 2020

Venue: Southampton Gymnastics Centre, Cuckmere Lane,
Southampton SO16 9RJ

Entries to: Phil Johns philipjohns@aol.com
2 Sywell Crescent, Portsmouth PO3 5TS

INFORMATION

Medals will be awarded to those gymnasts who finish in the first three positions (irrespective of age criteria) in each category. When awarding medals ties will not be broken. It should be noted that in the event of 2 partnerships receiving gold, no silver medals are awarded, similarly in the event of 2 partnerships receiving silver, no bronze medals are awarded. This principle would apply to any other situations when multiple partnerships are given the same score.

QUALIFICATION

1) The highest placed partnership in each category who do not qualify for National Finals will qualify for this event.

The specific age restrictions for National Finals (e.g. maximum ages at Grades 1 – 3 and maximum of 7 year difference between youngest and oldest partner for Grades 1-5) do not apply.

REGIONAL CHAMPIONSHIPS

NDP Grades 1–5, Youth, IDP, FIG 11–16, 12–18, 13-19 and Senior + Disabilities

Date: Sunday 22nd November 2020
Closing date for entries: 17th October 2020

Venue: Southampton Gymnastics Centre, Cuckmere Lane,
Southampton SO16 9AR

Entries to: Phil Johns philipjohns@aol.com
2 Sywell Crescent, Portsmouth PO3 5TS

INFORMATION

Medals will be awarded to gymnasts finishing in the first 3 positions in each category. When awarding medals ties will not be broken. In the event of 2 partnerships receiving gold, no silver medals are awarded, similarly in the event of 2 partnerships receiving silver, no bronze medals are awarded. This principle would apply to any other situations when multiple partnerships are given the same score.

Those competitors entering at 12-18, 13-19 or Senior International level may choose to compete any two routines from balance, dynamic and combined.

GRADE 2 – 3 FLOOR – TWO TIER SYSTEM

1. There will be separate medals for 'National' Grades and 'Regional' Grades.
2. In order to enter 'Regional' Grades the gymnasts must meet the following eligibility criteria
 - a. They normally only train a maximum of 2 sessions per week. (It is considered acceptable that they may on a very occasional basis train an additional session –perhaps in the week or two before the competition)
 - b. They normally only train a maximum of 6 hours per week. (It is considered acceptable that they may on a very occasional basis train a few extra hours –perhaps in the week or two before the competition)
3. It is reliant on the integrity of the coach / club that gymnasts who are entered at 'Regional' Grades meet the above criteria (in spirit of the rules as well as the letter of the rules).

PARTNERSHIPS

Gymnasts are permitted to compete in only one (1) discipline and one (1) partnership. This applies to all events with the exception to this being non-disabled gymnasts who compete in a disabled partnership. These individuals are able to compete in one disabled discipline and one non-disabled discipline within the same event. The two disciplines do not need to be the same.

DISABILITIES

This disabilities sections of this competition will be open to gymnasts from other Regions

THIS EVENT WILL ALSO BE THE QUALIFIER FOR PAT WADE COMPETITION FOR YOUTH PARTNERSHIPS
To qualify at Youth level for the Pat Wade Competition, gymnasts must perform their routines at a controlled competition and achieve a minimum score.

A maximum of 3 Youth partnerships in each discipline can qualify from the South so if more than 3 partnerships in any discipline enter this competition the places will be awarded to the three highest scoring partnerships provided that they achieve a minimum execution score of 7.8 (before doubling). Failure to achieve this score at this competition will mean that they will not be eligible to enter the Pat Wade Competition (even in the situation that they are placed first, second or third).

In the event of a tie for the third qualification place in any discipline, the tie will be split as follows:

- The highest E-score, followed by the highest A-score of the Combined exercise
- If a tie still remains the scores of the CJP will decide the winner
- If a tie still remains the scores of all judges will be considered

OTHER COMPETITIONS WITHIN SOUTH REGION

For information, it is understood that the following competitions are likely to be run within the South Region in 2020.

These are not organised or run by the South Region Acrobatic Gymnastics Technical Committee and if you require any further information you will need to contact the relevant organiser.

May 31st 2020 - Bucks Open - Milton Keynes

All grades - contact Martin Ellwood - mellwood4@btinternet.com

June 28th 2020 - Eclipse Invitational - Fareham

Regional Grades 1, 2 and 3 only (limited to those gymnasts who do not train more than 6 hours per week). Contact Laura Paynton - eclipseheadcoach@gmail.com

October 2020 (date TBC) - Mike Walker Invitational - Southampton

All grades - contact Anna Tapper - anna@sotongym.co.uk

December 2020 (date TBC) - Xcel Invitational - Waterlooville nr. Portsmouth

All grades - contact Phil Johns - philipjohns@aol.com