

British Gymnastics Southern Region Management Committee Meeting – April 19th 2011 Reports

Chair's Report

Vice Chair

At the AGM held in December, Janet Payne was elected Vice Chair and I welcome her to the committee. Janet is involved in trampolining and is the competition computer manager who handles the data for the regional competitions.

New tutors are busy observing and co presenting courses and it is hoped that they will soon be able to operate independently. This will increase the number of courses run in the region and hopefully address the demand for coaches.

The attendance at '**Your Sport Your Say**' meeting was disappointing. However, the discussions were documented and submitted British Gymnastics. This has been followed by the issue of the Strategic Plans for the coming years. The plan outlines the areas which do not seem to reflect the stated needs of the Southern region or the areas we have decided to support through the regional funds. The document suggests that the regional rebates will only be released for the strategic plans. We need to reconsider the use of half the regional funds which may not be topped up by the regional rebate in the coming years. A meeting has been called at the end of May for the Regional Chairs and I will take and present the views of the committee at this meeting. I note that this is not a consultative meeting.

The English Association have decided to instigate an e newsletter and this will be sent directly to all clubs. Although the funds are dwindling, it is hoped that the support for the England teams and squads can continue for at least the next 3 years. Meanwhile further funding is being sought.

Regional Funding: there has been a good response from clubs who have applied for the funding made available by the committee. Clearly the areas identified for support are relevant for our clubs.

Hampshire Development Report

Club Development

- IOW Centre of excellence – Case Study on the website to show good example of club networking.
- Acent Gymnastics – working with children and adults with a disability
- River Pk LC in partnership with Basingstoke – another good example of club/ leisure centre link. They have been asked if they could attend National Club Conference to discuss how this is working well.
- Sansom SOF to expand cheerleading programme
- Queensway expanding to offer Pre School gymnastics
- Congratulatory to Dynamo, they are the second gymnastics club to win a club of the year award at the prestigious Sport and Recreation Alliance, Sport Club of the Year 2011. Dynamo were nominated by their local school sports partnership for their outstanding work in local schools. They will be awarded Sport Club of the Year, School Club Links at the ceremony on the 3rd May in London. Congratulations to the club for this fantastic achievement.

Aiming high funding

- Southampton gc – expand their current sessions out into the community with the use of an air floor
- Acent Gc – Have developed new sessions to cater for children and adults with a disability

Workforce Development

- Tumble Camp – 1st – 5th August at Basingstoke Gc

Volunteer Development

- New Forest Leadership Academy – Event Officiating award
- Portsmouth Leadership Academy – supported the Regional Festival in Jan – Intro Judging course

Opportunities to perform and achieve

- Next Step trampoline competition – Secondary and 6th Form/College – 30th March
- Youth Games to take place 11th June at Aldershot. Expanded to offer new competition at yr 5/6 as well as 3/4. Expecting much larger competition. Leadership Academy members to judge and help on day.

Future Developments

- Gymmark – Waterside, Just Jump (?), New Forest Gc
- Sportivate Funding – interest expressed from Fox Gc, New Forest Gc and Acent Gc

Southern Region Development Report

Regional Floor and Vault Competitions: The first one ran in March at Pinewood Gymnastics Club with 122 gymnasts from 7 regional clubs, an impressive turn out for the first competition of its kind. The host venue is currently collating feedback from the event to feed into the improvement and development of these events. The next one is due to take place in Basingstoke, with a further 4 planned for the rest of the year. It is hoped that these will add another competitive dimension to the region. Full details available at the regional website under the events page.

Berkshire Sport: Berkshire Sport (CSP) has recently been reviewed externally. This review is now complete and as a result a new independent company will be created, along with the establishment of a new strategic board and the recruitment of a new core team early in the financial year 11/12. During this transition period Justine Mosley will be your contact at the CSP and is contactable on 0118 3766 133 or e-mail berkshiresport@reading.gov.uk

Competition Managers: As of March 31st competition managers are no longer in post. This will affect some areas more so than others. Whether there is already a strong club and school structure that supports competitions there will be little impact. In areas where there is little or no club structure/school support then these competitions may cease to exist and support is needed to identify these areas and to build some kind of sustainability through a club structure.

Sportivate Funding Opportunity: Sportivate will commence in April 2011 and will run for 4 years until March 2015. The aim of this programme is to get more 14-25s regularly participating in sports activities in the community by responding to their needs. Applications are now open for clubs in Buckinghamshire, Hampshire and Oxfordshire and full details can be found on our regional website or the respective county sport partnership websites. There will be a slight delay to the launch of the Berkshire programme. If you are interested in running a project then please do get in touch to discuss your project ideas.

Berkshire Gymnastics Action: There are still a number of coaching bursaries available for Level 1 and Level 2 coaches for coaches working or living in Berkshire. The freestyle project has seen the training of 5 coaches who will start delivery of sessions post Easter. Funding is available for a further 6-7 coaches. The group are always looking for new members – if you are interested then please contact me as above.

New clubs: The newly opened Slough Gymnastics (offering Pre-School, Women's Artistic, General Gymnastics, Freestyle and Adults) based in Slough is going from strength to strength and there is a case study available on our website for you to view.

Regional Festival: The regional festival successfully ran in January and a case study can be found on the regional website under the club development section. It was a good first event. This year the festival will be linked with GymFusion – the national festivals programme. The date has been set Sunday 29th January 2012 with further details to follow in the coming months.

Leadership Academy: The East Berkshire Gymnastics Leadership Academy is now established. It has a total of 18 young leaders. They have all received training in judging to support their schools and clubs key step programme. In addition to this they have attended the core proficiency awards scheme coaching course enabling them to coach in a voluntarily capacity at one of the 3 local clubs.

We are looking to establish another leadership academy in the next 6-12 months. If you are interested in finding out more then please contact me as above. I would be particularly interested to hear from you if you are from Oxfordshire or Buckinghamshire.

Club Networking: Some templates and guidelines have been written nationally to support the establishment of club networks. Further details will be sent to clubs soon.

Regional Funding Projects: Update and overview

Name of Fund	Amount Allocated	Amount Committed	Amount Still to Spend
New Club Start Up Fund	£5,000	£0	£5,000
Club Development Fund	£13,000	£13,000	£0
GymMark maintenance Fund	£6,000	£500	£5,500
GymMark Accreditation Fund	£1,700	£850	£850
Coaching Bursaries Level 1 and 2	£7,500	£2,400	£5,100
Rhythmic Coaching Bursary Level 1 and 2	£8,500	£8,500	£0
<i>Total Cost</i>	<i>£41,700</i>	<i>£25,250</i>	<i>£16,450</i>

New Club Start up Fund

Amount per club £1,000 per club.
 Maximum fund £5,000
 amount
 Deadline Ongoing - first come first served

No new clubs have started up Since January so no money committed yet.

Club Development Fund

Amount £1,000-£2,000 per club.
 Maximum fund £13,000 (including £3,000 from CSC
 amount funding)
 Deadline 31st January 2011

We have received 14 applications and decided to fund 12 of the 14. The 2 clubs that were not funded did not have GymMark.

Club	Description	Suggest
Booker GC	Buy portable tumble track to introduce tumbling	£1,000
Tilehurst GC	Buy air track to introduce tumbling, retain older gymnasts and set up OSH	£1,000
Pinnacle TC	Buy steps and set up costs. Sessions for adults and children with a disability	£1,000
Burnham GC	Buy fast track to introduce tumbling	£1,000
Abingdon GC	Aim to run additional 15 sessions per week. Look to expand from 310 to 420 in 12 months	£1,500
Southampton GC	Develop new satellite centres, including trampoline and pre-school	£1,500
Harlequins GC	New equipment to expand current club capacity	£1,000
Dynamo GC	Develop preschool area. 12 new classes per week. Buy specialist pre-school equipment	£1,000
MK Springers	Holiday clubs - feed into club.	£1,000
Alton GC	Train coach in Acro and introduce to club. Training and set-up costs	£500
Oxford SOG	2 new session = 54 new + another new session. Purchase new equipment and set-up costs	£1,000
Slough GC	Increase membership in each session by buying more mats and having 3 more rotations	£1,500
Total		£13,000

Coaching Bursary

Amount per club 1x £100 and 1 x 200 per club.

Maximum fund amount £7,500

Deadline Ongoing - first come first served

We have received 8 applications for UKCC level 1 and 8 applications for UKCC level 2. Total of 2,400 - clubs will be reimbursed on completion of course. Remaining £5,100

Rhythmic Coaching Bursary: Level 1 and Level 2 course now organised. 10 coaches attended the level 1 course and are getting themselves ready for assessment. There is also 10 coaches earmarked for the Level 2 course.

GymMark accreditation Fund: 2 clubs have passed since January. £425 each has been requested from Lynda. Totaling £850

GymMark Reaccreditation Fund: 5 Clubs have successfully reaccredited since January £100 each has been requested from Lynda. Totaling £500

Regional Administrator Report

Regional Affiliation 2011

The online registration and payment by PayPal was implemented successfully. We had a number of clubs, which submitted their affiliation and payment online. We currently have 75 clubs affiliated to the South Region, via the counties or directly to the region in the case of Berkshire and Trampolining clubs (10 in Berkshire, 12 in Buckinghamshire, 3 in Channel Islands, 34 in Hampshire, 1 in West Sussex and 1 in Surrey). The clubs who have not affiliated to the region were removed from the weekly communication list, website and stopped receiving the benefits of an affiliated club as per 15th April.

Communication

Our weekly e-newsletter to the clubs has been sent and we received some very good feedback regarding the quality of the information provided. Our quarterly newsletter has increased its number of pages to 8 and our affiliated clubs also received it very well. We constantly encourage clubs to submit their stories, events and to share their achievements and success to everyone in the region and also at national level (in GymBlast).

Website

The website has been updated on a regular basis, by posting news, events, case studies, newsletters and other information for the clubs. The number of hits has been increased comparing with the same time last year, as shown below:

Jan 2010	<i>Jan 2011</i>	Feb 2010	<i>Feb 2011</i>	Mar 2010	<i>Mar 2011</i>
80,573	<i>84,849</i>	55,933	<i>72,161</i>	83,948	<i>97,041</i>

For the first 3 months in 2010, we had a total number of hits of 220,454 and for the same period in 2011, we had 254,051, which represents a 7% increase in the number of hits.

Regional Club Conference 2011

Our second Club Conference and Awards ceremony took place on Sunday, 30th January 2011, at Wavell School, Farnborough. We targeted the event for maxim 100 participants and we had 70 participants (which included staff and tutors), from 16 clubs and presented a combination of theoretical and practical workshops. The conference was very well received by the audience. Our budget was £2,000 from which we spent £1,950 and also made revenue from the participants' fees of £692. We hope to maintain the same figures for the next year's club conference. A case study regarding the event was written and posted on our regional website.

We received some very good nominations this year and the awards winning nominations were also forwarded for the national awards ceremony in June. The most number of nominations were submitted from our region (7 for the Club of the Year, 2 for the Education Award, 2 for Service to Gymnastics in the Community, 3 for Volunteer of the Year and 1 for Young Volunteer of the Year), which makes an impressive number of 15 nominations.

The date for the 2012 regional conference is Sunday, 26th February. We have already started the preparations for it and just sent a questionnaire to the clubs requesting their opinion in regards with the workshops to be provided in 2012.

Workforce Development Regional Report

Course Programme

A full course programme has been created for 2011 to include UKCC courses, Teachers Awards, Club Welfare courses, Mentoring courses and Proficiency courses. The programme is structured so there is a geographical balance of courses across the Region as well as a regular structure in terms of availability. (For example, one core proficiency every month, one Level 1 General Gymnastics and Trampoline every 2 months etc.) The main priority is to focus on increasing the number of Level 2 courses available within the Region.

The increase in demand for Time to Listen and Safeguarding courses has been recognised and another main priority is to ensure the Region has enough courses to meet demand. Currently there are three Time to Listen courses available up until October 2011. The Region has become a workshop partner with Sports Coach UK in order for Safeguarding and Protecting Children courses to become more available in the Region. The next course is due to take place in June at Winnersh Community Centre in Berkshire with a 16 – 18 years Safeguarding course planned for July at Tauntons College in Hampshire.

Tutor and Assessor Training

All trainee tutors have been issued with Sign off sheets issued by Coach Education detailing the process involved in being signed off as a tutor. All trainees were issued with a list of all our Active tutors so they could assign themselves with a mentor and have been advised to regularly look at the Regional website in the event there is a course they would like to shadow/co-deliver.

The Region trained 11 new assessors who have now fully completed their IAPS qualification. The new assessors are now able to assess UKCC courses and some have already conducted an assessment either within the region or out of region.

Workforce Development Manager, Geoff Grant, is currently reviewing future Tutor training budgets. It is expected that the budget will be less than that of previous training and not to expect any details until May 2011. A gap analysis has been conducted based on the needs of the region, indicating the need for more tutors in General Gymnastics, Trampoline, Men's Artistic and Aerobic Gymnastics. The analysis also indicated a need for more tutors to be based in the Oxfordshire and Buckinghamshire area to increase provision to these counties. The Region has two new tutors to deliver Club Management courses – Debbie Richardson and Julian Such.

Future Plans

The main priority is to continue offering a regular programme of courses to the Region and to fill in the gaps in the planner. This will be monitored through the regions IV/EV programme with meetings on a quarterly basis.

To set up a Regional Tutor and Assessor forum. This will essentially cover policies and procedures set out by BG and the region as well as give our tutor and assessor workforce the opportunity to openly discuss any matters of interest.

Trampoline Report

The 2011 competitions began in January with Southampton and Taunton's College was a very good venue for this level competition. Southern Trampolining had agreed to give the lower level competitors a second chance to qualify for promotion if they were within 0.5 of the qualifying score. This proved to be a very popular change and a small number of competitors gained from this. The rule will be adopted for the whole season and reviewed at the next AGM.

The Regional Squad met for the first time at Edgbarrow's new facility. The attendees were accompanied by their own coaches and the session was conducted by the newly qualified HPC coaches in the region. Any coaches were welcome to attend for CPD and this is a good opportunity for less qualified coaches to see how squads run and the level of demand needed for high level performance.

The national qualifying season is now in full swing and the region is well represented in the qualifiers list.

Buckinghamshire Gymnastics Association Committee Report

The committee continues to support grass roots gymnastics. We have recently arranged a basic tumbling workshop. You have had details of that and a request for some support and a general gymnastics judging course. The county now has over 30 judges for basic gymnastics.

The county continues to run competitions in women's artistic and general gymnastics. The latest general gym comp (last month) had nearly 300 children attending and was a great success. We will also be running a Bucks County Acro comp in the autumn. We are up to date on affiliations and all info and money has been sent through to the office.

The committee also recently met the CEO of BG along with the development officer and the head of coach education. We raised a number of concerns, which were discussed positively. We continue to remain concerned about UK Gymnastics and their growth, as they are based in Bucks. We are keen to combat that and BG accepted a number of our suggestions. We note the new drive for general gym which is non competitive based and welcomed the fact that the region is now putting some effort into encouraging low-level gymnastics. We made the point that it

would have been helpful and perhaps constructive if Region has talked to the county committees about the new general gym comps and format as we don't want to be competing with what you are doing. We felt that low-level gym was best delivered by County committees.

We remain concerned about the high cost of coaching courses and note that many clubs who simply can't afford the expense are using UK gym. BG seems unable or unwilling to tackle this problem. We are pleased that there is to be a change to registration of none competitive children and await that. We also note that CRB checks should not be done on minors.