SOUTHERN REGION ACROBATIC GYMNASTICS TECHNICAL COMMITTEE

SUNDAY 24th March 2019

Present
Phil Johns, Caroline Hodgson, Julia Barnard, Donna Wright, Martin Ellwood, Natalie Walker, Nathan Leworthy

Apologies
Laura Paynton, Rob Locke, Emma Parr,

Phil welcomed Natalie and Nathan on to the committee.

Phil Johns has agreed to continue as Chair for 2019 on the basis that the committee change the distribution of tasks and change the composition of the Committee.

1. Increasing the potential for people volunteering to take on Committee roles in the future by:
   a. Increasing the number of people on the Committee - 2 new members (Nathan Leworthy and Natalie Walker) have now joined
   b. Clarifying roles and responsibilities of Chair and devolving some tasks
   c. Clarifying roles and responsibilities of other Committee posts

2. Improving coaching support / education within the Region which for a number of reasons has largely stopped:
   a. Identify training that is relevant and useful for coaches to improve knowledge / quality of performance
   b. Develop programme of clinics / training sessions covering all grades / levels
   c. More clearly identify person(s) responsible for organising clinics / training sessions

3. Reviewing the organisation and management of competitions:
   a. Potentially separate competition set-up (entries, timetable / programme etc) from on-the-day organisation
   b. Consider using BG Gymnet competition system for Regional competitions - this eliminates need to check gymnast insurances and coaches qualifications etc - it also simplifies GDPR implications

4. Formalising grants that are currently paid to ensure system is transparent and consistent:
   a. Designate one person to co-ordinate all grant applications and payments
   b. Agree grants payable for different courses and supporting high level performance e.g. GB representation

5. Review current bank account set up to provide more flexibility:
   a. Investigate feasibility on on-line banking
   b. Review number of persons authorised to act as signatories (currently only Rob and myself)

Discussion document regarding the Roles and Responsibilities of the Committee Members – Everyone was happy with this.

Phil will put together a document within the next Competition Handbook, stating that the committee have put together a new structure and reviewed the roles of the members.

Southern Region Management Committee Meetings – If Phil is unable to attend, Julia Barnard / Laura Paynton and Martin Ellwood have all agreed to be the next point of call to attend these meetings, if required.

Coaching Development Officer – One of the jobs for this role previously was to keep register of coaches / putting together coaching courses / clinics but all this is now done Nationally through BG.

The committee are looking to run a series of clinics to help with choreography, as well as improving the technical knowledge of coaches over all levels.
Natalie Walker and Nathan Leworthy have been assigned this role, which they have accepted and will put together dates for clinics shortly.
(NL / NW)

Treasurer - Rob Locke is still looking into Online Banking with a second and third member being a signatory

Competition Manager and Competition Organiser
Phil would like to split these roles as it is important to have a designated Competition manager at each Competition.
The committee have identified who will take this role on and will speak to them in due course.

First Aid and Risk Assessments – Julia Barnard is happy to continue this role
MATTERS ARISING LAST MEETING

All approved from last meeting.

Judging
Inter regional
Emma to email all Southern Region Judges to see who can help out at the Inter Regionals – 4/5 May, as numbers are currently low, due to the English championships being held on the same weekend (EP)

Coaching
Nathan suggested holding a controlled competition for National Finalists, prior to going to National Finals on 18/19th May.
Nathan to look at gym availability – Sunday is a preferable day. He will email and correspondence with committee a date (NL)

Choreography Clinic
Nathan to obtain dates from Southampton Gym Club for a Full Day’s Course and liaise with Julia Barnard

Disabilities
There was 1 x Pair who entered the Prelims and they will go forward to the National Finals
On the day of the National finals - it is DIPG day and her parents would like the Southern Region team to wear a Ribbon in support of this. The committee agreed that they will provide the Ribbons for all gymnasts and coaches to wear to represent the day and DIPG

Competitions
Feedback from Prelims in March Competition went very well on the day, with thanks to everyone involved and everyone at Southampton Gym Club for holding this event.
Everyone performed excellently and seemed really prepared and the committee were really impressed with the standard on the day.

The Regional Competition were run on a separate day to the Nationals and FIG and several comments were received that it was really nice having the Regional Grades split from the National Grades
Julia suggested it would be nice to see a couple of high level routines at the end of the Regional Competition.

With the Prelims being a success, it now raised the possibility to split the Regional Championships in November, which is currently 1 day, but this is subject to entries.
Nathan to confirm if Saturday 23rd is a viable possibility as an additional half day for this competition.

Inter Regionals - 4/5 May - Phil confirmed there will be entries from 9 Regions – (South / South east / London / East / Yorkshire / Wales and Scotland with new entries from South West and East Midlands). Still awaiting confirmation from Ireland if they are attending.
This will now be 2 x full days due to the size of the competition but next year, will have to think about the numbers

Pat Wade – This competition is now being held in February 2020 and not in November 2019 as previously planned
Dates - 14th / 15th / February 2020
For youth – Each region can only submit, 3 in each discipline but if over 3, the region will have to hold a qualifier and achieve a minimum score. If there is a need for a qualifier for entrants for Youth – this will be held at the regional champs in November. Details to be included in updated competition handbook.

Other Competitions
Is there a demand for a low level Regional competitions.
Grades 1-3 for those that train say 6-8 hours a week max. Eclipse would be happy to host one potentially subject to thoughts. – this would be on mats and not sprung floor.
The committee thought this was a great idea for a Club Organised event. Not to be run through Southern Region.
The club can run and organise and invites clubs to attend.

Next year dates:

Prelims – 07/08 March 2020
Inter Regionals - 2nd / 3rd May 2020
Regional Championships – 21st 22nd November 2020

Julia will book First Aid for these dates

Treasurers Report
Income of £3000 and Expenditure of £2700, there is still approximatel £10,000
Rob is investigating an online facility.
**Funding**
Julia will take over the running of ALL COACHING GRANTS with immediate effect

Choreography Clinic
Sports Acrobatic Specific – Gymnast Preparation workshop / Strength / shapes – suitable for all disciplines
This is still ongoing, JB awaiting confirmation of dates

**GRANTS ARE AVAILABLE**

**REMEMBER YOU CAN APPLY FOR:**

Coaching Courses and Coaching Grants are still available for Level 1, 2 and 3 – Part Subsides are available
Apply to Julia Barnard

**Competition Entries through BG Website**
Phil asked if the Southern Region wanted to start putting Southern Region Competition Entries through the BG Gymnett Website
This would need to be set up properly and Phil Johns will investigate this and speak with BG about how we go about this.
It would mean that each Club would send their entry direct to BG for the Southern Region competitions

**National Finals**
Southern Region currently provide gymnasts and coaches with Red Hoodies. Looking for Regional teams at National Finals not to be identifiable as a club, so will need South Region polo shirts.
Agreed last time – polo shirts would now given for coaches and gymnasts.
T-Shirts – approx £8 per polo shirt. Hoodies were £12-15.
Committee agree that this will be done.
Emma to send information to all clubs for sizes for national finalists.

**COUNTY REPORTS**

**Bucks**
MK Springers have now dropped out of Acro.

Bucks open date for 2019 is confirmed for Sunday 9th June
Provisional entry of 70 partnerships- Southampton / Oxford / Xcel / possibly Treasure and a number of large entries from the East region.
This will be just Floor competition and no Tumbling, due to overcrowding last year.
High level routines – they can either perform 1 or 2 routines, but this is to be notified on the entry form.
Scores will count individually – so when presenting medals – will be the highest score, but cannot get 2 lots of medals.

Martin advised he will need help with marshalling / runners / door entry / registration – martin to email clubs that have entries, giving clubs certain jobs to do. – floor stewards / runners / registration /
Bucks to provide Registration on the day
Julia to give Martin details of First Aid company used at competitions.
Southampton to provide an announcer (if they are entering)
Music can be emailed in advance

**Oxfordshire**
Nothing to report

**WEBSITE AND NEWSLETTER**
Laura to add dates to the BG events calendar

**AOB**
Caroline commented that all if all Regions put their prelims into the BG Events Calendar, this would make it easier when looking at fixing dates for competitions

**Date of next meeting:**
March meeting – Sunday 30th June – CH house – 2pm